

### MRS. BASSETT ALWAYS TIRED

Now in Good Health by Using Lydia E. Pinkham's Vegetable Compound

Lansing, Michigan.—"I have taken Lydia E. Pinkham's Vegetable Compound whenever I needed it. When I first used it I was so bad I could hardly walk across the room without crying. I was tired all the time. I think my trouble was coming on me for six months before I realized it. I read of your wonderful medicine in the paper, and my husband bought me a bottle, and after the first few doses I felt better, so kept on taking it until I was well and strong. I take it at times when I feel tired and it helps me. I will always have a good word for your medicine and tell anyone what good it has done me. I recommended it to my neighbor for her girl, who is sixteen years old, and it was just what she needed. She is feeling fine now, and goes to school every day."—Mrs. E. F. BASSETT, 216 South Hayford Avenue, Lansing, Michigan. Do not continue to feel all run-down and half sick when Lydia E. Pinkham's Vegetable Compound is sold by druggists everywhere. It is a root and herb medicine and has been used by women for over fifty years.

#### Firmness and Obstinance

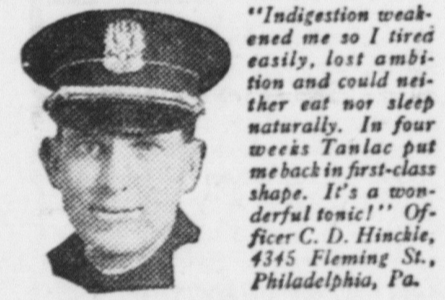
What is firmness of purpose with some people is mere obstinance in the other fellow. The former are as apt, however, to misjudge themselves as they are the other fellow. That there are a lot of human mules in this world, experience fully proves.—Grit.

#### Tweet Tweet

Judge—You claim you were wide awake, but the driver of the other car says you were asleep.  
Winsor—Yes, after the crash.

Many years before Christ pearls were listed as products of the sea-coast provinces.

### Nature's own body builder



"Indigestion weakened me so I tired easily, lost ambition and could neither eat nor sleep naturally. In four weeks Tanlac put me back in first-class shape. It's a wonderful tonic!"—Officer C. D. Hinckle, 4345 Fleming St., Philadelphia, Pa.

Tanlac is Nature's greatest tonic and builder. Made from roots, barks and herbs after the Tanlac formula, it revitalizes the blood, tones up the digestive organs and puts the whole system in fighting trim.

Don't go about your work sickly and discouraged. Take the example of millions who have been helped by Tanlac. Stop at your druggist's today and get this wonderful tonic. You'll be surprised how quickly you improve. For constipation take Tanlac Vegetable Pills.

### Cuticura Loveliness A Clear Healthy Skin

Named by Every-day Use of Cuticura Soap

CASH PAID for dental gold, old bridges, old plates, diamonds, discarded jewelry, watches, points, cash by return mail. Florida Gold Refining Co. 21 Adams, Jacksonville, Fla.

### Kill All Flies! THEY SPREAD DISEASE

Careful anywhere, DAILY FLY KILLER attracts and kills all flies. Nest, clean, ornamental, convenient and cheap. Kills all flies. Made of metal, does not rust, will not soil or injure anything. Guaranteed. Inset upon DAILY FLY KILLER from your dealer.

HAROLD SOMERS BROOKLYN, N. Y.

### HALE'S HONEY OF HOREHOUND & TAR

At the first sneeze, banish every symptom of cold, chills, etc. with HALE'S. Relief at once—Breaks up cold positively. 50 cents at all druggists.

### Magazine Readers

Can obtain their favorite magazines at reduced rates, when clubbed together, through me. Send stamp for my Bargain List of publications, and clubbing plan, and save money on your subscriptions. I am a magazine specialist, and can guarantee you prompt and honest service. Andrew W. Fera, 465 63rd St., Brooklyn, N. Y.

### FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

### GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

### Community Building

#### Make Beauty Keypote of Outside of House

A proper choice of varieties of trees to be set out and the appropriate location of each tree should constitute the first job after the laying of the house foundations and the outlining of the paths and driveways, is the opinion of a writer in the Philadelphia Ledger.

