

Lindy's Old Home Airport Replaced



THE little old buildings that marked the San Diego airport, where Charles Augustus Lindbergh first learned to fly an airplane and prepared for his famous transatlantic flight, have been replaced by buildings of Spanish architecture of the most modern style. The airport now ranks among the most beautiful and best equipped in the United States. Pictured is the field entrance of the administration building.

BEDTIME STORY FOR CHILDREN

By THORNTON W. BURGESS

REDDY FOX DOES SOME PLANNING

IF THERE is anybody in the wide world who wants to know all that is going on about him, it is Reddy Fox. Some folks like to find out all they can just through idle curiosity. One of the first things old Granny Fox taught Reddy when he was little was that the more you know about the affairs of other people, the greater is the chance that sooner or later you will be able to profit by your knowledge. So Reddy Fox never willingly or knowingly allows to slip by a chance to learn something of his neighbors and their affairs.

You remember how Johnny Chuck had thought himself very clever in making his new home in the corner of the old stone wall because it would give him protection on both sides. At least that is the way it seemed to him. And you remember how Reddy Fox had discovered that new house. And how he said that it couldn't suit him better possibly. The reason it suited Reddy so well was that he saw at a glance that the wall was too high for Johnny to see over even when he sat up, and so it would be an easy

matter to creep up behind that wall and watch for a chance to surprise Johnny.

Of course, at first Reddy had not known that it was Johnny Chuck who had built that house. He had hoped that it was a young, foolish and tender Chuck. So the first thing Reddy did was to find out just who the owner of that house was. He did it by peeping over the wall from some distance away, watching until he had a good look at Johnny. You can imagine how surprised he was.

At first Reddy was disappointed. Johnny was no longer young and tender. Johnny was wise in the ways



And There He Watched Until He Saw Polly Chuck Come Out.

of foxes. Reddy thought of how often he had tried to catch Johnny Chuck and failed. Then he thought, of Polly Chuck and at once began to wonder if she was with Johnny. If she wasn't well, he might be able to catch both. It would be worth trying anyway.

So Reddy promptly stole down to a certain favorite hiding place where he could see the old apple tree in the far corner of the Old Orchard, and here he watched until he saw Polly Chuck come out to sit on her doorstep. Reddy grinned. "They've quarreled about something," thought he. "That is just what they have done, and Johnny has gone to live by himself. What a silly fellow! What a silly fellow to give up such a splendid safe home as he had for such a place as he has now! Here I couldn't surprise him, but up there, well, we will see what we will see."

So for several days Reddy Fox watched Johnny Chuck, usually very early in the morning. Always he took care that Sammy Jay shouldn't see him. The minute Sammy arrived in that part of the Old Orchard, Reddy had business elsewhere. You see he knew that if Sammy once saw him watching he would at once tell Johnny Chuck, for there is nothing Sammy takes greater delight in than in upsetting the plans of others.

It didn't take Reddy long to learn that Johnny had to go some distance from his house to get his meals. He learned at just what hour Johnny breakfasted. He learned that whenever a wagon or an auto passed along the road, Johnny ducked down out of sight, but didn't stay down long. In fact, he learned all about Johnny's ways, and then Reddy began to do some planning, and all this planning had to do with the catching of Johnny Chuck. Reddy indulged in many silly grins as he planned. If Johnny could have known what was going on, he would have been nervous. He certainly would.

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End Tooth Decay by Proper Foods

Physicians Advise Use of Fruit and Raw Green Vegetables.

Until very recently the teeth have been considered as a sort of accessory to the body as far as their nourishment after their appearance in the mouth is concerned. The condition of the teeth has usually been considered a matter of external care only. Many otherwise well-informed persons believed that a "clean tooth never decays." Others consider tooth decay as one of the ills to which man is heir.

In the reaction against these opinions in late years we have even heard doubt from some sources about the need for brushing the teeth at all.

The research work which has been conducted with monkeys shows that like all other tissues of the body teeth require nourishment and that the teeth are furnished, through blood vessels and lymph, with the essential food. Any disturbances in nutrition may affect the teeth as it does other organs of the body.

