YOUNG WOMEN MAY KEEP WELL

By Taking Lydia E. Pinkham's Vegetable Compound Here is Proof

St. Paul, Minn.—"Here is a little advice I would like to have you put in the papers," Mrs. Jack Lorberter of



E. Pinkham Medicine Company. "If young women want to keep their health and strength for the next thirty years of their lives, it is best tostart in right now and take Lydia E. Pinkham's Vege-I have tried the

Compound myself and received fine results from its use." In describing her condition before taking the Compound, she writes, "I was afraid in my own house in broad daylight, I used to lock the doors and pull down the shades so that nobody could see me." One day a booklet advertising the Vegetable Compound was left on her porch and she read it through. In so doing, she found a letter from a woman whose condition was similar to her own. "I bought Lydia E. Pinkham's Vegetable Compound," Mrs. Lorberter continued, "and have had fine results My condition made me a burden to my husband. Now I ask him, "How is housekeeping?" and he says, "It is just like being in Heaven!" Are you on the Sunlit Road to Better Health?

One Soap is all you need for Keep your complexion free of blemishes, your skin clear, soft, smooth and white, your BATH hair silky and glistening, your entire body refreshed, by using SHAMP00

Glenn's Sulphur Soap

Rohland's Styptic Cotton, 25c

Keep Stomach and Bowels Right By giving baby the harmless, purely agetable, infants' and children's regulator. MRS. WINSLOW'S SYRUP brings astonishing, gratifying results in making baby's stomach digest food and bowels move as they should at teething time. Guaranteed free

from narcotics, opi-ates, alcohol and all harmful ingredients. Safe and

Carboil draws out the core and gives quick relief.

\$1,000 Policy Free

TO READERS:
Pays \$1,000 for death or disability, any cause; \$50 month for accident; and many other benefits. Every reader should take advantage of this special offer at once.

NATIONAL AMERICAN BENEFIT
ASSOCIATION
First State Bank Bldg., Willow Hill, III.

Saved by Rod and Line

Fishing from a little boat 100 feet off shore in the Little Manatee river, Ruskin, Fla., Daniel Holloway upset the boat in attempting to raise the anchor and struggled belplessly in the water. His son Horace, unable to swim, and with no other help near, made a cast with rod and line. The hooks of the bass lure caught in the clothing of the drowning man. His son drew him to shore and revived him.

Meow

Alice-He had my picture in his pocket-exactly where the mad dog bit him. It stopped the dog's teeth. Grace-I'm not surprised.

Guard Against Fires

in Huge Generators

A peculiar fire-fighting instrument protects huge generators that produce electricity for a city. Sometimes such generators heat up under overloads and insulation catches fire, necessitating costly repairs. The new instrument receives from each generator in a plant a continuous stream of test air through a pipe. If any smoke appears in the test air, it drifts through a thin beam of light that is directed across the mouth of the pipe against n sensitive cell. The smoke shuts out an infinitesimal amount of the light and the instrument at once sounds a gong, stops the generator, and blows into the generator case a charge of inert gas which extinguishes any flame that may have started. Thus fire protection is automatic and sud den. The chances are slim that the power plant will ever be bothered with generator fires.

"BAYER ASPIRIN" PROVED SAFE

Take without Fear as Told in "Bayer" Package



Unless you see the "Bayer Cross' on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-five years for

Headache Neuritis Lumbago Rheumatism Toothache Neuralgia Pain, Pain

Each unbroken "Bayer" package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100

A Phenomenon

Frederick A. Wallis, New York's commissioner of corrections, has many ideas about his work, one being that prisons and corrective institutions should build up their inmates' selfrespect by making them self-support-

York, was talking to a woman about a certain reformatory. "A queer thing happened to a young

fellow back in 1901 in that reformatory," he said. "Yes?" said the woman. "What was

"He reformed."-Pittsburgh Chronicle-Telegraph.

Millions for Bananas

Of the money spent by the people of this country for imported fruit, more than half of it was spent for bananas last year. The value of banana imports reached \$22,074.410, as eompared with \$19,738,503 in 1923. Americans, particularly Bostonians. own most of the banana plantations in this hemisphere.

