

SUCH IS LIFE—Who's Who?

By Charles Sughroe



NATIVES USE PLANT TO PRESERVE TEETH

But Its Discoverer Says It Turns Them Black.

Chicago.—A plant that allegedly prevents tooth decay has just been brought to the Smithsonian Institution by Dr. W. A. Archer, American botanist and explorer of the rain-drenched jungles of the Choco region of northwestern Colombia. The plant was identified as a new species of *Schradera*, a member of the coffee family. It is being described as a new species by P. C. Standley of the Field Museum, the recognized authority on this family. Archer found it in use among the hitherto almost unknown Citara tribe of Choco Indians.

These aboriginals, Archer says, insist that it is a perfect tooth preservative. The children chew the leaves until a film of some sort is formed over the teeth. Adults chew them about twice a year to restore any worn-off parts of the film.

Whether the plant does all that is claimed for it, Archer says, cannot be determined without extensive investigation. It is a fact, he claims, that the Citara have almost perfect teeth. Skulls of past generations also show intact teeth with no signs of decay.

Even if some substance derived from the plant should prove a perfect tooth preservative there is one slight drawback to its introduction in dental practice—it turns the teeth almost jet black. Among the Citara, however, black teeth are considered objects of beauty and white teeth would be viewed almost as a deformity. And, Archer points out, the preference of one color to another in teeth is largely a matter of education.

Another jungle plant hitherto un-

known to science brought to the Smithsonian by Archer is described by the explorer as bearing a fruit which might be "like the original apple of the Garden of Eden." It is known only by its scientific name, *Siparuna archeri*.

Its discoverer describes it as a shrub about 10 feet high which blooms with an abundance of pale green orchid-like flowers. These develop into fruits approximately the size of small pears with brilliant red cheeks. When dead ripe the fruits burst open and a strong lemon odor comes from them.

Although there is a strong temptation to eat some of these lovely fruits, Archer says, the jungle negroes believe them to be highly poisonous to animals. The nature of the poison is unknown. The shrub might be highly decorative in greenhouses, Archer believes.

Still another curiosity of the jungles, specimens of which were brought back by Archer, is the "kerosene tree." The natives tap it and use the sap in lamps like kerosene. It is quite serviceable, Archer says.

POTPOURRI

Heaviest Substance Known

The heaviest substance known is the metal iridium. It is almost twenty-three times heavier than water. The ores are found along the Pacific coast in both Canada and the United States, and in the Ural mountains. Iridium is a whitish metal found with platinum. It can be alloyed with platinum, gold and copper.

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First Honor Medal for Air Mail Hero



Mal B. Freeburg, air mail pilot who brought eight passengers to a safe landing in a damaged plane, is the first recipient of this medal of honor cast in the Philadelphia mint. The face of the medal (left), shows an allegorical messenger of the gods carrying a mail pouch through the lightning-seared storm clouds. The reverse side bears the inscription: "Presented by the President of the United States for distinguished service as an air mail pilot. Authorized by congress February 14th, 1931."

The "Eye" in Fashion



The left eye plays an important part in the newest millinery modes, as witness in these two engaging modes of the new season. Note the sweep of the hat brim which completely covers the right eye, leaving only the left one exposed to view. The hat at the bottom is of beige peau de chamois shantung with brown stitching and a garniture of velvet flowers around the crown. The chapeau at the top is of navy blue moire taffeta, with melon crown and flaring brim. The three-tone cluster of velvet flowers placed directly forward is its only decoration.

ON BEING AVENGED

By THOMAS ARKLE CLARK
Late Dean of Men,
University of Illinois.

Perhaps no one in the English ministry was ever more insolently treated while he was climbing to the head of British affairs than was Mr. Disraeli, Lord Beaconsfield. Every bitter epithet which could be marshaled against a Jew and an interloper as he was considered for many years was hurled at him, and there was no one with a bitterer tongue and a more vitriolic manner in his attacks upon the coming premier than was Thomas Carlyle. His sarcastic darts must have sunk deeply into the sensitive heart of Disraeli.

It was a great surprise both to his enemies and his friends when, in 1874, he became the head of the British government that Disraeli should at once offer to Carlyle the highest political appointment within his power. When some one expressed to him his surprise and astonishment at the premier's generosity to a former enemy, Disraeli said:

"I never trouble to be avenged. When a man injures me, I put his name on a slip of paper and lock it up in a drawer. It is marvelous to see how the men I have thus labeled have

Jean Shiley



Already the proud possessor of laurels as Olympic high jump champion, Jean Shiley of Philadelphia has been distinguishing herself at basketball. She is the leader of the Haverford Aces, a girls' team that is hard to beat.

The Household

By LYDIA LE BARON WALKER

Mothers who hope their children will like the foods which are supposed to be good for their health should be careful to make the viands seem desirable. There is a sort of aristocracy in edibles, some of which rightfully belong in the category of epicurean dishes, and others which for reason of disparagement, chiefly because of low cost or plentiful quantity, are debarred. Among the latter there are many which could be slipped from one classification to another to advantage.

As a matter of fact it is localities and seasons which are great determinators of luxuries. For example there are parts of the globe where carrots, spinach, prunes, and green corn are luxuries, and others where ripe olives, avocado pears, pumpkin flowers used as a vegetable, are no luxuries at all. It is well, therefore, to give the wholesome foods which are abundant, some appearance of desired luxuries, in order to give them the appetizing appeal of the exclusive articles.

A Simple Method.

This plan of instilling the usual with elements of the desired, but not easily attainable articles, is not so difficult as might at first appear. For example I remember one mother who wished to make fish seem very desirable to children who were not inclined

the knack of disappearing."

It is only the little man who troubles himself to be avenged, who tries to get even with a friend or an opponent against whom he has some grievance, actual or imagined. The great man has too much to occupy his time and attention to waste his energies in plotting revenge.