When nutrition of the body is good the teeth are apparently furnished with a buffer substance which enables them to resist the onslaught of lactic acid, which, formed in the mouth, is probably a cause of decay. Lactic acid is formed from carbohydrate—starch and sugar—which remains between the teeth and around the gums after meals. For this reason it is still important to keep teeth, gums and all mouth surfaces clean. This acid is evidently neutralized by the mineral salts furnished by the "dental lymph," which also helps to complete the calcification of young teeth.

Dr. Percy Howe of Boston, who has been conducting research upon the subject of tooth decay for many years, has found that a liberal amount of mineral salts and the vitamins C, A and D, are the essentials in the diet to protect teeth from decay. He finds that the A as well as the D vitamin has a specific effect on the formation of the teeth. He feels that raw green vegetables and fruits, high in vitamin C, are protective. Doctor Howe feels that there

is surely something the matter with our modern diet, and that tooth decay is a product of civilization.

Dr. Henry Sherman, professor of nutrition at Columbia University, agrees with Doctor Howe as to the importance of vitamins in the formation and protection of teeth. He made the point of the necessity of the supply of both calcium and phosphorus in relatively large quantities both to the mother before the birth of the child and throughout periods of childhood and adolescence. As calcification of the teeth is not complete until about the twentieth year, vitamin D is the "mobilizing" factor in the use of these mineral salts which, however, must be supplied in liberal amounts. Experimental work with children, done under the direction of Doctor Sherman and Doctor Hawley, covers a long period of time and shows that a quart of milk a day is needed by a child for the amount of calcium needed by the growing body.

As is always the case with research workers, each of the speakers reported his work as merely a contribution toward the understanding of a problem of nutrition which is puzzling and concerning us today. As usual with careful scientific workers, no claims of solving the problem were made by any of the speakers, but there is no doubt that they are on the way to an understanding of the cause of tooth decay which will allow us to institute protection and probably curative measures through diet and through mouth hygiene.

BAKED EGGS

- 3 tablespoons chopped onion
- 3 tablespoons chopped green pepper
- 4 tablespoons butter
- 6 eggs
- 1 cup fine dry bread crumbs
- ½ cup ketchup

Fry onion and pepper in the butter until slightly brown, then pour into a baking dish. Break the eggs into the dish. Mix the crumbs with the ketchup and sprinkle over the eggs. Bake in a moderate oven (375 degrees Fahrenheit) until the eggs are set, but not hard. Serve in the dish in which they are baked.

Celery and Carrot Salad.

Cut celery stalks in inch lengths. Mix equal amounts of cream or cottage cheese and grated carrot and moisten slightly with mayonnaise. Fill stalks, sprinkle with paprika and serve on lettuce leaves with french dressing.

DISHES THAT ARE DIFFERENT

THE following chicken salad with hot biscuit, dessert and coffee will make a complete luncheon menu:

Chicken Fruit Salad.

Cut cooked chicken into strips, using two cups of chicken, one cup of celery cut the same way and one cup of orange sections. Pile on lettuce, top with mayonnaise which has been enriched with cream and top with the orange sections as they will crush when mixed with the salad.

Spanish Sauce.

Prepare a white sauce, using two tablespoons of butter and the same of flour, one teaspoonful of salt and one-eighth teaspoonful of pepper. Melt the butter, add the flour and stir until well blended. Remove from the heat and add the milk gradually, using one and one-half cups of top milk. Cook, stirring until the sauce boils, add seasonings and one small can of pimientos finely chopped. This recipe makes one and one-half cups of sauce and lends a piquant flavor which is quite foreign.

Maple Bavarian Cream.

Take two-thirds of a cupful of maple sirup, the yolks of two eggs, two tablespoons of gelatin, four tablespoons of cold water, one-half pint of whipped cream and one teaspoonful of vanilla. Soak the gelatin in the cold water. Heat the maple sirup to boiling, add the softened gelatin, add to the beaten egg a little at a time, let stand until beginning to thicken, then beat for a few minutes, fold in the whipped cream and flavoring. Pour into a mold and cool.