Just how many trees you will decide to plant will naturally depend upon the size of your home grounds. If your acre or acres or "lot" will permit you should include a tree or so for shade, large ones such as the Norway maple, buttonwood, oak, or horse chestnut, a few evergreens such as Koster's blue spruce, Austrian pine or a hemlock for their winter beauty and summer coolness, and a few fruit trees for the sake of their spring blossoming as well as their welcome fruit. Several ornamental trees, if well placed, will add much to your place both in charm and elegance. There are a number, such as Tea's weeping mulberry, the catalpa bunge' or the tulip tree, any one of which will give a touch of style to the whole garden. The Kilmarnock weeping willow is still another "ornamental" which is exceedingly graceful and beautiful and hardy as well.

No place appears to be quite complete unless it can boast of at least a few shrubs for every season of the year. There should be a few evergreens to cheer us with their glossy leaves or red berries, and to relieve the barren gray of winter time. The forsythia, that gayest harbinger of early spring, should find some nook in every garden.

#### Point of Importance Is Town's Entrance

A little town may not know what to do to make itself attractive, a matter that has grown highly important to all those on a main automobile highway. Several thousand people of more or less critical and cultured taste are going to pass through it every day and their opinion will be spread to the ends of the nation, is the sage comment made by F. H. Collier in the St. Louis Globe-Democrat.

Already a number of villages have begun to consider the question of portals—some kind of a distinguished entrance where the highway departs from the country and joins the "main street." A town in Ohio has set a large fountain at this point and surrounded it with lawns and trees. Another has "zoned" that portion of the village and will allow no sheds or coal bins there.

The least that any village can do is to lay out flower beds and keep them fresh. A plain lawn, jeweled with red geraniums, is better than weeds or tin cans, scattered with the profusion so often shown by the tasteless and the careless. Residents of any community can be stirred up to beautification if earnestly besought. People who are restive under rural monotony may here find something to occupy their idle hours.

#### Consider Transportation

The general location of the home may depend largely on the part of the city in which the members of the family are most likely to be employed. It should be either within walking distance of the probable place of work or in reach of good transportation. The mere promise that a trolley or bus line will be provided is not enough. Ability to reach shopping centers is important for the housewife.—Minneapolis Tribune.

#### Fire Prevention Easy

Careful watching of fire and heat in any capacity in which it is used, ordinary precautions with matches, cigarettes and inflammables, and the repairing of defective mechanical additions to building construction and comfort would virtually rout the fire demon from his abode, according to the past year's report of the chief of a large city's fire department.

#### Industrial Experts

An approved list of industrial experts to advise cities and towns on ways and means of obtaining the type of industries suitable to their location has been started by the National Association of Real Estate Boards at the suggestion of the industrial property division of that body.

#### Shortsighted Cities

More than 300 of the 1,500 cities in the United States having populations in excess of 5,000 are without building codes or ordinances that effectively regulate new building construction. Many of these cities have populations exceeding 40,000, some reach 80,000.

#### Public Playgrounds

Public playgrounds and parks for the children and grown-ups are essential public necessities and should be provided with as little delay as possible.—Huntsville Daily Times.

#### The Right Way

"While you are banking," says the Albany Herald, "don't forget to bank on your town."

### Take Precautions in Producing Milk

#### Dairymen Adding Safeguards to Protect Material From Contamination.

(Prepared by the United States Department of Agriculture.)

