Honor Medal to Heroic Diver



President Coolidge presenting the Medal of Honor to Thomas Eadie, giver and chief gunner's mate, United States navy, at the White House. Eadie was awarded the medal on the recommendation of Rear Admiral Frank H. Brumby, commander of the control force in charge of the salvage operations of the ill-fated submarine S-4, when he displayed extraordinary heroism in going down to the sunken submarine and discovering that life still existed in the torpedo room. On the right in the picture are Mrs. Eadle and

with thinking about a man, just at-

tach a label to him. It is one of the

most effective means of curtailing

Suppose that in the course of a con-

versation the name of a brilliant

young author bobs up. You don't like

the fellow and you don't want to

So you say "He's immoral." And

there's an end of the matter. The fact

that the man is immoral puts his

Suppose somebody else has a scheme

for profit-sharing which he thinks

could be applied to your business. As-

sume his arguments are sound and he

2. 本學於於於於於於於於於於於於於於於於於於於於於於於於

Bl Viola Brothers Shore

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WHEN she loves, every girl is a

A person's real life ain't in the

When a feller wants to borrer

money he says, "I'll pay you tomor-

rer." And he must mean it, Judgin'

from the number of times he keeps

There's three facts a man can't hide

for long-bein' ill-bred or well-edu-

(Copyright.)

"Youth must have its fling," says

Flapper Fannie, "but that is no rea-

son why papa should throw Harold

hen on Sunday the result will be that

ers. In one section they declare that all the eggs will hatch roosters. The

reason for this piece of hen-yard

superstition-the ben-yard seems to

be a place especially haunted by

superstitions-is that in our nomen-

clature we still dedicate the first day

of the week to the sun god-it is still

the sun's day-and the cock, from most ancient times, was a sun bird.

Primitive man found that out from

the way in which the cock herulded

and saluted the sun's daily rising and

most of the eggs will hatch out roost-

down the front steps."

GIRLIGAGLE

cated or a serious rounder.

things they do every day; it's in the

woman. And when she's loved,

works beneath your notice.

FOR THE GOOSE-

every woman is a girl.

things they'd like to do.

FOR THE GANDER-

on sayin' it.

admit that his works are profound.

thought that has ever been devised.

By John Blake

F YOU don't want to be bothered | has been able to show you that it | of his music? Suppose the label fits

would be to your own interest to give

"The plan's radical," you reply. And

the plan a trial. But you don't want

you thenceforth cease thinking about

During the World war it became the

fashion to dismiss doctrines or ideas

with which we did not agree with

such labels as unpatriotic, Red, pro-

German, un-American, antireligious

and so on. If our arguments aganist

such ideas were weak the labels were

always capable of discrediting them.

Such labels have a sinister connota-

tion which, to many minds, is amply

sufficient to bring into disrepute the object to which they are applied. The

label may mean little or nothing. Yet

for many unthinking persons it has a

derstand what the label "unpatriotic"

Even when a label may seem to fit

its object it is totally beside the

point. Take the label "immoral"

Does the fact that a composer dis-

regards the prevailing customs of his

day detract one bit from the beauty

"Is it raining, little flower?

Be glad of rain.
Too much sun would wither thee,
"Twill shine again.
The sky is very black, 'tis true,
But just behind it shines

THE choice of foods for the con-

I valescent diet depends, of course,

upon the nature of the illness through

which the invalid has just come, as

well as upon his personal taste and

the whims that may be noticed in his

weakened condition. But every effort

should be made to provide tempting

looking and tasting surprises for the

convalescent, just as soon as the doc-

Most invalids and convalescents

crave the stimulating, mild tartness

of the citrus fruits, and these are

much more appetizing and delicious

to the sick as well as the normally

healthy, when kept on the ice until

time to serve. A tepid grapefruit or

a warmish orange is not appealing at

all. A glass of cold lemonade or or-

angeade, or the clear, undiluted juice

of the latter fruit, is always a wel-

come drink to the invalid or conva-

lescent, and dietitians have proved

that the natural salts and minerals

of these fruits actually belp rebuild

the sun in all the old mythologies, It is true that this bird was a favorite

sacrifice to Aesculapius, the god of

medicine, but that was because Aes-

culapius was the son of Apollo, who

represented the light-and-life-giving

power of the sun as well as its deadly

power and was often identified with

the sun god Helios. The cock is the

sun's bird, and what more natural

then than if you set a hen on Sunday

the eggs will hatch into roosters?

This superstition is only one of the

many relics of sun-worship which

(by McClure Newspaper Syndicate.)

still hang about the hen-yard.

Setting Eggs on Sunday

I'll a rather general belief all so the cock became associated with over the country that if you set a the sun in all the old mythologies. It

tor recommends solid foods.

The blue."

which is such a favorite nowndays.

vague and terrible significance. How many of us, for instance, un-

means?

to worry about it.

