

### GLAD TO SPREAD GOOD NEWS

Helped by Lydia E. Pinkham's Vegetable Compound

Cleveland, Ohio.—The friends of Mrs. Helen M. Kowalczyk of 6819 Hope Avenue were glad to hear that she has regained her health. For quite some time Mrs. Kowalczyk was quite ill and it was impossible for her to work. She took Lydia E. Pinkham's Vegetable Compound to build her up. After she had started taking it, she wrote to the Pinkham Company as follows: "I certainly feel Lydia E. Pinkham's Vegetable Compound. I feel stronger already and sleep sounder. I am very glad to spread the good news of how it has helped me."

Detroit, Michigan.—"I heard of this medicine through an advertisement in the 'Detroit News' and wrote to Mrs. Grace Gillem, whose letter was published. Then I started taking the Vegetable Compound and got the best results. I used the Sensitive Wash, too. I am really happy if I can advise women to take your medicines." —Mrs. M. E. Murphy, 12163 Washburn Ave., Detroit, Mich.

Lydia E. Pinkham's Vegetable Compound has been in use by women for over fifty years. It is a vegetable tonic made from root and herbs and is sold at all druggists.

### CHAPPING - SORES

One treatment soothes the irritation and starts the healing if you use

## Resinol

### SPOHN'S DISTEMPER COMPOUND

Keep your horses working with "SPOHN'S" Standard remedy for 22 years for Distemper, Strangles, Influenza, Coughs and Colds. Give to sick and those exposed. Give "SPOHN'S" for Dog Distemper. Sold by your druggist. If not, order from us. Small bottle 50 cents, large \$1.25. Write for free booklet on disease. SPOHN MEDICAL CO. DEPT. C, CINCINNATI, O.

### FREE BARTEL'S SONG FOOD

To introduce Bartel's Quality Bird Food with every purchase of a genuine Hartz Mountain Canary at \$1.00. All carefully selected Hardy Singers — of GENUINE ST. AN. BREASTING BOTTLES at \$1.00. All birds noted songsters. Complete Canary Breeding Outfit \$12.00. Includes pair of selected Hartz Mountain Canaries, Double breeding Cages, Nest and Nests, and full instructions how to raise Canaries. Mail order quickly filled. Instructions booklet. "How to raise your Canaries" free. BARTEL'S, Dept. "B", 48 Cortlandt St., New York

### Colds Will stop tomorrow

Colds break in 24 hours for the millions who use Hill's. Fever and headaches go. La Grippe yields in 3 days. This is the quick, scientific way to end these dangers and discomforts. Don't trust lesser balm, don't wait. Get back to normal at once.

Be Sure It's HILL'S Price 30c

## CASCARA QUININE

Get Red Box with portrait

### Don't Fuss With Mustard Plasters!

Musterole Works Without the Blister—Easier, Quicker

Don't mix a mess of mustard, flour and water when you can relieve pain, soreness or stiffness with a little clean, white Musterole.

Musterole is made of pure oil of mustard and other helpful ingredients, in the form of a white ointment. It takes the place of mustard plasters, and will not blister.

Musterole usually gives prompt relief from sore throat, tonsillitis, croup, stiff neck, asthma, neuralgia, headache, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frosted feet, colds of the chest (if may prevent pneumonia).

### MUSTEROLE

WILL NOT BLISTER

Better than a mustard plaster

### PISO'S for Coughs

Quick Relief! A pleasant effective syrup. 3c and 10c sizes. And externally, use PISO'S Throat and Chest Salve, 35c

### DON'T BE GRAY

Darken your gray hair, gradually, surely and safely in privacy of your home. Used over 50 years by millions. Money-back guarantee.

## Chan Hair Color Restorer

At your Druggist 75¢

300,000 CHICKS FOR 1926

White Leghorn, Barred and White Rock, Rhode Island Red and White Wyandotte. They are bred, hatched and priced right. One hundred per cent live arrival guaranteed. Catalog free.

L. R. WALCK HATCHERY  
Box B, R. D. 5, Greenacres, Pa.

# The TALE of KIDDIE KATYDID

By Arthur Scott Bailey

## MR. FROG IS PLEASED

"KIDDIE KATYDID doesn't slug!" Freddie Firefly told Mr. Frog hurriedly, when they met again. And Mr. Frog was so surprised that he almost sat right down in the mud. "What do you mean?" he cried. "You must be crazy! For there isn't a single person in all Pleasant Valley that hasn't heard Kiddie Katydid singing his tiresome song on a fine midsummer night."



"I'm a Pretty Clever Chap, I Am," He Chuckled.

Mr. Frog. And that's where everybody else is mistaken, too. Tonight I was lucky enough to learn that Kiddie Katydid has been fooling us all this time."

