

The Picnic
Find the spot, and with the poet say, "Here let us feast." Monarch Cocoa, made fresh at the roadside fire, or carried hot or iced in a thermos bottle, adds a touch of completeness to the picnic repast.

MONARCH
Quality for 70 Years
Never Sold Through Chain Stores.
REID, MURDOCH & CO.
Chicago - Boston - Pittsburgh - New York

More than 200 Quality Food Products including **COFFEE and COCOA**

Another Titian Reported
After remaining unnoticed for years covered with dirt and grime in an old shop in Berlin, a painting believed to be another real Titian has been reported found and identified as one of the great artist's works entitled "Venus, Cupid and the Organ Player."

Save a day out, now and then, not to think about the world's problems. The world won't mind it.

Promoting Silk Culture
Mrs. Rose Castiglione of Tacoma, Wash., is endeavoring to establish sericulture on Puget sound. She obtained 3,000 silkworm eggs from Italy. To incubate them she wrapped them carefully, placed them next to her body and let the heat hatch them. She has put them on a mulberry leaf diet and expects to know soon whether silk can be grown profitably in that climate.

Children Cry for

Fletcher's CASTORIA
MOTHER:— Fletcher's Castoria is especially prepared to relieve Infants in arms and Children all ages of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep.

To avoid imitations, always look for the signature of *W. H. Fletcher* Absolutely Harmless—No Opiates. Physicians everywhere recommend it.

? MEN ?
You have no reasons for being **BALD**, when Forst's Original **BARE-TO-HAIR** grows hair and saves what you have.
Drug Stores and Barber Shops. Correspondence given personal attention.
W. H. FORST, Manufacturer SCOTSDALE, PA.

A Fair Game
They were discussing card games and friends.
"Well, she plays a fair game of bridge, doesn't she?" one asked.
"Yes, when she is watched," the other curtly replied.
Too many friends in need will keep an easy man broke.
When anger rises, think of the consequences.—Confucius.

And She Did
The new maid was being questioned. "Did you sweep behind the door?" asked the lady of the house.
"Yes, nearly everything," she replied.
Many a successful man got his start in life by having a woman push him along in a go-cart.
Some feminine complexions are complex.

HOW TO KEEP WELL

DR. FREDERICK R. GREEN
Editor of "HEALTH"
ACUTE KIDNEY DISEASE.

MUCH has been written for the public about Bright's disease, the chronic form of kidney disease which generally is found in persons past middle life and which is closely associated with hardening of the blood vessels, high blood pressure and some form of heart disease. This condition, in which the kidneys are shrunken and hard, is much like gray hair. It is one of the signs and results of old age, for which little or nothing can be done, except to relieve the kidneys of as much work and irritation as possible. It is due to poisoning of some kind continued over a long period of time, excessive eating, the use of alcohol, lead poisoning or any other form of chronic poisoning.

But there is another form of kidney disease which is generally found in children or young people, which is not due to age but is caused by some irritation or poisoning which affects the kidneys, and which, instead of being a long drawn-out disease, covering years, is a rapidly developing condition. This is usually caused by some form of infection. It frequently, in children, follows scarlet fever, diphtheria, tonsillitis, pneumonia or influenza. The poison which these diseases generate in the body are thrown off through the kidneys and cause an inflammation of these organs. It may also be caused by poisons outside the body, such as turpentine, carbolic acid, arsenic and mercury. It may follow childbirth or may be caused by extensive skin diseases or burns, in which a large part of the skin is unable to work properly, thus throwing greater strain on the kidneys.

Acute disease of the kidneys comes on suddenly, like a fever. There is a chill and high fever, the patient is pale and the face and ankles are swollen. Pain in the back, nausea and vomiting may be present. The swelling of the face, ankles and legs increases. The secretion from the kidneys is small in amount and it is a dark reddish-brown or smoky color, due to the presence of blood in the urine. The whole body may be swollen, due to the inability of the kidneys to excrete the water in the body.

The cases which recover begin to show improvement in from one to three weeks. The fatal cases become more serious, the patient dying from pneumonia, heart exhaustion or uremic poisoning.

Avoidance of poisons and infectious diseases and of exposure to cold and wet, and keeping children in bed after scarlet fever, measles and diphtheria will prevent many cases of acute kidney diseases.

PREVENTING DIPHTHERIA

TERRIBLE as have been the ravages of diphtheria in past generations, diphtheria is today an entirely controllable disease. It can not only be controlled, it can actually be wiped out just as yellow fever is being wiped out. By the Schick test, which consists of injecting a single drop of antitoxin under the skin, the child who is susceptible can be separated from the child who is naturally immune. Observations which have been made on large numbers of school children, show that from 30 to 40 per cent of all children are naturally immune from diphtheria and so need not be considered, as these immune children will not take diphtheria anyway.

Those children whom the Schick test show to be susceptible to diphtheria can easily be protected by a dose of toxin-antitoxin.

So we know how to prevent this disease in practically every case and yet diphtheria every year kills thousands of children, every one of whom could and should have been saved. As King Edward said, "If this disease is preventable, why is it not prevented?" It has been, to a great extent, in spite of the indifference of the public. In New York state, for instance, the death rate for diphtheria in 1895 was 95 children for every 100,000 of the population. Antitoxin was discovered in 1894, but did not come into general use for several years. Yet by 1905 the death rate in New York was just one-half. It was again cut in half by 1915. In that year, toxin-antitoxin came into use and the death rate for New York is now only 15 per 100,000 or less than one-fifth what it was in 1895.

