

SICK WOMAN SOON RECOVERS

By Taking Lydia E. Pinkham's Vegetable Compound

"A neighbor advised me to try Lydia E. Pinkham's Vegetable Compound, which she said had helped her so much. So I bought a few bottles and tried it out. It sure helped me wonderfully. I felt much better. My work was no longer a dread to me. If I hear of any one who is troubled the way I was, I will gladly recommend the Vegetable Compound to them and I will answer any letters in regard to the same."—Mrs. ETHEL MACLEAN, 1134 N. Penn. Ave., Lansing, Mich.

"I had been sickly ever since I was fifteen years old. After taking Lydia E. Pinkham's Vegetable Compound I got so I could do all my housework and I am in good health."—Mrs. MARIE K. WILLIAMS, Kotchikan, Alaska.

From Michigan to Alaska, from Maine to Oregon and from Connecticut to California letters are continually being written by grateful women recommending Lydia E. Pinkham's Vegetable Compound.

The Compound is made from roots and herbs and for more than fifty years has been helping to restore run-down, over-worked women to health. Are you on the Sunlit Road to Better Health?

Aquatic Monster
In 1922 there swam into Cristobal harbor, Panama, a whale so colossal that it had to be overcome by machine gun fire. When killed and towed to the dock, all efforts to raise it proved unavailing though powerful 70-ton cranes were used, and a railroad engine hauled at steel cables.

Headaches From Slight Colds
Laxative BROMO QUININE Tablets relieve the Headache by curing the Cold. Look for signature of E. W. Grove on the box. 30c.—Adv.

Answered
Motorist (to native at crossroads)
—How far is it to Blanktown?
Nineteen—Twelve miles.
Motorist—Which way?
Native—By motor. By airplane it's a lot shorter.—Boston Transcript.

That's the Question
Jim—That girl can wear anything.
Bill—Why doesn't she?—Life.

A Benefactor
A physician who reaches out to benefit humanity leaves a record behind him that is worthy while. Such a man was Dr. R. V. Pierce. His study along medical lines, and his knowledge of the remedial qualities of herbs and plants led to the discovery of his wonderful herbal remedy, Doctor Pierce's Favorite Prescription. It is just the tonic required if a woman is borne down by pain and sufferings at regular or irregular intervals, by nervousness or dizzy spells, headache or backache. Favorite Prescription can be had in tablet form as well as liquid at your neighborhood store.

Severe Head Colds and Sinus Trouble
THE MOST ANNOYING OF ALL AILMENTS

Any stuffy nose from a cold that does not clear up in a few days produces Sinus trouble. Some sinuses are large cavities in the nose, others are small (like honey-comb), and when a cold gets into them it causes pain, or pressure in the eye balls, over eyes, in temples, and back of head, fullness in ear, swelling in throat. This leads to a tickling cough, sore throat, head noises, and general deafness, due to improper drainage. To clear this up vaporize CAMPHOROLE, and inhale according to directions.

CAMPHOROLE opens up the nose, and gets into the sinuses, killing the germs that multiply by millions in those stuffy cavities, reduces the inflamed swollen mucous membranes, and gives good drainage for the discharge. This is what every specialist tries to obtain in order to get results. It is impossible for germs to live in the antiseptic vapors produced by CAMPHOROLE. Keep a jar handy and use it at the first sign of a cold.

Deposits on Cylinders
Is Result of Oiling

It is common belief among motorists that the hard carbon residue found in the cylinders and on the valves is the result of too great a quantity of lubricating oil. This is true to a certain extent, but the hard deposit may be formed even when the proper amount of the best quality of oil is used.

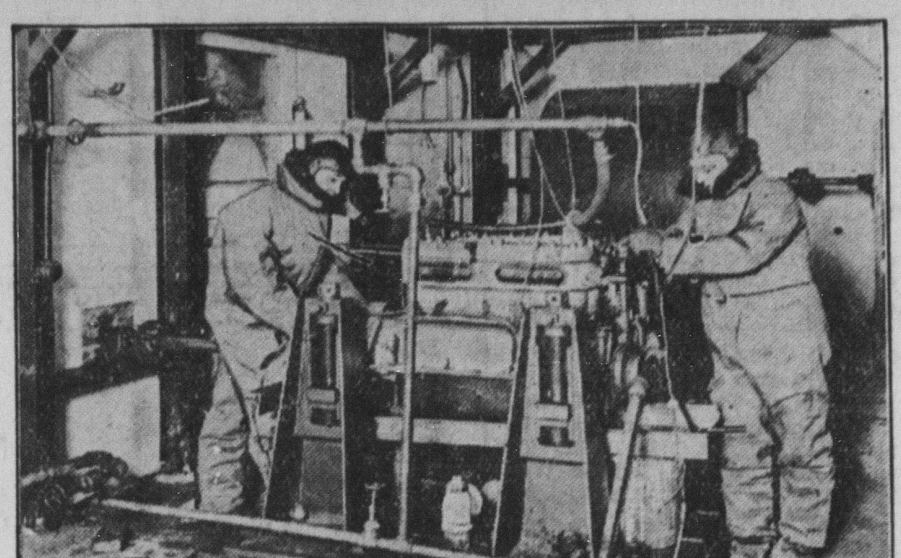
It has been found that the nucleus of this deposit consists of the products of imperfect combustion of the mixture, which collect on the piston head and walls of the top of the cylinder in the form of a sticky mass. This catches the dirt and dust from the road as it is "breathed" into the motor through the carburetor, and the resulting compound gradually hardens until a sufficient deposit is collected to make a thorough overhauling and valve-grinding necessary. It is consequently important not only that the proper grade and amount of lubricant should be used in the cylinder, but that the carburetor should be regulated to deliver the proportion of air and gasoline vapor that forms the most perfect-burning charge for each explosion.

