

## The Fable of How to Be One

By GEORGE ADE

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ONCE there were two Side Kicks named Zebulon and Elijah, both of whom are now beginning to show Engine Wear and loosening of the Rivets. Zebulon is regarded as an overwhelming Success, and Elijah is voted a terrible Flop, and to understand the Why of these Verdicts, all you have to do is to run over the Scenarios of their Life Dramas and do a little Character Reading.

Zeb was always large for his Age and very slow, especially above the Shoulder-Blades, so he acquired a Rep for being dignified and cautious.

Lije was quick on the Trigger and could see through any Proposition in Two Shakes and answer any Question right off the Reel, so all of the Dumb-Bells, constituting 99.4 of the entire Population, hated him for his Cocksureness and were always hoping that he would stub his Toe and fall down and break his Leg.

Zeb had spent all his Life in one Congressional District, conserving the Property which his Wife inherited, and telling the Natives every few Minutes that they are Nature's Noblemen and snow-white Patriots, and they eat it up.

Getting By on Very Little.

Lije has been all over the Map, spending his Coin on Railway Fare and Gambling Enterprises connected with new and hopeful Towns. He is wise to every Turn in the Road and his got the Number of every Species of False Alarm, Tight-Wad and Lunk-head. He has cultivated a Contempt for all of the Whispering Conservatives who wear Arctic Overshoes and never let go of Two Bits unless they see something worth Four Bits. When he gets back home he builds a Fire under Sleepy Hollow and tells the Residents that they are simply a lot of Warts on the Cuticle of the Twentieth Century, the Result being that he is just as popular as Poison.

If you were to lock Zebulon and Elijah in a Room together and give each one of them a Set of Questions relating to American History, Current Events, Political Economy, Psychic Phenomena, Farming Geography and Sporting Data, it is probable that Lije would give Correct Replies to Everything while Zeb would compromise by saying that this Broad Domain, sanctified by the Blood of our Fathers, must ever be kept inviolate against Foreign Influences and European Alliances.

If you asked Zebulon in a Hurry, he couldn't give you his Street Address or tell what size Hat he wears, yet Zebulon is in Congress. Why? Because, to get into Congress, one does not have to pass any Civil Service Examination.

You wouldn't believe, sitting where you are now, this beautiful Morning, surrounded by Steam Heat, that there was any benighted Region in the World where a large but decorative Blimp, containing nothing but Artificial Gas, could get by on Whiskers, a wide soft Hat, the Clergyman's tie, a starched Vest, a Prince Albert Suit with a Sheet-Iron Finish, and a few Chest Notes trained to give Expression to all of those Appliance Plattitudes which were in Style up to the Days of Theodore Roosevelt and Woodrow Wilson.

It is a safe 1,000 to 1 Bet that Zebulon never has said Anything which will be sealed up in the Memory of his Countrymen and Preserved for Posterity.

A Ponderous Pipe-Organ.

On the other Hand, this Lije is a wise-cracking Whiz, with a side-hold on the Anglo-Saxon Tongue and a Philosopher's Point of View and the Gift of Originality. If he has no Friends, it is because he digs up the unwelcome Truth and spreads it over the Landscape, while Zebulon always tells the Mush-Tops exactly what they want to hear, so what a Nice Feller he is to be sure. And yet the Copy-Books tell us that Knowledge is Power.

Zebulon never figured anything out in his life, because the Wheels in his Gearing do not connect at all, but he just happened to take advantage of the Supreme Truth that One who wishes to stand Ace High with the Public must appeal to the Eye without regard to the Understanding.

For proof of this interesting Fact, we have only to check up on Hollywood, and any good Beach in Florida.

If a Movie Star can get \$18 a second for having ruby-red Lips and beautiful Belledonna Eyes, after being lost in the Desert for Days and Days, why should He or She be compelled to know the Multiplication Table?

And the one-piece Bathing Suit, improperly filled can give Cards and Spades to Culture, Refinement and Nobility of Character.

