

QUEEN VICTORIA LYDIA E. PINKHAM

Two Famous Women Born
the Same Year

In the year 1819, two babies were born whose lives were destined to have a far reaching influence. One was born in a stately castle of Old England, the other in a humble farmhouse in New England.



Queen Victoria through her wisdom and kindness during a long and prosperous reign has become enthroned in the hearts of the British people. Lydia E. Pinkham through the merit of her Vegetable Compound has made her name a household word in many American homes. One of the many women who praise Lydia E. Pinkham's Vegetable Compound is Mrs. Adolph Bratke of 4316 South 13th St., South Omaha, Neb., who was in a rundown condition for four years before she tried the Compound. "I began to take Lydia E. Pinkham's Vegetable Compound," she writes, "and I have felt my health steadily improving." Mrs. Bratke continued to take the Compound for a year and a half and at the end of that time she found herself in excellent health. "I am feeling fine now and do all my work myself," she wrote in her most recent letter. "I am the mother of six and manage an eight-room house without anybody to help."

One Soap is all you need
for
**TOILET
BATH
SHAMPOO**

Keep your complexion free of blemishes, your skin clear, soft, smooth and white, your hair silky and gleaming, your entire body refreshed, by using

**Glenn's
Sulphur Soap**

Contains 33 1/2% Pure Sulphur. At druggists.
Rohland's Styptic Cotton, 25c

Common Complaint
"Walter, my spoon is missing."
"Yes, sir, we lose quite a few, too."

While we read history we make history.—Curtis.

**Have
a
lovely
Complexion**

You can make and keep your complexion as lovely as a young girl's by giving a little attention to your blood. Remember, a good complexion isn't skin deep—it's health deep.

Physicians agree that sulphur is one of the most effective blood purifiers known to science. Hancock Sulphur Compound is an old, reliable, scientific remedy, that purges the blood of impurities. Taken internally—a few drops in a glass of water, it gets at the root of the trouble. As a lotion, it soothes and heals.

60c and \$1.20 the bottle at your druggist's. If he can't supply you, send his name and the price stamps and we will send you a bottle direct.

HANCOCK LIQUID SULPHUR COMPOUND
Baltimore, Maryland
Hancock Sulphur Compound Ointment—50c and 50c—for use with

**Hancock
Sulphur Compound**

**FOR OVER
200 YEARS**

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

**GOLD MEDAL
HAARLEM OIL
CAPSULES**

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

MOSQUITOES

**Bee
Brand
INSECT
POWDER**

It kills them!
Bee Brand Insect Powder won't stain—or harm anything except insects. Household sizes, 10c and 25c—other sizes, 50c and \$1.00, at your druggist or grocer. Write for Free Booklet, "It Kills Them!"
McCORMICK & CO., Baltimore, Md.

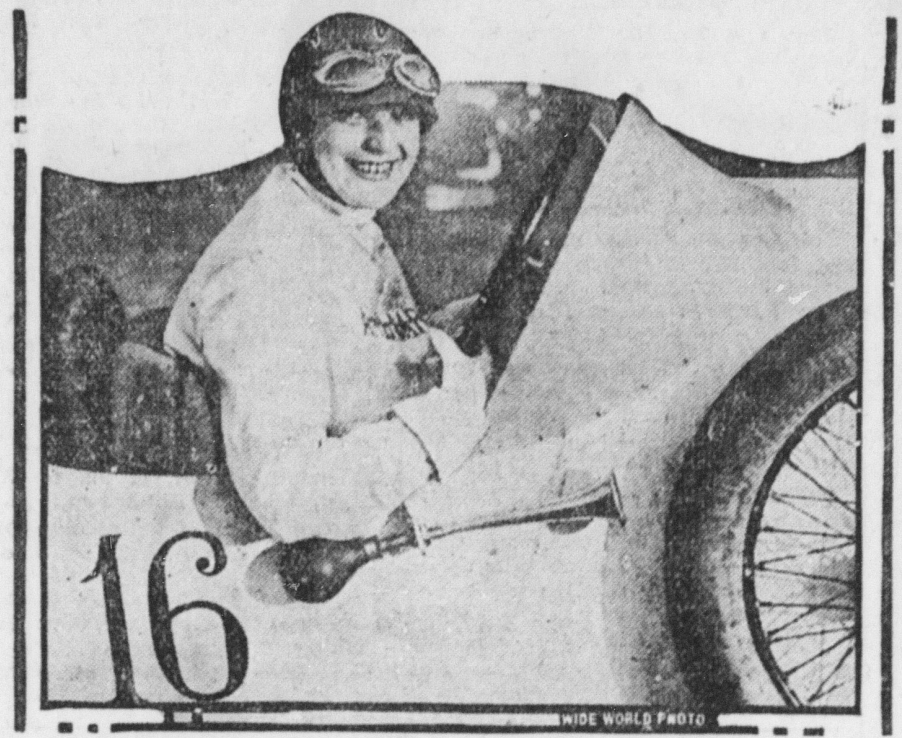
BLOTCHY SKIN
need not annoy you. Pimples, black-heads, etc. are quickly dispelled by

