THEIR **NEW-FOUND FRIEND**

(@ by D. J. Walsh.)

WESTER stood at the window watching her father and brother, who were busy with the late fall plowing. Across the room her younger sister, Hulda, was finishing a round-robin letter to their mother.

"I've emphasized the air and quiet and the view. I'm sure she will hurry up and get well when she reads this," Hulda said.

The Gordons had come to the mountain farm barely a fortnight before. Mrs. Gordon's health, added to a longcherished desire of Mr. Gordon's to try farming, had brought them out of the city. An advertisement, a quick sale, and the transfer was made from the small city apartment to the gray farmhouse on Berry brook. Mrs. Gordon had remained at a friend's until she should be a little stronger.

"Hulda! See who is coming!" Hester exclaimed.

Hulda sprang to her sister's side. It was the first time they had seen a passer-by, and the approaching figure, oddly overalled and astride a brown horse, filled them with curiosity.

"A girl! I thought at first it was a boy. She's coming here!" Hester opened the door. The visitor had leaped from her horse and stood on their doorstep. Her dark eyes, set far apart in her freckled face, smiled with shy friendliness.

"Good morning!" Hester spoke civilly in spite of her amazement. She had never seen anybody like this. "What do you want?" she asked, rather at loss.

A change came over the freckled face. Glancing away in embarrassment the girl's eyes fell upon a gayly flowering plant in the window.

"I-I just wondered if you'd let me have a little piece of that?" she said. "Certainly," But Hester broke off the tiniest bit possible. She was keeping that plant tenderly as part of the welcome intended for her mother. Taking the slip, the girl murmured thanks and went away quickly. The sisters

stared after her in wonderment. "Went right back the way she came," Hulda said. "Wasn't it odd, her asking for that slip? Do you suppose that was really what she stopped for in the first place?"

At dinner she asked the same question of her father.

"I didn't know there was another soul besides ourselves in this hollow." he feturned, intent on his own thoughts.

During the next few days the novelty of their new home hegan to wear away and Hester and Hulda felt an increasing oppression of loneliness and silence. But they bravely kept their feelings hidden from their father and Don.

The bright, warm weather that had greeted their arrival in the mountains had changed and cold was setting in. The girls were obliged to stay in the house and they got out their school books and hegan a course of study. Next year if all went well they would be able to continue their education and they wished to be well prepared. There came a joyful day. Mrs. Gor-

don had written that she was coming home. Don took the team and went to the

village to meet his parents the afternoon upon which they were expected to return. The train was due at three, but he started early, for the station was ten miles away and the road very rough.

It had been a gray day with a nipping wind. The girls were startled at a slash of rain upon the windows. Then the rain poured down, the wind whistled round the house, making it fairly rock on its foundations. Darkness fell early.

"They ought to be home by this time," Hulda said anxiously. But they did not come.

When ten o'clock came the girls lay down upon their bed, but without removing their clothes. It was broad daylight when they awakened.

Rubbing her eyes, Hester arose and went to the window. Next instant she screamed.

Ice-ice everywhere, ice that glittered like silver in the rising sun. The trees were weighted down with their crystal burden, the ground was a skating pond. Beautiful but terrible! The two girls stared, appalled at the strange sight.

At that instant the old apple tree by the porch split asunder and fell with a thunderous crash. "The barn!" gasped Hester. "The

roof will give way, Hulda." Mr. Gordon had engaged a village carpenter to put it in shape to withstand the snows of winter, but such ice as this was heavier than much snow. In the barn was the precious cream-giver, Buttercup. Fully aware of the danger that threatened the cow the girls hastened to get her out if they could,

As Hester lifted the barn-door latch there came just such another crack as had preceded the wreck of the apple tree. She drew back, for one instant afraid. Buttercup must have sensed her own peril for she moved

loudly. It was no easy matter to move the heavy stanchion that confined Buttercup's head. The girls tugged frantically while above them the barn whispered as if a thousand rats were running about. At last the post moved. Buttercup was free.

But the stable door was jammed. In order to get her out of the barn the girls had to lead her across the main floor. While Hester led her by a rope, Hulda urged her on from behind. Like all animals at such a time, Buttercup behaved most stubbornly.

The girls had succeeded in getting her close to the large outer doors by which they had entered when there came another crack and that portion of the building they had just left settled to the ground. The jar toosened a big beam, which fell, just missing Hester, and jammed against the big doors, fastening them tight.

Through a cloud of dust the girls stared at each other in horror. The rest of the barn might collapse upon them at any instant. "Hello! Hello!" Voices

were shouting outside. "Hello!" shouted back Hester, as loudly as she could.

