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A young man who was brought up on a farm, qualified for district school teacher, then managed to save enough money to put him thru medical college. Later, he moved to Buffalo, N. Y., and today the name of this man, Dr. R. V. Pierce, is known throughout the world. His Golden Medical Discovery is the best known blood medicine and tonic. More than fifty million bottles have been sold. If your dealer does not sell the Discovery, in liquid or tablets, you can obtain a pkg. of the tablets by sending 66c to the Dr. Pierce Clinic, in Buffalo, N. Y. Also write for free medical advice.

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You may win the first prize of \$500 or one of the 1,054 other prizes. Three prominent business men will act as judges. Contest closes December 31st, 1925. But don't delay. Get necessary Entry Blank and full particulars from your dealer. If he can't supply you write us. Don't miss this big opportunity.

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"I got it."

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RESINOL

Clear your skin of disfiguring blotches and irritations. Use

The Sandman
by Martha Martin

THE BUTTERFLIES

"HELLO, Cecropia," said the Cabbage Butterfly to the big moth, "I've got some news to tell you."

"Do tell me the news," said the big moth, whose name, as the Cabbage Butterfly had said, was Cecropia.

"How do you happen to be awake at this time of day?" asked the Cabbage Butterfly. "I thought you moths liked to rest and nap in the daytime and fly about by night."

"We do," said the Cecropia, "but the day seemed a lovely one and I like this seaside place where I am. The air was warm and sunny and I thought I might spend the day in dozing and taking little snoozes rather than in actually sleeping."

"I see, I see," said the Cabbage Butterfly. "Well, at any rate I'm glad to have found you awake. I will feel sleepy when nighttime comes, especially after my adventures."

"Adventures?" said Cecropia. "So you've had adventures?"

"I've been to the city," said the Cabbage Butterfly, "and this is morning, too."

"Dear me," said Cecropia, "you're like a business man. I hear them talking on the porches at night and they speak of catching a boat or a train so they can go to the city in the morning and work at their business."

"Well," said the Cabbage Butterfly, "I'm like a business man perhaps as far as going to the city this morning is concerned. But not in any other way."

"For I didn't catch a boat or a train and I didn't do any work and I'm back before it is nighttime."

"So you see it is quite different."

"Yes, I see," said Cecropia.

"But I went to the city, and how strange it was. I flew up and it seemed to me that the sky was hidden. I wondered for a time if they had a sky in the city!"

"There were such high buildings. Dear me, Cecropia, they were high!"

"They were much higher than trees and—as for bushes—well, bushes would get lost in the city, completely lost, Cecropia."

"Dear me," said Cecropia, "how very strange."

"Very strange indeed," said the Cabbage Butterfly. "You are right. It is very strange in the city."

"But I found at last there was a sky in the city. Yes, it was over the city just as it is over the country."

"But, dear me, Cecropia, I flew so high up and all I saw were windows of apartments and things like that."

"It was quite exciting and interesting, but no sort of a place for a butterfly to live in."

"I heard on my way home that there were nice parks where butterflies would find bushes, but I didn't happen to see any."

"And then, too, I wouldn't leave the country for anything. Some night, but not I."

"Still it was fun to see so many different sights and to have adventured into the big city with its buildings and its people."

"Dear me, Cecropia, there are lots of people in the city."

"As many as a hundred or so?" asked Cecropia.

"But I believe there are more than a hundred people in the city."

"I fancy you must be right," said Cecropia.

"Well," said the Cabbage Butterfly, "I must rest now, for I'm beginning to feel quite tired."

"I should think you would feel tired," said Cecropia, "but I'm glad you went, for it has been interesting to hear of such a visit."

"Yes, it's all right to visit the city, but I like the country for my home," ended the Cabbage Butterfly.

(Copyright.)

WHEN I WAS TWENTY-ONE
BY JOSEPH KAYE

AT 21—The Writer of "The End of a Perfect Day" Gave Up Music for Marriage.

"AT TWENTY-ONE I had been married three years and was experiencing a break in my music studies, which began when I was four."

"At that tender age I often slipped away to the piano in the front room of our house. I used to pick out the tunes I had heard, and what I couldn't remember I improvised. When I was nine I could play Liszt's Rhapsody correctly enough for it to be recognizable. But if I heard a piece once I knew it by heart. Later I had a music teacher for several years."

"But when, at twenty-five, I married again, my music received a stimulus. Dr. Frank Lewis Bond, my second husband, took a deep and sympathetic interest in my career and, under his encouragement and enthusiasm, I wrote the words and music of some little songs that were continually running through my mind."

"I took a few of these to a Chicago publisher who looked them over and said 'no,' but he added that he wanted some children's songs and asked me if I could do them."

"I could, and I would. By noon the next day I had composed the words and music for a little song which I called, 'Is My Dolly Dead?' The publisher accepted it, and in another ten days it was being sung by Teresa Vaughn in the comic opera called '1492'—Carrie Jacobs Bond."

