

THROUGH ADVICE OF NEIGHBOR

Woman Tried Lydia E. Pinkham's Vegetable Compound

"A neighbor advised me to try Lydia E. Pinkham's Vegetable Compound, which she said had helped her so much. So I bought a few bottles and tried it out. It sure helped me wonderfully. I felt much better. My work was no longer a dread to me. If I hear of any one who is troubled the way I was, I will gladly recommend the Vegetable Compound to them and I will answer any letters in regard to the same."—MRS. BERTHA MEACHAN, 910 Center St., Lansing, Mich.

"I had been sickly ever since I was fifteen years old. After taking Lydia E. Pinkham's Vegetable Compound I got so I could do all my housework and I am in good health."—MRS. MARIE K. WILLIAMS, Ketchikan, Alaska.

From Michigan to Alaska, from Maine to Oregon and from Connecticut to California letters are continually being written by grateful women recommending Lydia E. Pinkham's Vegetable Compound.

The Compound is made from roots and herbs and for more than fifty years has been helping to restore run-down, over-worked women to health. Are you on the Sunlit Road to Better Health?



Marjorie—"What do you think John said, Daddy, when I told him that when we were married I wanted a city residence, a country place, three autos and a lot of servants?" Daddy—"Well, what did the paragon say?" Marjorie—"He said that if I would sleep more on my right side, I wouldn't have such dreams."

Head dreams are a good sign of poor digestion; when hard-worked stomach begins to complain, the whole system suffers and we have constipation, dyspepsia, offensive breath and similar disorders.

GREEN'S AUGUST FLOWER has been relied on by many such sufferers for the past sixty years, and has contributed to the health and well-being of thousands of men, women and children. At all druggists. If you cannot get it, write to G. G. Green, Inc., Woodbury, N. J.

Have Good Hair And Clean Scalp Cuticura Soap and Ointment Work Wonders Try Our New Shaving Stick.

PARKER'S HAIR BALSAM Removes Dandruff Stops Hair Falling Restores Color and Beauty to Gray and Faded Hair 50c and \$1.00 at Druggists. Hixson Chem. Wks., Paterson, N. J.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, restores comfort to the feet, makes walking easy. Use by mail or at Druggists. Hixson Chemical Works, Paterson, N. J.

Physicians Take Rest Gloversville (N. Y.) physicians have organized and decided to take a half day each week off for vacation, says Medical News.

DEMAND "BAYER" ASPIRIN Aspirin Marked With "Bayer Cross" Has Been Proved Safe by Millions.

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 23 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

It doesn't do much good to talk to the average man for his own good. Many a man who isn't a coward is afraid of consequences.

Faulty Elimination

Should Be Corrected—Good Elimination Is Essential to Good Health.

If you would be well, see to your elimination. Faulty kidney action permits toxic material to remain in the blood and upset the whole system. Then, one is apt to have a tired, languid feeling and sometimes, a toxic backache or headache, and often some irregularity of secretions, such as scanty or burning passages. More and more people are recognizing the value of Doan's Pills, a stimulant diuretic, in this condition. For more than forty years, Doan's have been winning favor the country over. Ask your neighbor!

DOAN'S PILLS 60c Stimulant Diuretic to the Kidneys Foster-Milburn Co., Mfg. Chemists, Buffalo, N. Y.