Resinol

CORNS
Quick relief from painful corns, tender toes and pressure of tight shoes.

**Dr. Scholl's
Zino-pads**
As drug and shoe stores everywhere

FIRST SPANISH WOMAN AUTOMOBILE DRIVER



The photograph shows Senorita Patrocinio Benito, who is the first woman to take part in an automobile race in Spain. During a recent 12-hour race against men she received a high rating.

GOOD RULES FOR SUMMER TOURIST

Observance Will Aid in
Avoiding Road Trouble.

Now that the summer touring season is here and the highways and byways are overrun with vacationists, tourists and others going nowhere in particular and in a big hurry to get there, let us take "count of stock" and see what we, who also expect to be on the road may do to insure our emergence from this season, still sound of mind and limb and without having accidents. Here are a few suggestions in the interests of safety.

1. Be sure that your lights are adjusted properly at the start and test them frequently to see that they remain in adjustment.

2. Be sure that your brakes are properly adjusted and test them to see if you can stop the car in the required distance for a given speed.

3. When about to execute any movement that can possibly affect the manipulation of another car make the proper signal in a decided and distinct manner. Do this even though you don't see the other car and do not know that there is one in the immediate vicinity.

4. "Spare the horn." In dense traffic. Be prodigal in your use of the horn on mountain roads, particularly when approaching a curve where the view is obstructed. Always sound horn when about to pass a car going in the same direction. Remember that one of the "Calls of the Open Road" is the sound of the horn when used properly.

5. Do not burn up your brake linings on steep grades—you may have use for them later. Use the motor to brake the car on grades. A good thumb rule is to descend a hill in the same gear you would use in ascending it and never descend a hill with the gears in neutral.

6. In loading your camping paraphernalia, be sure that the load does not extend beyond the hub cap on the left nor more than six inches beyond the hub cap on the right.

7. In passing through streams or other bodies of water do not dash in in high gear. Go into low gear before entering the water and remain so until dry land has been reached.

8. Do not hog the road. If a person who is in a bigger hurry than you are should come up behind you, assist him in passing, then neither you nor he will be worried.

9. Do not try to beat any railroad trains to crossings. No automobile has yet tried to oppose a train without coming off second best.

10. Always be sure your campfire is absolutely out before leaving it. Also, be sure your cigarette, cigar, pipe ashes and matches are dead before they are thrown away. Carry in the car a small box or can of earth for extinguishing purposes. Oftentimes a tiny spark which gives no evidence of life in the cool morning will burst into flame in the noonday heat and cause immense property damage and possible loss of life.