Interesting Mother Nature

fern to the cactus plant in the greenhouse

The cactus had been telling the fern that the reason for all the prickles which it had on its leaves was to save the juicy stems from being eaten and destroyed by animals in the desert lands from which it and many of its family came.

"Oh, yes, we must have a protection if we're to grow, and in this way we're quite safe. No one wants cactus burs!"

"Of course I don't have the trouble that you do, for no one wants to eat me. So I do not need to be protected as you do."

"Well," said the cactus plant, "it is useful. I believe there are other creatures who do the same kind of thing as we plants-have some means of protection.

"There is the hedgehog, who can roll himself up into a prickly ball when he is frightened. That is his protection.

"Yes, there are many, many creatures who 'wear' their protection. "The poisonous snakes have their poison right with them.

"Many little birds look like the

woods in color so that they cannot be seen and some of the toads and frogs "Ah, yes," said the fern; "all that

you say is very true. But animals are different from plants.

"I think it is so particularly clever of you to be able to have protection such as you have and such very good

the man. What has that got to do

Be liberal with labels if you don't

want to think. They are at least a

means of averting wear and tear on

(Copyright.)

the depleted bodily tissues of the pa-

tient. Their vitamine content is high,

Eggs are usually an important item

in the convalescent's diet, but he will

get unmercifully sick of soft-boiled

eggs, and poached eggs on toast,

which are the standard home ways of

offering them. The eggs can be deft-

ly hidden in delicious omelets, or in

nourishing custards and dainty little

puddings, such as rice pudding.

Brown Betty of several varieties, and

in ice cream, which most invalids es-

pecially appreciate. Here is a dainty

dessert for the convalescent who is

Fruit Snow.

Beat two egg whites until stiff, add

one-fourth cupful of orange pulp and

juice, continue beating, adding pow-

dered sugar to sweeten. Beat until

the mixture will hold its shape, adding

a few tablespoonfuls of whipped

(©) 1928, Western Newspaper Union.)

target practice off San Diego, Cauf.

just beginning to take solids:

cream when serving.

and vitamines are health builders.

with his music?

the brain.

Dainties for Convalescents

By NELLIE MAXWELL

Y OU are very clever," said the protection when you're only a plant." "Ah, fern," said the cactus plant, you give me credit for more brains

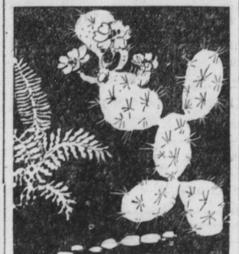
and sense than I have. "All of this is owing to dear Mother Nature. She is the one who looks out for her children.

"She it is who saw that the cactus plants, or the Cacti as you speak of many of us, had prickles to save them from being destroyed.

"Yes, Mother Nature is the one who looks after us. She is not so busy that she hasn't time to remember all ber children, every one.'

Then a voice spoke. "I didn't think I would hear anyone now," said the fern, "for our keeper has left for the day and the greenhouse is closed to people after the

late afternoon has passed." "I heard a voice; I most certainly heard a voice," said the cactus.



'All This Is Owing to Dear Mother Nature."

And again they beard the voice nore clearly. In another moment they saw the loveliest of lovely creatures.

"Oh, Mother Nature!" they all shouted. "Darling Mother Nature." "There, there," said Mother Nature, if you make such a fuss over me I will cry with joy. I'm glad little Violet made me a yellow and a purple and a blue handkerchief. For even though I have three handkerchiefs I

may have to use them all." Mother Nature wore a beautiful cape made of leaves, which was trimmed with a collar of summer

Her hat was of garden flowers and edged with a tiny border of little woodland wild flowers.

Her shoes were of moss and her dress was of soft, long green grasses and wheat and rye and barley inter-

"I wore my summer frock today of course," she said, as her greenhouse children admired her.

"I'm glad you like it. But, children, you were praising me for watching over you.

"I do not deserve any praise for that. I cannot help but watch over you. I love you-a mother who doesn't love her children is a very. very strange creature!

"Mother Nature isn't strange like that. She loves all her dear ones and she does what she can for them. It is only natural, only natural!"

(Copyright.)

Learning and Forgetting

By Douglas Malloch

WHITE-HAIRED, stoop-shouldered,

bent with age, A man who knows by heart the page That other men must turn today.

Surely the world must love the sage, Respect the words that old men say. But old men learn one lesson more, After the heart has learned the rest:

The knowledge, by old men possessed. For youth would rather life explore

That youth cares little for the lore,

Than ask the old which way is best.

For life is not an enterprise That men can master in a school; Man finds the truth because he tries, And in exceptions finds the rule; Perhaps the wisest of the wise

Are those who first have played the

Although our words are often spurned, Although the world will listen not, A lesson that is quickly learned Is just as easily forgot.

Only the man that fire has burned Believes that fire is really bot. (C. 1928. Douglas Malloch.)

