

**SUCH IS LIFE—A Suggestion to Dads!**



By Charles Sughroe

**WORKING TO CAPACITY**

William James once advanced the theory that few human beings ever work up to their fullest capacity. Vast energy resources are hidden by the habit of fatigue obstacles which we never break through. It is possible that we possess not only a second wind but a third and a fourth. "In exceptional cases we may find, beyond the very extremity of fatigue distress, amounts of ease and power that we never dreamed ourselves to own, sources of strength habitually not taxed at all because habitually we never push through the obstruction, never pass those early critical points," James says.

**Re-Open Ex-Kaiser's Famous Old Chapel**

**Last Divine Service Was Marriage of Princess.**

Berlin.—The ex-kaiser's former chapel atop the imperial castle in Berlin, after being closed for almost 20 years, has been opened to the public. The last divine service held in the chapel was in May, 1913, on the occasion of the marriage of Princess Victoria Luise, the kaiser's only daughter, to the duke of Brunswick, descendant of the dukes of Cumberland, archenemies of the Hohenzollern dynasty.

The chapel is located beneath the fine cupola crowning the imperial castle on Unter den Linden, a familiar sight to every American tourist who visited the German capital. The chapel and cupola rest on the giant portal on the west side of the castle modeled after the famous Constantinian arch in Rome. To give the massive portal the necessary foundation 3,000 bulky wooden piles were rammed into the swampy earth. The castle as well as the greater part of the German capital is built on marshy land formed by the rivers Spree and Havel.

**Sixty-Five Feet in Diameter.**  
The octagonal chapel measures 65 feet in diameter, soaring 160 feet from the floor to the inner top of the cupola. The altar, a present of the Egyptian viceroy, Mehemet Ali, is made of a brownish yellow alabaster. The massive altar roof, resting on six pillars, is carved out of one piece. The altar crucifix is inlaid with numerous semi-precious stones. Ten costly candelabras are supported by antique Roman pillars excavated in Pompeii. More than a hundred pictures, representing Biblical scenes and Prussian rulers, decorate the walls.

The history of the chapel is comparatively new. While the oldest parts of the castle go back to the days of the renaissance, the chapel and cupola were added in the years 1845-1853 according to the designs of the Prussian King Frederick William IV and the famous German architect Schinkel. Within its walls many a church service was held in the presence of the royal family, surrounded by a glittering entourage. Whenever a new Prussian diet or reichstag was elected the new members assembled in the chapel in the presence of the kaiser to attend divine service.

All the kaiser's children were confirmed in the chapel. The confirmation of Prince Joachim of Prussia cost the job of Julius Pruewer, one of Germany's leading orchestra conductors. At that time he was organ player in the cathedral and in this capacity he conducted the choir singing at the ceremony. After the prince had been confirmed the emperor and his family wanted to remain alone in the chapel to partake of the holy communion. The onlookers in the gallery did not budge, keeping their opera glasses glued on the imperial family. The emperor ordered Pruewer to have the choir sing a choral till the last onlookers had left the chapel. The choral was sung three times in succession; the audience did not stir. The conductor, instead of blindly obeying the orders of his imperial master, gave up the fight with his majesty's subjects because of the sore throats of his singers. The onlookers were finally pushed out of the chapel by a host

of imperial flunkies. Pruewer was summarily dismissed.

**Last Event a Wedding.**  
The last time the chapel showed unadorned splendor was for the wedding of the kaiser's only daughter, Princess Victoria Luise, to the duke of Brunswick. The wedding put an end to a

**Smart and Simple**



A smart and simple dress in brown with neck and belt bow in different tones of beige.

feud of long standing between the houses of Hohenzollern and Cumberland.

That was in May, 1913. Then came the World war and nobody set foot in the chapel except the charwomen and an occasional flunky until in December, 1918, a number of grimy, hungry sailors, rifles slung over shoulders and red badges fixed to their arms, stealthily climbed through one of the windows of the chapel. They grabbed a valuable embroidered altar cover and disappeared by way of the castle roof.

That was in the days of the German revolution when the walls of the imperial castle shook with the discharge of the guns and the crackle of machine guns and rifles continued all day long. The Red marine division had taken possession of the castle and imperial stables, which they made their headquarters.