Zebulon has always been Great in the same way that the Redwood Trees, Niagara Falls and the Washington Monument are entitled to respectful Attention. Architecturally, he has been so impressive that no one ever cared a Darn about the Contents of the massive Work of Art.

A Speed Demon Who Doesn't Get There.

Zeb can take a third-rate Common-place and make it sound like part of the President's message to Congress. He is a Pipe Organ and Lije is a Piccolo, out of tune.

Yes, it is better to have a Cavalry Moustache and a Saint Bernard Voice than to fathom the Mysteries of Science or explore the Beauties of Literature. Every time that Zeb repeats something which he just read in the Indianapolis Paper, all the Bystanders shake their Heads and admit that the Geezer sure is Deep.

The only Approach to real Wisdom that Zeb has shown is in keeping the Trap closed for Days at a time. He has a positive Genius for long and eloquent Bursts of Silence.

While this Vesuvius of Statesmanship is merely smoldering instead of Spouting, he is still majestic, awe-inspiring and suggestive of an immense Reserve Power.

Always the Brow is furrowed like a Wash-Board, and those who timidly gaze up at the Giant in repose know that Zebulon is meditating. Which is true. He is trying to decide whether to go up to the House and partake of Ham and Eggs or drift over to the Bon Ton Cafeteria and order an Oyster Stew. Zeb figures carefully on every momentous Issue until he knows he is right.

Lije, as a single-handed worker, is a Ball of Fire and a Demon for Speed. Zeb has learned, by consistent Avoidance of Dangerous Responsibilities, to let his Associates saw all of the Wood, and take all of the Risks. In his Political Maneuvers, Legal Battles and Business Transactions he permits his humble Henchmen to wield the Pick and Shovel while he provides the Scenic Background. Then, if anybody pulls a Boner, he is there with a Bushel of Rogrets and a complete Alibi. In all of his Career he never got into such a tight Corner that he couldn't pass the Buck. Proving that a Celebrity may be an Intellectual Lightweight and yet have some useful Animal Instincts.

Zebulon is a positive Wow when it comes to delivering an Address of Welcome. One does not have to know anything in order to hand out a few well-chosen Words of Greeting. In fact, any Speaker who is loaded up with Facts and an elementary Sense of Humor probably could not make good in serving all of that hot Hokum and Gravy to a bunch of Kloddies wearing Badges.

Lije believes in bawling out the Boobs and Zeb has made it a Rule to massage them with perfumed Ointment. So Lije is trying to get a Job as Traveling Salesman and Zeb is having his Portrait painted by a City Artist, and after the Thing is done the Federated Clubs are going to buy it and hang it in the Public Library between Washington and Lincoln, but Zeb will have a larger and more gilded Frame than those accorded the other two Eminent Americans.

MORAL—There are a lot of Things some Folks won't believe until they go to Washington and sit in the Gallery.

### Rickets, Disease Known to Medicine for Years

That the light and heat of the sun directly or indirectly provide the basis of all life has been appreciated by mankind for countless ages.

With the development of modern science, man's intuitive appreciation of the sun has been validated by important discoveries.

Thus it was early shown that plants take nonliving substances and with the aid of sunlight build out of them living or organic compounds upon which all animals ultimately depend for their food.

More recently, that is, during the last ten or twelve years, it has been further shown that the sun's radiations have a direct and specific effect on the nutrition of animals and humans.

This effect is seen in the promotion of growth and development, as well as, on the negative side, certain disease conditions.

The recent discoveries of the effects of the sun upon nutrition center about the disease rickets.

Rickets is a disease with which medicine has been acquainted for more than a century. It has been recognized as a condition affecting the utilization of mineral substances by the body.

More specifically, there is a disturbance during the period of development in what is technically known as the calcification of the bony tissues.

The skeletal frame of the child and young animal is not bony in character, but cartilaginous. As the child or animal develops, the cartilage disappears and in its place bone is developed.

A significant portion of bone structure is made out of calcium and phosphorus. In rickets there is a failure in the deposition of calcium in the skeletal tissue.

