FAIRY TALE FOR CHILDREN WHEN STORY TIME COMES By MARY GRAHAM BONNER

David had gone to the tip end of | South America and was visiting Cape

In another moment after they had talked Cape Horn was shouting in a sing-song fashion this song, for it appeared that he, too, liked to tell his story in verse:

Some capes depend on fashions Whether they be worn; And if the world of style and form Decides they will adorn.

But we, Capes of the Universe Will not let style dictate What they would do if they

For they might say to Cape Good Hope, "You're out of style, old dear,"
And perhaps that is the reason
One cape is named cape Fear.

For I've often thought it likely That Cape Fear heard of styles And of the way that humans Indulge in pranks and wiles.

But whether that may be or not We Capes jut out just so, And so you needn't argue For what I say I know.

As a matter of fact David hadn't been arguing but Cape Horn looked so angry again he thought it best to go away. He went over toward the Atlantic Ocean, with whom he felt very friendly. Atlantic Ocean had been alongside of him during so much of his traveling.

David had not gone far when an airplane buzzed overhead and then landed very near him. A little pilot jumped out of the airplane and, rushing up to David, said:

"Want to see Canada? You didn't see any of it before to speak ofjust a glance merely-and I'll take you there now if you wish.

"The Living Map is too big for you to get over all that ground yourself for it would mean going back up through South America and Central America and the United States."

Government Stamp Insures Quality of Beef

(Prepared by the United States Department of Agriculture.) Have you noticed lately, when buying beef, that on the large cuts there is often a purple stamp such as "U. S. good steer" or "U. S. choice" repeated over and over again on the outside of the piece? This is in addition to the "little purple stamp" with which you have long been familiar, that informed you the meat was from a healthy animal and therefore wholesome. The new stamp is a grade or quality mark, intended to help the buyer-both the retail dealer and the customer-to know what sort of meat is being offered for sale. You may find one of five quality grades on the piece of beef von select. "IT S prime. IT choice; U. S. good; U. S. medium; and U. S. common." These grades are named in the order of their excellence. U. S. choice, good, or medium, are good enough grades for most of us. It is a wise plan to look for meat bearing this government quality

The initials "U. S." indicate that meat so marked has been graded by the bureau of agricultural economics of the United States Department of Agriculture. The beef grades used are the same the country over. Choice grade beef in Portland, Ore., is choice in Portland, Maine. Before long graded and stamped lamb and other government graded meats may be had in many retail stores. Last year, at Thanksgiving and Christmas, United States graded turkeys came on the market. Turkey growers as well as turkey buyers liked the grading system. One of the points which is considered important in grading beef is fatness. A good many people, in buying beef, want a lot of lean and just as little fat as possible. But good beef does not grow that way. There must be enough fat to make the meat tender and juicy. The fat on good beef is usually white or slightly creamy. Small particles of fat are distributed through the lean. This is called marbling.

"How did you know I was here and where I've been?" David asked. The little pilot laughed. He had a most unusual laugh. It made David feel as though he were sure he would have a good time if he went with the pilot. His laugh made him feel so



pleased with everything-just as he felt when he went for tramps through the woods and the wind blowing through the trees seemed company.

The pilot had a suit which looked as though it were made of very strong leaves. Around his head he wore a wreath of tiny, delicate leaves. He seemed to be very fond of leaves.

"Yes," the little pilot answered, "I'm a Map person, in a way. The General Overseer will tell you who I am. I'm mostly just myself figuring in the Living Map world and just at present ready to whisk you from one place to another in no time at all.

"I'm the breezy, merry, naughty,

kindly air pilot, that's who I am." "You're up to date," said David, "with your airplane."

Dyspepsia of Kings No Worry for Us Americans

Four meals a day-breakfast at seven, dinner at ten, supper at four, and "livery" at eight or nine, was the mark of the aristocratic English family in the Fourteenth century. Laborers and tradesmen had only three meals a day, at eight, twelve and six.

