Chocolate Sundaes Liked by All 



### Chocolate Sundae Made at Home.

(Prepared by the United States Department f Agriculture.)-WNU Serv

Chocolate sundae is one of the most popular of all soda fountain dishes. There is no reason why anyone who cares to go to the trouble of making ice cream once in a while should not frequently enjoy this excellent combination of chocolate sauce and ice cream right at home. Either vanilla or chocolate ice cream may be used, but vanilla seems to be generally liked.

Almost everyone has a favorite recipe for vanilla ice cream, but in case yours is not at hand, here are two different ones from the bureau of home economics, United States Department of Agriculture. The first is for french vanilla ice cream, made with double cream and egg white and frozen without stirring in a mechanical refrigerator or by packing in the usual way in ice and salt. The plain mousse is very rich, especially when chocolate sauce is added to it. Small portions will be sufficient. Be sure to keep the chocolate sauce hot in the double boiler when this dessert is served. Sponge cake, sunshine cake, lady fingers or angel food would be a good choice to accompany the chocolate sundae, rather than a layer cake with Icing.

### French Vanilla Ice Cream. 1 quart milk % cup sugar % pint double cream % tsp. salt 4 eggs 1½ tsp. vanilla 1 quart milk 4 eggs

Heat the milk, sugar, and salt in a double boiler. Beat the eggs slightly and mix in some of the hot milk. Pour back into the double boiler and stir constantly until the custard coats the spoon. Cool, add the cream and vanilla, mix well, and freeze. For the freezing mixture use one part of salt to six parts of ice and turn the crank slowly during freezing. Remove the dasher, pack with more ice and salt and let the cream stand an hour or more to ripen.

Plain Vanilla Mousse. 1 cup double cream 6 ths. sugar

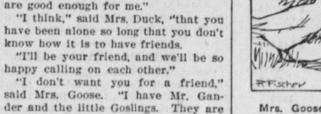
2 egg whites tsp. salt ½ tsp. vanilla thin cream 1 tsp. gelatin

### Put the mixture aside to chill. Whip the double cream. When the mixture alone. containing the gelatin has thickened don't care about any outsiders. Geese slightly, beat it to incorporate air. Add the vanilla and fold in the whipped cream and the well-beaten egg whites. The egg whites reduce richness, increase volume and improve texture. These proportions will make over four cupfuls before freezing, or, if the egg whites are not used, about three cupfuls.

# Chocolate Sauce.

2 squares unsweet- 1/2 cup milk ened chocolate 1 tbs. butter 1 cup granulated 1/2 tsp. salt sugar 1/2 tsp. vanilla

Melt the chocolate in a double boiler, add the sugar, milk, butter and salt, and cook for ten minutes or until fairly thick. Add the vanilla, beat well, and serve hot over ice cream.



such precious children." "I'm glad you like some creatures,"

"It's not only a pig I don't like. I

**GEESE WAYS** 

you any attention.

love the quiet."

it isn't true."

"Yes, you've grown bitter."

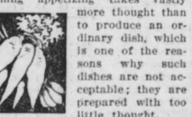
said Mrs. Duck. She was losing patience. She had tried so hard to be friendly with Mrs. Goose, and Mrs. Goose was simply a cross old thing. "I like creatures worthy to be liked," said Mrs. Goose, sticking out her hind toe, which is her great pride.

ceited.

Food Hints of Interest to By NELLIE MAXWELL

"Not a truth has to art or to science been given But brows have ached for it, and souls toll'd and striven."

The preparation of a leftover into something appetizing takes vastly



little thought. There is something out of balance with a person who cannot enjoy with a thrill, crisp, well-blended salads, or well-cooked and seasoned vegetables; ] but no one can be blamed for refusing

of bridge.

spond accordingly, usually.

Favored for Tots' Party Frocks

By CHERIE NICHOLAS 

overs.

in appearance and so tasty that it will not disappoint, and you will never have to urge the food upon an un-

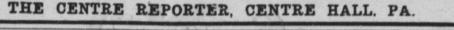
willing child, Children need whole wheat; other cereals may be used for variety. They need fat-butterfat is the best of all fats to promote growth. The child needs milk, at least a quart a day in some form; sugar in moderate amount and candy after a meal or between meals so that it will not destroy his appetite for the coming meal. Plenty of fruit and fresh vegetables are needed in all diets, and especially in the child's.

Another food that a well-nourished child needs is fresh eggs; serve one in some form each day for each child. Well-cooked rice, fresh fish, poultry,

dish, make it as attractive as possible | shell which has been baked, cover with a meringue using the two egg whites and two tablespoonfuls of sugar with a teaspoonful of lemon juice, brown in a slow oven or serve with whipped cream instead of the meringue, add-

ing the egg whites to the filling. Bacon and Egg Sandwiches .-- Cook the bacon, save a part of the fat to cook the eggs, lay a slice of bacon and scrambled egg on a slice of buttered bread, cover with another slice, adding some chopped or thinly sliced onion and you have a most sustaining sandwich. For dessert, cup cakes are always liked. If one wants them

preferred. Add pepper or paprika to Drop cakes, ple of various kinds,





left.

