### THE CENTRE REPORTER, CENTRE HALL. PA.



"GOSH, AIN'T NATURE GRAND!"

The Waterfowl

thy certain flight,

Guides through the boundless sky

In the long way that I must tread

Will lead my steps aright. --William Cullen Bryant.

WAYS WITH BRAN

WE DO not eat enough roughage

bered vegetables, bran and coarse

cereals. The following are some of

the ways of introducing bran into

the diet without much opposition by

Bran Bread,

Take one yeast cake, crumble into

a bowl with two teaspoonsfuls of salt,

one-third of a cupful of brown sugar

Bran Muffins.

Cream two tablespoonfuls of short-

ening with one-fourth cupful of sugar,

add a beaten egg. Mix and sift to-

gether one cupful of flour, one-half

teaspoonful of soda, one-fourth tea-

spoonful of salt, one teaspoonful of

baking powder. To the creamed mix-

ture add one cupful of bran and one

cupful of sour milk, alternating with

the flour mixture. Pour into well

greased muffin pans and bake in a

moderate oven for twenty minutes.

Bran Griddle Cakes.

Take one cupful each of bran and

flour, one tablespoonful of sugar, two

teaspoonfuls of baking powder, one-

half teaspoonful of salt, one egg and

one and one-half cupfuls of milk, one

tablespoonful of shortening. Mix and

sift the flour, sugar, baking powder

and salt, add the bran. Mix egg and

milk and add to the dry ingredients.

Add the melted shortening, beat thor-

Marguerites.

cupfuls of brown sugar, one-half cup-

ful of flour, one-fourth teaspoonful

of baking powder, one-half teaspoon-

ful of salt, one-half cupful of broken

nut meats and one-half cupful of bran.

Fill buttered gem pans two-thirds full

Bran Brittle.

Put two cupfuls of white sugar, one

cupful of brown, one-half cupful of

light corn sirup and one cupful of

water into a saucepan and cook, stirring until the sugar is dissolved. Con-

tinue cooking without stirring until

a drop dropped in cold water will be

very brittle. Remove, add one-eighth

teaspoonful of salt, one-fourth cupful

of butter and stir only enough to mix;

add one and one-half cupfuls of bran and turn out on a greased baking

sheet, smooth with a spatula. Pick up

at the edges, pull as thin as possible and break into irregular pieces.

lelle Maxwell (@, 1929, Western Newspaper Union.)

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Cribbage Long Popular

Little is known concerning the history of cribbage. It appears to be of

English origin and was formerly

known as "noddy." It was mentioned

under that name in an epilogue by

Sir John Harrington in 1616. The

and bake fifteen minutes.

Beat two eggs slightly, add two

oughly and bake on a hot griddle.

the family:

in a moderate oven.

in our food, such as woody, fi-

### Mother's Cook Book SOMETHING TO THINK ABOUT By F. A. WALKER He who, from zone to zone

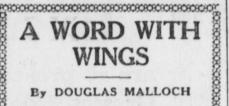
### THE OPEN-HEARTED

WHO does not like the candor of the little child who has not yet learned the initial art of fabrication? There is something so frank, open, straightforward in the innocent one's prattle that even in the old Machiavelian disciple of deception will pause in his juggling with truth and wish he were less guilty.

He is conscious of a trait of character that once was his in his youthful days which he let slip from him when he first began to deal with a tricky world.

He tried sincerity, but found that nobody believed in it.

So he ventured forth into zones of



THERE are the words Of common things, And then there are The words with wings; And so I try, Try even now, To catch some word, Some word somehow, To send it forth Across the blue, A word with wings To wing to you.

So if today, Amid the hum Of life some thought, Of love should come, Or if tonight Some word you find That sings and sings Within your mind, Oh, do not bid My bird depart, But let him rest Within your heart. (C. 1929. Douglas Malloch.)

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# How It Started By JEAN NEWTON **"TO MAKE HAY WHILE THE**

# SUN SHINES"

TO EXPRESS foresight, taking ad-vantage of the opportunity when it appears, one of the most commonly used sayings in our language is "making hay while the sun shines."

In the use of the phrase today "hay" is figurative for money or place or love or health or any other matter in which it is desirable to improve the shining hours. But in its origin "making hay while the sun shines" had a literal application.

It goes back to the time of Henry VIII in England when it became the substance of a legal statute! At the time great damage resulted from the practice of careless farmers who left hay in the fields indefinitely after it was cut and frequently saw it ruined in rainstorms before they had it under shelter. To guard against such waste, the law was passed requiring farmers to take in their bay as soon as it was ready. It was from this statute or molasses and two and one-fourth cupfuls of luke warm water, two table- that the expression "making hay while spoonfuls of shortening, three cupfuls | the sun shines" gained popularity in

# WOULD PRESERVE HIGHWAY BEAUT Nevada Will Not Permit

### Erection of Billboard, Sign or Notice.

While state, county and local laws governing advertising signs on the alghways are designed, in most states, to afford protection to motorists, only n Nevada do they also attempt to preserve the scenic beauty of the roads. This was disclosed by a survey of such laws recently by the bueau of public roads of the United States Department of Agriculture. No Permit for Signs.