"The average American today prefers to follow the sturdy English laborer's schedule for meals rather than the more de luxe dining plan," says Miss Catherine Hanley of the national dairy council. "Our stomachs are better off if we give them a rest between meals. If you enjoy good health, it is wise to limit any between meals plecing to fresh fruits, or a milk drink. Children, those who are underweight, invalids, and older people can usually profit by a glass of whole milk in mid-morning or afternoon."

Sinuses

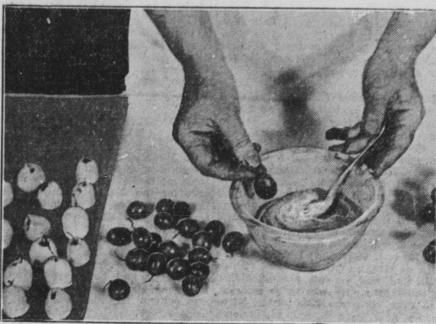
The cells or cavities contained in certain bones, as the frontal, ethmold. sphenoid and superior maxillary, are called sinuses. The frontal sinuses are two irregular cavities extending upward and outward from their openings on each side of the nasal spine. between the inner and outer layers of the skull, and separated from one another by a thin bony septum. They give rise to the prominences above the root of the nose, called the nasal

By JULIA BOTTOMLEY

FAVORED BY THE YOUNGER SET

FROCKS OF SHEER VELVET ARE

Grapes Dipped in Fondant Make Very **Attractive Confection**



Dipping Grapes in Flavored White Fondant.

(Prepared by the United States Department of Agriculture.) An unusually attractive confection for teas, dinners, and other formal occasions, as well as for gift boxes of home-made sweets, is made by dipping grapes in fondant. "Fondant," as the professional candy maker calls it, is the cooked sugar filling in chocolate creams or stuffed dates and other confections. It is sometimes flavored in various ways, as with oil of peppermint or wintergreen, rose, vanilla, or almond flavoring, and often colored with vegetable colorings. A strup or candy thermometer is desirable for good results.

Firm grapes with unbroken skins should be used for dipping, and a little

nous skirt and prim-fitted bodice turns

the pretty trick of making youth look

Perhaps it is the flounce measuring

"yards and yards" around the hemline

which more than anything else gives

this winsome frock its air of quaint-

ness. Or is it the fact of those multi-

tudinous tiny folds of velvet sewed

"row-and-row" on insets of peach-pink

chiffon which reminds us that old

fashions are becoming new fashions

in the eyes of the modern style world?

peals to youth is the off-the-shoulder

decolletage. Costume designers have

found that this quaint silhouette is

adorably youthful for the velvet frock.

Wherefore young girls are dining.

dancing and stepping out in the most

fascinating little velvet frocks one

may hope to see, their naive low-cu:

lines dropping off the shoulders quite

in the same manner as they did in the

Most of these girlish necklines are

held in place with shoulder straps, and

the youthful note is sounded when

these little bands are formed of tiny

roses. A prim bouquet of these same

roses at the nipped-in-at-the-waistline

and the frock quaintly styled of dainty

transparent velvet, be in black or in

color, breathes the very essence of

Lace, ermine, delicately beaded geor-

gette and softly draped are also used

Another pretty fashion which ap-

more youthful.

long ago.

Touth

at necklines.

of the stem should be left on them. They should be dipped very quickly into the melted fondant and placed on waxed paper to dry.

The bureau of home economics of the United States Department of Agriculture gives the following directions for making the fondant in which the grapes are dipped:

Fondant,

2 cups granulated % tsp. cream of sugar tartar % cups boiling wa- % tsp. salt

Put the sugar, water, and cream of tartar and salt into a saucepan over a hot fire. Stir constantly until, but not after, the sugar has dissolved. Do not splash the sirup. Remove the spoon and do not use it again after the sirup boils. Remove the sugar grains or crystals with a dampened brush or a clean wet cloth. Cover the pan for a few minutes. Let the sirup boil until it reaches a temperature of 235 to 238 degrees Fahrenheit, or until it forms a soft ball when dropped into cold water. Be sure the bulb of the thermometer is covered and does not touch the bottom of the pan. Pour the sirup in a thin sheet into a flatbottomed cake pan and stir it with a flat wooden spoon until it creams, When it forms a soft solid ball, work it with the palms of the hands in the same way as bread dough until it is smooth.