After the Red mutiny was quelled and peace was restored parts of the

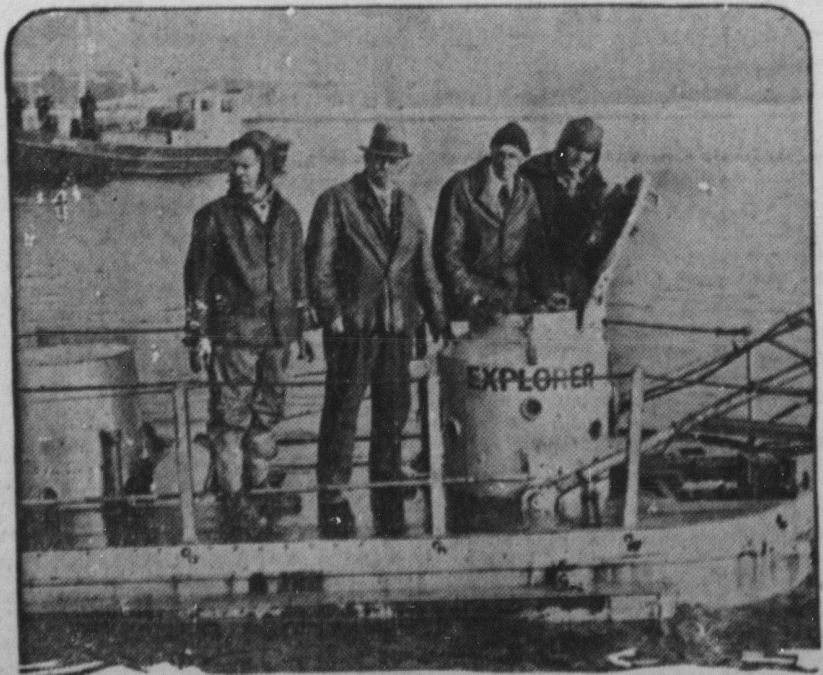
**POTPOURRI**

**Carat Weight**

A carat weighs 3.17 troy grains. The name is an Arabic one meaning bean or seed and it was the ancient practice to use beans or seeds to weigh precious stones. Such stones were described as being so many beans of weight, or carats. A carat has 4 carat grains, further divided in 16 parts.

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**New Baby Submarine Does Its Stuff**



The Explorer, a baby commercial submarine designed and constructed by the pioneer submarine inventor, Simon Lake, demonstrated its ability to navigate at any depth and to crawl along the bottom of the sea while its two-man crew surveys the underwater scenes. In the center of the group aboard are Dr. William Beebe, eminent naturalist, and Mr. Lake, who thinks the vessel should be called the "Crab" because it can crawl sideways or backwards on the sea bottom.

imperial castle became a museum of tourists. Big, well lighted rooms were turned into regular offices, only from time to time the administrators of the former imperial castles would surprise the public by opening up old chapels or halls rich in beauty or in historical glamor for those who enjoy the romance of bygone days.

**OF INTEREST TO THE HOUSEWIFE**

Ink spots on fingers may be instantly removed by a little ammonia.

To keep cut flowers fresh put a head of a sulphur match in the bowl.

Hot vinegar quickly removes white-wash or splashes from windows.

Try boiling angel food cake pan which has been greased in baking soda and water.

Oil the cup or spoon in which molasses is to be measured. The molasses will slip out of the cup easily.

**GABBY GERTIE**



"In the tropics a sugar daddy is a big prune and date man."

**THE HABIT OF EATING**

By THOMAS ARKLE CLARK  
Late Dean of Men,  
University of Illinois.

Eating is a very necessary process as human beings are now constituted

and to attain the most beneficial results it should be a regular one. It is an expensive habit at best, and made more so by the intricate and almost infinite processes by which food is now prepared. It isn't always the original cost that is to be taken into consideration; it is the transportation and the passing of products from one hand to another until it reaches the man sitting down to a meal, that have to be considered.

We were guests at the Grays' not long ago. We arrived in the late afternoon a while before dinner and just as Mrs. Gray had returned from a luncheon. It was the day on which Mrs. Gray's luncheon club met and so an opportune time to discuss gustatory matters.

"We had the most delicious luncheon," Mrs. Gray announced almost before she was seated, "fruit cocktail at the outset and I'm sure by the way it tasted that Grace must have a private stock. There were blueberry muffins—they simply melted in one's mouth. She had a new kind of salad—prunes stuffed with Roquefort cheese. I've never tasted anything more delicious." We got all of it finally, and I presume that all the Grays sitting about listening had a distinct gnawing of the stomach and a stimulation of the salivary glands as they listened to the recital.