In Nevada no permit is granted for the erection of any billboard, sign or other form of notice on any location which may measurably destroy the natural beauty of the scenery or obcure a view of the road ahead or of urves and grades or intersection lighways or railroads. While the maority of states restrict the placing of igns within certain distances of urves, grades or intersections of highways or railroads, Nevada is the only state of the 48 to restrict the placing if signs where they will spoil the beauty of the scenery along the high-WHYS.

"It is unfair to the motoring public hat the very industries which depend upon the highways for their whole usiness should be the worst offenders in erecting and maintaining thousands of glaring, disfiguring signs along our streets and roadways," Thomas H. MacDonald, chief of the bureau of public roads, recently delared

"The most offensive of these shrick at the traveler who is in hopeful search of the beauty of the countryside and a restful, uplifting change from city streets. They shrick at him to buy gas and oil, automobiles, grease and tires. The tourist is most frequently enticed to stop at second-rate

hotels," he continued. It is to the credit of many of the producers of the best products that their wares are not advertised in this way, he pointed out, and to certain oll companies and others who have withdrawn from this practice.

Other Offenders. "The billboard advertisers are not the only offenders against the highways," Mr. MacDonald stated. "Nine out of every ten of the roadside filling stations and lunch stands merit the condemnation rather than the patronage of the passerby.



mer rain begin to fall may prove to be a source of annoying rattling. If the attachment in front is to the windshield frame, it frequently happens that the nuts are not tightened all the way down. The bows also may not be firmly moored. In some of the more inexpensive cars, the bows are held in place by a cotter pin. Unless this pin is put in properly, it will mean an annoying squeak that sometimes is hard to locate. A washer usually will take up all play at this point.

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## Car Advice of Others

Often Is Very Faulty It is bad business to be guided by other motorists' experiences. Cars are very different in their construction and detail, and the little things are the ones that make the big difference.

Recently a motorist had a new timing chain installed on his car and felt that he was through with chain troubles for some time to come. It developed that he got this idea from a friend whose car is equipped with an automatic take-up device which compensates for the stretching of the chain.

After driving a thousand miles with the new chain, he was surprised to find that the spark timing became retarded as a result of the chain wearing down a little, stretching and then jumping a tooth. Where automatic take-up is not provided an initial adjustment is necessary after the first 700 miles of the new chain's service.



Children's stomachs sour, and need an anti-acid. Keep their systems sweet with Phillips Milk of Magnesia !

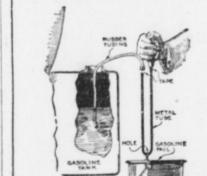
When tongue or breath tells of acid condition-correct it with a spoonful of Phillips. Most men and women have been comforted by this universal sweetener-more mothers should invoke its aid for their children. It is a pleasant thing to take, yet neutralizes more acid than the harsher things too often employed for the purpose. No household should be without it.

Phillips is the genuine, prescriptional product physicians endorse for general use; the name is important. "Milk of Magnesia" has been the U.S. registered trade mark of the Charles H. Phillips Chemical Co. and its predecessor Charles H. Phillips since 1875



The tremendous amount of reading matter that is consumed annually by the United States is shown in the report of the biennial census conducted by the Department of Commerce in 1927, which shows that the output of the various publishing plants of the

United States represented a total



Self-Starting Siphon

Bent Tube and Bulb a Handy Siphon.

"These conditions will not be cured by scolding. The larger companies will abandon these invasions of the rights of the public, some through an awakened conscience, others through necessity, because this fight for clean roadsides is just starting. "A number of the state highway departments have made splendid progress, and some notable legislation has been made effective. One of the best of such laws is that of Connecticut. which licenses all roadside filling stations, requires the location and arrangement to be approved, and keeps this business off the right of way."

thought still unsurveyed and a lying innovator in the deft use of ambiguous acts and unpardonable words.

He forgot his mother's teachings, the little prayer which he uttered at his mother's knee, while she toyed lovingly with his dimpled hands and stroked his hair, picturing his future in glowing colors.

Do you think it is hard to tell the truth?

It is natural for the child, but when art steps in the difficulty to adhere to veracity causes us devious perplexities.

What has been discussed a dozen times before with sincerity and artlessness, assumes a new phase when we depart from probity and begin to color, retouch and reshape the words and sentences we must use in competition with the false and those who "commend the poisoned chalice to the lips."

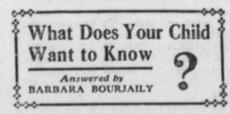
We soon find language ready shaped to our purpose, and quickly become adept in forming a new vocabulary which enables us to beat round and round the truth without once touching it.

We have no defense for such conduct, except that we are associating and dealing with smooth-faced, double-tongued fibbers and must meet them on their own ground and surpass them at their own game.

We get the idea that if we cannot lie like a trooper we cannot march at the head of the regiment in gay uniform and brass buttons.