"Cutting teeth is made easy"
MRS. WINSLOW'S SYRUP
The Infants' and Children's Regulator
At all drugists Beware of Substitutes

Oakland, Nebr., Feb. 23, 1929
Anglo-American Drug Co.,
Gentlemen:
I am more than glad to tell you of the excellent result obtained from your wonderful Baby Medicine. Our second baby is now seven months old and has never given us a moment's trouble. The first and only thing she has ever taken was Mrs. Winslow's Syrup. She has four teeth and is always smiling and playing. Cutting teeth is made easy by the use of Mrs. Winslow's Syrup. Most sincerely,
(Name on request)
ANGLO-AMERICAN DRUG CO.,
215-217 Fulton Street, New York

W. N. U., BALTIMORE, NO. 47-1927.

SUBJECT AUTOMOBILE ENGINES TO TEST



In order that automobile motors may stand up and perform efficiently during the winter months, all motors are subjected to a rigorous test to prove their working qualities under subzero conditions. All these tests are conducted in a giant ice box where temperature can be controlled and varied, and the men that work in these rooms wear aviator's togs to protect them from the intense cold.

STUDY OF WEAR OF AUTO TIRES

Tests Being Made to Determine Wear on Tread by Road Surfaces.

A study of the wear of automobile tires has been made to determine, as far as possible, the destructive effect of different types of road surfaces on the tread rubber, so that, insofar as possible, surfaces may be so improved as to make the total cost of building and maintaining road surfaces and of operating the traffic over them a minimum, according to Charles M. Hayes, president of the Chicago Motor Club. The cost of tires is one element of the cost of operating motor vehicles and may well be studied.

The University of Kansas, co-operating with the United States bureau of public roads and the State College of Washington, has conducted a series of tests in an effort to determine the loss of tread rubber caused by several types of road surfaces, including concrete, brick and bitulithic pavements, penetration, macadam, and several types of gravel and broken stone. The following tentative conclusions have been drawn from the few data now available:

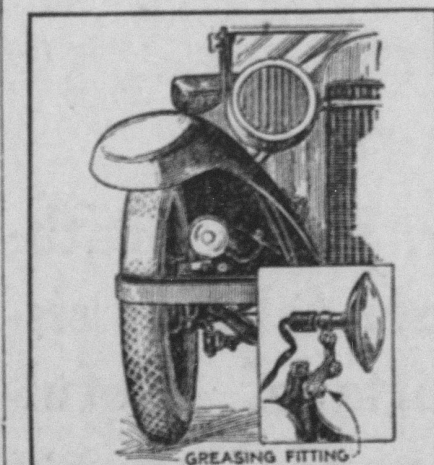
1. Tire wear increases with the speed.
2. Tire wear increases with the temperature. High temperatures are very destructive to tires.
3. The wear of rear tires is greater than that of front tires, the relative wear of rear tires being 200 per cent on smooth pavements, and as little as 18 per cent on gravel surfaces, probably averaging 150 per cent of the wear on front tires.
4. Tire wear per ton of car is probably constant for any given road surface, when size of tire, load and inflation pressure are determined by a single standard.
5. A few records of bus companies show actual tire mileage life on different road surfaces in approximate agreement with tire wear tests on similar surfaces.

Relative Tire Wear.
6. Relative tire wear index numbers, based upon average concrete pavements as 1.0 are approximately 2.0 for good gravel and macadam, 4.0 and 5.0 for average western macadam or crushed chert gravels, and may be as high as 10 or 11 for unusually unfavorable surfaces. Based upon tire wear alone, average size cord tires should show a life of 20,000 to 24,000 miles upon pavements; 10,000 to 12,000 miles on good gravel or macadam, and as little as 2,000 to 4,000 miles upon unfavorable surfaces. The corresponding costs per vehicle mile are about 0.5 cents for pavements, 1.0 cents for average gravel or best macadam, 2.3 cents for average macadam, and maybe as much as 5 cents per vehicle upon road surfaces of loose, sharp-edged stones.

