



**Don't Risk Neglect!**

To Ignore the Early Warnings of Kidney Trouble Is Serious and Often Fatal

ONE'S health depends upon one's kidneys. The kidneys must filter every drop of blood. If they fail to properly do this work, there's a poisoning of the whole system. Then comes backache, dizzy spells, bladder irregularities and loss of vitality. Why wait? Why not use Doan's Pills? Doan's have helped thousands. Ask your neighbor!

**A Virginia Case**

W. H. Henry, machinist, South Salem, Va., R. F. D. No. 2, says: "I was troubled with kidney complaint and my back bothered me. My kidneys were sluggish and didn't act right. I heard of Doan's Pills and began taking them. I was relieved through the use of Doan's and I haven't had trouble since."

**Doan's Pills**

Stimulant Diuretic to the Kidneys

60c all dealers. Foster-Milburn Co., Mfg. Chemists, Buffalo, N. Y.

The bone of contention usually has little meat on it. The imagination is the retina of the universe.—Ruskin.

**Children Cry for**



**Fletcher's CASTORIA**

MOTHER:—Fletcher's Castoria is especially prepared to relieve infants in arms and children all ages of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep.

To avoid imitations, always look for the signature of *Wm. H. Fletcher* Absolutely Harmless—No Opiates. Physicians everywhere recommend it.

Not much good looks left when a man is told he is well preserved. Put not your trust in money, but put your money in trust.—Holmes.



**FOR RHEUMATISM**

**ASPIRIN**

Proved safe by millions and prescribed by physicians for Rheumatism Colds Neuritis Neuralgia Headache Pain Toothache Lumbago

**DOES NOT AFFECT THE HEART**

**Safe** Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

**CHERRY-GLYCERINE COMPOUND** FOR COUGHS, COLDS, BRONCHITIS AND THROAT AFFECTIONS. **JAMES BAILY & SON** MANUFACTURERS. **CANTALOUPE SEED** The wonderful New H. D. \$2.50. Red Meat Portico \$1.50 Pound. Selected Stock. Westford Bros. Co., Conneville, Iowa. **MEN, BUY YOUR HATS DIRECT FROM MANUFACTURER** Send for Style Book. Model Hat Mfg. Co., Dept. R, East Orange, N. J.

**Soy Beans Best Planted in Rows**

Make More Seed and Hay Per Acre Than Drilled or Broadcast.

In many sections where soy beans are not well known and are not grown extensively, many farmers have asked for information about how to plant the beans for best results. E. C. Blair, extension agronomist at the North Carolina State college, states that the beans will do better if planted in rows. Grown this way, the beans make more seed and more hay per acre than when drilled or broadcast.

**Contain Much Weed Seed.** At the Mountain Branch station near Swannanoa, the hay from soy beans planted broadcast contained 50 per cent or more of weeds, while there were no weeds in the hay where the beans were cultivated in rows. Planting in rows also requires only half as much seed.

"Land to be planted in soy beans should be well broken and worked into a good seed bed," says Mr. Blair. "This careful preparation will pay better for soy beans than for most other crops. Run the rows three feet apart and place the fertilizer in the rows. The best fertilizer is 300 to 400 pounds per acre of 12-0-4 or the same amount of a 12-2-4 on poor soils. Mix the fertilizer in the soil to avoid burning the seed. Forty pounds of Mammoth Yellow, 15 pounds of Virginia or ten pounds of Laredo beans will plant an acre in rows three feet apart. Plant the beans with a corn planter, using a plate that drops a seed every six inches. For the small seeded varieties, use a plate with small holes. Plant the beans level and cover lightly. They will not come up if covered deeply, nor will they come through a hard crust."

**Three Cultivations.** Mr. Blair states that cultivation should begin when the plants are from five to six inches high. Three cultivations are usually enough but more should be given if necessary to control grass and weeds. By following these suggestions, Mr. Blair believes that the grower can have success with the soy bean crop.

**Orchardists Prepare to Fight Armies of Pests**

Farmers are making ready for the annual defense against the onslaught of great armies of pests which attack fruit trees. In their preparation they are heeding the two mistakes which heretofore have been most commonly made in spraying, that of failing to spray at the proper time and lack of thorough work. They are planning to do the job up right this year.