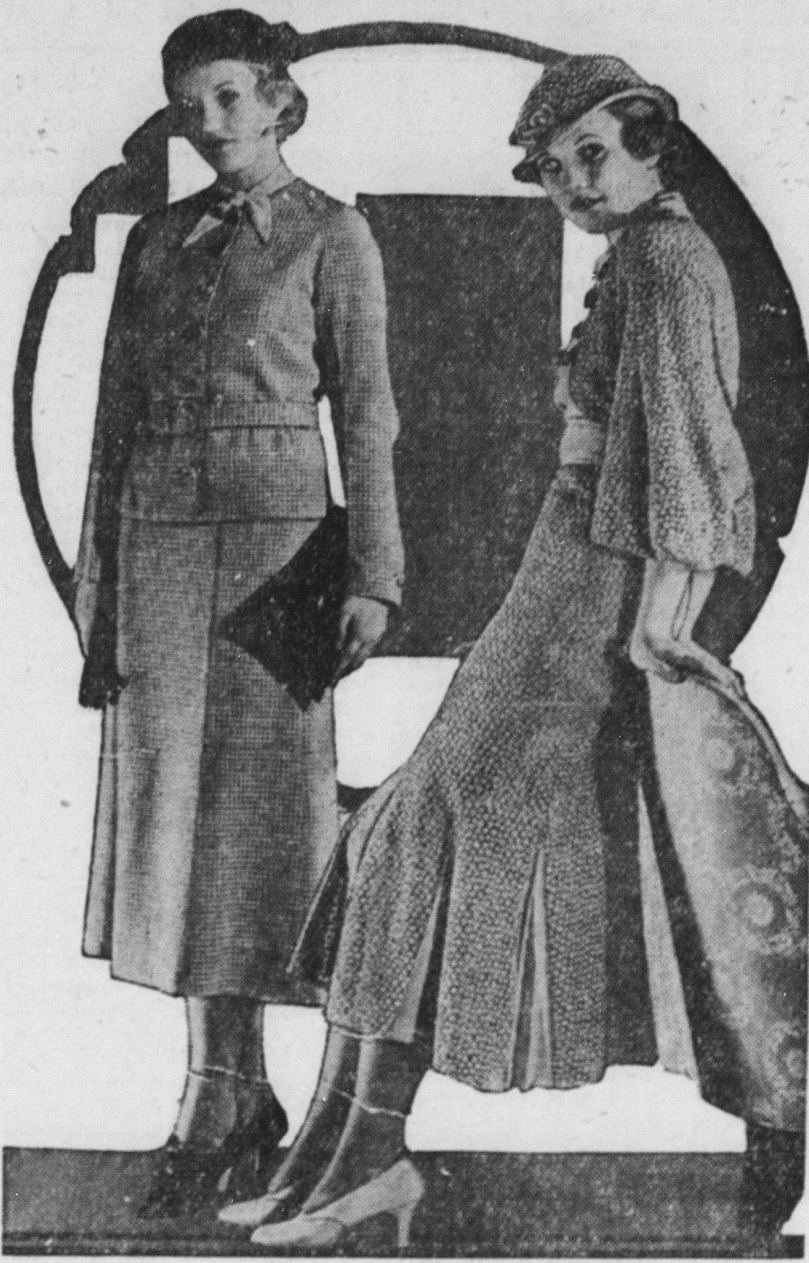
This, however, is not due to a lack of calcium. It is due, rather, to the lack of some essential element, now designated as vitamin D, which in nature is produced by the effect of the sun on certain chemical substances.—St. Louis Post-Dispatch.

### Famous Author's Piano

A Robert Louis Stevenson relic of more than usual interest, Stevenson's piano, was recently discovered in a Devonport (England) home. The piano, which is definitely authenticated, was made specially for Stevenson to withstand safely the tropical conditions of Samoa. It is of black ebony with ornamental patterns in inlaid gold, and both the candlesticks and the handles are of massive and elaborate design. Screws are used throughout the framework in place of the usual glue, and so strongly is the instrument built that its weight is nearly twice that of an ordinary piano.

