

NERVOUS HEADACHE



Next time you have a nervous headache try this—
Two teaspoonfuls of Dr. Miles' Nervine.
If you can get a few minutes sleep, the headache is pretty sure to be gone when you wake up.

DR. MILES' NERVINE

If you are subject to nervous headaches, take Dr. Miles' Nervine as directed, Dr. Miles' Nervine is recommended for Nervousness, Sleeplessness, Neuralgia, Nervous Dyspepsia, Nervous Headache, Neurasthenia. We'll send a generous sample for 5c in stamps. Dr. Miles Medical Company, Elkhart, Ind.

199 of your Druggists

Back to Methuselah

A message from Madrid, Spain, states that a happy family of centenarians has been discovered. The mother is aged one hundred and twenty-seven and her five sons range from one hundred and eleven to one hundred and five. According to these figures the mother must have been only fifteen when her eldest son was born. It was further stated that all the sons are at work; doubtless they are the role support of their aged mother.

Townships Without Names

If you should send a letter to some one in Letter C, Maine, or to Long A, Maine, or to No. 1, R. 5, and so on, the postmaster would see that the letters reached their destination safely or to the nearest postal point, for these are the designations of some of the unnamed townships in Maine. There are 17 of these townships known only by the number, range and county.

Imperfect Bricks

Usually bricks in a wall that get powdery and waste away have been underburned and are exceedingly soft and therefore susceptible to crumbling or wasting away due to dehydration. If the number of such bricks in a wall is small, they may be removed and replaced by others which have been burned hard enough to resist weathering conditions.

Berg Makes Good



Moe Berg, playing his first season as a catcher, not only is doing a good job behind the bat for the White Sox, but he's also hitting harder than ever before. His present average is a cool .358, which tops the Sox club. Moe's blows, in addition to being frequent, usually come in timely spots.

Sporting Squibs

Athletic teams at Ohio State university played before 236,000 fans the past year.

When told that Pyle and Grange had split, some heartless cynic merely asked what.

The Chinese, supposedly the world's greatest gamblers, are taking a whirl at greyhound racing.

The motion picture rights for the United States at the Olympic games are placed at \$80,000.

According to pictures in the paper the last thing a boxer in training thinks of doing is to box.

Billy Agee, winner of the Baltimore marathon, is a product of the Baltimore newspapers, where he formerly sold newspapers.

Although he lost seven crack members of the 1927 eleven, Coach Pat Page at Indiana expects to have a strong football team this fall.

Lou Magnola, New York boxing referee, recently had the honor of officiating as third man in the ring at three championship bouts in four days.

After engaging in several exhibition bouts, Kid Williams, former bantamweight champion, now thirty-five, has decided to take one more fling at the ring game.

Lloyd Hahn, the twenty-year-old sprinter of Falls City, Neb., holds the record for the half-mile. His time is 1 min. 52 2-5 sec., the fastest ever recorded for the distance.

Miss Beatrice Spears, sixteen-year-old champion swimmer, is believed to be the youngest aspirant to attempt the English channel swim. She is now in training for the ordeal.

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Get The Best



Femininity Marks New Sports Duds

Softer, More Voluminous Silhouette, Subtle Coloring, Intricate Detail.

The new mode which is still showing the influence of femininity, is exhibited in the realm of sports clothes. Even coats entirely suited to activities in the sports world are showing traces here and there of a feminine feeling. Various points that mark this trend are seen, for instance, in the tendency toward a normal waistline, the softer, more voluminous silhouette, the subtle coloring and intricate detail. The sports coat is, of course, seen in all fabrics and in all colors and in a variety of cuts. There is seen among these new models the sports coat for beach and mountains of white flannel with its loose silhouette and slight tendency towards the voluminous. Then there is the collarless coat of bright velveteen—or angora with chevron stitcher edges, which, in its dash and colorful appeal, is proving highly popular. Tucks, too, are prominent and in



Scarf is Prominent and Smart in Coat of Roman Stripes.

the soft woollens the lovely model of Louise Boulanger is beautifully copied. This shows a marked femininity of treatment in the tucked yoke and pockets and its swaying lines.

Belts are exceedingly smart and outline a nearly normal waistline. The trench coat, so smart for rain, motor ing or travel, is smartly seen in off white shades in cotton gabardine. Scotch plaids, too, are cut in dashing lines suitable for traveling and motor ing and are at their best in models which give attention to details—especially belts.