There came the sound of an ax, of boards being ripped off. Through the opening appeared a face peering in upon them anxiously.

More boards were ripped off and their rescuers, a man and a big boy, entered. In a moment the girls and the cow were safe.

Then it was that Hester saw in the background the same freckled girl who had come to the door a week be-

"Nothing would do but Nancy had o come and see if you were all right," the man said. "Well, what are neighbors for, dad?"

retorted Nancy. Neighbors! Hester thought of the skimpy bit of begonia, of her curt "What do you want?" In that moment she and Hulda both learned a lesson in neighborliness that they were never

to forget. All the morning Mr. Norton and his son worked hard to save the rest of the barn from disaster, and so successful was their accomplishment that by noon Buttercup was safely housed and munching her dinner as calmly as

if nothing had happened. "We haven't lived on this brook much longer than you have, but we are old hands at farming," Nancy said

as she departed. Half an hour later Don drove up with his parents. They had made their way home with difficulty, half wild with anxiety for the girls after noting the effects of the lice storm along the way.

Don had found a telegram instead of his folks at the station. A delay had occurred at the last moment and Mr. and Mrs. Gordon had been obliged to wait, for the early morning train. One of the horses had cast a shoe and had to be shod, and as the storm had by that time begun Don decided to stay all night in the village.

Within twenty-four hours the Ice had vanished. The weather had again grown mild. And Hester and Hulda were going up the road to carry the whole begonia as a neighborly offering to their new friend, Nancy Norton, rag edge.

Ancient Carpet Fair Made Holiday Event

Most important of the fairs in North Africa is the native carpet market of Kairwan, which is held annually. Kairwan, ancient religious metropolis of Tunis, is still adorned with beautiful mosques, including the Berber mosque in which several strands of the prophet's hair are kept. The market begins on the third day of the greatest Mussulman feast. Many nomads and sedentaries from various parts of the Sahara take this opportunity to leave their tents or villages and make their way to the city on foot or camelback. When not admiring the carpets on exhibit in the holy city's shops they pray in the mosques or seek the native dance places to forget the manifold cares of life. Kairwan attracts also American and European tourists and buyers and other "unfaithfuls" who are anxious to see the world-renowned carpets whose exquisite designs recall the handiwork of Egyptian antiquity. The carpets produced in Kairwan, Tunis, Sousse and other centers, aggregate about 5,000 square yards every year.-Chicago News.

White House Renovation

In the spring of 1903 President Roosevelt and his family moved to 22 Jackson place when the remodeling of the White House was begun. After a summer at Oyster Bay they also spent the fall in their temporary quarters. There has been no other occasion, since the White House was rebuilt following its destruction during the War of 1812, when necessary repairs could not be made without disturbing its ocupants. Roofing, painting, etc., have usually been managed during summer vacations.

Assimilation of Iron

Vitamine E, known to be present in wheat germ oil and to be associated in some way with the prevention of sterility, has now been found to be associated with iron assimilation in the body, reports Hygela Magazine. When appropriate amounts of vitamine E are given during pregnancy, the death of the unborn does not occur. An interesting fact in this connection is that liver, which has recently been found valuable for the control of anemia, is rich not only in fron but also in vitamine E.

The Sword of Damocles

"Do you mean to say you began suit for divorce the day after your mar-

"Certainly," responded the advanced woman, "but that is merely a precautionary measure; the case won't be pushed as long as my husband conducts himself satisfactorily."

Winsome Dresses for Little Ones

Gingham and Cambric Are Regarded Practical for Playtime Frocks.

The crispness of freshly tubbed frocks, the rhythm of movement which accompanies full skirts and the lack of self-consciousness found with simple dressing; these are three of the principal factors that make children distinctively dressed.

The smartest dresses for children are of cotton fabrics which have been woven and dyed for a hard-boiled future in the washtub. Gingham and cambric are practical for playtime frocks, says the Woman's Home Companion.

Pure but light colors are most appropriate. Pink is usually the favorite color of youngsters and is always becoming but pink covers a multitude of hues and some are much too harsh for little girls. The pure, rather light pink of Killarney roses is the most delectable shade. It is harder to find than the harsh pinks but is enough prettier to justify a little search. A clear opaque blue, light without being pale, is a delightful contrast to pink cheeks. So is blue-lavender. Sunvellow and caramel shades make joyous frocks but orange is far too strong and harsh. A fresh green is equally becoming to blondes and brunettes and is the coolest possible color for summer. Red, dark, dark green and brown are practical but wee ones have a lifetime of these colors ahead of them and should therefore be limited to the light tints for at least the first five or six years.