Famous Religious Writer Thomas a Kempis, religious writer, died on July 25, 1471. He was a German mystic and ascetic writer and is generally regarded as the author of the "Imitation of Christ." He was

Shielding Dad

vent near Zwolle.

the superior of the Augustinian con-

Father-"I got a note from your teacher today." Son-"That's all right, pa. I'll keep it quiet."-Exchange.

Ye Gods! Another Atrocity

Flyosan still killing flies and mosquitoes by the millions

A RE you still fighting flies and mosquitoes by swatting them one at a time? Or do you use Flyosan—original and best liquid \$\varphi\$zsy (non-poisonous)—which wipes them out by the wholesale?

Mosquitoes and the common house-fly, the deadliest pests that invade the home, are loaded with millions of disease germs.

"Swatting" them scatters these deadly germs into the air which you and your fam-ily breathe.

Flyosan floats through your rooms. It de-stroys all these germs as well as all the flies and mosquitoes which carry them.



Here is the right insecticide for each insect: FLYOSAN, Liquid Spray - kills flies and

PETERMAN'S ANT FOOD --- exterminates

PETERMAN'S DISCOVERY, Liquid - exter-PETERMAN'S ROACH FOOD-exterminates PETERMAN'S MOTH FOOD - protects

You must have a specific insecticide for each insect. No single insecticide will exterminate them all. We have had nearly 50 years' experience. We know that is true.

200 Fifth Ave., N. Y. C.

ommunity Building

City Planning Grows

All Over the Nation More than 500 cities and towns in the United States had applied the zoning principle to municipal growth at the end of last year. Ten years before only six communities were exercising some form of control over the use to which real estate might be put. There is now not one of the larger population centers that does not have an agency of some character which busies itself with determining the destiny of various sections within the corporation boundaries. Scientific ground plans are being extended in instances to include adjacent areas, which may sometime become a part of the municipalities.

Potentially, this movement must be regarded as a major feature of Amer-Ican life. It is making for orderly development of industrial, residence and merchandising districts. Thus it is helping to stabilize values and assure contentment among residents. Individuals can enter on projects with a greater feeling of security. So socially, and from an economic standpoint, zoning is equally justifying itself. That was the finding of the United States Supreme court a few months ago. It has since been reaffirmed in a second case. Zoning is on a sound legal foundation, which adds to its possibilities as a molding influence for the better in American affairs.-Indianapolis News.

Trees Should Frame

House, Not Hide It Planting in the front yard should consist of trees, so placed as never to screen the view of the house from the street, but always to frame it and te provide shade; and of shrubs planted about the foundation of the house and to mark the boundaries of

The placing of trees is of first importance. The first object of planting is to create a picture, and trees are a vital element in the picture of home. They suggest rest in pleasant shade and provide atmosphere which every observer will feel, when it is there. and miss when it is absent. The love for trees is universal, and often uninstructed, so that tree planting is overdone or badly done.

Perhaps one of the commonest faults is to plant trees directly in front of the house. If the house is ugly and it is desired to hide it from view, this is all right. But most houses do not deserve such treatment. They are beautiful and do not need a screen before them, but a frame about

To provide shade is a secondary object to tree planting and should be studied carefully. In considering shrubs to be planted in the front yard, there is a very large variety to select from.

Man Worth Consulting

Too many people think of the material merchant as a man with a yard full of piles of rough material, some one who sells the mason and contractor some of the things that go into a building.

Yet there are many cities where the word "house" or "building" makes the average citizen think of the merchant of materials. He is an expert in it; he is consulted about it; he is a man the home builder should often consult. His suggestions will be very helpful.

Home Reflects Spirits

There is no doubt that environment affects persons. Little wonder is it that they who live in shabby, down-atthe heels houses feel discouraged and depressed. Much of their spirit and confidence are borrowed from their surroundings. How great a duty it is then for a man or a women to provide themselves the best possible living conditions. Hope, confidence, pride in home and joy in living are worth striving for. Let your home be such as to inspire them.

Loan Associations' Work

There is no institution in American life more conducive to thrift and orderly saving than the building and loan association. It is a modern triumph of economic co-operation and conservation, and the growing popularity is the greatest rainbow of promise on the horizon of the undeniably extravagant period of American life.