"You don't say so!" said Mr. Frog. "Then who is it that sings that everlasting chorus?"

"Nobody."

"Nonsense!" Mr. Frog scoffed. "I can be fooled once, maybe. But I'm not to be fooled twice. And you needn't think for a moment that you can make me believe any such thing."

"I don't care whether you believe it or not," Freddie Firefly declared.

### WHEN I WAS TWENTY-ONE

BY JOSEPH KAYE

At 21—Ruth Cross, Latest of the Women Novelists to Win Fame, Had Passed Through a Large Slice of Life.

"AT ABOUT this time I got my degree at college and was elected to Phi Beta Kappa. Under my picture in the college annual were these prophetic words: 'None but an author knows an author's woes!' I started gathering in rejection slips at thirteen and I kept steadily at it thereafter."

"Sandwiched in between my years at the university were various years of teaching, the first year in what is now Oklahoma—it was Indian territory then. I believe there were only four white women in the town, including myself. Then I tried my hand at being assistant cashier in the one small bank. I recall vividly the 'grafters,' who were a regular feature of the scenery. They were always bringing Indians into the bank to sign away their compensations."

"Quantities of Indians were encamped round about, and a shooting fray occurred in the streets almost every day. Next I taught in Victoria, Texas, a beautiful little semi-tropical town near the Gulf coast. Then I had a year out on the plains where the wind blew all the time, sometimes so violently that the sand drifted in through the windows and lay inches deep on floor and beds and dining tables.—Ruth Cross."

TODAY—Ruth Cross suddenly shone across the literary horizon with a novel, "The Golden Cocoon." It won her immediate fame, with all that that means—more books accepted, stories, plays, and so on. In brief, she had arrived.

### A LINE O' CHEER

By John Kendrick Bangs

## THE LOVE STORY

"WHY don't you write a tale of love?" somebody said to me. "And make the story beautiful as only love can be? A story full of high romance, that thrills with cheer and light—The old, old-fashioned sort of tale our fathers used to write?"

Quoth I, "I'd like to do it, but I'd never get it done. I'm so completely occupied each day in living one. And I would rather live my love than write it any day. For life is mightier than the pen, whatever the critics say."

"All I ask you to do is to tell the story to Mr. Crow."

"He won't believe it, either," the tailor retorted. "Perhaps he will when he hears the rest of the message," Freddie answered. "I was just going to explain that Kiddie Katydid has a trick of rubbing his wing covers together to make that Katy-did sound."

"For the land's sake!" cried Mr. Frog, as he leaped into the water, convinced at last of the truth of Freddie Firefly's claim. "I must hurry home at once, for dawn's already breaking. And Mr. Crow may come sailing over my place at any moment."

He landed with a splash in the creek and started to swim rapidly away. But after a few strokes he paused and turned around. "You might almost say that Kiddie Katydid is a fiddler, mightn't you?" he called. "Something like that!" Freddie Firefly agreed a bit doubtfully. "I'll tell Mr. Crow that, anyhow," said the tailor. "It will make the story more interesting, at least. And so far as I can see, it can't do any harm."

And then he hastened away, leaving Freddie Firefly to get home as best he could in the gray of the early morning. "You may as well put out your light!" Mr. Frog shouted back, as he disappeared among the reeds. But he didn't wait to see whether Freddie took his advice. He was too much excited over the strange news. And as he swam easily along with practiced strokes he kept talking to himself.

"I'm a pretty clever chap, I am!" he chuckled. "I've discovered a great secret this night. And old Mr. Crow will be glad to hear all about it. Perhaps he'll want me to help him with his newspaper after this."

"And for all I know I'll have so much to do that I won't be able to make any more clothes for my customers."

He hadn't swum far before he had entirely forgotten that it was really Freddie Firefly who had discovered the secret and told it to him. No doubt if anybody had reminded Mr. Frog of that fact he would have been very indignant.

(© by Grosset & Dunlap)

### THE WHY of SUPERSTITIONS

By H. IRVING KING

## THE WERWOLF

THIS ancient superstition—a belief that some human beings were at times temporarily changed into wolves, still retaining their human intelligence, but taking on the wolf's fierceness—once so widespread, still lingers in Europe in the regions where wolves were most abundant. The best opinion is that the superstition originated in primitive times from men covering themselves with the skins of beasts for the following reasons:

Food was the principal desideratum of the savage and he clothed himself in the skin of an animal in order that he might decoy other animals within reach of his dart or his club. Also, disguised in the skin of a beast, he might, with the more safety, prowls as a scout around the camp of his enemy. Again he assumed the skin of a wolf or other savage beast in order to inspire terror or thus disguised to work revenge upon an enemy and have his work blamed upon a ravenous animal. That one of these imitation wolves should sometimes be wounded by those against whom he was practicing was inevitable and when, afterwards, the man who had been playing the part was found to be wounded and would give no explanation of his wound what more natural then for the savage to say, "I shot a wolf. Here is a man mysteriously wounded and wounded the same as I wounded the wolf. Ergo this man was temporarily changed into a wolf."