**Shellac Coating Useful
to Protect Auto Bolts**

A thin coating of shellac is an effective anti-rust protection for bolts and nuts. The substance will also prevent a nut from turning and will reduce the annoyance of loose and rattling parts. Both nut and bolt should be dipped in thin shellac. After being put in place with the nut tightened, the bolt should have a little additional shellac applied to its end. This treatment will not only prevent rusting, but will allow the nut to be taken off more easily. As a general rule, it is very hard to rustproof small parts. Sometimes they are coated with grease or graphite, but this soon wears off and the rust continues to accumulate. Some forms of paint are frequently used, but these, too, are not permanent protection. The shellac coating is expected to overcome this.

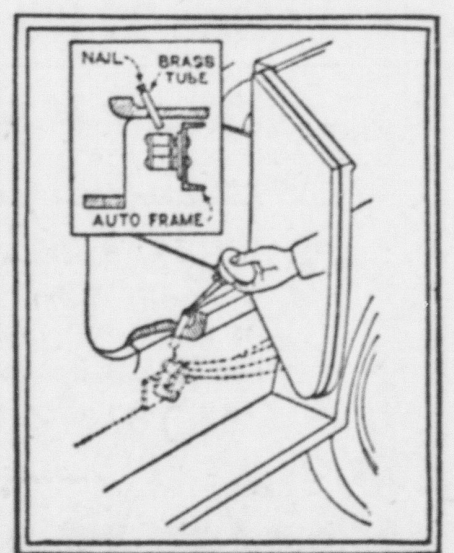
Stolen Car Toots

When Sheriff Smith of Salina, Kan., enters his motor car there is no unusual alarm, but when a stranger enters it the horn begins sounding and toots a second.

A man whose car was parked beside the sheriff's attempted to back out and his fender rubbed the official's car. At once the horn began sounding the alarm. The sheriff rushed out to the curbing from a store, expecting to pick up a car thief. "What's the matter with that car," asked the man in the car trying to back out. "Nothing at all, except that it is calling me," answered the sheriff.

Easy Means Provided for Oiling the Rear Springs

By drilling a 1/4-inch hole through the floorboards on either side of his car at the point indicated in the drawing, an automobile owner provided an easy means of oiling the rear springs. He found, however, that dirt soon clogged the holes, causing the oil to seep along the underside of the floor and over the outside of



Easy Way to Oil Springs.

the apron, which accumulated dust and presented a dirty appearance. This trouble he remedied by inserting a short length of brass tubing, flared out at the top, in each hole. The tube extended about 1/2 inch below the running board shield and was bent to come directly above the spring shackles. Short nails were used to plug the holes between oilings.—R. C. Tarr, Gloucester, Mass., in Popular Mechanics Magazine.

Tire Resiliency Much Increased by Invention

A Hungarian inventor has perfected a new method of attaining a 400 per cent increase of resiliency in pneumatic tires without changing diameter, cross section, shape, form or general appearance. An extra cushioning effect is attained by using a double disk wheel and by converting the entire hollow space between the two walls into an airtight compartment which holds air under pressure as permanently in service as that accomplished by the inner tube of the tire. Communication between the tire and the air chamber in the wheel makes the latter virtually an extension of the former in point of cushioning effect.

AUTOMOBILE NOTES

Keep your automobile license tags clean.

The quickest automobile turnovers occur at the grade crossings.

For every 85 telephones in the United States there are 100 motor cars.

No matter how popular swimming may be, it is best for an automobile not to dive.

After the collision (old style): "Why the blazes don't you buy a bell for your bicycle?"

Evidently the speeder can't say that he was testing his car, and expect to get away with it.

POINTS ON KEEPING WELL

DR. FREDERICK R. GREEN
Editor of "HEALTH"

(©, 1924, Western Newspaper Union.)