Plain colors are best but fabrics with a white thread woven in with the color are exceedingly chic. The tinythecked patterns and narrow stripes give an added crispness which is destrable and are especially suited to some children. The tiny motifs found in English points are charming in the piece but are often disappointing when made into frocks. They are

lever quite so distingue as the others. The most elegantly and most artis tically dressed children wear always he same models. One is the yoke firess. The yoke may extend only an inch below the base of the neck or It may be three inches deep, but in either case it extends straight across the front and back and the skirt is attached by means of smocking or gathers. There is always a set-in sleeve which may be short, three-quarters or long. The other model is the smocked frock with ragian sleeves. This is smocked deeply from the base of the neck out for two or three inches, sometimes in deep points and again in circular fashion with a zig-

cost has time and will learn to smock she will find it very entertaining. The proficient smocker requires no pattern. After the material has been prepared in snug even gathers she makes two or three parallel free to chart whatever course her fancy suggests. The beginner, however, stamps guiding dots on her fabric and works out the selected pattern according to directions.

Chic New Yoke Effect; Plaited Beige Chiffon



This very attractive street frock of black frost crepe features the new yoke effect of plaited beige chiffon. The same treatment is applied to the sleeves. Peasant braid trims neck and sleeves and forms the belt.

Frocks From London

Little smocked frocks of printed pongee come from London. They have the youthful chic that one always associates with clothes created at a famous establishment in Regent

Silks Have Small Designs The smartest of the new sliks have small conventional designs in multicolored duo-tone effects.

Outfit of Poiret Twill Is Worn by Billie Dove



Billie Dove, the "movie" star, who appears to particular advantage in the tailored mode of spring, has been seen wearing a navy blue suit designed along the newest lines. It is of Poiret twill, has set-in pockets, long mannish sleeves and kickplaited skirt. A smart hat of navy blue taffeta is faced in beige silk. Rose beige also contributes a chic silk blouse while beige buttoned gloves, pouch bag, hose and black patent leather pumps are completed in accessories by a rose-beige camella. Miss Dove has an opportunity to wear this outfit in a scene from her film, "An Affair of the Follies."

Bridal Veil Draped to Flatter the Individual

Individual draping of the bride's vell remains the rule of all smart establishments. Every soft fold is manipulated to its most becoming line, while the prospective bride watches 'the process in the mirror. As a rule the long face is flattered by an arrangement well down on the forehead, while the higher line is preferable for the short face. The coronet gives a stately effect and is best suited to the tall bride, although no hard and fast ruling is to be accepted as to the use of any particular type of draping. Under the deft fingers of an expert the cap, best suited to the oval face, may be adjusted by a drapery brought These smocked frocks are usually in closely at the sides, giving the efexpensive but if the mother who must fect of the oval face. Another expert makes the large face appear smaller by building out at the sides in a manner to make the features assume a more delicate aspect. Then, too, a large face may be softened by a rather high halo or coronet arrangement. guiding lines with a pencil and is then With the small face, however, care must be taken to keep the draping

How Hosiery Figures in

and garniture subdued.

Assembling of Costume This season marks a new era in the hosiery world, for never before has so much attention been devoted to its part in the assembling of a costume. Color is of course the most important factor, especially with regard to the new compose treatments that embody two or more colors or even varying shades of a single color. In such instances the predominating color governs the stocking shades, particularly if it is near the hemline.

Stockings are either of medium weight or sheer texture, the sheer being preferred for practically every occasion. Exceptions are those for active sports wear or those to be worn with heavy-soled street oxfords that have low heels. Fancy pumps, highheeled oxfords and the accepted afternoon and evening slippers all call for the sheer styles.

Many Winsome Shades on Spring Color Card

The importance of color this season cannot be overemphasized. Its use is governed by so much subtlety, its nuances are so varied and its tonal values so adroitly exploited that the color schemes of other seasons seem almost like kindergarten efforts.

Probably never before has there been such a play upon the different tones of a single color and it is doubtful if any one color was made up of such an infinite variety of shades as it is today.

To one who thinks in terms of red, pink, green, yellow and blue the wide range of tones that come under the classification of each color is a reve-

Ornamental Buckles Essential Trimmings

Paris spring styles are more a matter of smart accessories than ever. One of the essentials of the mode is ornamental buckles. One house puts out buckles of a material called galalith, said to be a formula in which milk and sulphuric acid are blended.