During the Middle ages many people were put to death on the charge of being werewolves and about the time that Roger Williams was founding the state of Rhode Island on this side the water tribunals in France were condemning to death men accused of being werewolves.

### NEVER PUT OFF TIL TOMORROW WHAT YOU CAN SLEEP IN



## George O'Brien



This popular "movie" star was born in San Francisco. He is the son of a police chief, and has led an extremely active life, starring on many Santa Clara university teams. From assistant cameraman and "extra," he rose to star in a prominent screen picture. He is twenty-five, and is noted for his smile and good looks. He is a six-footer and weighs 175 pounds.

### AN ABBREVIATED STORY

## PHRENOLOGY

WANDERING about viewing the sights of the Round Corners country fair, Steuben Veskit noticed the booth of Professor Kismet, phrenologist.

"Here's my chance to find out if there's really anything in the science of phrenology," he thought. And he went into the booth and requested Professor Kismet to feel his bumps.

"H'm," began the professor, "your stabilic curve is almost concave—that means that your will power is not only null, but void. Your attic protuberance is negligible—which indicates that your art sense is almost absent, that no one who knows you well would trust you to pick out wall paper for them. Fifty cents, please."

"If you expect half a dollar for that, you can keep on expecting till you're black in the face," hissed Steuben.

"Oh, well, let me be fair," he thought. "Professor Kismet may be a mere charlatan, and I wouldn't like to think that I ever condemned a thing hastily."

And he went in and uncovered his head for Madame Swastika, who began: "You have an unusually prolific jollitic acclivity, which indicates that you are good nature itself. Furthermore, your upstanding pinnacles are supernormal, showing that you are the soul of honor and the acme of justice. You are an almost infallible judge of human nature and are generally known as a prince of good fellows. Five dollars, please."

"With pleasure," said Steuben Veskit, handing it over. "You have proven to me that phrenology is based on sound scientific principles."

And, bowing himself out, he went and lost eighteen dollars playing the shell game.

### WHO SAID

"When I am at Rome I fast as the Romans do; when I am at Milan, I do not fast."

THESE are the words of advice given to St. Austin by St. Ambrose, one of the fathers of the early Christian church. St. Ambrose's advice was, in effect, that his co-worker should enter a middle course and give no unnecessary offense which might lessen his influence among the people with whom he was working. Continuing his advice, he said:

"So likewise you, whatever church you come to, observe the custom of the place, if you would neither give offense to others, nor take offense from them."

When one considers the age in which St. Ambrose lived his attitude was, indeed, tolerant and savored little of the spirit of asceticism which made many people of that day the torturers of their fellowmen who did not agree with their opinions. St. Ambrose did not set out to be a priest. He was the son of an office holder at Treves, and as a young man he studied for the law in Rome. He practiced law at Milan and was at one time governor of north Italy. His kindness and wisdom in handling the affairs of the province under his administration so endeared him to the people that they unanimously called him to be bishop of Milan, though he had not yet been baptized into the church. He withheld acceptance of the office for a time but finally yielded and set himself in strong opposition to the Arians—a sect which denied the equal sovereignty of God and Jesus Christ.

Many religious works are extant which are from the pen of this man. St. Ambrose died in the year 397, aged about sixty-four years.—Wayne D. McMurray.

## HOW TO KEEP WELL

DR. FREDERICK R. GREEN Editor of "HEALTH"

## HOW BEARS SLEEP IN WINTER

IN MOST cases, the animal body is the same in structure and workings as the human body. But in some animals there are striking differences that have been developed, owing to the individual characteristics of these animals. The elephant's long trunk, the camel's four stomachs, the absence of a gall bladder in some kinds of deer, the pouch in which the kangaroo carries its young, are some of the most commonly known examples.

While the ordinary processes of breathing, digestion and circulation of the blood are practically the same in human beings as in animals, there are also some marked differences in some animals in the way in which these bodily functions work. One of the most curious instances of the peculiar habits of some animals is what is known as hibernation; the ability of animals to sleep all winter without food or drink. Everyone knows that this is true. Any schoolboy can tell you that bears, badgers, and groundhogs sleep in caves or nests from the beginning of winter to the beginning of spring, except that the groundhog wakes up and comes out of his hole on February 2, and looks for his shadow, in order to know how much longer the winter is going to last. If you ask him how these animals live during the long winter sleep, he will tell you that they suck their paws.