Place the fondant in an earthenware or glass dish. Wet a clean cloth in hot water, wring out well, and lay over the top of the candy. After about 24 hours the fondant is ready to mold. Fondant made in this way will keep for months if covered with a moist cloth or stored in a tightly covered jar. It may be melted over hot water for dipping grapes, strawberries or other fresh fruits, or any of the candled fruits such as cherries, pineapple, grapefruit peel or citron.

Other ways of using fondant include molding it to make centers for chocolate creams, pressing halves of nuts into balls of fondant, or rolling the balls in finely chopped nuts or shredded coconut. Nuts and coconut may also be worked into the fondant before it is shaped. Irregular shaped balls are sometimes rolled in cinnamon for "cinnamon potatoes," with "eyes" gouged out to make them more realistic. With or without nut meats fondant may be used to stuff dates or

more could he ask?

pipe smells

a 'Hot-Box

UNLY an old and trusted friend

A new pipe, or an old one carefully

broken in with Sir Walter Raleigh's

favorite smoking mixture, changes

everything. And why shouldn't it? Sir

Walter is milder and more fragrant.

And it has the body and flavor found

only in the finest of Burley, skillfully

seasoned and blended. What more

could we offer any pipe smoker? What

would venture to speak so frankly.

IT'S 15 f-and milder

Given Back to France

In memory of Mrs. Anne Murray Dike, American war worker, Miss Anne Morgan, her associate on the committee for devastated France. has presented to the French government the Chateau de Bierancourt which the committee purchased for its wartime headquarters. The historic chateau now becomes a national museum, housing among many valuable relics a collection showing the interrelation of France and

HEALTHY

COMPLEXIONS

excitement over a new fad-that of the picture, for instance, its volumi-TESTED RECIPES THAT WILL BE ENJOYED BY ALL THE FAMILY

The lure of the season's new vel-

vets is proving positively irresisti-

ble. As to the debutante set, it has

taken up the theme of velvet with an

enthusiasm which knows no bounds.

Not only are these latest recruits to

society looking their smartest in rich-

ly furred velvet suits and ensembles

in the daytime hours, but they are all

By NELLIE MAXWELL

A dainty dessert and one easy to | buttered crumbs in a good-sized dripprepare is always popular with all housewives. Here is one:



Marshmallow Dessert. -Cut into small bits a cupful or more of marshmallows, add a handful of blanched and shredded almonds, cover with a cupful of whipped cream and at serving time serve in sherbet glasses topped with

shredded pineapple. Graham Cracker Date Tort.-Roll twenty-four graham crackers until fine with a rolling pin. Pour over the crumbs four large tablespoonfuls of butter melted. Prepare the following custard: Mix one cupful of sugar with one-half cupful of cornstarch, blend well, add a little salt and one quart of rich milk, cook until thick. Beat four egg yolks until light, add a little of the milk mixture and pour into the saucepan; cook until the custard is thick and smooth. Beat the egg-whites until stiff, fold in gradually one-fourth of a cupful of sugar. Cut up one package of dates into fine bits. Now prepare a layer of the

ping pan, pour over the custard, then on the custard sprinkle the chopped dates; cover this with the meringue and over that another layer of the buttered cracker crumbs. Bake twenty minutes in a moderate oven. Serve cut into squares, top with whipped cream and a maraschino cherry. Use a pancake turner to serve the squares.