PURE WATER FOR THE HOME

WHEN this country was first settled by early pioneers the scattered settlers built their log cabins wherever a good water supply was possible from lakes, rivers and springs which at that time furnished an abundant supply of pure water. Locations near these natural water supplies were the first chosen. As the country filled up and as land distant from natural water sources was occupied or as these natural supplies were polluted or found inadequate, wells were dug, usually one for each household. Some of us can remember when even in towns of considerable size surface wells were the principal source of drinking water. Even in large cities there were until 50 or 75 years ago town pumps, some of which still remain as curiosities. As these wells proved insufficient and as our knowledge of water-borne diseases increased, the city or town gradually took over the responsibility of supplying water to the citizens, until today all except the smallest villages and isolated country homes get their water from a common source which is kept up by the community, the individual paying his share in the form of a water tax.

This common source naturally made it easier to secure pure water. So that today, pure water, just like police and fire protection, is one of the duties of a city and a city's standing is largely determined by the kind of water it furnishes.

The old surface well, however, still exists. The "Old Oaken Bucket" is a beautiful poem but the old open well is today a serious danger to health. It is generally shallow, from 20 to 40 feet, and by no means secure from contamination by drainage through the soil from barnyard, outhouses and cesspools. The top seldom fits tight so that dust, dirt, bodies of small animals and surface washings frequently get in and pollute the water. While a deep well, properly bricked or cemented and with a tight-fitting top, might furnish pure water, such a well is expensive and by no means safe.

So that it has been found that a practical and safe water supply is, generally speaking, only possible from a driven or bored well, driven deep enough to be safe from surface pollution and cased with an iron or steel pipe, with a pump at the top of the pipe. Even then it is wise to have the water tested by the laboratory of your state board of health in order to insure a pure water supply for your household.

DUST IN THE AIR

WHATEVER the purity of the air may have been in the Garden of Eden, in America before the coming of the white man or in the few spots on the globe where factories and workshops do not exist, most of us live under conditions where the air we breathe is loaded with dust of some kind. We breathe twenty times a minute and every time we breathe, we draw into our lungs about thirty cubic inches of air or about six hundred cubic inches a minute. So it's plain that every twenty-four hours we draw into and force out of our lungs 900 times 60 times 24 cubic inches of air or about 864,000 cubic inches of air. Now there's a nice problem for the class in arithmetic. How big a cube of air would that be? And that is only for one day. So what air you've breathed so far in your life would be 864,000 times 365 times the number of years you have lived.

Into your lungs goes not only all the air but whatever the air carries. Long continued experiments with especially constructed instruments show that the dust carried by the air varies from 2,000 dust particles on an unusually clear fresh day to 115,000 on a smoky day for every cubic inch of air. In very smoky cities like Pittsburgh or Chicago, the amount may go to five times this amount.

What happens to the dust when it is breathed into the lungs? If the mouth is closed and the air is breathed in through the nose as it should be, most of the minute dust particles are caught on the moist mucous membrane lining the nose. That is one of the things the nose is for, to strain the dust out of the air. The others are to warm and moisten the air before it goes into the lungs. That's why on a particularly smoky or dusty day, if your nose has been attending to business you can see the results on your handkerchiefs after you blow your nose.

If from habit or from some obstruction you breathe through your mouth, then the dust isn't caught by your nose but goes direct into your lungs.

Does the dust do any harm? Yes, if it is stone dust, such as granite or marble dust, steel filings or any other hard, sharp, cutting dust. If it is soft soot, probably not, although people who live in the city, especially smoky cities, inhale so much dust that their lungs become dark instead of the natural pink that they should be. (©, 1924, Western Newspaper Union.)

MONARCH
Quality for 70 Years
Never Sold Through Chain Stores.
REID, MURDOCH & CO.
Chicago • Boston • Pittsburgh • New York

COFFEE and COCOA

Suspicious

The man crawled from under the wrecked car and got to his feet. He had escaped miraculously with only some injury to his right ear, but they took him to a hospital to have the hurt examined.

The doctor peered into the injured member, probed and peered again. "Yes," he said at length, "you have punctured the wall of your ear."

The patient moaned. "The very ears have walls," he said miserably. They rushed him at once to the observation ward.

