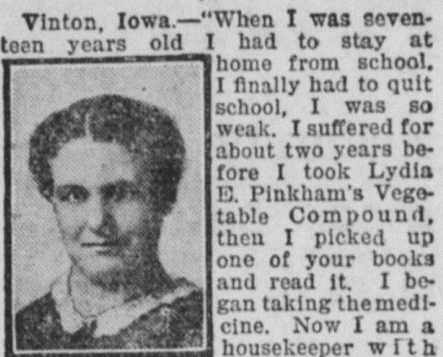


GIRLHOOD TO MOTHERHOOD

Iowa Woman Found Lydia E. Pinkham's Vegetable Compound Always Helpful



Vinton, Iowa.—"When I was seventeen years old I had to stay at home from school. I finally had to quit school, I was so weak. I suffered for about two years before I took Lydia E. Pinkham's Vegetable Compound, then I picked up one of your books and read it. I began taking the medicine. Now I am a housekeeper with six children, and I have taken it before each one was born. I can not tell you all the good I have received from it. When I am not as well as can be I take it. I have been doing this for over thirteen years and it always helps me. I read all of your little books I can get and I tell everyone I know what the Vegetable Compound does for me."—Mrs. CLAUDE SHELLEN, 519 7th Avenue, Vinton, Iowa.

Many girls in the fourth generation are learning through their own personal experiences the beneficial effects of Lydia E. Pinkham's Vegetable Compound. Mothers who took it when they were young are glad to recommend it to their daughters.

For over half a century, women have praised this reliable medicine.

For Piles, Corns, Bunions, Chilblains, etc.
Try Hanford's Balsam of Myrrh

All dealers are authorized to refund your money for the first bottle if not satisfied.

A volume of smoke will bring tears to the eyes of the reader.

The School Girl's Health Is Of Great Importance!

Wheeling, W. Va.—"I had a year of ill health, and it looked as though there was no help for me. I was in such poor health that for a year I was not able to go to school. Finally, my father got me Dr. Pierce's Golden Medical Discovery and by the time I had taken close to a dozen bottles I was well and strong, my cough disappeared and I was able to resume my school work and I have never had any trouble of the kind since."—Mrs. Paul Bryson, 3935 Wood St. All dealers. Tablets or liquid.

Write for free medical advice to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y. Enclose 10¢ if you wish a trial pkg. of Discovery Tablets.

CONSTIPATION RELIEVED QUICKLY

Carter's Little Liver Pills
Purify the blood, move the bowels free from pain and unpleasant effects. They relieve the system of constipation poisons which cause all such feelings. Remember they are a doctor's prescription and can be taken by the entire family.

All Druggists 25c and 75c Packages.

CARTER'S LITTLE LIVER PILLS

Success, the Answer

to the big question in every ambitious person's life of how to become successful and happy is answered by our proven plan and guiding you into the right line of work your abilities fit you for. Send only your name and address today and we will mail without charge or obligation this remarkable plan for your inspection. Only one dollar if you desire to keep it.

VOCATION'S SECRET BUREAU
Temple Bldg., Rochester, N. Y.

Delatype (Strain 5) Replenished Cotton Seed 21.50 lb. sulphate ammonia 55¢ ex vessel. NITROPHOSKA (39-15-15) 45¢ per ton ex vessel. Excelsior Seed Parma, Chervav, 8. C.

PARKER'S HAIR BALSAM

Removes Dandruff, Stops Hair Falling, Restores Color and Beauty to Gray and Faded Hair. 50c and \$1.00 at Druggists. Hiram's Chem. Co., Paterson, N. J.

FLORESTON SHAMPOO

Ideal for use in connection with Parker's Hair Balsam. Makes the hair soft and fluffy. 50 cents by mail or at druggists. Hiram's Chem. Works, Paterson, N. J.

DON'T NEGLECT

Inflamed eyelids or other eye irritations. You will find a soothing and safe remedy in MITCHELL EYE SALVE.

HALL & RUCKEL at all New York City druggists.

Porter's Pain King

A Liniment
Powerful, penetrating and soothing, this time-tried remedy brings quick relief from menacing coughs and colds. For other uses read the directions with every bottle, now.

Use it today
Mince 1871
Gen. H. Rippe Co.,
Piquette, Ohio

PISO'S

Quick Relief! A pleasant, effective syrup—35c and 60c sizes. And externally, use PISO'S Throat and Chest Salve, 25c.

WANTED: A New Set of Standards



By ELMO SCOTT WATSON
Drawing by Ray Walters.

FF-HAND, how many of our present units of weights and measures can you name and give their relations to each other? If you can do that for all of them, you're a most exceptional person. And if you should set out to learn them—beware! It was Sir Hiram Maxim, the great inventor, who once said, "I cannot understand why we stick to these weights and measures. There was only one man who knew the English weights and measures; he studied them for thirty years and he just knew them all when the poor fellow went mad and died!"