Tightening Pays Double
Keeping the body bolts tight has an advantage other than that it serves to eliminate troublesome noises and wear. If the bolts are taken up regularly it means that they are not allowed to become so rusty that the nuts cannot be turned on them. It does not pay to allow this task to remain undone over a long period, for when the motorist gets around to it he probably will find that many of the bolts will have to be replaced.

Spotlight Turns With Car Wheel
Especially Handy in Turning Many Dark Corners.

Spotlights are especially handy to illuminate sharp corners, but they are rather inconvenient to manipulate unless they are set at a certain angle and then switched on only while turning a corner. But as corners have different radii, the illumination often does not fall where it should, and the light is of little or no help to the driver. An improvement is shown in the illustration. The spot-



Handy Spotlight.

light is attached to the front-wheel spindle so that it turns with the wheel. The supporting bracket can be clamped to the spindle, or, if a stronger attachment is desired, the alemit fitting may be removed and a small bolt, running through a hole previously drilled in the light bracket, substituted. However, if this method is used, the bolt must be removed to permit greasing the king pin.—Popular Mechanics Magazine.

Automobile Items
Try to avoid ruts and bumps in the roadway. It saves excessive wear on the springs.
Oil is life to the car. Don't neglect changing the lubrication fluids at the proper time.
Should there be an upper as well as a lower age limit for licensed automobile drivers?
Science can predict an eclipse of the sun years in advance, but cannot forecast a blowout over the week-end.
A ruling by the Department of Commerce that canoes must carry lights may be extended in time to include automobiles.

A Wife's Transformation

The Story of the Comeback of a Woman Gone to Seed

By Mary Culbertson Miller

INSTALLMENT IV

Diagnosis of Face Skin.
THE strong light from the window brought out the rough blotchiness of the woman's skin. Miss Whyte flicked over a leaf of a record book before her and wrote swiftly for several minutes. Then she said, "The skin, Mrs. Crane, is a woman's chief single beauty when it is of delicate tint and texture. It acts as a barometer of inward health and physical purity."
"Shall we take it first, Miss Whyte?" Helen's voice vibrated with emotion. The thrill of the chase was in her blood.

"Yes, we've diagnosed you thoroughly, and we're ready to begin work. You never had a facial before, did you?"
"No. I've never given myself any attention other than to be clean."
"That reminds me, I want to speak about your bathing today."
Bathing.

"It seems indeed a simple procedure. But the whys and wherefores of that simple matter have not concerned you, I'll wager. Did it ever occur to you, Mrs. Crane, that the body breathes through the skin, and if the pores are stopped up the body suffocates? The poisons remain in the blood supply and are distributed over and over again to the other parts of the body, interfering with their efficiency, and endangering the health of the whole mechanism."
Helen shook a negative head.
"Many rough and blotchy complexions," Miss Whyte went on, "are visible results of body uncleanness; yet, imagine how indignant the owner of such a skin would be if she were boldly accused of being unclean!"
"Not the prettiest face in the city can disperse the emotion aroused by the least suspicion of uncleanness. Now since you are accustomed to taking a warm bath at night I would continue it. It should be between 92 and 100 degrees Fahrenheit. That temperature is decidedly more beneficial in all its aspects. Millions of tiny pores are constantly draining off the waste matter of the body and skin. The warm bath removes this poisonous material from the skin surface as well as soothes jumping nerves, takes away that tired feeling that persists from an exhausting day, induces sleep, and relieves the stiffness in overworked joints and muscles."
"It seems almost providential that I decided upon some one like you, Miss Whyte."

Cold Dip Advised.
"There are others of my ilk, my dear lady," said Miss Whyte modestly. "Looking up from Doctor Johnston's letter she went on, "Your physician would like you to experiment with a cold dip in the morning. He states that your entire system needs to be waked up from its sluggishness. Just slip in and out. Then rub vigorously with a big rough towel until your skin glows and every inch tingles with a delightful feeling. But if you do not have that joyous feeling, but in place you feel cold and unhappy—discontinue it—it is not for you."
"You must always look after your feet, for that walk every day is compulsory. Later its length will be regulated to fit in with other exercises. When you return from your walk give your feet a warm bath. The idea is to keep constantly removing the waste matters deposited on the skin by the pores. If you have corns I want you to go to a chiropodist. We'll talk again about that."