These 15 deaths per 100,000 are much better than 95 deaths, but they are still far too many and all of them are entirely unnecessary. If every child when it entered school were given the Schick test its parents would know whether it was safe from or susceptible to diphtheria. If every susceptible child, which would mean about one-half of all school children, was then given a dose of toxin-antitoxin this disease would practically disappear.

Why is this not done? We know enough to stamp it out. What prevents it being done? Mainly ignorance and indifference. Parents, school teachers, school boards, health authorities either don't know enough or they are too lazy to protect their children from this disease. And so the children go on dying and will until everybody knows better and does something.

"BAYER ASPIRIN" PROVED SAFE

Take without Fear as Told in "Bayer" Package



Unless you see the "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-five years for

Colds Headache
Neuritis Lumbago
Toothache Rheumatism
Neuralgia Pain, Pain

Each unbroken "Bayer" package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100.

Wise Division of Time Made by Elevator Man

Whether the daily ups and downs of an elevator have a peculiar effect on the elevator operator or not is a question for a scientist. William Winlock, colored elevator man at the Federal building, has developed a philosophy of life which, he avers, he adheres to strictly. The trait of character Winlock has is worth cultivating, anyway.

Billy, as he is called, never meddles in the affairs of others, although he always is courteous and willing to do anything he can to accommodate the passengers who ride in his car.

"You know what I have learned," he said the other day. "There are fifty-two weeks in a year. Twenty-six of those fifty-two weeks I mind my own business. And the other twenty-six I let other people's business alone."—Indianapolis News.

Cuticura Soothes Itching Scalp.
On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. Make them your everyday toilet preparations and have a clear skin and soft, white hands.—Advertisement.

Record Rotor Ship
The largest rotor ship ever constructed, the Barbara, was recently launched in Germany. It is 300 feet long, 43 feet wide amidships and has a displacement of 2,900 tons. The vessel is expected to average ten miles an hour.

Cuckoo!
Jasper—I want you to fix this cuckoo clock.
Jeweler—That isn't a cuckoo clock.
Jasper—Yes it is. It just struck thirteen.

A simple, old-fashioned medicine, as good today as in 1837, is compounded in Wright's Indian Vegetable Pills. They regulate the stomach, liver and bowels. Adv.
The less a man thinks, the more he talks.—Montesquieu.

FIRST to have a proving ground

Three years ago General Motors purchased an 1125-acre tract, 40 miles from Detroit and accessible to all its car and truck divisions.

This was transformed into a great Proving Ground, with every kind of road and grade over which an automobile is called upon to travel.

Here the collective experience and brains of the whole General Motors family are brought to bear upon the problems of each member; and here each make of General Motors car must prove itself against the best that American or European genius has developed.

The Proving Ground marks a forward step in the guarantee of motor car satisfaction. It is your final assurance that you are investing when you buy a General Motors car

GENERAL MOTORS

CHEVROLET · PONTIAC · OLDSMOBILE
OAKLAND · BUICK · CADILLAC
GMC TRUCKS
YELLOW CABS, BUSES AND TRUCKS

"A car for every purse and purpose"

The 1926 Slogan

Cortlandt Bleecker, sitting in a New York night club, indicated a half dozen tables occupied by sleek young gigolos and elderly or even old women agglitter with diamonds.

"In the past," said Mr Bleecker, "we night-lifers had for our slogan, 'Be young while you can,' but these rich female veterans here have made that slogan weak and old-fashioned. For the last ten years they've been young while they couldn't."

Sad Connoisseur

"This is a very rare book."
"Yes, too bad it is so old, isn't it?"

Rocks of Mystery

Near the town of Carneiro, Kan., are two mushroom rocks. One is 14 feet high and the other 20, rising right out of the prairie, says Nature Magazine. How this sandstone formation got there is a mystery of the ages unless some one in the audience can come forward with an answer.

The two largest hoists in the world are now in use in Canada. They can raise 500 tons of ore an hour from a depth of 3,200 feet.

There is nothing like the knife of candor for severing the bonds of friendship.

3 o'clock in the morning - no sleep yet!

INSURE your sleep against the pest of mosquitoes and early morning flies. Spray Flit.

Flit spray clears your home in a few minutes of disease-bearing flies and mosquitoes. It is clean, safe and easy to use.

Kills All Household Insects
Flit spray also destroys bed bugs, roaches and ants. It searches out the cracks and crevices where they hide and breed, and destroys insects and their eggs. Spray Flit on your garments. Flit kills moths and their larvae which eat holes. Extensive tests showed that Flit spray did not stain the most delicate fabrics.

Flit is the result of exhaustive research by expert entomologists and chemists. It is harmless to mankind. Flit has replaced the old methods because it kills all the insects—and does it quickly.

Get a Flit can and sprayer today. For sale everywhere.

STANDARD OIL CO. (NEW JERSEY)

FLIT

DESTROYS
Flies Mosquitoes Moths
Ants Bed Bugs Roaches

"The yellow can with the black band"

Quickly Kills MOSQUITOES

The first z-z-z of the mosquito is a declaration of war! His war will be over and yours won if you close the doors and windows, blow Bee Brand Insect Powder about the room, either from a piece of paper or with the convenient puffer gun. The particles float about in the air, find the mosquitoes—then kill them!

It is harmless to mankind, domestic animals and plants—non-poisonous, non-explosive. Will not spot or stain. In red sifting top cans at your grocer's or druggist's. Household sizes, 10c. and 25c. Other sizes, 50c. and \$1.00. Puffer gun, 10c.

If your dealer can't supply you, send us 25c. for large household size. Give dealer's name and ask for our free booklet, "It Kills Them," a guide for killing house and garden insects.

Bee Brand
- it kills them

Kills flies, roaches, ants, bed bugs, moths, poultry lice.

McCORMICK & Co. Baltimore, Md.