And the boy will be pretty close to the truth: Some animals have the curious ability of suspending all their bodily activities or at least reducing them to the lowest possible amount, of sleeping all winter and of coming out in the spring as well or perhaps even better than when they went to bed in the fall. There is nothing in the human body or in human ways of living which in any way compares to this animal habit of hibernation.

In a lecture on the subject recently, Doctor Friedmann said that there are two forms of hibernation; the uninterrupted form, which lasts all winter without a break, and the interrupted form, where the animal wakes and comes out of its hole on warmer days and goes back when it gets cold. Marmots and dormice sleep all winter and will not even wake up when disturbed. Bears, badgers, and skunks will wake up and come out on mild days, or when disturbed, and then go back to sleep again.

This condition is more than sleep. It is unconsciousness. The heart and breathing are slow, the temperature is below normal, the animals do not eat nor drink and there is no elimination. Doctor Friedmann says these animals have a hibernating gland, which makes it possible for them to slow down their body machine and sleep until circumstances make it possible to resume their activities. Poor old man has no such ability.

## SCIENCE AND STYLES

FOR so many years scientific men, especially doctors, have been railing and scolding about women's clothes, that it is both a shock and a pleasure to find eminent scientists approving the present-day styles. Dr. Leonard Hill, director of the National Institute of Medical Research, and one of the leading authorities in England on public health, said recently, in speaking of the value of sunlight in preserving health, that an ideal dress for a woman should have no sleeves and a low neck, should only come to her knees, and that she should wear thin stockings. You can find exactly this costume by the thousands today in every city and town in the country. For once science and styles are agreed.

If Doctor Hill is right, certainly the rising generation of women ought to be the healthiest the world has ever seen. Probably at no time since primitive days have so many women had the advantage of so much sunlight and fresh air on their bodies. Compare the flapper of today with her simple and often single piece of silk underwear, her one-piece dress, loose and hanging from her shoulders and only coming to her knees and her thin silk stockings, with the woman of 25 years ago, stifled in numerous undergarments of starched cotton or wool, from two to five petticoats, a stiff-boned corset, heavy lisle or woolen stockings, with woolen sleeves to her wrist and her collar high up under her ears.

What's going to be the difference? We don't know exactly yet, but if there is anything in sunlight and science, there's going to be a lot of difference somewhere.

The surprising thing is that 30 years ago everybody was talking about "dress reform" for women. Today they don't need any reform. But how about men's clothing? It is just the same in general as it was then. High, tight collars up to our ears, not only keep off the sun but also choke and cut off the blood to such brains as we may have. Where women have two thicknesses of thin cloth over their bodies we have at least four. And then we talk about the "stronger sex." It is to laugh. If men reformed women's clothes in the nineties, it's women's turn now to reform men's. And may they soon do it.

### 3 handy packs for 5¢



## WRIGLEY'S P.K. NEW HANDY PACK

Fits hand ~ pocket and purse

More for your money and the best Peppermint Chewing Sweet for any money

Look for Wrigley's P. K. Handy Pack on your Dealer's Counter

## Piles Disappear Peterson's Ointment

"Please let me tell you," says Peterson, "that for instant relief from the misery of blind, bleeding or itching piles, there is nothing so good as Peterson's Ointment, as thousands have testified." Best for old sores and itching skin. All druggists, 60 cents.

There is but one book for genius—nature.—Delusly.

The Cuticura Toilet Trio. Having cleared your skin keep it clear by making Cuticura your everyday toilet preparations. The Soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder and perfume. No toilet table is complete without them.—Advertisement.

Civilization is due to discontent.

Roman Eye Balsam is an antiseptic ointment. Hence the medication heals by penetrating the inflamed eye surface. Adv.

Poverty is no sin.—Herbert.

## Build Up Your Health With DR. PIERCE'S GOLDEN MEDICAL DISCOVERY

If You Would Avoid COUGHS, COLDS, GRIPPE.

A Tonic which Dr. Pierce prescribed when in active practice 60 years ago. In Liquid or Tablets, at your Dealer. Send 10c. to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for trial pkg. Tablets.



## The Best Recommendation FOR—

## Bare-to-Hair

Is the number who are trying to imitate it. If Bare-to-Hair was not growing hair on bald heads there would be no imitators. If there is baldness or signs of it you can't afford to neglect to use Forst's Original Bare-to-Hair.

Correspondence given personal attention. For sale by all Drug Stores and Barber Shops.

W. H. FORST, Mfr. SCOTSDALE, PENNA.

### Green's August Flower

for Constipation, Indigestion and Torpid Liver

Relieves that feeling of having eaten unwisely. 30c and 90c bottles. AT ALL DRUGGISTS.

### INSIST UPON KEMP'S BALSAM

for that COUGH!