While it is difficult to lay down any hard and fast rules with regard to spraying, James G. Moore, horticulturist of the Wisconsin College of Agriculture points out a few fundamental facts which can be followed. The spray commonly used for general work is made up by mixing five quarts of lime sulphur and one pound of arsenate of lead in fifty gallons of water.

The first spray is commonly called "pink spray" and should be used just before the blossom buds open. Care should be taken not to spray with poison when the blossoms are open. The second spray, called "calyx spray," should be applied just as soon as the petals fall and before the calyx cup closes. A third spray should be applied fifteen or eighteen days later, and the fourth application about the middle of August on late varieties.

**Disease Control**

Disease control and sanitation are most important in poultry management. Lack of knowledge of the presence of disease and the method of combating it or the non-application of this knowledge has caused many flocks to be destroyed in a very short time. The loss is enormous and yet is preventable.

There is one absolute rule in poultry sanitation and disease control.

**Time to Apply Manure**

Midwinter is the time of the year when both the garden and orchard should be covered with barnyard manure. If it is hauled out and distributed as it is made about the barns and sheds, the soil will absorb nearly all of the plant nutrients contained in it. Twenty tons per acre for the vegetable garden and bramble patch and five to ten tons per acre for the orchard make a fair application.

**Handling Seed Corn**

Seed corn should be carefully sorted and prepared for planting during the slack winter months. It is an excellent plan before this is done to take kernels from 100 or 200 representative ears for a germination test. This will frequently give valuable indications as to how much sorting must be done. The state seed laboratory at Manhattan, Kan., will germinate the samples free of charge.

**Time to Fight Scale**

Again it is the time of year to spray the orchard for San Jose scale. This can only be done while the orchard is dormant, and the best time is in the late winter. A strong spray can be applied at that time, which will kill the scale but will not injure the tree. Oil scaleicides are most suitable and most effective.

**NELLIE REVELL Says:**

NO LOVE, no friendship, no kindness is ever wasted. And if they be not appreciated nor reciprocated by the person upon whom they are bestowed it comes from some other least expected source upon which we have no claim. There is no such thing as loving in vain. True, one can love someone who does not return that love. But for every unrequited love another bigger love is born. The more people you like the more people like you. The more you give the more will be yours to give. The more smiles you put into circulation the more will you have bestowed upon you. Love, friendship and smiles are like currency. If they are hoarded no one gets the benefit of them; if they are kept in constant circulation everyone benefits; and again, like money, they always accumulate something in the transit.

An English actor came to this country and decided that the way to get along was to put on a lot of side and pose as a very wealthy man, notwithstanding the fact that all he had was \$100. He was seated in the Astor in New York having dinner when he saw a gambler he had met on board ship and with whom he had been very chummy. When the gambler hailed him from the next table, however, he did not notice him, swank beginning to work at once.

The gambler heard him say to the waiter, "Waiter, you may demit tasse me and also cigar me." The waiter returned with a demi tasse and a cigar. The two men finished their meal at the same time and the gambler was right on the heels of the Englishman when they got to the coatroom.

Here the Englishman said to the girl: "Miss, you may overcoat and cane me."

The gambler accosted him again and still was snubbed. A few weeks afterward they met face to face in a crush near Forty-second street. The Englishman looked down and out and he recognized the gambler this time.

"By Jove, old top," he said, "it's lovely to see a friend's face in this town. You know, old dear, I am cast for one of the most important parts in a forthcoming Broadway production and my bally old remittance is a little late. Could you loan me the price of a meal, old thing?"

"Sure," replied the gambler, and, taking him into Childs' restaurant, said to the waitress, "Hey, wheat cake this guy."

My morning paper says, "Woman Chokes to Death at Dinner While Laughing at Husband's Joke." Well, if she hadn't laughed at his joke he would probably have choked her anyway.

As far as the traveling public is concerned it doesn't make nearly as much difference who is president of a railroad as who the red cap is that meets them at the train. Those who make frequent journeys in and out of New York after a while get to know the red caps and have their favorites, and though a red cap seems only a cog in the wheel of a great system, yet a pleasant smile and greeting from the one who bears our bags can often make us feel that we have gotten home again.