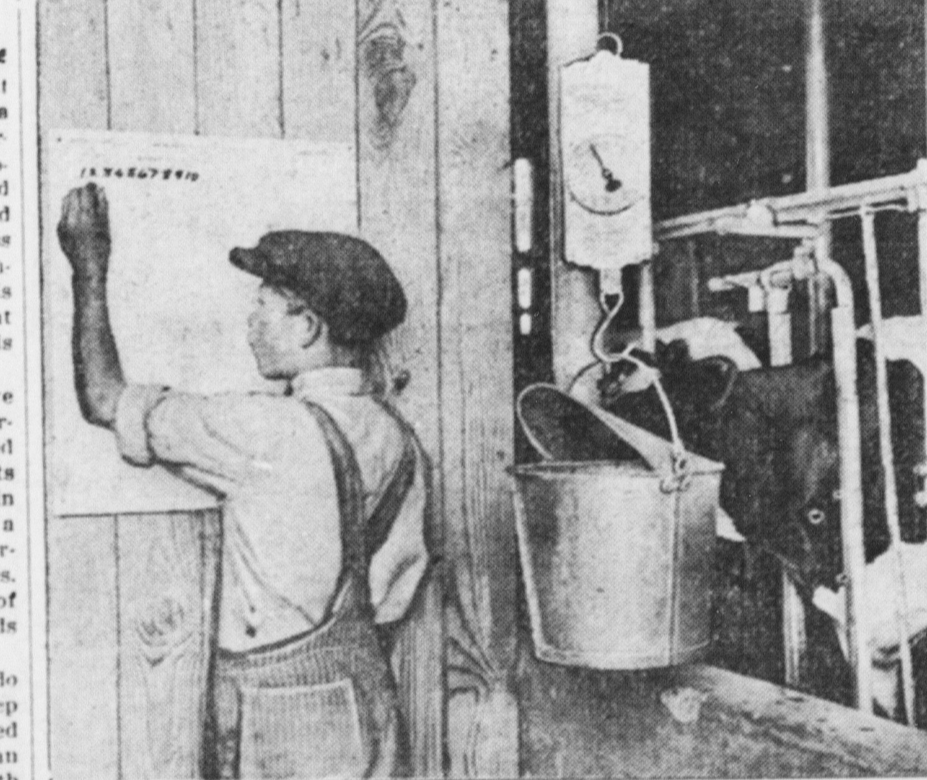
Up-to-date dairymen are using the most sanitary methods known for producing market milk. They realize that milk is easily contaminated and are adding to their systems of production such additional safeguards as are necessary to protect this essential human food from contamination.

Such dairymen no longer permit large numbers of flies in the milk house. They clean the utensils thoroughly, wash their hands before milking and even go so far as to clip the under part of the cow's body so that loose dirt and dust that might cling to long hairs will not find a place to lodge and later fall into the milk.

#### Groom Their Cows.

Practically every farmer grooms his horse; and good dairymen groom their cows because they know it is beneficial to the health of the animals and especially is it a means of removing dirt that might get into the pail when the cows are being milked. In addition, just before milking, these dairymen wipe the udders and flanks of the cows with a damp cloth. Such precautions are sure to reduce the number of bacteria that would get into the milk.

The best dairymen also see to it that cows are well bedded. They remove the manure often, and in every way possible prevent the cows from getting dirty. Ample ventilation is provided, and the barn is so constructed as to allow as much sunlight as possible to get into the stalls. A concrete floor is one essential of an up-to-date dairy barn because it can be easily kept clean and does not absorb liquids that cause bad odors in stables.



Keeping a Record of Each Cow—Note the Covered Pail Which Keeps Dirt Out.

as is the case with those floored with wood. The walls and ceilings of such barns are whitewashed twice a year to purify the stables and keep them light.

Good dairymen recognize the fact that a small-top pail as shown in the picture is of great assistance in keeping milk clean, for while milking, in spite of the precautions taken, some bacteria will get into the pail; and of course the smaller the opening the less dirt will be found in the milk. Pails of this kind are on the market, but any tinner can convert an ordinary pail into a small-top pail by the addition of a hood.

#### Convenient Milk House.

Milk houses where the milk is cooled, and in some cases bottled, are located at a convenient distance from the barn and so situated as to be free from dust and stable odors. These buildings are screened to exclude flies. Some are divided into two rooms, one for handling the milk and the other for washing the utensils. This is advisable since it makes it easier to keep the milk free from contamination. Ventilators also are put in to keep the air in the milk room fresh and to carry off steam from the washroom.

It is now a matter of common knowledge among good dairymen that unclean utensils may be a common source of bacteria in market milk. To prevent contamination from this source, these dairymen use plenty of hot water, an alkali washing powder, a stiff brush, and steam for cleaning the utensils. They are thoroughly cleaned before being sterilized, since sterilization is not a substitute for washing. This sterilizing process not only kills bacteria but heats the utensils thoroughly, causing them to dry immediately, thus preventing rust.

#### Steam for Sterilizing.

Large dairies use a good steam boiler for furnishing the steam supply for sterilization. Small dairies use a more simple steam sterilizer or boil the utensils in water for five minutes. Information relative to the construction of sterilizers may be obtained from the United States Department of Agriculture.

Another important process that good dairymen use in the handling of milk is to cool it properly during storage, transportation, and delivery. This prevents the rapid multiplication of bacteria in market milk. The milk is cooled to a temperature of 50 degrees Fahrenheit or below. The best

way to do this is by means of a surface cooler, using the coldest water available, and then setting the cans of milk in a well-insulated tank, the water of which is below 40 degrees Fahrenheit.