Sardine Salad.

Take one-half cupful of sardines, skinned, boned and shredded, mix with the juice of half a lemon, add one-half cupful of stuffed celery hearts, one-half cupful of stuffed olives cut fine, mix all and add mayonnaise and serve on lettuce. Garnish with nuts.

Sardine Mayonnaise.

Skin and bone three sardines, mash and mix well. Sift the cooked yolks of three eggs and add to the sardines; work until smooth, then add to one cupful of mayonnaise dressing.

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Spring Costume



In this charming spring costume the "bonnet" reveals the forehead and the new crown is deeper at the back. The hat is made of Rodier's linen crash with trimming cords in red and linen tone. The suit is of men's wear gray flannel with yellow blouse and scarf.

Old Indian Gold Mine

An old gold mine found in southern California is believed to be of Indian origin and known to the early Spaniards.

Salute the Duce With Daggers



THE traditional Fascist salute of the upraised arm is replaced by the upraised fist clutching a dagger as Premier Mussolini reviews former Italian servicemen now serving in the Fascist militia during a recent inspection in Rome.

BONERS



Challapine used to be a vulgar boatman, but someone heard his voice and said it would go a long way, so he came to America.

BONERS are actual humorous tidbits found in examination papers, essays, etc., by teachers.

Ptolemy—a Greek scientist who discovered the cause of ptomaine poisoning.

Gargoyle is when you use salt water to rinse out your throat.

What is a congressman at large? When congress is not in session the congressmen are at large.

When Browning's wife died he was very much put out.

Balbon discovered the Pacific ocean while cruising up the Mississippi river.

The Diet of Worms was one of the horrors of the Inquisition.

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"Many a bill is paid in due time," says charging Caroline, "but few are paid when due."

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OUR PLACE IS HERE

By DOUGLAS MALLOCH

WE MAY grow very weary of the world, and would be on the road so many that we love. Have onward, upward, gone—And so the man would quit the plow. Before the set of sun, Yet knows he must not leave it now. Until his work is done. As long as we can lend a hand, Can even breathe a pray'r, As long as we can understand Another's load of care, As long as we can give a smile Or speak a word of cheer, We know our place is never there. We know our place is here.

The selfish only would depart; Our duty is to stay. With willing hand, with patient heart, Until the end of day. As long as there is stranger, friend, To give a word of grace, Until our work is at an end, We know here is our place.

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GRAPHIC GOLF



SARAZEN'S PUTTING

SARAZEN once said that the men who win big competitive events are the ones who putt most consistently during that particular tournament. He certainly called the turn on himself in this regard as far as the British and American opens were concerned. Putting was perhaps his strongest point during both these events. Long an admirer of Hagen's ability at putting Sarazen has undoubtedly patterned much of his style after him. Sarazen's putt is a smooth stroke, noticeable body action aiding a comfortable relaxed stance. The ball is swept evenly over the ground. When Gene's left wrist is bent at the finish of the stroke the putt is good for it shows that a straight follow through has taken place. Sarazen advocates practice as the main way to increase putting proficiency particularly stressing distances from three to ten feet.

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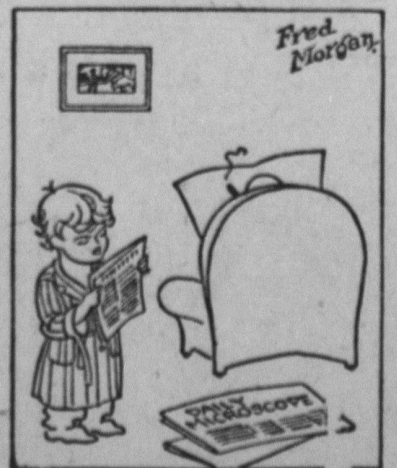
Do YOU Know—



That during the reign of Queen Elizabeth, the ladies of fashion wore gayly colored shoes or clogs, called (chopines). Some of them were of great height, as much as 18 inches, the greater the height, the higher the rank of the wearer.

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DADA KNOWS—



"Pop, what is levity?" "Featherweight humor."

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