Donor Hides Identity

A man, whose only identification is his statement that he was born in England but has lived in the United States for the last fifty years, recently sent Winston Churchill, chancellor of the exchequer in England, bonds to the value of \$6,850, to be applied to the reduction of the Anglo-American debt. This is the third donation sent by the man in the last three years as a contribution toward the English war debt. Churchill was unable to write the man through lack of address, but publicly thanked him through the press.

Cuticura for Sore Hands

Soak hands on retiring in the hot sud of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes.—Advertisement.

Signs

"What makes you think he has money?"
"He drives an old car, never brags and his clothes need pressing."

If your eyes are sore, get Roman Eye Balsam. Apply it at night and you are healed by morning. 212 Pearl St., N. Y., Adv.

Can we ever have too much of a good thing?—Cervantes.

Difficulties are things that show what men are.—Epictetus.

The Whole Family

Curtis W. Hunter, 3241 Central avenue, who recently returned from Florida, says the following story is the best example of a one-family run restaurant that he has ever seen.

"I was driving along one day in Florida," said Mr. Hunter, "when I saw a luncheon with the following signs on it: 'Mother's Place; Daughter's Pie, and Pop on Ice.'"—Indianapolis News.

It's impossible to derive any benefit from a new umbrella until it is used up.

Making a noise is one of the leading infant industries.

25c L-V DUST CLOTH
made of especially woven fabric "Crepette" for only 10 cents and
FREE

Two weeks' dusting supply of Liquid Veneer. Nothing like it for dusting. A few drops on your cloth removes ALL dust, dirt and blemishes INSTANTLY, and leaves your piano, furniture, woodwork, spotlessly clean and beautifully polished. Moreover it preserves the finish indefinitely. Many people use it to improve their brand new instruments. Send for your FREE bottle today. You'll be delighted. Remember, we include a big 2x L-V Dust Cloth if you send in 10c. Don't miss this opportunity.

LIQUID VENEER

Buffalo Specialty Company
8 Liquid Veneer Bldg.
Buffalo, N. Y.

WASHINGTON REAL ESTATE. Attractive investments giving good monthly income and increasing in value as our National Capital grows. Proper supervision guaranteed. Special adv. for Banks, Trust Co., Terrell-Brazelton Real Estate, 1523 "H" NW, Wash., D. C.

LADIES, HONEST, SINCERE PEOPLE. Address envelopes for our advertising campaign. Experience unnecessary, no canvassing. Profitable, interesting work. SAXONY CO., 112 West 42nd, NEW YORK.

LADIES: WE PAY \$10.00 PER HUNDRED to give greeting cards. Free particulars for addressed envelopes. YORKVILLE CARD Dept. 4, 864 Lexington Avenue, New York.

SONGS COMPOSED—Good songs bring big money. Send your verses and 10c for two samples. A. BAILL, 405 Sherbrooke St., WINNIPEG. Clip this.

Seven skeets to baldpate

MOSQUITOES—buzzing, biting pests! Kill them all at once with Flit.

Flit spray clears your home in a few minutes of disease-bearing flies and mosquitoes. It is clean, safe and easy to use.

Kills All Household Insects

Flit spray also destroys bed bugs, roaches and ants. It searches out the cracks and crevices where they hide and breed, and destroys insects and their eggs. Spray Flit on your garments. Flit kills moths and their larvae which eat holes. Extensive tests showed that Flit spray did not stain the most delicate fabrics.

Flit is the result of exhaustive research by expert entomologists and chemists. It is harmless to mankind. Flit has replaced the old methods because it kills all the insects—and does it quickly.

Get a Flit can and sprayer today. For sale everywhere.

STANDARD OIL CO. (NEW JERSEY)

FLIT

DESTROYS
Flies Mosquitoes Moths
Ants Bed Bugs Roaches

"The yellow can with the black band"

? MEN ?

You have no reasons for being **BALD**, when Forst's Original **BARE-TO-HAIR** grows hair and saves what you have.

Drug Stores and Barber Shops.
Correspondence given personal attention.

**W. H. FORST, Manufacturer
SCOTSDALE, PA.**