Other measures that are employed by these dairymen for safeguarding the milk supply are yearly testing of cows for tuberculosis by a capable veterinarian; exercising proper care in the disposal of wastes from human beings and domestic animals; giving especial attention to the purity of the water supply, especially that used for washing utensils, its purity or impurity being determined by a laboratory examination; allowing only healthy people to handle milk or anything with which it may come into contact; and permitting no one coming from a sick room where an infectious disease exists to take part in any dairy operation.

### Secure Best Yields From Native Seed

#### Advantages Clearly Shown in the Fields.

Despite the higher cost of red clover seed produced in the United States, such seed is better for use than foreign imported seed.

E. C. Blair, extension agronomist at the North Carolina State college, finds that red clover seed grown in the United States now costs about five dollars a bushel more than the French-grown seed. "But," he says, "the native-grown seeds are best and well worth this difference in price. Although the French seeds are among the best of the foreign seeds brought into the United States, our native seeds have several advantages over them. These advantages do not show so much in a test for germination and purity, but they do appear in the field."

For instance, Mr. Blair states that



#### Spring Is Here

Spring is here—birds—butterflies—May flowers—growing buds and blossoms. And an ever-growing preference for Monarch Coffee and Monarch Cocoa—high in quality, low in cost.

## MONARCH

Quality for 70 Years

REID, MURDOCH & CO.

Chicago - Boston - Pittsburgh - New York



### Recalling Memories of Fauntleroy Craze

In his book, "The Turn of the Century, 1900-1904," Mark Sullivan cites a recent interview with Wallace Edinger, who was one of the three child originators of the title role in "Little Lord Fauntleroy," by Frances Hodgson Burnett. Mr. Edinger said: "The role was originated by three of us. We all rehearsed it about the same time and we all played it at the Broadway theater in New York. I was only seven when I began the Little Lord Fauntleroy part. I played it all over the United States, Maine to California, and received as high as \$250 a week. To play the part, I had to have long golden curls. In addition, I had to wear white cuffs and be, oh, so sweet, on the stage. As a result, the other boys used to call me 'Sissy.' After a while a boy seldom got beyond the first part of the word before I slammed him in the nose. There were other kids who were glad when the 'Fauntleroy' vogue died, too. Their mothers were dressing them as counterparts of me in the role, and they were always getting into fights."

#### A Lady of Distinction

Is recognized by the delicate, fascinating influence of the perfume she uses. A bath with Cuticura Soap and hot water to thoroughly cleanse the pores followed by a dusting with Cuticura Talcum powder usually means a clear, sweet, healthy skin.—Advertisement.

#### Magellan First to Sail Around World

Ferdinand Magellan, a Portuguese, is credited with being the first man to sail around the world, although he was killed in the Philippine islands before the voyage was completed. He set out August 10, 1519, in the service of Spain, commanding five ships carrying 237 men. His purpose was to reach the Spice Islands by sailing to the westward. November 28, 1520, he discovered the strait that now bears his name and sailed through into the Pacific ocean, across which he sailed 12,000 miles without finding inhabited land. After Magellan's death in the Philippines, April 17, 1521, his lieutenant, Sebastian del Cano, took command and continued the voyage. He reached San Lucar, near Seville, the starting point, with only one ship, the Victoria, September 7, 1522. The journey had been accomplished in a trifle more than three years' time.—Kansas City Star.

Many people imagine that Worme or Tapeworm cannot be expelled entirely. A single dose of "Dead Shot" proves that they can. 212 Pearl St., N. Y. Adv.

#### Ship Under Odd Flag

A ship without a country plies in the oil service out of San Pedro, Cal., and proves a puzzle to harbors of the world. It is the tanker Nlobe, which carries gasoline from San Pedro to Hamburg, Germany. The Nlobe was built in Germany during the war, and afterward allotted to the United States. While the United States did not accept ownership of the vessel, the shipping board controls it and allotted the tanker to the Standard Oil company. An American crew is carried, although the ship has no American papers. For a flag, the Nlobe carries that of the interlarded maritime council.

#### Just So Much

"I had a tooth pulled this morning." "Did you have an anesthetic?" "No—a toothache."

### Children Cry for



## Fletcher's CASTORIA

MOTHER:—Fletcher's Castoria is especially prepared to relieve infants in arms and children all ages of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep.

To avoid imitations, always look for the signature of *Dr. H. H. Fletcher*. Absolutely Harmless—No Opiates. Physicians everywhere recommend it.