

YOUNG WOMEN MAY KEEP WELL

By Taking Lydia E. Pinkham's Vegetable Compound Here is Proof

St. Paul, Minn.—"Here is a little advice I would like to have you put in the papers," Mrs. Jack Lorberter of 704 Dellwood Place wrote to the Lydia E. Pinkham Medicine Company. "If young women want to keep their health and strength for the next thirty years of their lives, it is best to start in right now and take Lydia E. Pinkham's Vegetable Compound. I have tried the Compound myself and received fine results from its use." In describing her condition before taking the Compound, she writes, "I was afraid in my own house in broad daylight, I used to lock the doors and pull down the shades so that nobody could see me." One day a booklet advertising the Vegetable Compound was left on her porch and she read it through. In so doing, she found a letter from a woman whose condition was similar to her own. "I bought Lydia E. Pinkham's Vegetable Compound," Mrs. Lorberter continued, "and have had fine results. My condition made me a burden to my husband. Now I ask him, 'How is housekeeping?' and he says, 'It is just like being in Heaven!' Are you on the Sunlit Road to Better Health?"

CUTS and SCRATCHES

Stop the smarting and hasten the healing by prompt application of

Resinol

Test Your Brain

The "ask me another" fad is the first definite successor of the crossword puzzle. Conversations overheard in public conveyances indicate that many of the "ask me's" are as intriguing as the puzzles over which enthusiasts worried far into the night. "It's always a challenge to try one more, and if you want to find out just how little you know, have some one start asking," a fan said.

Sudden Inspiration

"And what did your wife have to say when you stood at the Pyramids?" "Wanted to know if I had locked the kitchen door."

Special Offer to Victims of Indigestion

Your Druggist Says Pleasant to Take, Ellixir Must Help Poor Distressed Stomachs or Money Gladly Refunded.

You can be so distressed with gas and fullness from poor digestion or dyspepsia that you think your heart is going to stop beating. Your stomach may be so distended that your breathing is short and gasping. You are dizzy and pray for quick relief—what's to be done. Just one tablespoonful of Dare's Mentha Pepsin and speedily the gas disappears, the pressing on the heart ceases and you can breathe deep and naturally.

Oh! What blessed relief; but why not get rid of such attacks altogether? Why have them at all? Especially when any druggist anywhere guarantees Dare's Mentha Pepsin, a pleasant ellixir, to help you or money back.

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

Mitchell Eye Salve FOR SORE EYES

AVOID dropping strong drugs in eye sore from Allbut or other irritants. The old simple remedy that brings comforting relief is best. 15c. 30c. 50c. 75c. 1.00. 1.50. 2.00. 2.50. 3.00. 3.50. 4.00. 4.50. 5.00. 5.50. 6.00. 6.50. 7.00. 7.50. 8.00. 8.50. 9.00. 9.50. 10.00.

FREE MAP OF WEEPAH

The new Gold Camp where ore assaying \$78,000.00 per ton in gold was uncovered and started the greatest mining stampede since the days of '49. We believe it will prove another Goldfield where fortunes were quickly made from actual mining and by those who purchased stocks during the period of mine development.

BUY THE GOOD WEEPAH NOW!

Send for map and information on any mining stock you want to buy or sell.

E. H. SCHIEK & CO.
Brokers since 1908
MEMBER L. A. STOCK EXCHANGE
Stock Exchange Building
LOS ANGELES, CALIFORNIA

Current Wit and Humor



LIFE IN FORT MINK

After Mrs. Toofus had kissed her husband effusively, she promptly asked for five dollars, which he as promptly refused.

"Pig! I lavish those affections upon you. I kiss you, and yet you refuse me those five dollars."

"Here are those five dollars," responded the Fort Mink philosopher and guide. "Now I can't afford any more kisses just at present."

THEN THE IRON FLEW



Wife—Here I've been pressing clothes all day! I'm weary of ironing!

Hubby—Sort of ironing bored I suppose?

Now Plays a Harp

At sixty miles Drove Tommie Sharp; There came a train— He plays a harp.

Undertook Mr. Jones

Jim and Andy were discussing the death of a friend.

Jim said—Andy, who gwine to bury Mr. Jones?

Andy replied—I don't know who gwine bury him, but Mr. Smith undertook him.

(Mr. Smith was the undertaker).—The Outlook.

Another Broken Heart

Motorist—I'm sorry I ran over your hen. Would a dollar make it right?

Farmer—Waal, better make it two. I have a rooster that was mighty fond of that hen, and the shock might kill him, too.

Swimming in It

Parson—Did poverty drive you to your criminal ways?