TODAY—Carrie Jacobs Bond, even if she does not write anything else, will go down in musical history as the writer of "The End of a Perfect Day," a song which has sold five million copies, and is still selling. The only song which can compare with it in popularity, in its own field, is "Silver Threads Among the Gold." But there was many a bitter struggle before Mrs. Bond achieved her present fame. Her second husband died when she was thirty and left her to support herself and her boy. In the years that followed she did everything to make a living, even to renting out rooms to boarders. At last her songs began to be noticed, and then she established a publishing house with the help of her son, which issued all her songs. This business-like move doubled Mrs. Bond's profits, when her songs really became popular.

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THE WHY OF SUPERSTITIONS
By H. IRVING KING

COMBING THE HAIR

IN NEW ENGLAND they say: Comb your hair after dark; Comb sorrow to your heart.

In other sections to comb your hair after dark "is a sign of sickness" and in still others combing your hair after dark "will make you forgetful." All three variations of the superstition amount to the same thing—that combing one's hair after the sun has set is liable to result in unpleasant consequences.

The strong belief of the ancients with regard to the hair as something containing the individuality of a man in the highest degree has been spoken of in connection with the magical importance with which the act of cutting the hair was supposed to be attended. Was not Samson shorn of his strength when he was shorn of his locks? And has not Pliny written learnedly on the importance of tonsorial operations? Combing the hair appears to have been a much less serious operation than the cutting of it; but even combing would not fall to have an appreciable effect when applied to a substance so intimately connected with a man's physical and spiritual being as the hair. The operation performed in darkness might naturally be supposed to have a disastrous effect. The beneficent gods of day were no longer on watch. Night was especially the time of the prowling of evil spirits with which early man peopled the darkness. Best not disturb the hair in such company, attention might be called to it; harm worked upon it and through it, on its possessor.

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How It Started
By JEAN NEWTON

"WITHOUT JOT OR TITTLE"

THE newspapers are telling of the scion of a wealthy and prominent family who, because of his marriage, has been cut off by his father "without jot or tittle." The phrase means, of course, that he has been left absolutely nothing.

A "tittle," from the Latin "titulus," meaning label, is a distinguishing mark used over a letter for purposes of pronunciation, as the tittle over the "n" in canon. It is accepted, too, as meaning a particle, anything without value or significance.

"Jot," though of different derivation, has the same significance. Taken from the Greek "iota," it signifies the dot over the "i" or any point or tittle. It also is used figuratively to describe anything of the slightest value.

And so the phrase "without jot or tittle" is well chosen to describe a lack of any possessions at all. For it would be a highly-imaginative person who could think of something that means less than "without jot or tittle."

(Copyright.)

His Suggestion

Wife—I want my hat to be the kind that every one looks at twice.

Hubby—if that's what you want, why not wear your last year's?

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Florence Vidor



Handsome Florence Vidor is appearing in "You Never Know Women," her first starring picture. It is a story of back-stage life and Miss Vidor is supported by a strong company of well-known actors.

The Hotel Stenographer
By ROE FULKERSON

"WELL, Kelly, they are going to settle about the Martians at last," announced the Hotel Stenographer.

"Are they fighting again?" asked the House Detective.

"Kelly, your ignorance is abysmal. If you know what I mean."

"Martians are the people, or bugs, or fish, or whatever it is lives on the planet Mars."

"They are the bugs who bored the canals or the irrigation ditches or the highways, or whatever it is that crisscrosses the planet. The casual says it looks like those people on Mars had beat us to good roads everywhere because the planet is lined with highways or canals that make it look like a sport skirt pattern."

"In August this planet was twenty million miles closer to us than it had been in a hundred years."

"You see, Kelly, the temperature there is about 36 degrees below zero all the time, and if the people live there they must either buy a lot of Hudson seal coats or else they are fur-bearing animals themselves. I wish I could grow a fur coat on me, but I suppose it would be mighty hot when you went in the house."

"A man who weighs one hundred and fifty pounds on this earth would weigh only sixty-four on Mars, Kelly, because he's shrunk so from the cold. I guess."

"If they could rope it and tie it to one of the fixed stars, it would make a fine summer resort for this earth. Kelly, but for aviators to light on it now, would be like a fly trying to light on a peg top because the thing is spinning like mad. Mars has two moons, so it must be a fine place for cuddle couples and..."

"Where do you get that stuff?" interrupted the House Detective.

"Astronomy," replied the girl.

"I'm going to get me a dream book some day," agreed Kelly.

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DISINFECTING THE SICK ROOM

WHEN the germ cause of contagious disease was discovered and proven some fifty years ago, every one at once recognized the fact that if these diseases were caused by living germs, then the logical way to check them was by killing these germs. For many centuries men had thought of diseases as being due to demons or evil influences, so the first thought was to scare away the germs by bad smells, clouds of smoke or some other awful or terrifying device.

We have gotten away from that idea now and health officers are more interested in the efficiency of the disinfectant than they are in the spectacular effect produced. In a recent issue of the London Lancet, Dr. Henry R. Kenwood, a well-known health authority of London, gives advice on the disinfection of the sick room.

