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Next time a coated tongue, fetid breath, or acrid skin gives evidence of sour stomach—try Phillips Milk of Magnesia!

PHILLIPS Milk of Magnesia

Rheumacide
Have you RHEUMATISM Lumbago or Gout?
Take RHEUMACIDE to remove the cause and drive the poison from the system.

Dr. Peery's Dead Shot for WORMS Vermifuge
Worms cause much distress to children and anxiety to parents. Dr. Peery's "Dead Shot" removes the cause with a single dose.

LAVENDER PERFUME used extensively by movie stars in Hollywood. Generous supply, send one dollar. THOMAS CO., 490 PINE ST., PHILADELPHIA, PA.

SLEEPLESSNESS Successfully Fought in this Scientific Way
When a thousand different thoughts keep you from falling into peaceful sleep...

How Could She Know!
Husband—How long will it take you to dress?
Wife—How much time have you?

COLDS COST MONEY
It is estimated that a sufferer from colds loses three days' time from work in a year.
FORTIFY YOURSELF AGAINST COLDS, GRIPPE
DR. PIERCE'S GOLDEN MEDICAL DISCOVERY

RUMMEL SPARK PLUGS
Guaranteed 10,000 miles
For only one cent we'll send you postpaid Rummel Spark Plugs to suit your car.

W. N. U., BALTIMORE, NO. 4-1930.

The SANDMAN STORY

ABOUT THE OLD LION

HE WAS an old, old lion, and he had lived in the zoo for many years. His mate had been in the zoo, too, though he had met her in the jungles. How well he remembered that time. What a beautiful young lioness she had been, and how wonderful it was to walk by her side through the deep, dark forests and thick underbrush.



How Wonderful It Was to Walk by Her Side.

were longings for that great, free, wild life. Of course there were dangers there and there were no dangers here. Accidents which happen there which could never happen here. One day a visitor came to the zoo. The visitor came and looked at all the lions, and he stopped and looked at Old Lion for a long time. There was a sign saying how very, very old, Old Lion was. And the visitor was amazed.

How It Started

By JEAN NEWTON

WE MAY have disappointments, losses, trials; they are all in the game. We meet them, get over them, and the smoke goes up the chimney just the same.

But tribulations—they are the deep sorrow, the harrowing anguish of bereavement, the falling afflictions which, though time may heal the wound, leave indelibly their mark. The wealth in language of history of the world and its changes in heart and mind, the story that, to the prying eye of thought often one word can unfold, is revealed to us by "tribulation."

NEVIR
Let your face do any thing but 20 miles a year.
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He would not do the visitor that honor. No, he looked over his head. He looked far out beyond and he seemed to see straight through the cages at the other side of the lion house and he seemed to see even beyond—far, far beyond—through to another land. The visitor had gone. The other lions were asleep. But Old Lion was wide awake.

His mate was asleep. But he did not feel like sleeping. "He said I was cruel and terrible, and that I cared for no one," Old Lion repeated. "That shows how little he knows," he added. "Maybe I have been cruel to my enemies and maybe I have been terrible."

"But each creature is just a little different from the next one. Lions are almost all devoted mates. But above all, I think I am the most devoted mate."

"I do not say this because I wish to praise myself. I say it because I think it is due my beautiful lioness—because she is so beautiful and lovely and she deserves great devotion. I loved her when I first saw her. I have always loved her. And the man had no right to look at me and say that I looked as though I cared for no one."

THE WHY OF SUPERSTITIONS

By H. IRVING KING

THE woodchuck or ground-hog comes out of his hole on February 2. If he sees his shadow in the sun he goes back to his hibernation, and there will be six weeks more of winter. Whereas if it is cloudy and he sees not his shadow he stays out, and spring comes early.

This is a pet American superstition. The woodchuck is of the squirrel family and is peculiar to America. In Europe there is the same superstition with the substitution of some other hibernating animal. There is evidence that it was originally always some member of the squirrel family, probably the ground-squirrel, though in modern times in some parts of Germany the badger is designated. There is a saying that a German farmer would rather see a wolf enter his barn on February 2 than the sun.

From early Roman times February 2 was the festival of the goddess Februa, the mother of Mars. The Latin Mars was originally not a god of war but of agriculture. As god of agriculture a sun goddess was his appropriate mother. Each year on February 2 the votaries of Februa appeared with lights, endeavoring by the homopathic magic of "like causes like" to help the sun to a renewal of its beneficent power. Pluto, the lord of the dark underworld, was the natural enemy of the sun. His story shows him to have been an active one. Those members of the squirrel family who disappeared into holes in the ground at the coming of winter were evidently gone to keep tryst with Pluto in his dim realm.

On the day when the votaries of Februa were trying to assist the sun Pluto sent his creatures forth to work a counter spell. But if thick, protecting clouds intervened they could not see the sun to work their magic; the magic of the votaries of Februa took effect, the creatures of Pluto knew that "the jig was up" and there would be an early spring. Had they succeeded they would have returned for a further enjoyment of Pluto's hospitality. Having failed they stay above ground to look after their own affairs. This, in brief, is the "Why" of the ground-hog superstition. There is material enough extant for an interesting monograph on the subject.
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Joan Bennett



Dainty Joan Bennett of the "talkies," is the youngest of three sisters. She was born at the Palisades, New Jersey. Like her sisters, Constance and Barbara, she turned to films. Her slender and blonde beauty attracted the attention of motion picture executives, resulting in a contract for her at Hollywood. She was popular as leading lady in the all-talking film "Broadway Vagabond."