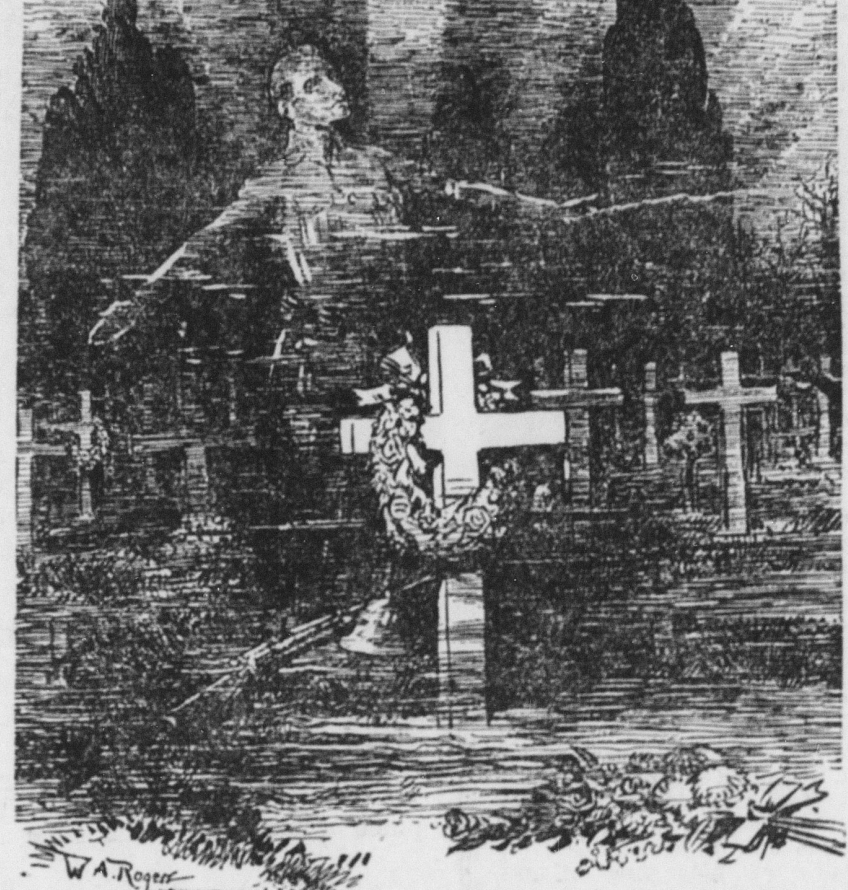
ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for 10c 25c and one dollar. Write for FREE SAMPLE.

Northrop & Lyman Co., Inc., Buffalo, N. Y. Dr. J. D. KELLOGG'S REMEDY

ARMISTICE DAY

LET US HAVE PEACE



Armistice Day, 1918, Time of Rejoicing

Veteran Recalls Incidents Witnessed in Small Belgian City.

MONS had been taken. Ramignies, a few kilometers east, had fallen to the advancing Canadians the day before. It was ten o'clock in the morning. Troops were moving through on their way to take the lead in the big push that was under way. Parallel roads covered with marching columns. Then—suddenly, unexpectedly—there came the order to "stand to." Something mysterious about this order. Officers stood talking excitedly in little groups along the road. Several staff automobiles flashed by on their way to corps headquarters.

The halt was long. It became longer. The boys had figured to be in the thick of hard fighting before this. Something had stopped the movement of that splendid fighting machine, the Canadian corps.

Dispatch Rider's News. Just outside the little town of Ramignies a group of Canadian soldiers watched a high-powered motorcycle come tearing down the road from the direction where till a short time ago had come the rattle of sharp and continuous firing. The big guns had been silent since ten o'clock. The dispatch rider, noticing "the troops," just slowed up enough to shout: "It's all over, fellows," and sped on. His words dispelled all doubt as to the rumors that had been rife for an hour or so.

Two soldiers detached themselves from the party and went to the old church of Ramignies. The walls of the edifice still stood, but the roof had been damaged and was partly gone.

Walking up to the altar, the figure of the old cure, bent in prayer, was noticed. Only his lips moved as he gazed upward to the broken windows through which a pale sunlight made its way.

He was one of the clerics who had taken the advice of Cardinal Mercier and had stayed with his flock to support them in the time of enemy occupation.