(6), 1931, Western Newspaper Union.)

Welcome Desserts

of Agriculture.)-WNU Service

Fresh Cerrry Pie.

Simmer the cherries for five minutes

mix the cornstarch with it, cook until

thickened, and add the cherries, sugar,

bake until the crust is a golden brown.

Pour in the hot fruit mixture, moisten

the rim of the crust, and place the un-

cooked crust over the fruit. Turn the

the juice will not escape during cook-

ing. Bake in a moderately hot oven

(375 degrees F. to 400 degrees F.) for

25 to 30 minutes or until golden brown.

cooked spaghetti on the platter. Pour

one-half cupful of melted butter over

it and sprinkle with more grated

cheese. Parmesan or roman cheese is

season. If more sauce is desired add

dough over the cooked crust tightly so

Line a deep pie tin with pastry and

butter and salt, and mix well.

4 cups tart juicy 2 tbs. butter pitted cherries ½ tsp. salt 2 tbs. cornstarch Pastry

plains what they are:

1 cup sugar



"I should hate to think you were as conceited as that."

"if you hate to think we might be con-

"We are! It's true. And we have



APPLYING FOR WORK

Sydney Shields, well-known actress, has an old negro mammy from the South in her employ. The other day a colored man appeared at the door seeking work. The women met him and the following was the conversation between the two:

"I don't reckon you-all knows of nobody what don't want to hire nobody to do nothin', does you?"

"Yes, indeed, I doesn't."-Illinois Central Magazine.

Quite an Honor

"What's the matter, sonny? Why are you crying?"

"I saw a building on fire and I went and pulled the fire alarm."

"Well, now, that's nothing to cry about. That was a noble acition." "No, it wasn't. The building was my school."

IN BUSH LEAGUE



Teacher-Eddie, give me a description of the buffaloes. Eddie-Can't. I don't know much

about that team.

# The Merry Life

We stay up late and strive to keep Old Morpheus on the run, And think because we're losing sleep We must be having fun.

### Pleasures of Observation

"What is your favorite game?" "Golf," replied Senator Sorghum. "But you never play it." "Probably that's the reason I like it.

The men whom I have seen playing it

abused it terribly and didn't appear to

get any enjoyment out the fresh air

and the scenery."-Washington Star.

He Knew Her

Hobbs (visiting)-I see by this pa-

per that the doctors have discovered a

Dobbs-For the love of Pete, throw

the paper away before my wife sees it.

HELPING WILLIE

very nice cut them open and fill with sweetened and flavored whipped

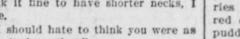
cream.

### puddings. There are several little "tricks of the trade" in making any "Don't think, then," said Mrs. Goose, ple from julcy fruits, in order to keep the undercrust from being soggy and the juice from running out. The bureau of home economics of the United

States Department of Agriculture ex-

and drain. When the juice has cooled,

The cherry season is relatively Mrs. Goose, Snapping Crossly. short, and while it lasts it is a good plan to treat the family to fresh cherthink it fine to have shorter necks, I ries as often as possible. The tart hope. red cherries make excellent pies and



Fresh Cherries Will Make? (Prepared by the United States Department

Soak the gelatin until soft in a little of the milk or thin cream. Heat the remainder and pour over the gelatin. Add the sugar and stir until dissolved.

### Mythological Character

Cassandra in mythology was the daughter of Priam and Hecuba. She was beloved by Apollo. Cassandra promised to listen to his addresses, provided he would grant her knowledge of futurity. This she obtained. but she was regardless of her promise. Apollo in revenge determined that no credence should be given to her prophecies.

A very important member of fash-

ion's clientele is the little girl

frocks to wear.

unattractive food. Because the male members of the family shy at anyare all good foods for the growing child. thing reheated, made over, or re-One may prepare coffee or cocoa in hashed, the problem of carefully conserving good foods and giving them

a pail, or it may be carried in a therback in an acceptable form is one mos bottle to save the waiting. If made in an open kettle drop the cofwhich takes more finesse than a hand fee mixed with eggs tied in a cheese cloth bag into cold water and boil. One reason that many men balk at Set off at once and let stand a few salads is because they have been oftminutes before serving. en used as a clearing house for left-

Pineapple Pie .-- Prepare a rich pastry and line a pie plate. Fill with the Children will learn to like almost following: One cupful of shredded or any kind of vegetable if it is not discussed pro and con every time it apfinely minced pineapple, one tablepears. Children are people, and when spoonful of butter, two beaten egg we learn to respect their feelings as yolks and one cupful of powdered we would older ones, they will resugar. Beat the sugar and butter to a cream, add the egg yolks well beaten When teaching a child to eat a new and the pineapple. Fill the pastry

mode is making a feature of airy light

Lots of net footing, too, is being

frilled on little folks' dresses. It is

really a very practical trimming, as

it not only wears well but retains its

prettiness, since after ironing it can be

Around

pulled gently into perfect shape. (@), 1931. Western Newspaper Union.) even wonderful layer cakes are often the choice end to a picnic lunch.