What Do You Do With Money

By F. A. WALKER

most of us strive all our lives-Ever since the world began the pos-

session of money by one person has been the incentive for others to seek to take it away and add it to their own stores.

Sometimes this is done by honest means, by the channels of trade. But alyways there are dishonest and unprincipled individuals who with hooks baited with tempting financial returns are trading on the human desire to get more money and get it as easily

as possible. How much of your money has gone or at this moment is in danger of going to somebody who is dangling in front of you a possible financial return for your hard-earned funds that is tempting you to take a risk that

you know is dangerous? Earning money and saving money are useless efforts unless when you have acquired the money you are wise enough to take care of it.

Don't gamble in stocks. Wiser and richer men than you have "gone broke" trying to make money in "the market."

Unless you know about them, do not buy any securities of any kind without the advice of some one who is acquainted with the investment of money.

If your money is in a bank, and that is where it should be unless it is already invested, get some officer

of the bank to advise you. If you think that there is an advantageous opportunity to buy real estate, go to some man who knows

real estate and take his advice. It

THERE is one thing for which the | will be better to pay him for the ad-

vice than to lose the money. Look on your money just as you do on your health. If you have doubts as to whether

you are eating the right food, you go to some one in whom you have faith and ask advice, and follow it. Do the same thing with your

pocketbook and its contents. Get good advice and follow it. If you have been wholly honest

with other people in getting your money, be wholly honest with yourself in taking care of it, and you cannot be that if you hope and try to gain more from its investment than it can properly earn.

There is a reasonable expectation from investment. To get less than that is cheating yourself. To try to get more is to seek to cheat the other fellow. And that doesn't pay. (© by McClure Newspaper Syndicate.)

Ed Howe Says:

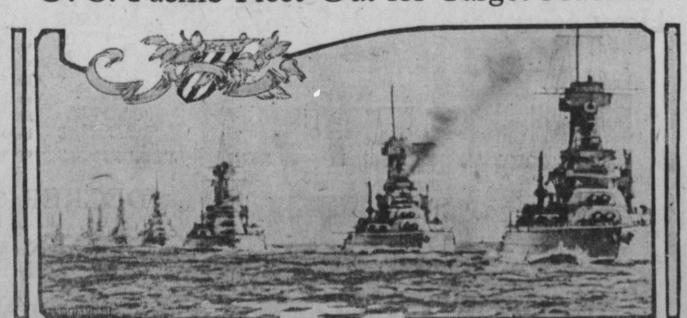
The people are so easily fooled as to be a great temptation to men of a little cleverness and great impudence.

条 条 条 I saw a barber the other day who looked like a governor or United States senator. Every other barber I have seen has looked like a barber.

There is no excuse for an action which will result in discomfort for others and in no profit to you. And most mean actions are open to both objections.

(@ by the Bell Syndicate, Inc.)

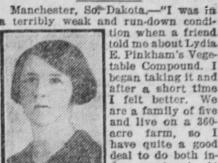
U. S. Pacific Fleet Out for Target Practice



This photograph, taken from the flagship California, shows the powerrui vessets of the Pacific fleet out for

WESTERN GIRL STRENGTHENED

By Taking Lydia E. Pinkham's Vegetable Compound



tion when a friend old me about Lydia E. Pinkham's Vegetable Compound, I began taking it and after a short time I felt better. We are a family of five and live on a 360acre farm, so 1 have quite a good deal to do both indoors and out. At

first I was unable to do anything and had to have a girl, but after taking the Vegetable Compound I finally gained my strength back and also gained considerable in weight. I will gladly answer letters from women in regard to your medi--MRS. OTTO J. GEYER, R. F. D. 1, Box 20, Manchester, So. Dakota.

Rebuilding Bergen

Barracks are being replaced by new buildings in the central part of Bergen, Norway, which was destroyed by fire in 1916. Shopkeepers and business men have used the temporary structures, while residents have been forced by the thousands to use some sort of improvised shelter for living

Grandmother Knew

there was nothing so good for congestion and colds as mustard. But the oldfashioned mustard plaster burned and blistered.

Musterole gives the relief and help that mustard plasters gave, without the plaster and without the blister. It is a clean, white ointment, made

with oil of mustard. Gently rub it in. See how quickly the pain disappears. Try Musterole for sore throat, bronchitis, tonsillitis, croup, stiff neck, asthma, neuralgia, headache, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frosted feet, colds of the chest (it may prevent



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To relieve Coughs, Colds, Cramps, Pain in Stomach and Bowel Compla Also for Burns, Scalds, Sprains, Bruises, Cuts, Boils, Felons, Frosted Feet and Chilblains. To relieve Pain in the Face, Neuralgia,

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system in order. GOLD MEDAL HAARLEM OIL CAPSULES

and plenty of fresh water will work won-ders for you. All druggists; three sizes. Accept no substitutes.



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