Bearing Good Tidings. As the soldiers approached, one tapped him on the shoulder and told him: "La guerre est fini." The old man turned. He had an empty sleeve and on his breast a medal. He had fought for France in 1870, as he told the soldiers later, and had put on the old medal immediately after the withdrawal of the enemy the previous day.

"La guerre est fini." He repeated the words as in a dream. Then came a torrent of tears, and, supported by the two soldiers from far-away, the cure climbed the winding stairway to the church tower.

"A Canadian will announce to the villages and towns of Belgium that they are liberated and that the Boche has gone," he said.

A few creaks as the old man gripped the ropes. Then the first peal of the bells of peace when the two soldiers heaved with all their might.

The whole market square below filled with people. The old cure looked down and motioned with his hands to his parishioners to come close up, for it is considered an extremely happy omen to take part in a ceremony of

ringing the bells of peace in France and Belgium.

The Peals of the Bells. And then came the answer—first in the belfry. And just when the old cure caught the glad tidings, later powerful and with full tones the bells everywhere pealing, far farther than we could hear, for in that hour all the bells of Belgium and France, as far as the Spanish border, had taken up the ringing.

The Canadians went down with the cure. Others had taken over the task in the belfry. And just when the old men and women and little children—the only civilians—had gathered in a great happy throng, there sounded a wild cry, a wonderful shout of victory, never before heard in this town. Dashing along came a squadron of Canadian cavalry, whooping it up in true cowboy style. Through their tears the people smiled and laughed. The old cure stood looking on. "La Belgique enfin libre, et voilà nos libérateurs (Belgium free at last and here are our liberators)," he said.—Pierre Van Paessen, in the Atlanta Constitution.

Would Have Armistice Day National Holiday

"Armistice day should take equal rank with the Fourth of July and Decoration day as patriotic national holidays," said Walter Greenlee of Columbia, S. C., in an interview printed in the Cleveland Plain Dealer. "The armistice marked one of the greatest epochs in American history, representing the capitulation of one of the most powerful fighting machines on the face of the earth because of the activities of the American soldiers.

"With nearly 2,000,000 soldiers who went overseas and another 1,000,000 ready to go, it behooves the people to turn out and honor these boys by observing the day of victory, due to their efforts. We cannot pay too much respect to the boys who sacrificed everything to follow the flag and fight for humanity and the preservation of civilization.

"Armistice day should be a day of rejoicing and thanksgiving, and the people should decorate their homes in patriotic colors. The boys who were wearing khaki have not forgotten the extravagant phrases of welcome that greeted them on their return. They will judge by the interest in their celebration whether the words of praise and welcome were sincere."

HOW TO KEEP WELL

DR. FREDERICK R. GREEN Editor of "HEALTH"

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WHEN SHOULD TONSILS BE REMOVED?

THE removal of enlarged or diseased tonsils in children has become so common an operation that it is in many cases done almost as a routine proceeding. Naturally the question has arisen, not only in the minds of parents but of physicians as well, whether it is in all cases necessary, or rather, to put it another way, in what condition is it really necessary? In how many and in what cases will the removal of the tonsils be clearly of benefit to the child, and in what cases will actual harm to the child result from not removing them.

To answer these questions requires not only a large number of cases but also observation of the children over a long period of time and a careful comparison of those children who have had their tonsils removed with an equally large number of children whose tonsils have not been removed, or what scientific men call "control cases."

These conditions, by no means easy to secure, were fortunately furnished in Rochester, N. Y., by the Eastman clinic.

In a recent issue of the Journal of the American Medical Association Dr. Albert Kaiser reports on 18,000 children who came to the institute for treatment.

About five years ago 18,000 school children were found to have enlarged tonsils and their parents were advised that these tonsils should be removed. Over one half of the children failed to return for operation. Over 8,000, however, returned and had their tonsils removed. At the end of a year 5,000 of these were examined, and at the end of three years 2,500 were re-examined.