When possible, he says, any infectious material should be destroyed as near the source as possible. In the majority of cases the source of infection is the infectious human being, the patient himself. When the infectious matter is in the evacuation from the kidneys and bowels of the patient, this is comparatively easy. But when the infection is in the discharges from the nose, throat or skin, this is difficult and sometimes impossible.

In such diseases as diphtheria, scarlet fever, measles, influenza and pneumonia, complete disinfection of the sick room is practically impossible. Even if it could once be made perfectly sterile, every time the patient coughs or sneezes a new crop of germs is thrown into the air. But the smaller the number of these germs can be kept, the better for the patient, the nurses and any other persons who must come in contact with the patient. So the discharges from the nose and throat should be collected in cloths, old handkerchiefs or soft paper and burned at once before they have time to dry. Daily cleaning of the floor and furniture with damp brooms and damp dust cloths will also help.

For objects which the patient has handled, the best disinfectant, where possible, is heat, either dry or moist. Any infected article that can be kept in boiling water for twenty minutes is effectively sterilized.

Next to heat come chemical disinfectants, of which the best are mercury bichloride and carbolic acid. Each of these is extremely poisonous and dangerous to life and should be used only on the direction of the attending physician.

HOW TO KEEP WELL

DR. FREDERICK R. GREEN
Editor of "HEALTH"

CURING INSANITY

FOR many centuries all unfortunates suffering with any disease or condition affecting the mind were looked on as "possessed" or afflicted with evil spirits. As these demons could only be driven out by harsh and brutal measures, the poor sick persons were subjected to all kinds of cruel treatment. Naturally, recoveries were so few that any form of insanity was considered incurable.

Today, with a better knowledge of mental conditions and with suitable treatment in the form of rest, quiet, suitable nourishment and proper treatment, the number of recoveries is constantly increasing. There still is a high percentage of deaths among the insane, since many forms of mental afflictions are caused by and are a part of serious bodily conditions. In January, 1923, the federal bureau of census made a survey of all hospitals and asylums for mental diseases. This shows that there were at that time 265,829 patients. Among these 71,670 were first admissions, 16,133 second admissions. There were 51,304 discharged as cured and 25,436 deaths.

The number of recoveries differed greatly in different classes. The largest number of recoveries was among drug addicts. Of these, 43.2 out of every 100 admitted recovered. The next largest number of recoveries was among the alcoholic group, 38.5 recoveries out of every 100 admissions. As alcoholism is a drug habit, this shows that SLS out of every 100 admitted for mental conditions due to drug habits recovered as soon as the drug was stopped and the patient given proper treatment.

In those forms of insanity caused by bad habits or the use of drugs, the percentage of recoveries is high. But in those caused by actual disease or degeneration of the brain itself, there are few recoveries. For instance, in general paralysis of the insane or what is called softening of the brain, there are practically no recoveries nor is there any hope of recovery.

As a rule, those patients who are going to recover begin improving early in their hospital experience. The highest rate of recovery occurs in the first four months of hospital life, while two-thirds of those who recover do so in the first year. The younger the patient, the better the chance, the highest number of recoveries occurring between the ages of thirty-five and forty-five. Women patients under hospital care show a higher rate for both improvement and recovery than men, while the falling death rate shows that the care of the insane is steadily improving.

Tanlac Relieves Chronic Troubles

Serious Condition Caused by Nervousness, Gastritis, Rheumatism, Overcome.

J. H. Lockamy, 122 E. 27th St., Norfolk, Va., father of 3 lovely children, recently said: "Suffering from rheumatism for over a year so weakened me that I feared I would break down."

"I became so nervous I couldn't sleep. I lost all my old time pep and energy and felt tired out all the time. Rheumatic pains in my hip were so bad I could not walk. Something had to be done!"

"A friend told me about Tanlac and I began taking it. He certainly did me a favor, for the treatment rid me of my rheumatic pains in the hip in a couple of weeks so I could again walk without suffering. Tanlac has so built me up in every way that I hear the boys remark how Tanlac changed me in such a short time. There's no room for argument. Tanlac did me a wonderful service."

Tanlac, Nature's own remedy made from roots, barks and herbs, is sold by your druggist. 40 million bottles sold.

Gypsies Are Licensed

Gypsies have been licensed in Surrey, England, and are allowed to camp only in certain spots, being forbidden to beg or hunt game.

A Word With the Old Folks

Elderly People Are Learning Importance of Good Elimination.

IN the later years of life there is apt to be a slowing up of the bodily functions. Good elimination, however, is just as essential to the old as to the young. Many old folks have learned the value of Doan's Pills when a stimulant diuretic to the kidneys is required. Scanty or burning passages of kidney secretions are often signs of improper kidney function. In most every community are scores of users and endorsers who claim the merit of Doan's. Ask your neighbor!

DOAN'S PILLS
60c

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Read About This Generous Money Back Guarantee

When you have any trouble with your stomach such as gas, heaviness and distention, why fool with things which at best can only give relief.

Why not get a medicine that will build up your upset, disordered stomach and make it so strong and vigorous that it will do its work without any help.

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