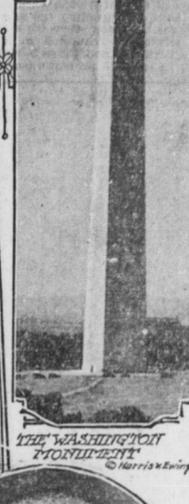
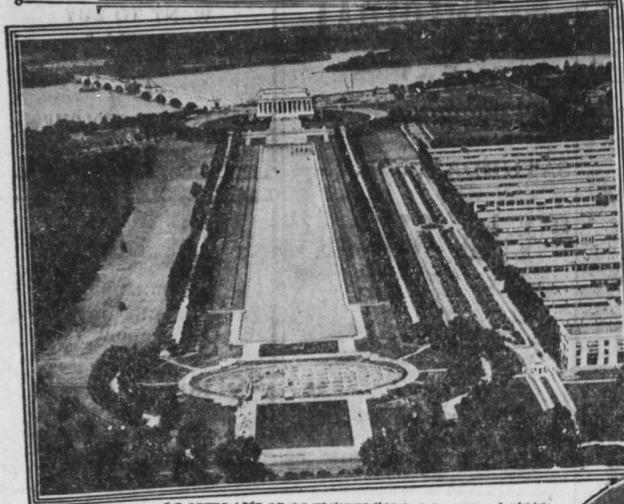
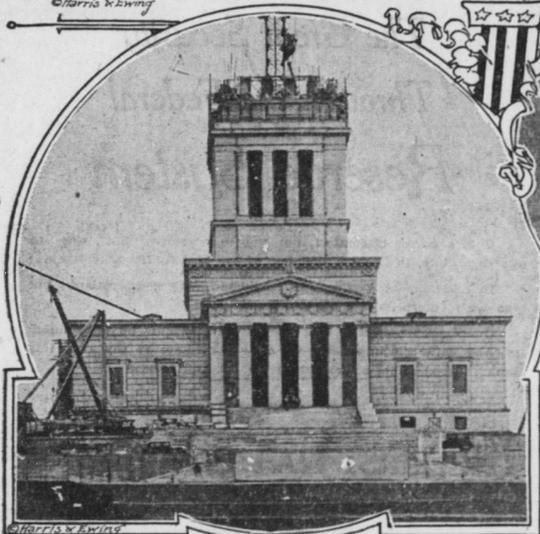


1732 - 1932



LOOKING FROM WASHINGTON MONUMENT TO LINCOLN MEMORIAL AND ARLINGTON BRIDGE



WASHINGTON MASONIC MEMORIAL AT ALEXANDRIA, VA.



GEN. GEORGE WASHINGTON (From "The Savior of the States") Courtesy Wm. Morrow Company

by the state, with the approval of the federal government. This idea, however, is tentative and may not materialize.

The plans for the monument gardens at the base of the 555-foot obelisk recalls the fact that the monument as conceived in 1833 has never been completed. The building of the monument in its present form underwent many vicissitudes after the laying of the original cornerstone in 1848. The Civil war interfered with the work and it was not until 1876 that the shaft reached a height of 150 feet. In 1880 the second cornerstone was laid and the work went rapidly ahead until 1888, when the monument was opened to the public.

From that time little was done until the erection of the magnificent Lincoln memorial with the reflecting pool in between. Now it is hoped that the \$50,000,000 federal building program for the National Capital which is under way will carry forward the completion of the monument on the basic plans for it and the development of the mall or monument gardens, extending from the Capitol to the monument, so that all will be in readiness for the National Capital for the great celebration two years hence.

The commission has also undertaken to assist in the restoration of Wakefield, Va., the birthplace of Washington. The Wakefield association proposes to add to the 70 acres which it now owns 300 acres more which are necessary to treat the home and its surroundings properly. John D. Rockefeller, Jr., has made a provisional gift in this connection and congress will be asked to appropriate \$60,000 to complete the restoration.

Although these are the principal projects in which the bicentennial commission is interested, they are not the only memorials to Washington which may be completed and may be the scene of special observances of his birthday in 1932. On a beautiful knoll overlooking the historic city of Alexandria, Va., is rapidly rising the George Washington Masonic National Memorial, a \$4,000,000 structure, erected by the Masons of the country to an honored fellow member, which is virtually certain to be completed within the next two years.