So the figures now stand: Number of children with some defect or disease in their tonsils, 18,000; number in whom tonsils were removed, 8,000; number examined at the end of one year, 5,000; number examined at the end of three years, 2,400.

To give all the details of this work is impossible. We can only give Doctor Kaiser's conclusions on this large amount of work, as to what complaints are good reasons for removing tonsils.

They are: 1, mouth breathing; 2, frequent attack of sore throat or tonsillitis; 3, frequent head colds; 4, enlargement of the glands of the neck; 5, poor nutrition where other causes have been removed; 6, chronic discharge from the ear; 7, fever for which no other cause can be found; 8, rheumatism or heart disease, since it was found that children whose tonsils had been removed had far less of such troubles than those whose tonsils had not been removed.

FORERUNNERS OF THE HOT WATER BAG

PROBABLY no household appliance is put to as many uses as the family hot water bag. If any one has a headache, a sprained or rheumatic joint, a pain in the back, or cold feet at night, the hot water bag is ordered into action.

What did people do before there were any hot water bags? For it is only a few years, comparatively, certainly not over fifty, since the manufacture of rubber bags has been possible. So we do not have to go very far back to come in contact with the predecessors of hot water bags.

Many of our grandmothers can recall when there were no other methods of applying dry heat than bricks, flat irons, glass bottles filled with hot water, sand bags and salt bags heated in the ovens of the big wood-burning cook stoves, until hot and then wrapped in towels or flannels and used to warm cold beds, to aching heads and to warm patients during chills in malaria.

In old colonial houses and in some cases in old garrets are still to be found the old-fashioned warming pans, a brass dish like a skillet with a close cover and a long handle, which was filled with live coals and hot wood ashes and used to heat up the ice cold beds of our ancestors.

The history of various household utensils by which one could keep warm away from his own fireside goes far back into early institutions. The easiest and most natural thing to do, even when man lived around an open fire, was to fill a metal or earthenware pot or pan with coals and carry it. The plan probably led to the invention of the Greek and Roman brazier, which warmed the halls on chilly days in Greece and Rome. Later in the centuries, individual warming pots, or "warming apples," hollow metal balls filled with hot ashes, were carried by priests and worshippers to keep them warm in the cold churches of the Middle ages.

An unusual and historic foot warmer is still to be seen in the great museum of Leipzig. It is the stirrup which Emperor Napoleon used on his Russian campaign. Under each stirrup swings a little kettle which was filled each morning with glowing charcoal. Evidently Napoleon, brilliant general though he was, had cold feet occasionally.



ASPIRIN

SAY "BAYER ASPIRIN" and INSIST!

Proved safe by millions and prescribed by physicians for Colds Headache Neuritis Lumbago Pain Neuralgia Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monacoeitadester of Salicylicacid

"Scalp" Books With the growth of gopher catching into business proportions in Marshall county, Kansas, trappers are using a really up-to-date system, says the Topeka Capital. The plan is to obtain sample books from tailor shops, remove the patches of cloth, and paste the scalps in rows in place of the cloth. A sample book holds 25 scalps to a page, and by looking over a sample card the county clerk can easily count the number.

Kissed "You are sun kissed," remarked Margie. "There were others," announced Maud.

Shave With Cuticura Soap And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses—shaving, bathing and shampooing.—Advertisement.

Clean Kidneys By Drinking Lots of Water Take Salts to Flush Kidneys if Bladder Bothers or Back Hurts

Eating too much rich food may produce kidney trouble in some form, says a well-known authority, because the acids created excite the kidneys. Then they become overworked, get sluggish, clog up and cause all sorts of distress, particularly backache and misery in the kidney region, rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleeplessness, bladder and urinary irritation.

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, begin drinking lots of good water and also get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys may then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to flush clogged kidneys and stimulate them to activity; also to neutralize the acids in the system so that they no longer irritate, thus often relieving bladder disorders.