## Cottons of High Style Importance

By CHERIE NICHOLAS



AGAIN we arrive at that time of the year when fancy, or is it stern duty, turns to thoughts of spring sewing. If any inspiration is needed to lure the woman, who makes her own clothes into a do-it-now frame of mind, it may be found in the aisles and aisles of enchanting spring materials now on display throughout all fashionland. A significant fact about the new fabric showings is the prominence given to cottons which are that amazingly novel and chic as to be almost unbelievable.

So completely have some of the newer cottons managed to conceal their identity, one has almost to look at their labels or inquire of the salesperson to make sure that they are what they are, and not perhaps fine silk or woolen as they appear to be. Almost any effect is possible with novelty cotton yarns as they are now being duredne-processed, often worked with rayon strands, into boucle or soft-twisted finishes, or with silken sheen or perfectly delustered, as the case may be.

The reign of cotton weaves in the textile realm should prove very encouraging to the amateur seamstress with whom the thought of handling an' cutting into costly silk or woolen all but brings on an attack of "stage fright," for although the new and smart cotton weaves are high style and "look like a million," they are in reality inexpensive enough to afford any ambitious home-sewing woman to experiment with them without fear and trembling.

Ribbed and diagonal cotton fabrics are proving of special interest to the Paris houses, such as for instance a type known as duredne ribcord, which appeared in dresses, suits, hats, shoes,

handbags, beach clothes, scarfs, and coats last year, and which, incidentally, is being revived for the coming spring especially by millinery and footwear houses. Diagonals are shown in wide variety, including those of lacy construction on solid grounds.

Shirred, crepe and blistered effects are vastly important. The new cotton matelasse weaves in monotone and two-tone combinations cater to the prevailing feeling for crinkly surfaces.

Fabric laces—that is laces made to be used for dresses and not merely for trimming—are fortuitously popping up again. Among the new duredne lace fabrics are effective swirled patterns, minute floral and geometric designs, antique block effects, eyelets and nubs. Both pastel and high colors of spring importance are available. These laces are washable and can easily be handled by the woman who makes her own clothes, at the same time they are a great favorite with the professional designer and dressmaker. A dress-and-hat ensemble (hats of same material as the frock are high fashion) made of soft charrreuse duredne lace combined with crepe is shown to the right in the picture. The crepe of the girle is repeated in the set-in pleats which give graceful fullness.

A tweedy-looking duredne mesh as used for the demure three-piece suit for the younger girl or for any youthful appearing woman, for that matter, is pictured to the left. Wooden buttons fasten the short jacket straight up to the neckline. The blouse which shows its cravat tie is of lacy duredne mesh. Hat, shoes, gloves and handbag are a rustic brown which harmonizes with the brown in the tweed.

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### CAPE TAKES PLACE IN SPRING MODELS

There is more and more evidence of the coming popularity of the cape. It appears almost daily in some new form, in the studios of the well-known designers—as a half-length evening wrap, as a full-length sports over-all, as an accessory to the afternoon dress, as the collar on a town coat.

It is made in velvet, tweed, corduroy, satin—practically every imaginable material.

As Mainbocher indicates in a good many of his new spring clothes, the cape looks its youngest when it is short.

He puts it, in a dashing abbreviated form, on the back of little wool dresses; he wraps it around the shoulders of spring suits; he makes it into elbow-length and hip-length wraps to go over young girls' evening dresses.

### Slippers for Evening Are

Now Shown in All Colors

Cinderella's glass slippers can't compete with the glamorous modern models that go dancing now.

Exquisite new evening slippers tempt from the show windows—all colors, all tints, to match or contrast with the gown. They are fashioned of velvet, doeskin, crepe, satin, brocade, silver and gold kidskin, and are elaborate and ornamental.

The lavish cut-out sandal is passing out of the fashion picture. It is being succeeded by a new sandal pattern in which the tips of the toes and the heels are covered.

### Coral Velvets

Could anything be lovelier than lounging pajamas of coral colored velvet made with a flattering surplice neckline which is embroidered in a conventional design with white angora?