And these popular lies, you will find on reflection, are the basis of the major troubles of our sin-burdened world. likely at any moment to belch forth consuming fire of our own making! (C) by McClure Newspaper Syndicate.)

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HOW DOES A BEE HUM? If you will watch, you'll soon find out It's wings make all the humming To tell the flowers round about That sister bee is coming. (Copyright.)



FOR THE GOOSE-

A MAN forgets the last kiss long be-fore a woman has forgot the first.

When a woman starts pannin' husbands, she's nearly always pannin' some particular husband.

The most hopeless day in a woman's life is the one when she realizes that the reason she can't get what she wants out of men ain't through any lack on her makeup-but in theirs.

#### FOR THE GANDER-

If you buy a pond you can swim; if you buy more than one you can drown.

Nothin' seems like a sin, once it gets to be a habit.

No matter how much a woman's lips lie when she speaks, they tell the truth when she kisses. On'y you can't get a man to disregard the former and pay attention to the latter.

(Copyright.) -0--





SHE HAS HEARD THAT-

earliest description of the game is If you are planning for a week-end found in the "Compleat Gamster," lamboree and the sun should rise a sickly, pale red color-dust off the galoshes and crank up the umbrellafor it is a sign that it will rain that day.

(2) by McClure Newspaper Syndicate.)

### Oil Filter Must Have Its Regular Servicing

Three years ago before adoption of the oil filter, car manufacturers recommended that oil in the crankcase be changed every 500 miles.

Today these manufacturers' oil changing recommendations range from 1,000 to 3,000 miles. The average recommendation is every 2,400 miles. This longer use of the oil has been

made possible because of adoption of the oil filter, which filters the oil, removing from it foreign matter that otherwise would cause wear to the engine's vital parts.

The manufacturers' oil changing recommendations are based on the use of an oil filter, and it is further recommended that the filtering unit be renewed every 10,000 miles in order to insure its working at highest efficiency.

The filter, it is explained, besides removing the abrasives from the oil before they can damage cylinders, pistons and other internal parts of the engine, also effects a saving in oil of about \$29 per car per year.

COACHING WOULD-BE AUTOMOBILE DRIVER



The Berlin motor licensing bureau is demanding that all would-be drivers of automobiles or motor cycles under the ages of eighteen pass the most stringent tests before acquiring licenses. In the Berlin technical high school apparatus has been installed on which young aspirants are coached before they take tests. A young lady is shown above going through her tesson-

Instead of sucking rubber hose to start gasoline siphoning out of a tank, construct the neat siphon shown in the illustration. Bend a piece of brass or copper tubing into a U shape. To one end attach a rubber bulb like photographers use. To the other attach a piece of hose. Then drill a hole in the tube at the bend. Insert the rubber tube in the tank and squeeze the bulb. Press your finger tightly over the hole and release the bulb. Remove your finger and gasoline will flow from the hole in the pipe. The hole must be below the level of the gasoline in the tank .--Popular Science Monthly.

### AUTOMOBILE HINTS

Unhappily the path of the just is not a one-way thoroughfare.

At the beginning of 1929, Italy had approximately 172,000 motor vehicles in operation.

. . .

As to America's sense of humor did you ever notice the spare tires some carry on their cars? . . .

"The part of the automobile that causes more trouble than any other is the nut that holds the steering wheel." . . .

Women are now fairly good car drivers. They have, so to speak, started from the back seat and worked up.

. . .

We do not see why they call them ambulance-chasers in New York when some of them get to the hospital ahead of the ambulance.

value of \$2,507,425,913, an increase over 1925 of 10.5 per cent. The figures show a total of 22,542

establishments engaged in printing of all kinds, including job printing, and a total pay roll, exclusive of salaried employees, of \$473,221,233, divided among 261,671 employees.

Newspapers and periodicals to the total of 10.973 were published, representing an increase of 3.3 per cent over 1925.

#### U. S. Breakfast Bill

Young America, which dallies with its breakfast and eats its cereal under protest, faced a tremendous total of breakfast foods as a result of the manufacturing of 1927. The total in pounds for wheat was not found, but for other grains was well over the billion mark, the Department of Commerce census indicates, and the value was \$159,644,063.

#### Might Be "Antique"

Whether the word "sterling" on silver would destroy the value of the piece as an antique would depend upon the piece. The word "sterling" appears on Chester silverware as early as 1690. It is also found on silverware made in Cork, Ireland, at the end of the Seventeenth century.

#### Believe It or Not

One of these days some fellow is going to hurl himself into immortal fame by telling reporters he knows nothing about practically everything. -Newcastle Courier.

The crank is seldom willing to give you a good turn.



Over 400,000 women and girls who were weak, "blue," nervous, run-down, and unable to do their work properly, have improved their health by taking Lydia E. Pink-ham's Vegetable Compound. By accurate record, 98 out of every 100 report benefit. You can be almost certain that it will help you too.

Lydia E. Pinkham's Vegetable Compound



1674. The place and time of the first game of cribbage is not recorded, nor the reason for the use of 31 as a limit. Originally, 61 was used as a stopping point.