When Clayton was in college thirty years ago or so he and Brown, his roommate, were candidates for the same undergraduate office. There was nothing in the position but a little short-lived honor. In reality the game was not worth the candle. Clayton was, his friend thought, not quite fair; and ever since he has been trying in one way or another to get even with Clayton. He cannot forget the trifling incident. It has embittered his whole existence. The great man forgets and goes on to higher things. Revenge never brings happiness to anyone.

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to relish it as much as meat. She kept it as an especial dish to serve one day only. Then she surrounded the idea of fish dishes with a sort of glamor by mentioning just often enough that she was having a particularly delicious dish on that day. Also she was careful to procure dainty fish and to prepare it in a most attractive dish in looks and flavor.

Association.

After a few weeks of creating this atmosphere and bringing the edible to a high degree of excellence through such careful preparation, the children began to clamor for certain fish dishes and to look forward to the one day in the week when they could have it. Making food a treat through infrequent serving of it is one way to make it seem desirable, therefore. Another way is to have the less desired food, as an accompaniment to some dish which the children delight in. By association of the less wanted with the wanted the former absorbs some of the wanted characteristics. One child who was especially fond of roast beef acquired an almost like appetite for macaroni and cheese because both were always served together in her home.

Making foods appeal to the eye is a well-recognized method of creating a desire for it. Instilling an unusual flavor through mixing with other ingredients is another method. Salads afford a good opportunity for this way. Altering looks is sometimes successful. One mother colored rennet and topped it with whipped cream and, once despised, it became a favorite dessert.

Heating of Left-Overs

Often warming up of left-overs is apt to be more successful than reheating food on top of a range. The heat in the oven is more even than over a flame which comes directly on the bottom of the pan and has, after that, to be distributed. In an oven

GABBY GERTIE



"You may work your way up to the cashier's desk, but you'll have to pay it down."

ODD THINGS AND NEW—By Lane Bode

FOG FOOD
ARTICHOKES ARE COMMERCIALY PRODUCED IN THE U.S. ONLY IN THE CALIFORNIA COAST FOG BELT.

CAMEL LIMITS
THE CAMEL CAN ONLY GO WITHOUT WATER THREE DAYS EASILY. IF FORCED FOR LONGER, ITS CONDITION RUNS DOWN RAPIDLY AND IT REQUIRES DAYS, SOMETIMES WEEKS, TO RECOVER ITS STRENGTH.

GROWING CITY
RIO DE JANEIRO, WITH BUT 4,000 PEOPLE IN 1860, NOW HAS A POPULATION OF MORE THAN ONE MILLION.

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Made Ingenious Escape From Russian Tyranny

Polish guards on the frontier between Poland and Russia saw a herd of cattle peacefully grazing on the Russian side of the frontier under the care of a single herdsman. Suddenly one cow separated itself from the herd, and, under the eyes of the Red guards, in spite of the calls of the herdsman, grazed itself over the frontier. Then to the astonishment of the Polish guards, this "cow" split into two, its skin fell to the ground and two young men ran toward the soldiers. It developed that they were students of the University of Minsk who had determined to get out of Russia. A previous attempt had been frustrated and they had to serve ten months in prison, so they used this unique method to make escape certain.—Montreal Herald.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

Masculine Quality?

Modesty is admirable and most men have it.—Exchange.

When CHILDREN —don't gain weight —don't grow strong —don't keep well

The stomach is not to blame when a child is finicky about food. Nor is every sluggish girl or boy constipated. Instead of a lot of medicine, give a little pure syrup of figs. You'll see a change in twenty-four hours! In a couple of weeks, your youngster will have the appetite of a young animal!

It's true, mothers, for it's *Nature*, California syrup of figs is bottled health for the little ones.

Pale, sickly children whose tongues are always coated, and who are never really hungry, are suffering from *stasis*. That means a sluggish colon; a colon clogged with waste. They need the "California treatment." You can give this treatment yourself, any time, anywhere; it's simple. Every druggist has California syrup of figs all bottled, with full directions for a babe of two years or child in his teens. Its delicious taste makes it delightful to use; no child ever tired of it.

Start tonight, giving enough to cleanse the colon of every bit of poisonous waste. Then a spoonful or so, every other day, until the child's appetite, color, weight, and general health tell you all sluggishness or constipation has been conquered.

When a cold or severe sickness has sapped a child's strength and stamina, remember California syrup of figs.

If you want to get real results, get the real California syrup of figs. Do not accept any bottle which does not say CALIFORNIA Syrup of Figs.

Cuticura Cares For Your Skin

The medicinal and healing properties of the Soap not only thoroughly cleanse the skin, but are most beneficial and helpful to it. If you are troubled with pimples or other skin eruption the Ointment will quickly heal.

Write for special folder on the care of the skin
Address: "Cuticura," Dept. 88, Malden, Mass.

The Personal Touch
Confidences contribute more than wit to conversation.

REALLY STUNNING AT A DISTANCE

"Complexion Curse"
She thought she was just unlucky when he called on her once—avoided her thereafter. But so one admires pimply, blemished skin. More and more women are realizing that pimples and blotches are often danger signals of clogged bowels—poisonous wastes reviving the system. Let *Nature's Remedy* afford complete, thorough elimination and promptly ease away beauty-ruining poisonous matter. Fine for sick headaches, bilious conditions, dizziness. Try this safe, dependable, all-vegetable corrective. At all druggists—only 25c.

NR TO-NIGHT

TUMS Quick relief for acid indigestion, heartburn. Only 10c.

QUICK RELIEF FROM COLDS

Mistol

FOR NOSE AND THROAT

Essence of Mistol ON HANDKERCHIEF AND PILLIOW

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