

HOW MANY WOMEN GET UP SINGING

Two Women Find Health Essential to Happiness



MRS. BELLE THOMPSON
ROUTE 2, ROSSVILLE, GEORGIA

Springtime streamed in through the open windows. The green fields of Georgia were basking in the sunshine. Somewhere a bird was trilling. It was a day to be happy.

But the pale woman at the table sighed and pushed away her plate. Nothing tasted right. She couldn't eat much. She couldn't sleep well, either. She was so weak, it was hard to do her work. When the baby cried, she wanted to cry, too.

She had not been well for four years. Her husband watched her with a man's helpless expression. But his mother knew a remedy.

"My mother-in-law," says Mrs. Belle Thompson, Route 2, Rossville, Ga., "told me of Lydia E. Pinkham's Vegetable Compound and Lydia E. Pinkham's Sanative Wash. I took six bottles of the Vegetable Compound. I could sleep and would get up in the morning singing and feeling fine. I am the mother of three children, and always after the babies came I had to take treatments, but I can truly say that this last time I have only used the Sanative Wash. It does more good than the treatments. It keeps me on my feet to care for my children and I do most of my work. I feel it my duty to let you know how both of the medicines have helped me."

Another Happy Woman

Decatur, Illinois.—"I took your medicine for weakness. I would sometimes have to hold myself up with my hands. I was this way for five years, off and on. I read in the newspapers where Lydia E. Pinkham's Vegetable Compound had helped a lot of women, and I thought I would take it. I am now getting better so fast that every month I can feel a difference. My work now is cooking. If you like, you may use these facts as a testimonial. I am willing to help you boost your medicine."—Mrs. IRENE REED, 635 Greenwood Ave., Decatur, Ill.

This dependable medicine has been in use for over fifty years.

Between Girls

Madge—I'm tired of refusing Jack. Marie—I think myself an engagement would rest you.

Sure Relief

BELLANS FOR INDIGESTION 25 CENTS

6 BOTTLES Hot Water Sure Relief

BELLANS FOR INDIGESTION

25¢ and 75¢ Pkgs. Sold Everywhere

That Awful Word

"Maud says she has an awful lot of friends."

"Oh, some of them are not so bad."

Choose your new car from the General Motors Line

In the past twelve months the public has purchased 1,086,590 General Motors cars, an unprecedented record.

This great volume of business has made possible still further economies and these have been put into the quality of the 1927 series now on display by General Motors dealers.

The new General Motors line is first of all a quality line. It embodies every advantage of research. It has been proved at the General Motors Proving Ground. Every car is finished in Duco; the closed cars have Fisher Bodies.

It is a complete line. It includes 59 models of open and closed types, ranging in price-at-the-factory from \$510 to \$4,350. Within it you will find the car you want at the price you want to pay.

We invite you to visit the show rooms of our dealers and select your new car from the General Motors line.

GENERAL MOTORS

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OAKLAND · BUICK · CADILLAC
GMC TRUCKS
YELLOW CABS, BUSES AND TRUCKS

"A car for every purse and purpose"

SCHOOL DAYS



SOMETHING TO THINK ABOUT

By F. A. WALKER

IN THE MORNING

A COMMON difficulty with the majority of drowsy mortals when waking to a new day, is to face it with becoming gladness of soul and cheerfulness of speech.

Anybody it is supposed can find a delectable bit of joy in the blushing summer morn, when the dew is on the grass and the air is odorous with the delicious fragrance of night-born flowers.

But alas! how many of us, with habitually heavy eyelids and hearts unattuned to the beauties of the sky and the sod, can interpret the worshipful spirit of the earth and the sea, and lift our voice in adoration and praise, unless we are in love?

And this is what we ought to be—in love with God's wonderful handiwork all about us, the gleaming verdure, the soft east, the crooning balmy winds and without wives and husbands, the chattering little children and their purred up lips perpetually framing puzzling questions, eager to know and to understand the things surrounding them in a world in which they are not yet acquainted.

Whatever it may be with regard to others, let the humor of beneficent happiness take hold of you and fill your morning with brightness until it radiates its inspiring rays like the sun.

The joys of others caught from you will be to your soul like sweet music. However shy it may be in the beginning, it will grow bolder with the strength of the night and fit you for the duties of your day.