Long ago we simplified the currency system and in 1783 led the world in adopting the decimal units of money in place of an absurd coinage of pounds, shillings, pence and farthings. But for some strange reason, we have lagged behind the rest of the world in extending the decimal system, which is so simple and easily computed, to other factors in our daily life. When James Watt, the Scotch inventor, announced the plan in 1783 upon which the metric system is based, Washington, Jefferson, Robert Morris and Gouverneur Morris immediately indorsed its adoption for our weights, measures and coinage. Washington, in his first message to congress, urged its adoption, but its application to our coinage only was made. In 1866, through the efforts of Charles Sumner of Massachusetts the metric system was made the legal system in the United States.

But the average American, seemingly wedded to an outgrown tradition, has preferred to go on using the old cumbersome system. In the meantime more than 100 countries of the world have adopted the metric system and are enjoying a great advantage in commerce, education and common world understanding thereby. Only in Great Britain and America are there human beings who are out of step, commercially and economically, with more than 1,000,000,000 of the people of the world who are trading on the metric basis. That we are conscious of this handicap is shown by the agitation by various organizations and individuals which has been under way for some time for general adoption of the metric system. The states of Illinois, California, North Dakota, Tennessee and Utah, with a combined population of 16,000,000, through their state legislatures, have memorialized congress to adopt metric standards. The General Federation of Women's Clubs, which has a membership of 3,000,000, at its national convention at Grand Rapids, Mich., last year, passed a resolution calling upon congress to enact metric legislation as soon as possible. More than 100,000 petitions, urging the same legislation, are pending before congress and some time ago Congressman Fred Britten of Illinois announced that he expected to introduce in this session of congress a liberal metric standards bill and press its passage.

The need for a new set of standards

Which Do You Prefer:

THIS:	OR	THIS:
Apothecaries Weight		
24 grains = 1 scruple		
8 scruples = 1 dram		
8 drams = 1 ounce		
12 ounces = 1 pound		
Avoirdupois Weight (Short Ton)		
27 11 32 grains = 1 dram		
16 drams = 1 ounce		
16 ounces = 1 pound		
25 pounds = 1 quarter		
4 quarters = 1 hundredweight		
20 hundredweights = 1 ton		
Avoirdupois Weight (Long Ton)		
27 11 32 grains = 1 dram		
16 drams = 1 ounce		
16 ounces = 1 pound		
112 pounds = 1 hundredweight		
20 hundredweights = 1 ton		
Troy Weight		
24 grains = 1 pennyweight		
20 pennyweights = 1 ounce		
12 ounces = 1 pound		
THIS: OR THIS:		
Long Measure		
12 inches = 1 foot		
3 feet = 1 yard		
5 1/2 yards = 1 rod or pole		
40 rods = 1 furlong		
8 furlongs = 1 statute mile		
1,760 yards = 1 mile		
320 rods = 1 mile		
8 miles = 1 league		
Mariners' Measure		
6 feet = 1 fathom		
108 fathoms = 1 cable length		
7 1/8 cable lengths = 1 mile		
5,280 feet = 1 statute mile		
6,083 feet = 1 nautical mile		
THIS: OR THIS:		
Dry Measure		
2 pints = 1 quart		
8 quarts = 1 peck		
4 pecks = 1 bushel		
Liquid Measure		
4 gills = 1 pint		
2 pints = 1 quart		
4 quarts = 1 gallon		
3 1/2 gallons = 1 barrel		
2 barrels = 1 hoghead		
Metric Weight		
10 milligrams = 1 centigram		
10 centigrams = 1 decigram		
10 decigrams = 1 gram		
10 grams = 1 dekagram		
10 dekagrams = 1 hectogram		
10 hectograms = 1 kilogram		
Metric Length		
10 millimeters = 1 centimeter		
10 centimeters = 1 decimeter		
10 decimeters = 1 meter		
10 meters = 1 dekameter		
10 dekameters = 1 hectometer		
10 hectometers = 1 kilometer		
Metric Capacity		
10 milliliters = 1 centiliter		
10 centiliters = 1 deciliter		
10 deciliters = 1 liter		
10 liters = 1 dekaliter		
10 dekaliters = 1 hectoliter		
10 hectoliters = 1 kiloliter		

is shown by the fact that this country suffers a loss of millions of dollars every year in its world trade because of delays and losses due to the inequality between our standards and the metric standards of other nations and the difficulty in translating one in terms of the other. The purpose of the proposed metric standards bill, as stated by Congressman Britten, is to give to Americans "the world language of quantity." It proposes to establish a standardization of terms, so that our units of weights and measures may be alike and invariable throughout our land, and also fortunately in accordance with those of

the world at large. The advance to the metric system under this bill will not so much affect the making of things as it will govern the merchandising of things by measure.