Spaghetti Bambino .-- This is a favorite children's dish. Cook one-half pound of spaghetti until tender, drain, Butter a large platter and sprinkle on tomatoes, well with grated cheese. Spread the

a little hot water to the butter, using one-third of a cupful of boiling water, Cavlar mayonnaise has one-half tablespoonful of caviar, one tablespoonful of horseradish, to one-half cupful of olive oil mayonnaise. Serve

(@, 1931, Western Newspaper Union.)

# **TWO-GARMENT SUITS FOR LITTLE FELLOWS**

(Prepared by the United States Department of Agriculture.)-WNU Service.

A sun-suit ensemble for a boy consists of just two garments-trousers buttoned to an open-mesh top, and an overblouse. The sun suit itself is worn without undergarments, for play in the sunshine. Then when it is time for the child to go on the street or indoors, the matching blouse is slipped



# Overblouse for Sun Suit.

on. This looks better at the mealtable, and there is less danger of cooling off too quickly after the heat of the sun.

The ensemble illustrated was designed by the bureau of home economics of the United States Department of Agriculture, All the little things that often make clothes a nuiin this model. The self-help trousers a contrasting color.

button to a straight net waist cut away around the neck and under the arms as much as possible. The part passing over the shoulders, however, is fairly wide, to prevent cutting into the child's flesh, and fitted comfortably so the garment will not slip. The waist buttons are just the right size and in the right places for very small inexperienced fingers to reach easily.





new disease

Mother-Mercy, Bobby; what are you doing to Willie? Bobby-We're just bobbin' for apples an' I'm helpin' him to git one.

# **Exceptional Felicity**

How seldom is he seen or heard, The man with patriot zeal aglow. Who this year can stand by each work He said a year or so ago!

### Even Chiefs Have to Dict

First Cannibal-The chief has hay fever.

Second Cannibal-Serves him right. I told him not to eat that grass widow.

## Elevation

"I am quite convinced that our remote ancestors lived in trees." "We have climbed some since then. What is a tree compared to a skyscraper apartment building?"-Washington Star.

## Force Put

"So you left off the old night shirt and gone to wearing pajamas?" "Yes, I had to make some concession to decency when folks took to, wearing their night clothes to teas and partles."

# **Might Do Better**

She-"I'm sure tennis hasn't made the slightest difference to my looks," said she, in reference to the assertion of some one who had said the game ruined a girl's beauty.

He (knowing nothing about any such assertion)-Well, why not try some other game, dear?

## **Geometrical Vamp**

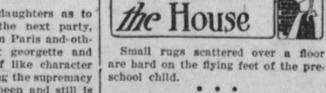
"Maud has made some swell marringes, but divorced all her husbands." "Yes, she moves in the best triangles, so to speak."

behalf of their wee daughters as to "what to wear" to the next party, comes the answer from Paris and other style centers that georgette and other sheer weaves of like character are at present disputing the supremacy of taffeta which has been and still is very popular for little girls' party frocks. One point on which all designers of

children's apparel agree is that there is no limit to the amount of decorative handwork which will be lavished on summer clothes for the younger generation. The material itself may be very inexpensive, such as, for instance, the dainty pale green georgette of bemberg which fashions the cunning gown pictured, but the fact of it being handmade and exquisitely embroidered gives it an enviable air of distinction.

An effective touch is added to this dainty dress in that it is trimmed with net in matching light green, the same cleverly worked in insets which serve as a background for clusters of wee pink rosebuds which are who goes to one party after another. hand embroidered.

In this fortunate class, designers of This matter of trimming the dainty juvenile styles take a special interest, bemberg volles and georgettes which for, of course, tots who are "in socome in fascinating monotone pastels clety" must have many, many pretty with matching net is well worth copying. The combination achieves that To doting mothers who seek to quesextreme sheerness which is so much tion the oracles of fashion that be, in to be desired this season, since the



effects.

Woolen or worsted garments are less likely to shrink if they are not dried in strong heat.

A little sweet pickle relish added to mayonnaise dressing makes a pleasant variation in its flavor.

A thin coat of lacquer helps to keep brass fixtures from tarnishing and nickel finishes from wearing off.

If the air in the house is dry, colds and other respiratory troubles tend to increase. Moisture and circulation of air as well as heat are necessary for a comfortable, healthful atmosphere. . . .

Before punishing a child the adult should decide whether the behavior was objectionable with reference to the child's ultimate good or only from the standpoint of his own personal and immediate comfort.



The collarless blouse has only three buttons, located on the square tabs, which relieve plainness and serve as something to grasp while buttons are

put through the buttonholes. There are two welt pockets of comfortable size, situated well for the child's reach. The armholes, neckline, and front edge are finished by very short buttonhole stitches in a darker colot sance to the boy are done away with than the suit, then overhanded with

. . . Baking a custard by covering it,

. . .

setting it in a pan of water, and cooking it on top of the stove gives it a velvety texture.