An effort is being made also to finish the George Washington Memorial building in Washington so that it will also be ready for the 1932 celebration. The idea for this building came from George Washington himself who provided in his will for a national university and emphasized in his last message to congress the importance of "the general diffusion of knowledge" through proper institutions.

A center such as the memorial will provide is now lacking in Washington. According to plans, the building will have not only a large auditorium with a large organ, but several smaller halls seating from 500 to 2,500 people. The building would be made accessible to conventions of every character that may select Washington as a place of assembly, whether the character be international, state, interstate or territorial; or whether their character be business, political, religious, patriotic or social. The memorial will be a center, in fact, for "the diffusion of knowledge." It will be suitable for inaugural receptions and balls, and especially for conferences between nations, as congress intended it to be when it gave the ground.

WASHINGTON MASONIC MEMORIAL AT ALEXANDRIA, VA.

By ELMO SCOTT WATSON

ALTHOUGH the event itself is yet two years away, preparations are going forward rapidly for making the two-hundredth anniversary celebration of Washington's birthday the greatest event of its kind ever held in this country. Six years ago President Coolidge appointed a distinguished group of citizens from every part of the United States, with himself as ex officio chairman, known as the United States Commission for the Celebration of the Birth of George Washington to prepare a plan.

Since that time the commission has been considering some forty different suggestions for the nation-wide celebration but the only plan that has thus far been definitely adopted is that for the systematic publication of works by and about Washington. This plan was drawn up by Dr. Albert Bushnell Hart, professor of history at Harvard university and historian of the commission.

The plan in detail calls for the following publications:

1. George Washington (Reading With a Purpose), written by Doctor Hart, and recently issued by the commission, to be circulated by the commission in quantities.
2. Select reading lists on George Washington. A proposed search of best books on Washington, intended to stimulate purchase of Washington books by individuals and school and other libraries, such lists to be circulated by the commission, especially to schools.
3. A George Washington map. A sizeable wall map on paper or cloth costing in quantities about 10 cents each, to be sent free by the commission to any school room asking for it, as a means of bringing the commission and its work home to hundreds of thousands of school children and their elders.
4. Writings of George Washington. A definitive edition to be edited by J. C. Fitzpatrick, editor of Washington diaries. There are to be three editions, a Mount Vernon edition de luxe, a Capitol edition, exclusively for members of congress and high executive and judicial officials in office in 1927, and a popular edition. Volumes to be sold in complete sets of twenty volumes or in chronological groups of three to five volumes.
5. A George Washington series. It will be made up of about fifteen volumes of various sizes pertaining to George Washington, depicting Washington as a western man; Washington as a soldier; Washington as an engineer; the boy Washington, etc. To be published in a complete limited edition and also in a regular edition, each volume purchasable separately. To be written by experts in the several fields and edited by the historian.
6. A George Washington atlas. It

will include detailed maps of all regions in which Washington lived and traveled, and all his military campaigns, making possible the location of every place Washington is known to have inhabited or visited; every place or estate in England owned or occupied by ancestors of George Washington; every house that can now be identified in which he stayed; all his real estate and lands wherever situated.

It was early decided that the 1932 celebration was not to be a material expression of the importance of the event in the form of a "world's fair" or exposition of its physical resources and the development of its arts, sciences and industries. However, the commission of the arts and the national park and planning commission, which are co-operating with the bicentennial commission in planning the principal observance of the event, to be held in the city which bears Washington's name, hopes that a number of major projects, all of which are closely linked with the bicentennial celebration idea, will be completed by 1932. Chief among these are the following:

The Arlington Memorial bridge, now well along in construction and virtually certain to be completed by the bicentennial year.

Completion of the monument gardens at the base of the Washington monument, originally proposed in the 1901 plan for Washington and urged by city planners since.

Completion of the arboretum and the national botanical garden.

Completion of the proposed Mount Vernon boulevard between the west end of the Arlington bridge and the home of George Washington.

Cutting through the mall of the parallel roadways on each side of the great central composition and advancement of the public building program to a point where the government triangle becomes that in fact.

Completion of the scheme for making Wakefield, the birthplace of George Washington, a national shrine, and construction of roadways and airplane landing field and wharves for ships at the shrine.

Outstanding among these projects is the Mount Vernon memorial boulevard. Construction has been commenced on this by the bureau of public roads of the Department of Agriculture. It is to extend from the Virginia end of the new bridge connecting the Lincoln memorial with the Arlington National cemetery to Mount Vernon along the Potomac river, a distance of 15 1/2 miles.