Prisoner—Not at all. I was simply coining money.—Sydney Bulletin.

Throw That One Out

Bill—Every time I look at you I have thoughts of revenge.

Mae—Oh, why?

Bill—Revenge is sweet, you know.

SCRAPS WITH HIS WIFE



She—Do you have many scraps with your wife?

He—Almost every night at supper—whatever is left over from dinner, you know.

Oh, My Cherries

Robin Redbreast said to me "May I build a nest in your apple tree?"

"Sure," said I, and I heaved a sigh—"But stay away from the Cherry Tree."

Tempest Brewing

Mr. Stinger—Jane, I am going to take that car out in the yard and fix it, or bust it.

Mrs. Stinger—Why, John, just think of the neighbors—and you baptized only last Sunday morning.

Paging Mr. Lincoln

"You're fired!" stormed the hard-boiled boss.

"Fired? How you talk!" sneered the stenog. "I supposed they sold slaves."—American Legion Monthly.

Oh!

Rod—I suppose you consider it quite a triumph to make a fool of me?

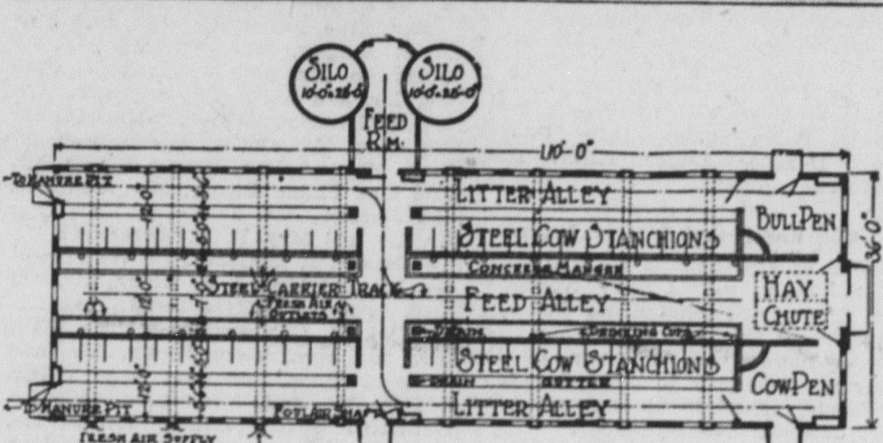
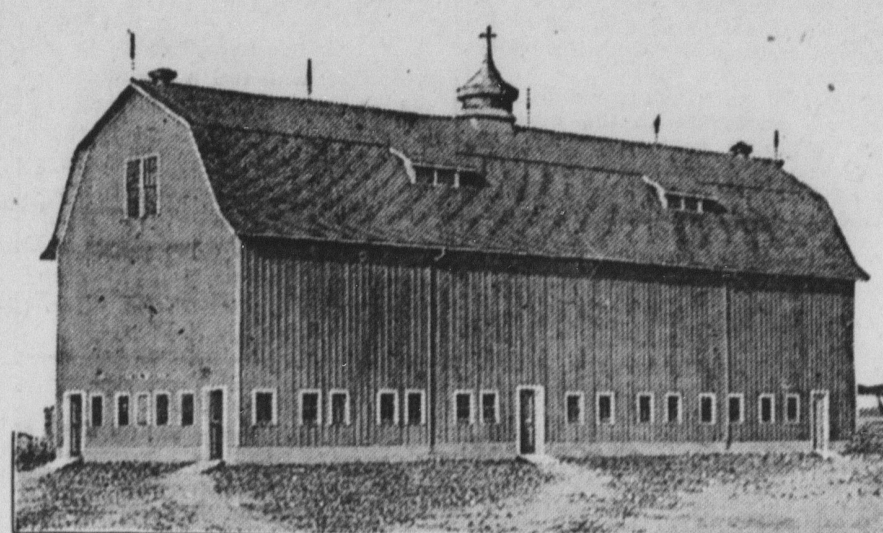
Jane—Why no. A triumph means something accomplished that was very difficult.

Pointed and Headed

"I can't find a single pin! Where do they all go to, anyway?"

"It's hard to tell, because they're pointed in one direction and they're headed in another."

Gambrel-Roofed Barn Is Equipped Fully for Profitable Operation



By WILLIAM A. RADFORD
Mr. William A. Radford will answer questions and give advice FREE OF COST on all problems pertaining to the subject of building work on the farm, for the readers of this paper. On account of his wide experience as editor, author and manufacturer, he is, without doubt, the highest authority on the subject. Address all inquiries to William A. Radford, No. 1327 Prairie Avenue, Chicago, Ill., and only inclose two-cent stamp for reply.