Fluffy Turnips.—Take four cupfuls of cooked and mashed yellow turnip. Melt two tablespoonfuls of shortening, add one-half tablespoonful of chopped onion, one and one-half tablespoonfuls of butter, one-half teaspoonful of salt, pepper and paprika to taste. Mix with the turnip, add two well-beaten egg yolks and fold in the stiffly beaten whites of the eggs. Place in a buttered baking dish and bake in a hot oven twenty to twenty-five minutes. Leftover turnip may be used for this

A potato salad is one of the easiest salads to make and one which is often the poorest. Potatoes are tasteless when cold and should always be marinated with a french dressing for two or three hours before the mayonnaise is added.

For the occasion either before or after the nuptials, there is nothing

the party frock which is quaintly

For inspiration these young enthusi-

asts are harking back to the pictur-

esque beflounced fashions of the quaint

1830s, and what fun they are having

in tuning the modes of the yesteryears

into a very modern and sophisticated

present. There's the adorable dress in

styled of sheerest velvet.



which the hostess can afford which will be too much trouble. For the beginning the following cocktail will be most dainty. Cupid's Cocktail.

-Boil together one-third of a cupful of sugar with one cupful of water, or better-canned fruit juice-for two minutes, then add four tablespoonfuls of lemon juice and cool. Chill one cupful each of seeded white grapes, red cherries, diced pears, and pineapple. Mix all the chilled ingredients together and serve in glass cups placed on pink hearts on serving

Fruit Salad .- Prepare a bed of shredded lettuce. Place a slice of canned pineapple upon it. Fill onehalf of a canned pear with diced bananas and celery mixed with mayonnaise dressing. Lay on top of the pineapple. Garnish with strips of green pepper. Serve with french

(@. 1930, Western Newspaper Union.)

(©. 1930, Western Newspaper Union.) Federal Home Economics Bureau Offers New Designs for Girls' Dresses

(Prepared by the United States Department of Agriculture.)

How the children grow over the dress with a rolling or sailor collar. summer! Vacation weeks have passed quickly. Children in their sun suits or bathing suits have needed little in the way of clothing. Then comes the distressing discovery that May has positively nothing to wear to schoolshe's outgrown every single one of her dresses, and must have a brand new set. It isn't merely that her legs and body have lengthened; she has broadened in shoulders and chest, her arms have grown longer, and altogether she's just a bigger girl and must be

provided for accordingly. We mothers manage to bridge the gap somehow with a hem let out here and there, while we hastily shop for prints and patterns for fall outfits. The bureau of home economics of the United States Department of Agriculture has some help for us this year, in the form of new designs for little girl's dresses. The one illustrated is a very good type to begin on, while there are still likely to be warm days when freedom of arm and a loose neck line will be much appreciated. If you put a generous hem into this dress-six or eight inches-you may even get over another summer with it, for it is roomy through the chest, and has raglan sleevelets which will take care of

width at the shoulders. Any preferred wash fabric can be used for this little dress. The one illustrated is made of blue gingham, Extra fullness is allowed on each side of the center front and center back by means of four inverted box pleats, stitched down a few inches and then pressed into place. The short sleeve was preferred in making this dress because of the freedom from restriction, and because it was made for the are unnecessary.

Notice especially the rounded out collarless neck line. When this dress is worn under a coat or sweater, as the weather will soon require, it will canes grow there now.

dress with a rolling or sailor collar. Too, there will be nothing to smooth and straighten as the coat goes on. Both neck and front opening are fip-



Good Dress Type for a Six-Year-Old.

ished with a simple and effective trimming made by overhanding with colored twist a short blanket stitch edge. The three square tabs for the buttons and buttonholes give a tailored finish,

Old Industry Wiped Out

The plain of Jordan was assigned to the Knights Templar of Jerusalem by the Crusaders, and they are reportin-between season, when longer sleeves | ed to have made \$25,000 a year out of the sugar cane industry. The old 'mills are still there, in ruins, but under Turkish rule irrigation systems were allowed to deteriorate, and no



Country Policeman (at scene of murder)-You can't come in here. Reporter-But I've been sent to do the murder.

Country Policeman-Well, you're too late; the murder's been done .-Vancouver Province.

People are less interested in what you did than why you did it.