In the morning of life are born resolutions which will take you a step nearer to the accomplishment of the great achievements of which you have been dreaming for years.

In the morning begin doing good to yourself by doing good to others, and this can best be done by being cheerful.

Start the day right if you would greet its closing with a smile, conscious of having done your best as you trudged along the weary way.

In the morning the birds fill the air with praiseful songs; the hills and valleys wear their brightest colors and the heavens their softest hues, but man, the noblest creature on earth, frequently appears at his worst.

In the morning of his life he wastes his health and energy in loading his pocket with gold, and when the final night darkens his vision, he would gladly give all his wealth for a single grain of faith, such as was shown by the afflicted woman who touched the hem of our Master's garment that she might be healed!

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"A man never realizes how much he likes to stay home," says observing Olivia, "until his wife asks him to take her somewhere."

THE ORDINARY MAN

By DOUGLAS MALLOCH

I'M JUST a man like Bob or Ben, Just plain and ordinary men— The kind you see on trolley cars, Of smoking seven-cent cigars, Because they rather hate to blow The money for a ton, you know, On just themselves—the kind you meet In every crowd, on every street, Who wear a thing a year or two Because they like to make it "do." (It leaves a little more to spend For household needs, or home to send.)

I'm just a man like Bill or Dan, A plain and ordinary man, Who has a job downtown somewhere, And does some task with so much care They keep him at it year by year, And say that he's "a fixture here." But there's a day his name they note— They call it "getting out the vote"; And then next morning he may read Which fellows won, which parties lead. (And realizes he's again One of the ordinary men.)

The world is full of Ben and Bob, Who have the ordinary job, Their wives can tell you men who made

More wealth, or had a better trade; But all the ordinary man Has done, it seems, or ever can, Is just to raise some girls and boys, And give them ordinary joys, And keep a roof above their heads, And put a Bible by their beds, (Grow just the ordinary gray In just the ordinary way.)

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WHEN I WAS TWENTY-ONE

By JOSEPH KAYE

At 21—Raymond B. Fosdick Was Without Even the Traditional Cent in His Pocket.

"MY POSITION in life at the age of twenty-one was nebulous, I was just out of college, with a B. A. and an M. A. to my credit and not one cent in my pocket.

"My ambition was to be a lawyer, not so much for the sake of law as an end in itself, but in order to use law in the service of certain social and economic developments in which I was, and am, greatly interested—Raymond B. Fosdick."

TODAY—Mr. Fosdick is one of the best-known private citizens in America. He is a lawyer by profession, but, as he says, he has aimed to utilize law mostly as a means to further social and other communal work.

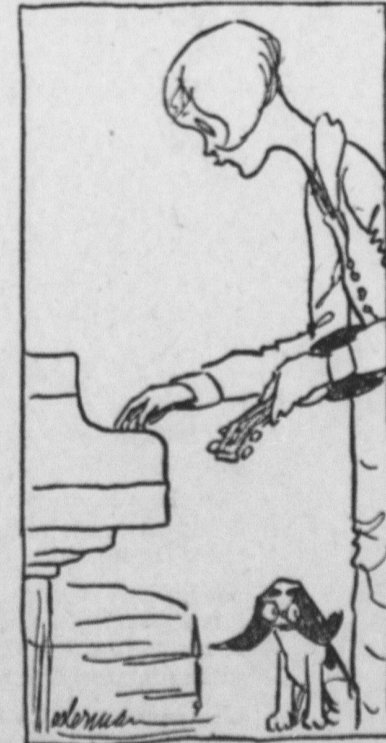
During the war, Mr. Fosdick was the representative of the War department in France, civilian aide to General Pershing and undersecretary general to the League of Nations. Before this he was chairman of the training-camp activities of the army and navy.

One of the social subjects which Mr. Fosdick has studied at length is the police system, on which he is an authority, and he is a trustee of the Rockefeller Foundation.

As early as at twenty-five years of age Mr. Fosdick already occupied a high position. He was assistant corporation counsel of the city of New York, and two years later he was made commissioner of accounts of New York, a most important post, carrying with it the power of investigation of all city departments.