Owners of dairy herds of more than the average size plan their new barns as carefully as a home owner plans his new house. For it is important to profitable dairying to provide the cows of the herd with a comfortable home, and to equip it so that the work of feeding, milking and caring for the animals may be done at the least possible labor cost.

Shown in the illustration is a design for a dairy barn to house a herd of 50 milk cows. The young stock and the herd bull. This building is 90 feet wide and 110 feet long. It is set on a concrete foundation and has a concrete floor, into which are set the stall partitions, the mangers and the gutters, while other equipment consists of individual drinking cups at the stall heads, an overhead carrier system for transporting the feed to the mangers and to remove the litter, and a ventilating system that insures a continuous supply of fresh air for the animals, and without any draft.

The equipment enumerated is essential in these days of high labor costs, for it makes the numerous details of properly caring for a dairy herd easier, and cuts the cost of the labor required to perform the work.

The exterior view of the building shows the continuous rows of windows that admit sunshine and warmth to the stable floor. The stalls are ranged on two sides of a central feeding alley, with the cow facing the center of the building. The gutters are in the rear and are in range of the sunshine admitted by the windows, an arrangement that helps keep the building sanitary.

Above the stable is the mow floor, where there is plenty of room to store the roughage this number of animals will need during the time they are housed. Adjoining are twin silos for the fresh feed that is supplied the cows during the winter.

Cheap Plaster Costly

Experiment in the Home
So-called cheap construction is usually expensive construction, in that it causes constant care and expense when deterioration begins. Reasonable construction can be obtained only by paying a reasonable price.

There is no single place where good or bad work shows up as it does in plastering. If plastering is neglected or skimped, either through ignorance or design, the result is cracks, or rough waves or ridges if papered, or even by dangerous falling of the plaster. There are several causes due to lack of knowledge or carelessness of the mortar man or the plasterer that contribute to plaster failures. It is essential with any material that the mortar be well mixed, and the backing of wood lath, block, brick or concrete be dampened before it is covered. With metal lath this is not necessary but it is well to bear in mind that the lath must be tight.

Plaster hazards are minimized by the use of lime. It produces a plaster that sets slowly enough to adjust itself. It hardens by drying out and is not dependent upon crystallization, and is free from the necessity of having just the proper amount of water in the mortar. A further factor of interest to the builder, and owner, too, is a saving of as much as 8 per cent of the cost of the plaster in that the droppings of lime plaster may be re-tempered and used again with perfect safety.

Lime plaster gives a smooth, hard surface and the hardening process being gradual the plasterer has time to trim up his work and avoid waves and uneven places on the walls and ceilings.

On construction jobs such as the smaller type of house, an architect is seldom employed. The design is sometimes made by the owner who knows little or nothing about building, and given to a builder with the iron-clad instruction that the cost must be kept to a minimum, or else the contractors must bid for the work under conditions that most always necessitate the cutting of costs to the detriment of the job.

It is often difficult to impress those outside the building trades with the necessity of using only the best plaster materials, and the highest grade of workmanship, probably because most plaster is covered with wall paper and its defects are not readily apparent at first. For the same reason, builders desiring to keep the costs down are tempted to save on the plastering, as it is natural to cut costs where it is least apparent. This, however, does not pay, for a good plastering job is constantly before the eye and well repays in satisfaction the few dollars it cost more than a cheap job, which soon cracks and becomes an eyesore.

Lime Plaster Affords Variety in Finishes

Lime plaster is used to produce many finishes, because lime has certain qualities not found in any other material. It works smoothly and easily on the plasterer's trowel. This fact is well illustrated by the common saying of plasterers that lime "spreads like warm butter." This plasticity helps them to do more and better work.

Lime plaster also hardens slowly enough to allow the plasterer to produce exactly the surface designed. This is particularly important in the case of the texture finishes, in rendering which the plasterer uses a variety of instruments to work out the surface patterns characteristic of the period being reproduced.

Another trend in home building is the growing popularity of "all-plastered" interiors. In these not only the walls and ceilings are lime-plastered, but also cornices, beams, pillars, moldings and arches. These receive a variety of decorative treatment, vying with the masterpieces of the old-time craftsman, whose work, was too long forgotten.

Concrete Has Many Uses in Construction

Concrete is made by mixing portland cement, sand, pebbles or broken stone and water in certain definite proportions, according to the kind of work for which the concrete is to be used, and then permitting the mixture to harden under the proper conditions in forms or molds.

Cement mills pack portland cement in standard cloth sacks or in paper bags holding 94 pounds net weight. For convenience in determining the necessary quantity of the several materials entering into a concrete mixture, one sack of portland cement is considered as one cubic foot.