In contrast to our present standards, which are complex and unrelated, the metric system is simple and based upon the decimal system like our currency, its units are logically inter-related. There are three fundamental units, the meter, the liter and the gram, and all three are decimally divided or decimally multiplied. Both multiplication and division are automatic. You move the decimal point and—presto! you have it.

Record Tree Planting

C. C. Thurbur of the American Near East Relief at Athens, Greece, reports to the American Tree association, of Washington, 60,000 trees were planted in one day on the slopes of Hymettus, School children and orphans made the pilgrimage following the preparations a week in advance by the army. In his work Director Thurbur is using the forestry primer published by the association. Here is a lesson for

Americans. The association has tree planting instruction ready and it welcomes all tree planters to membership in the tree planting army.

Slingshot Days
The country boy who uses a slingshot to knock some unwary sparrow off a limb has little thought that he is practicing one of mankind's earliest arts. Not alone is the story of David an instance. There were long centuries of the Stone Age when slung pebbles formed man's most effective



ASPIRIN

SAY "BAYER ASPIRIN" and INSIST!

Proved safe by millions and prescribed by physicians for

- Colds Headache Neuritis Lumbago
- Pain Neuralgia Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe → Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monaceticacidester of Salicylicacid

Cuticura Heals Irritating Rashes

Don't suffer with rashes, eczemas or irritations when Cuticura Soap and Ointment will quickly relieve and heal. Bathe with Cuticura Soap and hot water, dry and anoint with Cuticura Ointment. Nothing quicker or safer than Cuticura Soap and Ointment for all skin troubles.

Soap 25c. Ointment 25c and 50c. Talcum 25c. Sold everywhere. Samples each free. Address: "Cuticura Laboratories, Dept. 23, Malden, Mass."

Cuticura Shaving Stick 25c.

Nightmare

Senator Butler said at a luncheon in Washington: "What ails our professors? Today they weep and wail over Europe's hatred of us on account of the debt settlements. Yesterday they were mourning and groaning about our imperialism and the ruin it is bound to bring on us from South America, Mexico and the Philippines."

"What have the professors been eating to give them such horrible, such impossible nightmares?" "When I read the professors' jeremiads I think of a little boy who awoke roaring with terror the other night. "Oh, mummy," he sobbed, "I dreamed I was a stick of candy and eaten myself up!"

Royal Gift to City

A royal villa containing one of the finest collections of porcelain, china, glass, crystals, ceramics and enamels in the world has been presented to the city of Naples by the widow of Count di Marsi, and has been publicly opened as a museum by the king of Italy. The museum is the Villa Floridiana, where once lived Ferdinand IV, king of the Two Sicilies. The collection fills 21 rooms, and consists of 10,000 pieces. Among the prized exhibits are several Sevres cups used by Marie Antoinette of France. The collection includes rare specimens of wares from famous potteries and glass works throughout Europe and Asia.

Cannery Waste Utilized

Tomato cannery waste, formerly discarded, has been discovered to be worth 6 cents a gallon in Italy, where laundries now utilize it to remove stains from linen, particularly collars. The clothes are soaked in vats of the diluted cannery by-product for an hour, by which time the stains are so thoroughly loosened that they can be washed out with little soap and practically no rubbing.—Popular Mechanics Magazine.

Expectation of Life

Modern science has destroyed the tradition of "a short life and a merry one," writes Dr. Donald B. Armstrong in the North American Review. The life of the average modern is longer and merrier than that of a century ago. The average expectancy of life at birth has been increased from twenty-eight years in 1780 to forty-eight at the present time.

What a baby doesn't put into its mouth it puts in its nose.

He who is able to hold his tongue is sure to sidetrack a lot of trouble.

Hot meals without work

SHREDED WHEAT

12 Ounces •• 12 Biscuits

Help the whole family to better health. Save yourself time and trouble. Serve it with hot milk. **MADE AT NIAGARA FALLS.**

Guard Against "Flu" With Musterole

Influenza, Gripe and Pneumonia usually start with a cold. The moment you get those warning aches rub on good old Musterole. Musterole relieves the congestion and stimulates circulation. It has all the good qualities of the old-fashioned mustard plaster without the blister. First you feel a warm tingle as the healing ointment penetrates the pores, then a soothing, cooling sensation and quick relief. Have Musterole handy for emergency use. It may prevent serious illness.

To Mothers: Musterole is also made in milder form for babies and small children. Ask for Children's Musterole. Jars & Tubes



CORNS



Ends pain at once!

In one minute pain from corns is ended. Dr. Scholl's Zino-pads do this safely by removing the cause—pressing and rubbing of shoes. They are thin, medicated, antiseptic, healing. At all drug and shoe stores. Cost but a trifle.

Dr. Scholl's Zino-pads

Put one on—the pain is gone!

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrup & Lyman Co., Inc., Buffalo, N. Y.

ASTHMA REMEDY