This highway, which will be 200 feet wide, will be one of the finest boulevards in the country and will offer easy access to Mount Vernon, Washington's home. Congress has appropriated funds for the boulevard, the initial cost being \$4,500,000. It has been suggested that to each of the 13 colonies should be allowed a mile of road for such state tablets and architectural treatment as may be desired

THE KITCHEN CABINET

(© 1929, Western Newspaper Union.)
Plain boss-sense in poetry-writin'
Would jes knock sentiment a-kittin'
Mostly poets is all star-gazin'
And moanin' and groanin' and par-
aphrasin'!
—James W. Riley.

SAVORY AND SWEET BUTTERS

With butter as a base, one may prepare various spreads that will add much to a sandwich; then there are butter balls which, served with bread at the table, will add to any menu. With a crisp lettuce leaf or a slice of two of pickle or cucumber one has a tasty sandwich always on tap. The butters are kept in jars in the ice chest and will keep for some time.

Crab or Lobster Butter.—Pound to a paste one small can of lobster or crab, or its equivalent of cooked fresh fish. Season lightly with pepper. When using this butter for sandwich filling spread on slice of bread with mayonnaise and the other half with the mixture, add a lettuce leaf or slice of cucumber and serve.

Sardine Butter.—Take one-fourth cupful of butter, four large sardines skinned and boned and one teaspoonful of lemon juice. Pound these into a smooth paste. When using for sandwich filling spread one-half the bread with the paste and the other half with a thin layer of minced onion or mashed hard cooked egg.

Cheese Butter.—Mash together one-half cupful of American cheese and one-half cupful of butter. Spread one-half the sandwich with tart jelly and the other with the cheese mixture. Crackers or saltines may be used, and any snappy cheese.

Orange Butter.—Beat to a cream one-fourth pound of butter, the yolks of three eggs, one cupful of powdered sugar, the grated rind and juice of an orange. Cook over hot water, stirring all the time until the mixture is thick.

Shrimp Butter.—Take one cupful of cooked shrimps, salt and a few dashes of cayenne. Pound in a mortar, mix with an equal portion of butter and one-fourth cupful of lemon juice or tarragon vinegar to moisten.

SOUR CREAM NOODLES

As often sour milk and cream accumulates, one must be alert to make the best use of such valuable food.

Johnny cake is one of the best of hot breads to use the sour milk or cream. If one has cream, the shortening may be lessened or left out entirely.

Sour milk and sour cream may take the place of the sweet milk in any recipe when using flour. A bit of soda, often not more than an eighth of a teaspoonful need be added and the usual baking powder used as in the recipe for sweet milk. It is better to stir the soda into the sour milk or cream, seeing that it is well dissolved, before adding to the flour and egg mixture.

When sour cream is to be substituted for fat, one must remember that it takes the place of some of the liquid as well as fat. A very little experience will enable one to judge of the richness of cream and the exchange when using it instead of butter.

Another point to be remembered is that sour milk needs a bit more thickening than sweet, as the lactic acid acts on the gluten of the flour, softening it.

Sour Cream Cakes.—Take one cupful of thick sour cream, add three-eighths of a teaspoonful of soda, stir until it is foamy. Add one cupful of sugar and beat well until creamy and well mixed. Break two eggs into the mixture and beat again. Mix and sift two cupfuls of flour with two teaspoonfuls of baking powder and one-half teaspoonful of salt; stir gradually into the mixture. Add one-half teaspoonful of vanilla or lemon extract. Drop into well-greased gem pans and bake until brown. A raisin may be added to each and the tops sprinkled with sugar and nutmeg or cinnamon, if one likes.

Sour Cream Spice Cakes.—Add to the above recipe, one teaspoonful of cinnamon, one-fourth teaspoonful each of allspice and cloves. Sift these with the flour.

Sugar Cookies.—Take one cupful of sugar, one egg, one cupful of thick sour cream, one-half teaspoonful of soda, flour to roll—about two cupfuls—two teaspoonfuls of baking powder, one-half teaspoonful of salt, one-fourth teaspoonful of lemon extract and a grating of nutmeg. Mix and roll out only a portion at a time. Brush the cookies with milk and sprinkle with coarse sugar. Bake ten minutes in a hot oven. This amount makes three dozen thin cookies two and one-half inches in diameter.