Optimism

There never was a man, or a business, or an institution, or a town, or a section, or a country-in short, there never was anything subject to human influence that the spirit of optimism could not help or that pessimism failed to harm,-Albany Herald.

Avoid Home-Owning Worries The pleasures and advantages of

owning a home may be lost through worry about overdue payments, poor construction, or an unpleasant neighborhood. So it pays to make a careful decision and avoid such worries,

Be Part of Community

The man who hinders legitimate progress is a liability to his community. And the man who doesn't help. hinders

Cadeto of the class of 1927, United States Military condemy, who were appointed to the academy from the regular army: (Loft to right): John R. Lovell, Ottumwa, Iowa; John A. Schweb, New York city; Cyril E. Williams, Ontario, Canada; Harold A. Kurstedt, Wechawken, N. J., formerly of Mt. Vernen, N. Y.; Hans W. Helmor, Medford, Orc.; Charlie Wesner, Green Lake, Wie.; John T. Holet, New Haven, Conn.

Four years ago, seven clear-eyed, upstanding, straight-thinking young

Buck Privates to West Point

Result: today the seven are embarked on the honorable career of of Green Lake, Wis. army officers, duly commissioned by the President of the United States, after a four-year stretch of mental and moral upbuild designed to turn them out equipped to occupy, with credit, any position in life to which they may

PPORTUNITY still beckons

youth.

the ambitious American

True, farm boys don't

become bank presidents

with the same frequency

nowadays as when Horn-

tio Alger's fictional char-

acters typified the struggling Ameri-

can youth. Yet the come-on hand of

the lady known as Luck but whose

real name is pluck still gestures for

all who are alert to see.

Americans caught her gesture.

Your Uncle Sam was the godfather. the plug hat, the striped trousers, and the starry vest, not Dame Fortune, who sponsored the ambitious seven.

All of which means just this-that the seven formed this year's contingent of former buck privates among the graduating class at West Point recently. Coming up from the ranks of the regular army, they qualified for admission to the military academy through annual examinations which are now open to all enlisted men of Uncle Sam's forces.

Real Democracy

Once a year the historic and unexcelled institution on the Hudson throws wide its doors and from out of the rank and file of soldiers enter such as have demonstrated their right to wear on their shoulders the insignia of leadership.

The son from the lean farm in Iowa and the pampered pride of the richest banker in Wall street are "buddles" under the skin. Such, at least, is the principle and practice at West Point. Democracy-not "Who are you?" but "What can you do?"

The list of young men who by reason of their perseverence and their determination to achieve now wear the Sam Browne belt and shining shoulder bars of an officer show that the ambition of Young America is as broad as her boundaries. Observe that none of them are former service men nor had they distinguished themselves in purely military events. All are men of a year's service or more who apparently enlisted in the army with the idea of competing for a West Point scholarship.

Cadet Lieut. Hans W. Holmer, twenty-six, of Medford, Ore., one of the seven, upset West Point tradition when he won the much-prized title of "Honor Man," making a total of 2.757.05 points out of a possible 2,975. The first regular army appointee ever to gain such distinction, he stood No. 1 in the class of 1927, consisting of 203 cadets. Cadet Harold A. Kurstedt of Weehawken, N. J., another of the seven, took second highest honors with a total of 2,744.60,

The remaining five ex-soldiers gradnated also in relatively high positions. They were: Cadet John T. Holst of New Haven, Conn.; Cadet Cyril E.

Williams of St. Catherines, Ontario Cadet John II. Lovell of Ottumwa Iowa; Cadet John A. Schwab of New York City, and Cadet Charlie Weaner

In the rigorous training course which give West Point rank with the finest military academies in the world, all seven of the regular army oppointees negultted themselves above average, Cadets Kurstedt'and Schwab were cadet captains and Cadet Holmer It was the beloved gentleman with a cadet lieutenant. Cadet Schwab vas one of the best pole players in the Point

An All 'Round Man

Cadet Holmer was rated as expert with both the automatic pistol and service rifle. As a member of the cadet wrestling team Cadet Kurstedt won his "A," while Cadet Lovell established an enviable record in athletics, playing on the football eleven for three seasons and on the boxing team four. Last year he was captain of the boxing team.