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THE YOUNG LADY ACROSS THE WAY



The young lady across the way says there is no sex in crime and a female-factor should be sentenced just as severely as a male.

(© by McClure Newspaper Syndicate.)

Household Hint

Use any good polishing cream on a soft cloth on a parchment lampshade. Wipe it gently, without rubbing, on only a small portion of the shade at a time. Then wipe off the cream with a damp cloth. The same process will remove dust and smoke from a wooden lampshade and from gilt picture frames.

Mother's Cook Book

He came up smiling—used to say He made his fortune that away He had hard luck a plenty, too, And settled down and fought her through.

And every time he got a jolt, He just took on a tighter hold, Slipped back some when he tried to climb, But came up smilin' every time.

SEASONABLE FOODS

A GOOD main dish for luncheon is:

Luncheon Eggs. Wash and chop one-fourth of a pound of mushrooms, melt one tablespoonful of butter in a saucepan, add the mushrooms and stir until all the moisture has evaporated; add one tablespoonful of flour, blend well, then add one-half cupful of chicken stock, one-fourth of a teaspoonful of salt, and a little pepper, let cook two minutes. Cut into halves six hard-cooked eggs, remove the yolks and mix them with the mushroom sauce. Fill the eggs with this mixture and set them into a baking dish, surround with tomato sauce and heat thoroughly. Just before serving place a fillet of sardine on each stuffed egg. Serve from the baking dish.

Sour Cream Salad Dressing. Whip the cupful of sour cream, add one tablespoonful of sugar, a teaspoonful of lemon juice and a dash of cayenne. Serve on sliced onions, lettuce, cucumbers or any other vegetables. On cabbage it is especially good.

Sardine Salad. Skin and bone a dozen sardines, add a cupful of mashed hard-cooked eggs yolks, two tablespoonfuls each of chopped olives and celery, a pinch of dry mustard, and lemon juice to moisten. Mix and form into balls, roll in boiled rice. Arrange around a mound of stuffed olives and serve garnished with roses of mayonnaise.

Here is a tamale recipe for those who enjoy them:

Chicken Tamale. Boil a fowl until tender, salt and season with onion or garlic while cooking. Remove the meat from the bones and chop fine, add a bit of garlic and a generous quantity of cayenne pepper. Make a thick paste of corn meal, salt and boiling water. Form the meat into rolls the size of the finger and encase each in corn meal paste. Wrap each tamale in corn husk, tie with a strip of husk and drop into chicken stock to cook. Add two or three Mexican peppers and cook fifteen minutes.

Chicken Salad. Mix one pint of diced chicken with one cupful of celery, a little chopped cabbage, a bit of onion and green pepper and add well seasoned mayonnaise. Serve on tender lettuce.

Apple with the chicken in place of cabbage makes a good change in the flavor of the salad.

Spanish Chicken Soup. Heat three cupfuls of chicken soup stock and the same of veal. Add a grated onion, a finely minced carrot and two stalks of celery chopped fine. Add one cupful of barley and simmer until the barley is done. Season to taste and rub through a sieve before serving.

Nellie Maxwell
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Watch Elimination!

Good Health Depends Upon Good Elimination.

RETENTION of bodily wastes in the blood is called a "toxic condition." This often gives rise to a dull, languid feeling and, sometimes, toxic backaches and headaches. That the kidneys are not functioning properly is often shown by burning or scanty passage of secretions. Thousands have learned to assist their kidneys by drinking plenty of pure water and the occasional use of a stimulant diuretic. 50,000 users give Doan's signed endorsement. Ask your neighbor!

DOAN'S PILLS 60c

Stimulant Diuretic to the Kidneys
Foster-Milburn Co., Mfg. Chemists, Buffalo, N. Y.

Has "Dad's Auxiliary"
In New England, Dad and the boys are enjoying scouting together. More than half the fathers of Troop 4, Easton, Mass., are members of a "dads' auxiliary." The troop has over 100 boys in it; and 62 fathers make up the second group.



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60c and \$1.20 the bottle at your druggist's. If he cannot supply you, send his name and the price in stamps and we will send you a bottle direct.
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Hancock Sulphur Compound Ointment—20c and 60c—for use with the Liquid Compound.

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EMOLLIENT MEDICINAL ANTISEPTIC

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