At dinner, which I thought quite adequate to satisfy both taste and hunger, food was the sole topic of conversation.

It was so throughout our visit—food all the time; nothing but food. The habit of eating had so obsessed them that they thought of nothing else.

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**Declares Bald Eagle Is Unjustly Given Bad Name**

**Audubon Head Comes to Bat for National Emblem.**

New York.—Condemning a recent widely circulated press release which in effect defamed the bald eagle, emblem of our national independence, Dr. T. Gilbert Pearson, president of the National Association of Audubon societies, stated:

"It is unfortunate that recent publicity concerning the bald eagle has been calculated to detract from the character and reputation of this stately and picturesque bird which long has been the emblem of our country. While the story in question indulges in no deliberate misstatement of facts, yet the emphasis placed upon some of these is both unfair and misleading. The fact that Benjamin Franklin and John James Audubon questioned the wisdom of this choice of the bald eagle to be our country's emblem should in no wise create any misgivings in the minds of patriotic, bird-loving citizens. Even though we are reminded by them that the bald eagle's diet is not at all times admirable, and that he will rob the fish hawk on occasion, we would, on these same grounds be led to malign the character of many of our wild birds and mammals whose lives, for the most part, are ruled by the law of the jungle.

"When a beautiful and accomplished actress captivates her audience with the grace and power of her perform-

ance, they are not curious to know what she has had for dinner: it may have been corned beef and cabbage! In like manner we admire the bald eagle when, in the beauty and majesty of his noble form and powerful flight, he soars aloft into the blue empyrean; or from his aerial perch he surveys the earth and thus becomes a symbol of valor and of power which constitutes him no mean emblem of our country."

**May Be in Cabinet**



Since National Chairman Farley hinted that some woman was likely to be appointed a member of the Roosevelt cabinet there has been much speculation as to the one who might be selected. Among the possibilities is Mrs. J. Borden Harriman who for years has been a leader in both social and political Washington life.

**Texas University Now Has "Sleeping Course"**

Austin, Texas.—For students who are "tired and rundown" at the University of Texas there is the course labeled "Sleeping P. T." they can take—the "P. T." standing for "physical training."

The classroom is fitted with cots on which pupils lie for 30 minutes each class period. "The course is simply a period of rest and recuperation for students unable to take strenuous exercise," S. N. Ekdahl, the instructor, said.

**Father Sage Says:**

Test of a man's poise is to acquit himself favorably when brought into the presence of a ladies' sewing circle.

**A. L.'s Best Pitcher**



Although Bob Grove was out of the game with injuries more than three weeks in midseason, the tall Philadelphia southpaw led American league pitchers for the fourth successive season last year, records recently released reveal. Opponents averaged only 2.84 runs per game in 292 innings, distributed through 44 games, against the Mack star.

**ODD THINGS AND NEW—By Lane Bode**

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**Dorothy's Mother Proves Claim**



Children don't ordinarily take to medicines but here's one that all of them love. Perhaps it shouldn't be called a medicine at all. It's more like a rich, concentrated food. It's pure, wholesome, sweet to the taste and sweet in your child's little stomach. It builds up and strengthens weak, puny, underweight children, makes them eat heartily, brings the roses back to their cheeks, makes them playful, energetic, full of life. And no bilious, headachy, constipated, feverish, fretful baby or child ever failed to respond to the gentle influence of California Fig Syrup on their little bowels. It starts lazy bowels quick, cleans them out thoroughly, tones and strengthens them so they continue to act normally, of their own accord.

Millions of mothers know about California Fig Syrup from experience. A Western mother, Mrs. J. G. Moore, 119 Cliff Ave., San Antonio, Texas, says: "California Fig Syrup is certainly all that's claimed for it. I have proved that with my little Dorothy. She was a bottle baby and very delicate. Her bowels were weak. I started her on Fig Syrup when she was a few months old and it regulated her, quick. I have used it with her ever since for colds and every little set-back and her wonderful condition tells better than words how it helps."

Don't be imposed on. See that the Fig Syrup you buy bears the name, "California" so you'll get the genuine, famous for 50 years.

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