Frances Hamilton, featured "movie" actress in the picture "No Place to Go," shows the trend towards femininity in a coat of extreme chic and simplicity. The scarf, so exceedingly smart in all coats, is a feature of distinction in this coat of Roman stripes which is worn over a dress of gray flat crepe.

Beige With Yellow Cast; Flared Fullness Leads

The newer beige tones, and one hears of and sees much beige, tend toward a yellow cast. Vionnet apparently feels that one need not choose between beige and gray, for she frankly sponsors both, dove gray being one of the high lights of this very important selection.

Flared fullness is the basis of the afternoon and evening silhouette, and to a modified degree fullness follows through the entire gamut of fashion. It is variously distributed, but while heretofore front fullness has been the favorite arrangement, more and more women are being converted to the idea of back draperies and back fullness. This is possibly the result of the success of the flowing and dipping neckline, a line that for evening has become the rule rather than the exception.

The great majority of smart evening dresses are of the period, or modified period, type. Flounces and ruffles are lavishly employed, which might indicate that sheer fabrics are the only possible choice. Such is not the case, however; there is a decided feeling for silks of the stiffer variety, although one has not yet reached the stage when one may pride oneself on wearing silks that "stand alone," as was the proud boast of another generation.

Longer Dresses Bring Shorter Evening Wraps

Evening dresses are getting longer and evening wraps are growing shorter, says a Paris fashion correspondent. To take care of billowing tulle skirts and trailing draperies the newest wraps have turned into jackets which occasionally reach only a few inches below the hips. Some have no fasten ing and are meant to be held in place or left open in the manner of a sports coat. Some of the latest models have patch pockets.

Kerchief Scarf Lends Chic, Youthful Touch



The kerchief scarf is an important part of the charming outfit by Doris Dawson, the featured motion picture player. Miss Dawson's dress is of white silk which she wears so smartly in "Here Comes the Band." The dress is notable for its simplicity of line and its youthful appeal. A hand-blocked batik designed scarf is of paramount importance in making the outfit chic. A white felt hat of vagabond lines is most becomingly chosen to complete the outfit.

On Rearing Children from CRIB TO COLLEGE

The supreme ambition of every parent should be to inspire in the child a love of truth that will make him strong in the face of temptation and fearless when he is right.

If your child is not eating his meals as you believe he should, do not force him to eat. His mental attitude will affect the assimilation of food. First, allow him no food between meals. Second, offer at first small amounts of temptingly served dishes, and by example, induce him to eat the variety of foods his body needs. Gradually he will learn to enjoy green vegetables every day, to be satisfied with fruit as a dessert, and to drink plenty of milk.

An interesting game for children is to set them to finding out the source of each thing they wear, eat or use on any one day. The answers can be found in an encyclopedia or in smaller works of reference. Another game might be to find out what chief American products go to the countries sending these various things. In this way the child would come to recognize the interdependence of nations.

Vacation time should be a time for "making repairs." Long before the end of the summer every parent ought to have his child examined by a physician and a dentist. Our schools are expensive, and children who are often absent through the school year because of sickness become economic liabilities in the community. The school class program is made for sound, healthy children.

Parents in all stations of life will do well to remember that worries about money matters are not so much in proportion to how much or how little money one may have, but rather how sensibly or how foolishly one disposes of what one has. A child can learn to distinguish between sensible and foolish expenditure by an opportunity to spend money and to profit by his mistakes.

The home must see to it that children are allowed to go to the theater often enough to learn to prefer the best plays to inferior types of entertainment. The same principle holds true of good music and good art.

Permanent habits of cleanliness are fostered not by punishment for lapses or by the payment of temporary rewards, but by helping the child to realize the sense of well-being that cleanliness contributes.

For the older child of five or six years gingham or cotton prints make attractive sun suits. To get the most complete benefit from the sun, light-colored fabrics are best. Thin, open-meshed white cotton fabrics are the most successful transmitters of the active rays of the sun. As the temperature climbs to eighty degrees it is safe to let the youngster play in the sunny part of the garden in his one garment for several hours a day. However, a long exposure of this kind should be worked up to gradually. If the small toddler is put in the sun for two hours on the first hot day, a sick child with a blistered skin will be the result. Tanning should be brought about even in healthy children by gradual exposures. On very hot days, ninety degrees or more, some protection for the head is advisable.

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