Over at the Pennsylvania station is one named Boyd—William is his first name, I believe—who has been piloting my wheel chair to and from the trains on my Atlantic City trips. He seemed elated over something the day I left on the last excursion and I inquired what it was. He told me that on that day he had been with the Pennsylvania for exactly twenty-six years.

"Twenty-six years!" I exclaimed. "Yes, ma'am," he replied. "This is gettin' to look like a steady job for me."

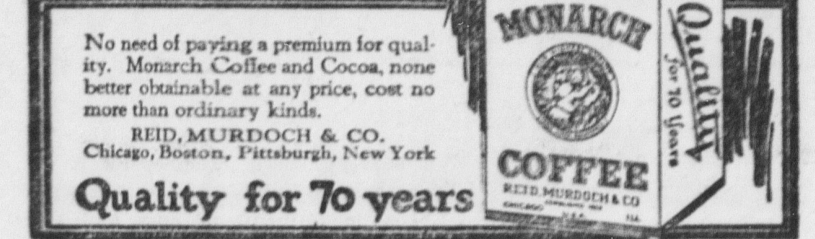
**WANTED:**  
A little more kindness and a little less greed;  
A little more giving and a little less greed;  
A little more smile and a little less frown;  
A little less kicking a man when he's down;  
A little more "we" and a little less "I";  
A little more laugh and a little less cry;  
A few more flowers on the pathway of life,  
And fewer on graves at the end of the stride.

A friend of mine tells about a niece who asked a question that started in all right, but before it finished had him stumped.

"Say, uncle Will, do fish sleep?" she asked.  
"Sure they sleep. Everything sleeps at one time or another."  
"Where do they sleep?"  
"In the water, of course."  
"Well, do they lie down or sit down or stand up?"  
Answers to the question can be sent care of this office.

For months my nurse and I have been pampering and petting my canary bird. We have fed him meals, drawn his bath for him, dusted and furnished his cage, kept the windows shut so he could fly around the room even though we were suffocating for air ourselves. And after all that attention the minute my daughter comes to visit me she ignores us, won't sing for us and hardly looks at us. He is too busy running after a new face. Now I ask you, isn't that just like the male of the species.

**MONARCH Coffee and Cocoa**



No need of paying a premium for quality. Monarch Coffee and Cocoa, none better obtainable at any price, cost no more than ordinary kinds. REID, MURDOCH & CO. Chicago, Boston, Pittsburgh, New York. Quality for 70 years

**MONTHS of solid wear**



"U.S." Blue Ribbon boots are made with sturdy gray soles. The uppers are either red or black—knee to hip lengths.

These new "U. S." Blue Ribbon boots and overshoes are built to give longest wear.

They're built with thick, oversize soles—tough as an automobile tire. In the uppers goes rubber *live as an elastic band*. Constant bending won't crack it. The reinforcements are the strongest ever used in boot construction. If you want long wear with comfort, get "U. S." Blue Ribbons.

United States Rubber Company



Five times its length! That's how much you can stretch a strip of rubber cut from any "U.S." Blue Ribbon boot or overshoe.

**"U.S." Boots** Walrus Arctic Rubbers



**"Those bilious headaches can be prevented"**

"I know how agonizing they are. For years I was a chronic sufferer. And the headaches were not the worst part of it. The strong drugs I used to take to relieve the pain upset my stomach and slowly but surely undermined my general health. Finally I found out that my headaches were due to constipation. My doctor advised Nujol. After taking it regularly a few weeks the trouble disappeared. Since then I have never had another headache. There is no reason why I should, for the cause has been corrected."

**Nujol Corrects Constipation in Nature's Way**

Constipation is dangerous for anybody. Nujol is safe for everybody. Nujol simply softens the waste matter and thus permits regular and thorough elimination without overtaxing the intestinal muscles. Medical authorities approve Nujol because it is gentle, safe and natural in its action. You can take Nujol for any length of time without ill effects. To insure internal cleanliness, it should be taken regularly. Unlike laxatives, it does not form a habit and can be discontinued at any time. Ask your druggist for Nujol today and begin to enjoy the perfect health that is possible only when elimination is normal and regular. **Nujol** For Constipation