## WITTY KITTY

By NINA WILCOX PUTNAM



The girl-friend says that she knows a 200-pound woman who has taken up horseback riding to reduce, and the horse has lost ten pounds in less than a week.

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### WHY NOT AARON?

The circus was doing badly and funds sank lower and lower. At last the cashier pinned up a notice announcing that in future salaries would be paid as funds permitted, and that artists would be paid in the alphabetical order of names.

Next day Zero, the strong man, called on the cashier.

"I have come," he said, "to tell you that I have changed my name."

"Oh!" replied the cashier. "And what are you going to call yourself now?"

"Achilles."—Tit-Bits.

### Can't Shoot a Mosquito

It is easier to stop the barking of a dog than the singing of a mosquito.

## No Difficulty at All for Man of Medicine

The doctor's patient looked terribly worn out.

"Oh, doctor," he said, "I don't know what's wrong with me. I'm never well. I can't tell you why."

"Where's the pain?" asked the medical man brusquely.

"I don't know, doctor," continued the patient. "I can't quite locate it, but it's something that leaves me quite done up, as if something inside isn't working properly. Still, I'm sure you will know what's wrong."

The doctor nodded.

"I see," he replied. "Here's some medicine. It is for cases exactly like yours. Take it from time to time for as long as it suits you. I can't tell you just how often or how long or what doses to take, but when you are cured you can come back to me for some more."

## Beware the Cough or Cold that Hangs On

Persistent coughs and colds lead to serious trouble. You can stop them now with Creomulsion, an emulsified creosote that is pleasant to take. Creomulsion is a new medical discovery with two-fold action; it soothes and heals the inflamed membranes and inhibits germ growth.

Of all known drugs, creosote is recognized by high medical authorities as one of the greatest healing agencies for persistent coughs and colds and other forms of throat troubles. Creomulsion contains, in addition to creosote, other healing elements which soothe and heal the inflamed membranes and stop the irritation and inflammation, while the creosote goes on to the stomach, is absorbed into the blood, attacks the seat of the trouble and checks the growth of the germs.

Creomulsion is guaranteed satisfactory in the treatment of persistent coughs and colds, bronchial asthma, bronchitis and other forms of respiratory diseases, and is excellent for building up the system after colds or flu. Money refunded if any cough or cold, no matter of how long standing, is not relieved after taking according to directions. Ask your druggist. (Adv.)

## Mother of 7—Still Young



THE woman who gives her organs the right stimulant need not worry about growing old.

Her system doesn't stagnate; her face doesn't age. She has the health and "pep" that come from a lively liver and strong, active bowels.

When you're sluggish and the system needs help, don't take a lot of "patent medicines." There's a famous doctor's prescription for just such cases, and every druggist keeps this standard preparation. It is made from fresh laxative herbs, active senna, and pure pepsin. Just ask for Dr. Caldwell's syrup pepsin. Take a little every day or so, until every organ in your body feels the big improvement.

The next time you have a bilious headache, or feel all bound-up, take this delicious syrup instead of the

usual cathartic. You'll be rid of all that poisonous waste, and you haven't weakened the bowels. You'll have a better appetite, and feel better in every way. The constant use of cathartics is often the cause of a sallow complexion and lines in the face. And so unnecessary!

Would you like to break yourself of the cathartic habit? At the same time building health and vigor that protects you from frequent sick spells, headaches, and colds? Get a big bottle of Dr. Caldwell's syrup pepsin today. Use often enough to avoid those attacks of constipation. When you feel weak and run-down or a coated tongue or bad breath warns you the bowels need to be stimulated. Give it to children instead of strong laxatives that sap their strength. It isn't expensive.

## A Helpful Hint

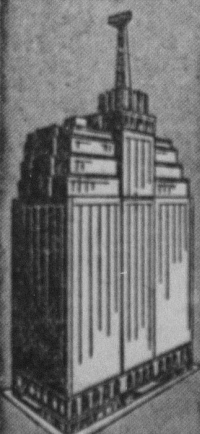
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is Cuticura Soap. Use it regularly every day; it not only cleanses but keeps the skin in good condition, freeing it from all cause of irritation.

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