"You are a wizard, Miss Whyte, I believe."
"No wizardry about it. I just experimented and studied, and the result is that I know how to protect and conserve a woman's physical charms by assisting nature in curbing the raids of ill-health or age." The beauty specialist's gaze had fastened on Helen's hair. That will be a problem, she thought. It was obvious it had been a sunny shade of brown once with golden glints. But long since those glints had fled. It was a tousled mass, bits of hair stuck through a net. "It's at that exasperating length, isn't it," she said, fingering the fine brown hairs. "Well, in a day or two you'll have a shampoo; then I think I'd better call a hairdresser. She will tell us how to arrange it becomingly."
(© by the Bell Syndicate, Inc.)

Love and Lilacs Are Irrevocably Related
If as many lilac petals as composed the name of a lover were strung on triple threads of white silk, and worn in a little bag next to the heart, before next lilac time came the lover would be won by this secret charm. If you have lilac in your garden no ghost can enter your house; if white lilac grows beside your door you will never be without love and luck; if you pluck a spray of lilac without your lover's knowledge, when walking with him, put one of its petals in his drink; if he swallows it, he is yours forever and a day.
A "luck lilac" usually found on white lilac, has five divisions of the petal instead of four. If you are in love, look for a luck lilac, swallow it, and your loved one will be faithful for all time! Thus love and lilac are irrevocably related.

Monarch is the only nationally advertised brand of Quality Food Products sold exclusively through the men who own and operate their own stores.

What will we have for Thanksgiving dinner? A big turkey, Monarch Cranberry Sauce, Monarch Peas, mashed potatoes, Monarch Pumpkin Pie, and of course, the children will want their Monarch Cocoa.

EVERY genuine Monarch package bears the Lion Head, the oldest trademark in the United States covering a complete line of the world's finest food products—Coffee, Tea, Cocoa, Catsup, Pickles, Peanut Butter, Canned Fruits and Vegetables, and other superior table specialties.

REID, MURDOCH & CO.
Established 1852
Chicago Pittsburgh Boston New York
Jacksonville Tampa Los Angeles

MONARCH Quality for 70 Years

New in Merchandise
This sign was noticed in a Broadway store of Bayonne, N. J.: "This place will be opened for business with a full line of Shoes & Slickers." Possibly they will carry a few sneakers, too.—From the Outlook.

A Pretty Pickle
"Does your wife intend to do any canning this year?"
"Well, she has threatened to can me if I stay out to any more poker parties."—Boston Transcript.

Virtue is like a rich stone, best set plain.—Bacon.

Money will not buy the highest happiness, but who isn't often glad to come up with a third-rate kind?

Puts you on your toes

SHREDDED WHEAT

12 Oz. in Each Standard Package

Ideal for chilly mornings
Protects you against stormy weather
Make it a daily habit

Florida Bungalow—Attractive new modern home, in best section entire state. Rent only \$25 mo. Healthy clim., good water, nice town. J. M. McCorkle, Verona Ave., Avon Park, Fla.

KIDNEY Treatment
KOL-SOL TABLETS. Write for Free Booklet Buckman, Box 383, Mad. Sq. Station, New York

STUDY AT HOME—Bookkeeping, Short-hand, Touch Typewriting, Business English, Commercial Law, Salesmanship. Fit yourself for a position that pays well. MT. VERNON SCHOOL OF HOME STUDY, 210 17th St., Dept. B, Washington, D. C.

WHITEN YOUR SKIN
With KREMOLA, the wonderful bleach cream. Use on face and see the real skin beauty that can be yours. Price \$1.25 prepaid. BOOKLET FREE. Agents wanted. Dr. C. L. Berry Co., 205 Michigan Ave., Chicago.

Just the Thing
Waitress—That man says he's a safe-cracker.
Manager—H'm, then give him a combination salad.

All for Naught!
Jenkins—"So the judge didn't grant you a divorce?" Campbell—"No, he gave me the custody of my wife."

Too many people know a lot of things that are none of their business.

Once there was a man whose every funny story about a dog was funny.

Genuine **BAYER ASPIRIN**

SAY "BAYER ASPIRIN" and INSIST!

Proved safe by millions and prescribed by physicians for

Colds Headache Neuritis Lumbago
Pain Neuralgia Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe

Accept only "Bayer" package which contains proven directions.
Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Drugists

Aspirin is the trade mark of Bayer Manufacture of Monocetylacetate of Salicylic Acid

Cuticura Comforts Tender Aching Irritated Feet

Bathe the feet for several minutes with Cuticura Soap and warm water, then follow with a light application of Cuticura Ointment, gently rubbed in. This treatment is most successful in relieving and comforting tired, hot, aching, burning feet.

Soap 25c. Ointment 25c. Sold everywhere. Sample each free. Address: Cuticura Laboratories, Dept. 21, Malden, Mass.

Cuticura Shaving Stick 25c.

BARE TO HAIR

If you want to grow hair on your bald head, save the hair you have, stop falling hair, dandruff, etc., write for literature and information.

W. H. FORST, Mfg. - Scottsdele, Penna.