Chocolate Drop Cookies.—Take one cupful of brown sugar, one egg, one cupful of thick sour cream, one-half teaspoonful each of soda and salt, three-fourths of a cupful of nutmeats, one and one-half cupfuls of whole wheat flour, one teaspoonful of baking powder, three squares of chocolate and three-fourths of a cupful of raisins. Mix and drop by teaspoonfuls on baking sheet. Bake at lower temperature than sugar cookies. This recipe makes three dozen.

Nellie Maxwell



A COLD

As soon as you realize you've taken cold—take some tablets of Bayer Aspirin. Almost before your head can stuff-up, you feel your cold is conquered. Those aches and pains you felt coming on will soon subside. Relief is almost instantaneous! Even if your cold has gained headway, and your temples throb and your very bones ache, these tablets will bring prompt relief. It is better, of course, to take Bayer Aspirin at the very first sneeze or cough—it will head-off the cold and spare you much discomfort. Get the genuine, with proven directions for colds and headaches; neuralgia, neuritis, sore throat, and many important uses.

BAYER ASPIRIN

Aspirin is the trade mark of Bayer Manufacture of Monacettinacidester of Salicylicacid

Getting an Eyeful
Dorothy—I thought that sailor who I just passed looked well, didn't he?
Iris—Yes, and he's still looking.

How Much?
We used to hiss public speakers. Today we merely twist the dial. How much better that is!—Atchison Globe.



Restless Children

Children will fret, often for no apparent reason. But there's always one sure way to comfort a restless, fretful child. Castoria! Harmless as the recipe on the wrapper; mild and bland as it tastes. But its gentle action soothes a youngster more surely than some powerful medicine that is meant for the stronger systems of adults.

That's the beauty of this special children's remedy! It may be given the tiniest infant—as often as there is any need. In cases of colic, diarrhea, or similar disturbance, it is invaluable. But it has everyday uses all mothers should understand. A coated tongue calls for a few drops to ward off constipation; so does any suggestion of bad breath. Whenever children don't eat well, don't rest well, or have any little upset—this pure vegetable preparation is usually all that's needed to set everything to rights. Genuine Castoria has Chas. H. Fletcher's signature on the wrapper. Doctors prescribe it.

It is a bitter disappointment when you have sown benefits to reap injuries.—Plautus.

Begin whatever you have to do; the beginning of a work stands for the whole.—Aesopius.

5218 Happy People Give up Their Secret

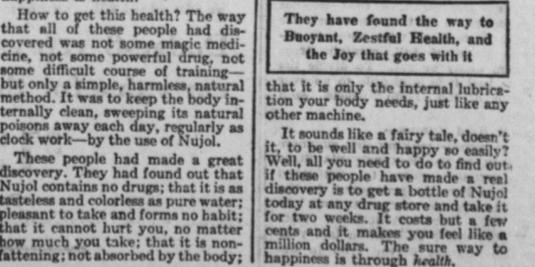
JUST suppose you could get 5000 joyously happy people together in one big hall and could ask them what made them all so full of pep. Suppose, strangely enough, that all of them had discovered the same way to be happy. You would feel that here, if anywhere in the world, was the secret of how to get joy out of life.

This is just what has happened during the last few weeks. We knew there were millions of people who had found the secret of happiness in the same way, and we asked them in one or two small announcements in the magazines and newspapers to tell us their story. Letters came to us from practically all over the globe.

All of them said "The secret of happiness is health."

How to get this health? The way that all of these people had discovered was not some magic medicine, not some powerful drug, not some difficult course of training—but only a simple, harmless, natural method. It was to keep the body internally clean, sweeping its natural poisons away each day, regularly as clock work—by the use of Nujol.

These people had made a great discovery. They had found out that Nujol contains no drugs; that it is as tasteless and colorless as pure water; pleasant to take and forms no habit; that it cannot hurt you, no matter how much you take; that it is non-fattening; not absorbed by the body;



Use Cuticura

A household preparation for over half a century. Those who know the secret of skin health and beauty use Cuticura Soap and Ointment regularly to keep the skin and scalp in good condition. They also find Cuticura Talcum ideal for every member of the family.

Soap 25c, Ointment 25c, and 50c, Talcum 25c. Proprietors: Patten Drug & Chemical Corporation, Malden, Mass.