The greatest recommendation of galalith is its lightness. The house has worked out many attractive designs in the composition which can be made to simulate wood, enamel. reptile skin or leather.

The Kitchen Cabinet

If God made woman beautiful He made her so to be looked at-to give pleasure to the eyes which rest upon her—and she has no business to dress herself as if she were a hitching post or to transform that which should give delight to those among whom she moves into a ludicrous caricature of a woman's form .- J. G. Holland.

EATING TOO MUCH?

Those who live in the open, doing hard work, create a need for food.

Because of their active life, the appetite demands sustaining food and the body is able to take care of it. It is the man or woman whose condition in life prevents much activity who requires direction in the selection of their food. Take note of the overplump man or woman at

any table; their chief food is protein, such as meats, eggs, starchy foods and rich pastries which contain large amounts of fat and sugar but are lacking in mineral elements and vita-

It is far safer, more comfortable and enjoyable to restrict one's appetite for such foods before constipation, rheumatism, dyspepsia and kindred ills become settled, than to overcome them after the harm is done.

It is a safe rule to follow, that the one who does office or indoor work, with little exercise, should eat half as much as the outdoor worker. It is better to cut down on the supply, eating what one likes, providing it is a well-balanced diet, than to fast as so many do.

Protein is the one food principle which we need and cannot do without as it repairs waste and builds muscle. The sedentary worker should keep In mind that he needs proteins but they should be of a kind that is readlly digested and converted into bodyproteins. He should eat sparingly of meat, eggs, beans and these foods should be added to the diet, only to give attractiveness to root, leafy and milk products as well as fruit

Frequent weighing will give one an idea if the weight is right. If there is a constant increase in weight, the amount of food should be further cut

With an apple or orange daily, fresh fruit of other "kinds in season, one will avoid autointoxication or irritating bacteria in the digestive tract.

With all attention to diet, it alone cannot maintain health; exercise and fresh air are essential. This is possible if one has to do it with dumbbells and before an open window. With the time available the best of se is walking in the open air. in sunlight if possible. Five miles is not too much; begin and increase the distance until several miles will not tire you. There is nothing better for the sleepless than a long walk before retiring-one that leaves you slightly weary, physically.

Seasonable Foods.

A salad which is especially rich in vitamines A, B, C, and one that should be served frequently to

plates. At the time of

children is: Orange Salad. - Peel two oranges, removing all the white pith and seeds. Arrange the sections on tender, crisp lettuce on individual salad

serving dress with the following ingredients well blended: Two tablespoonfuls of orange juice, one tablespoonful of olive oil, one easpoonful of lemon juice and onefourth teaspoonful of salt.

Banana Cream.-Beat the whites of wo eggs slightly, add one-fourth cupful of powdered sugar and gradually three-fourths of a cupful of hot cream. Cook over hot water, stirring constantly until the mixture thickens, then add two tablespoonfuls of gelatin soaked in one-half cupful of cold water, add two-thirds of a cupful of sugar and mashed pulp of four bananas, with one tablespoonful of emon juice; set in ice water and stir antil the mixture begins to thicken, then fold in the whip from three and one-half cupfuls of cream. Turn into a mold and chill.

Gold Cake.-Take one cupful each of cake flour and sugar, six egg whites and five yolks, one and one-half tablespoonfuls of lemon juice, one-fourth teaspoonful of salt. Sift the flour after measuring three times; it is always to be sifted before measuring Beat the egg whites until firm but not dry. Beat the egg yolks until thick, add the sugar a little at a time to the yolks, add the lemon juice and salt, fold in the whites, using a spatula. Lastly, fold in the flour a little at a time. Pour into a tube cake pan and bake in a slow oven for one hour and three-quarters. Let the heat come up to brown in the last half hour of baking.

Simple desserts like custards, prune whip, rice cream, when not enriched with nuts, fresh fruits, dried, stewed truits and simple bread puddings are

all good for the children. Asparagus Salad.—Take cooked stalks of asparagus, three or four to a ring of red pepper or a slice of tomato, cut out, slip the stalks through the ring and arrange on a salad plate. Serve with salad dressing on a leaf

Neceie Maxwell



Feel Stiff and Achy?

YO feel constantly lame and achy is

Sluggish action permits waste poisons to remain in the blood and is apt to make one languid, tired and achy, with dull headaches, dizziness and often a nagging backache. A common warning that the kidneys are not acting right is scanty or burning secre-

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French Innovation

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An Explanation

Author-"How are my novels going?" Bookseller-"I can't figure it out-unless it's the shoplifters."

Infinite is the help man can yield to man .- Carlyle.



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