Jad Salts can not injure anyone; makes a delightful effervescent lithia-water drink which millions of men and women take now and then to help keep the kidneys and urinary organs clean, thus often avoiding serious kidney disorders.

Modern Haig—Where's your home? Andhaig—It's in the garage just now.

Today's Big Offer to All Who Have Stomach Agony Read About This Generous Money Back Guarantee

When you have any trouble with your stomach such as gas, heaviness and distention, why fool with things which at best can only give relief.

Why not get a medicine that will build up your upset, disordered stomach and make it so strong and vigorous that it will do its work without any help.

Such a medicine is Dare's Mentha Pepsin, a delightful elixir that is sold by your local dealer and druggists everywhere with the distinct understanding that if it doesn't greatly help you your money will be gladly returned.

It has helped thousands—it will no doubt help you.

Research workers in Pennsylvania State college have reduced the time for mixing and baking bread to 52 minutes.

"DANDELION BUTTER COLOR" A harmless vegetable butter color used by millions for 50 years. Drug stores and general stores sell bottles of "Dandelion" for 35 cents.—Adv.

England already is making extensive preparations for observing the eclipse of the sun which will be visible there June 29, 1927.

A torpid liver prevents proper food assimilation. Wright's Indian Vegetable Pills tone up the liver. They act gently but surely. 372 Pearl St., New York. Adv.

It is useless to alter bad laws unless you are able to obey good ones.

Build Up Your Health With DR. PIERCE'S GOLDEN MEDICAL DISCOVERY If You Would Avoid COUGHS, COLDS, GRIPPE. A Tonic which Dr. Pierce prescribed when in active practice 60 years ago. In Liquid or Tablets, of your Dealer. Send 10c to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for trial pkg. Tablets.

FOR OVER 200 YEARS hairem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions. **GOLD MEDAL HAARLEM OIL CAPSULES** correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

DON'T BE GRAY Darken your gray hair, gradually, surely and safely. Use only the best. **Caban Hair Color Restorer** At your Druggist 75¢ HESSLO-ELI, CHEMISTS, DEPT. W, MEMPHIS, TENN.

INSIST UPON KEMP'S BALSAM for that COUGH! CANSASSERS—Mac's Liniment (THE LIQUID MUSTARD PLASTER) for Coughs, Colds, Rheumatism, Lumbago; and Mac's Black Lotion for Itchiness, Trench Mouth, Tooth Extraction Wounds, Sore Gums should be in every home. Easily sold. Large commission. Write for terms. Mac Chemical Corporation, 118 Washington St., New York.

BARBERS, DON'T READ THIS If you do you can save shear sharpening bills. New invention; sharpener puts on more than one bevel, corrugates with same file. \$1.00. Free circular. Shear Sharp, 672 45 St., Oakland, Calif. Great Opportunity. Tractor and Thresher Free to purchaser 60-acre farm. All nec. build. Prod. soil. Standing timber. Substantial 1-room dwelling. Large assort. serviceable machinery. Five horses. Everything goes. Owner leaving state. Ship to quick buyer. Frank Clapp, Port Deposit, Maryland. **NEW HYDRAULIC RAM** will give constant flow of water from spring or stream to distant buildings. First cost only cost. Install yourself. Take agency. Price now \$1.75. S. W. SHOUP, Manufacturer, Findlay, Ohio. **FILES—FILES—FILES** Send 3 old files and receive 1 good sharp file. Same kind as you send. Address J. C. Ramsay, 735 N. Euton St., Baltimore, Md. **THREE BEAUTIFUL RAYON KNITTED NECKTIES, \$1.00.** Each in Xmas box. Money refunded if not satisfied. J. L. POTTS, 1211 5th Ave., Richmond, Va. **I AM IN TOUCH WITH HUNDREDS OF** moneyed men and manufacturers who wish to buy good inventions. Write HART, 22 Court St., Bangor, Me. **W. N. U., BALTIMORE, NO. 45-1926**