For Meditation

By LEONARD A. BARRETT

WHY WE WORK

THE motive with which we discharge our daily duties is either love or money. The choice we make between these two motives determines our happiness and contentment. In his Modern Painters, John Ruskin argues at length against the monetary motive. He tells us that nothing ever endures that was created for the mere purpose of receiving a fee for services rendered. Is he not right? Could any person imagine Saint-Gaudens creating the statue of Lincoln for the sake of the price the city of Chicago was willing to pay him for his work? Something metallic creeps into a painting when it is done for the sake of financial remuneration. That wonderful "something" that draws an audience to a singer, and which is the secret of success, is lost the moment the evening's fee is a more important consideration than the self-expression of the artist, which love for his work makes possible. A successful business man recently remarked that he went to his office in the same spirit as he would go to a party. With real pleasure and anticipation he discharged his daily responsibilities. He thought of the annual financial returns as rewards for services faithfully rendered and not as pay for work done. The millions who are driven to drab toil for a mere existence are worse than slaves.

The spirit of love for one's work occasionally demands the great sacrifice. The air mail route from Cleveland to New York is reported to be extremely dangerous. In fact it is the most dangerous of all the mail routes in the country. During the ten years it has been in operation one pilot lost his life each year. The very interesting thing is that the moment a place thus becomes vacant, another pilot offers his services. Why does he do it? For the sake of the monthly wage? Scarcely would so small a compensation urge one to a task involving tremendous risks. No. He is urged on by the love of adventure. He loves his work.

Why do we work? It must be a very humdrum and monotonous world to any person who works for wages alone. Such a motive sacrifices the spirit which brings true success. Failure is most likely to be the result of such efforts. If we work for the love of it, we are actuated by a motive which assures us happiness and contentment. Success is bound to crown the efforts of all whose work is motivated just for the love of it.
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SIX CYLINDER SENTENCES

By DR. JOHN W. HOLLAND

A little lie once cost a king a big throne. He who discounts himself can never hope to pass at par. Ten thousand dollars is strong enough to ruin a ten million dollar child. Do not whine about a stumbling block; perhaps it is but a misplaced stepping stone. Education spells freedom. Slavery cannot exist where there is no ignorance. Most successful men have first shipped upon life's sea in the good ship, Hardship.
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The upsets of Children

All children are subject to little upsets. They come at unexpected times. They seem twice as serious in the dead of night. But there's one form of comfort on which a mother can always rely; good old Castoria. This pure vegetable preparation can't harm the tiniest infant. Yet mild as it is, it soothes a restless, fretful baby like nothing else. Its quick relief soon sees the youngster comfortable once more, back to sleep. Even an attack of colic, or diarrhea, yields to the soothing influence of Castoria. Keep Castoria in mind, and keep a bottle in the house—always. Give a few drops to any child whose tongue is coated, or whose breath is bad. Continue with Castoria until the child is grown! Every drugstore has Castoria; the genuine has Chas. H. Fletcher's signature on the wrapper.

Nature has its "headaches next day" as well as man. A storm is its headache. It sometimes happens that a man doesn't get in bad because he is a coward.

How A College Athlete Keeps Himself Well

BOB DEMING of Colgate, claims that a sensible method of health has really made life a pleasure for him. Mr. Deming writes that at first he could not believe this simple thing was the cause of his buoyant spirits. Finally, however, he had to admit that it was Nujol which was keeping him well, besides giving him, as he says, "five times the vitality."

"Believe me," he says "having free and regular bodily elimination makes all the difference in the world to a diver as well as to any other athlete. I can't afford to be nervous, sluggish, or depressed while diving. It just isn't done! I would like to urge any one, whether they think they are in good health or not, to give Nujol a try-out. It certainly can't do any harm, and I'll bet it would make them feel a hundred per cent better. It's worth trying!"

Mr. Deming has just about told the whole story. He is right in believing that Nujol contains no drugs, no medicines of any kind. It is tasteless and colorless as pure water. It is simply harmless internal lubrication, which your body needs as much as any other machine. Regularly as clock work, Nujol cleans out of your body those poisons which we all have, and which make us low in our minds, tired, headachy, and below par.

The way for you to find out how much better Nujol will make you feel is to try it for a few days. You can get a bottle in a sealed package at any drug store. It costs only a few cents, but it makes you feel like a million dollars. Do you know how many thousands of people keep themselves well and happy just by using Nujol? Why shouldn't you feel well all the time? You can! Get yourself a bottle of Nujol today!

One is never so blue out of doors as in the house. That is one cruel indictment of the indoor life. Persons who have speed frequently have nothing else. They move fast because they are lightweights.



Any COLD

That cold may lead to something serious, if neglected. The time to do something for it is now. Don't wait until it develops into bronchitis. Take two or three tablets of Bayer Aspirin as soon as you feel a cold coming on. Or as soon as possible after it starts. Bayer Aspirin will head off or relieve the aching and feverish feeling—will stop the headache. And if your throat is affected, dissolve two or three tablets in a quarter-glassful of warm water, and gargle. This quickly soothes a sore throat and reduces inflammation and infection. Read proven directions for neuralgia, for rheumatism and other aches and pains. Genuine Bayer Aspirin is harmless to the heart.

BAYER ASPIRIN

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CLEANSING SOOTHING ANTISEPTIC

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