Practically all building material dealers handle portland cement. Cloth sacks are charged to the cement purchaser. When empty they should be returned to the cement dealer, who will buy them back if they are fit for further use as cement containers.

Cement sacks which have been wet, torn or otherwise rendered unfit for use are not redeemable. Paper bags are not returnable. Cement should always be kept in a dry place.

Cover Old Shingles

Now you can build a better roof right over the old wood shingles. You not only save the expense and bother of tearing them off, but you get a roof that's fire-safe, unusually weather-tight, long-lived and trouble-free and one that adds many dollars worth of beauty to your home as well. Several manufacturers are now making shingles of great beauty which may be applied over your old roof.

Spanish American War Veteran Wins 15-Year Fight

Baltimore business man conquered illness. Gained 7 lbs. Thanks Tanlac

A chronic invalid for 15 years. A dogged fight to win lost health. Rugged, robust health at last. That is the truly wonderful record of Geo. E. Lohman, 3121 Dillon St., who served with the Maryland troops in the Spanish-American War.

"For 15 years," he said, "I suffered acutely from chronic indigestion. Gas, stomach pains, dizzy spells and general lassitude and weakness made life a dreary drudge. I lost weight gradually and the distressing symptoms grew worse with time. Stiffness in arms and legs and a sword-like pain in the small of my back made me almost yell with pain at times.

"Soon after starting on Tanlac I felt a different man. My appetite came back and I actually enjoyed my food. It agreed with me, too, so that I could eat anything I cared for, without fear of distress afterwards. I gained 7 lbs. in a short time. Tanlac



proved a blessing to me." Tanlac is nature's own remedy, made from roots, herbs and berries. Your druggist has it. Get a trial bottle today. Over 52,000,000 bottles already sold.

Gratitude is expensive.—Gibbon.

Wanted: High-school and college students and teachers to address envelopes, fold and mail circulars. Profitable, permanent employment to those who take on this work. Information where and how to get it 25c. Campbell, Charleston, W. Va. Box 1797.—Adv.

The heart is its own fate.—Bailey.

Dr. Peery's "Dead Shot" not only expels Worms or Tapeworms but cleans out the mucus in which they breed and tones up the digestion. One dose does it.—Adv.

He who is everywhere is nowhere.

Green's August Flower

For Indigestion, Dyspepsia, etc. Relieves Distress after Hurried Meals or Overeating. Being a gentle laxative, it keeps the digestive tract working normally. 30c & 90c. At all Druggists. G. G. GREEN, Inc. WOODBURY, N. J.

Lucky one is if an excuse is also a good reason.

Children Cry for



MOTHER:—Fletcher's Castoria is especially prepared to relieve Infants in arms and Children all ages of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep.

To avoid imitations, always look for the signature of *Chas. H. Fletcher* Absolutely Harmless—No Opiates. Physicians everywhere recommend it.

Cuticura Heals Irritating Rashes

Don't suffer with rashes, eczemas or irritations when Cuticura Soap and Ointment will quickly relieve and heal. Bathe with Cuticura Soap and hot water, dry and anoint with Cuticura Ointment. Nothing quicker or safer than Cuticura Soap and Ointment for all skin troubles.

Soap, Ointment and Sticks. Sold everywhere. Sample each free. Address: "Cuticura Laboratories, Dept. 33, Malden, Mass." Cuticura Shaving Stick 25c.

BALDNESS

MEN you have been looking for something that will grow HAIR on a BALD HEAD. Here it is in FORST'S Original Bare-to-Hair grows hair and will save what you have. It's a world's sensation.

W. H. FORST, Mfg. Scottsdale, Pa.

Make-up With Airbrush

In some theatrical performances and in the movies, it is often necessary to put a "make-up" on a larger portion of the performer's body. In ordinary manner of procedure, this requires considerable time, but the operation has been recently hastened by the use of an airbrush. The coloring matter is practically sprayed over the surface to be covered and much time is saved.

If there are no distant relations at a man's funeral it's a safe bet that he died poor.

Canned Deer

A railroad in Alaska, it is stated, is contemplating the erection of a deer cannery for the preservation of reindeer meat. Food experts claim that the meat tastes like veal and retains the original flavor because it is cooked in the can.

A torpid liver prevents proper food assimilation. Tone up your liver with Wright's Indian Vegetable Pills. 372 Pearl St., N. Y. Adv.

Constant association with a charming personality sometimes reveals that it is anything but deep.

The royal road to health SHREDDED WHEAT

With strawberries and milk All the iron, phosphates And bran of the whole wheat