Besides these seven graduates there are 134 other cadets now at the academy who were appointed from the ranks of either the regular army or National Guard.

This high percentage of the membership of the corps of cadets has been attained by the regular army largely through the training extended to aspirants at West Point preparatory schools conducted throughout all departments of the army. By their aid this year, 95 soldiers were coached to take the final examinations for en-

trance to West Point this summer. The men were entered in the preparatory schools after having satisfied certain elementary requirements at the camps and stations they were serving in. To attend youths must be between the ages of nineteen and twenty-two, have at least one year's service in the army, and possess the equivalent of a high school education. Get Another Chance

To fail to qualify for the preparatory school at first need not mean the bursting of the young soldier's bubble of hope. On the contrary, failure has seemed merely to spur many of them on to further study and greater determination to make good. These men who rise from the ranks are moved by determination, persistency and intelligence. Ofttimes the classes at the various West Point preparatory schools include men who have failed a second time before finally winning admission.

The soldier-students are quartered in regulation army barracks when attending preparatory school and under the usual soldier discipline with the exception that lights are allowed to burn as long as there is home work to be done. The curriculum includes all the necessary academic subjects and her.

is drawn up for the sole purpose of preparing the students to meet the fairly rigid West Point entrance tests. The preparatory schools run from the fall months, throughout the winter, to April, when the final examinations are

But it is one thing to gain entrance to the United States military academy -and another to graduate. Some of the most promising youths from fine homes are "found," although carefully prepared prior to entering the academy at the leading educational fastitutions. Partly because of the highnotch of physical perfection and partly because of the strict drill and discipline, those without previous military training experience difficulty in keeping up with their classes. The ex-ranker, however, has in the few short years since his entrance to the academy was authorized by congress shown a distinct ability to excel in cadet activities.

An afternoon at the "Point." The cadets are under canvacs.

On the parade ground, squads of officer material are swinging into step, the formations that make of the army a vast, efficient machine hitting on all 12 cylinders. Commands ring out.

"Make it snappy," is the big idea,

Squads, Squads, Squads! Squads with guns, squads without

guns, squads at target practice. The pride of doing a thing with zest and doing it right is in the carriage of each high-held head, of each pair of straight shoulders. An interval.

Again the parade ground is alive with youth. Mass athletics. The tennis courts show flying, leaping figures. Out there they are practicing lacrosse. This group is trying at making a winning getaway for future track use. Another group cencentrates on the great national game, baseball. At the far side, eager forms destined to win glory on the football field are trying out. One group is building up its biceps by raising and lowering itself on the green velvet carpet of outdoors. Over on the hotel veranda, a fortu-

nate chap in the immaculate whites of the season twirls his visored cap and chats, consciously, with one who is obviously a girl from home. There a few strollers through the shady paths which lead toward the shimmering waters of the river.

Romance and health and education! Thus does Opportunity offer the allure of her smile to any American youth who has the courage to claim

Hoodoo Day

George Bernard Shaw was ridiculing the American marriage system, or rather the ease with which divorces are obtained here.

"I was at a dinner here in London," he scoffed. "when I heard an American girl and a young Enblish chap discussing their approaching mar-

"But don't you think that being married on a Friday might be un-

lucky?' the Englishman asked. To which the American girl replied: "'That's so! You wouldn't be able to get a divorce before Monday."

Molding Rubber

The bureau of standards says that rubber is not poured into melds in a molten condition, but is molded in steam-heated presses, the temperature of the molds being high enough to cause the rubber to become plastic and assume the shape of the mold. Hard rubber contains at least 21 per | young New England sailors in 1781

cent of combined sulphur. Vulcanization must therefore be prolonged and the rubber compound must contain sufficient sulphur to produce the grade of hard rubber desired.

Gave Jefferson Idea

Thomas Jefferson was the first President to conceive the idea of an exploration of the country reaching to the Pacific coast. He says in his autobiography that be obtained the inspiration from John Ledyard. a