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SCHOOL DAYS



What Use Are Husbands?

By DOUGLAS MALLOCH

THE husband woman wants is one 1 Who helps her get her dishes done, Who picks things up, not leaves them

A man who's just a little use, And not too proud to sweep a floor, A handy man to hang a door, Or close one that he finds ajar-And not the way that most men are.

The husband women like to see, I think all women will agree. Is one who holds a baby right, Is one, when he comes home at night, Who takes the children off her hands, Is one who children understands-I guess the model husband, maybe, Is one who likes to hold the baby.

But ordinary husbands-well, You women know, I needn't tell. There's not a thing that they will do To help you get your housework

through. They're off downtown at break of dawn. To some old office they have gone,

And there till late at night they stay-What are they good for, anyway? (© by McClure Newspaper Syndicate.)

Mother's Cook Book

Who's striving Parnassus to climb With a whole bale of isms tied together with thyme: The top of the hill he will ne'er come nigh reaching ne learns the distinction twixt he learns the disting.
singing and preaching.
--Lowell,

GOOD FOODS

A S SPINACH is such a valuable vegetable it should be served often during the winter and oftener In the early spring. When the fresh vegetable cannot be obtained the canned will answer very well.

Cream of Spinach Soup. Take one-half peck of spinach cooked and put through a sieve, add to it one pint of chicken broth and one quart of milk, thicken or bind with two tablespoonfuls each of flour and butter. Cook well and serve hot with croutons.

Anchovy Puree Sandwiches.

Pound four boned anchovies, two hard-cooked egg yolks, one-fourth of a cupful of butter and a few dashes of cayenne in a mortar until smooth. small rounds of white bread with the mixture and an equal number with mayonnaise dressing. Put together in pairs. Sprinkle one side of each small sandwich lightly with paprika and serve with salad.

Meat Loaf.

Take one pound each of chopped heef and fresh pork, one cupful of bread crumbs, one cupful of strained tomato juice, one teaspoonful of chopped parsley, salt and pepper to taste. Stir and mix well, bake one hour in a small bread tin.

Lemon Dumplings. Add the grated rind to the juice of one lemon, one cupful of molasses, one-half cupful of sugar, one tablespoonful of butter, one cupful of hot water, one egg, one cupful of flour, two teaspoonfuls of baking powder, one-half teaspoonful of salt. Let the lemon, molasses, sugar, butter and hot water come to a boil, then drop the dumplings into it-made by sifting the flour and dry ingredients, adding just enough milk to make a drop batter. Cover closely and boil twenty minutes to one-half hour, using care that the mixture does not burn.

lelle Maxwell

THE WHY of SUPERSTITIONS By H. IRVING KING

SHUTTING DOORS

A LWAYS shut the door after you upon entering a house or you will never have a house of your own. This is a superstition to be encouraged. It is not near as common as it ought to be: it should be brought to the attention of those people who always leave the door ajar on cold or stormy days especially.

It is gratifying to know that the American Folk Lore society finds it fairly common in various parts of the land. The idea in the superstition is that ancient and primitive one of binding and losing, of confining by tying or otherwise; a form of sympathetic magic. That which is associated in thought is associated in fact. When upon entering a house you close the door behind you you confine yourself to the house and by shutting yourself into it identify yourself more thoroughly with it. You and the house are parts of one whole, as it were, in the idea of association. Sympathetic magic takes its course and some day you have a house of your own. But if you leave the door open you are associated in thought with out-of-doors, that association prevails and the oftener you do it the stronger is the association. So you never get house of your own-and don't, really, deserve one.

(6) by McClure Newspaper Syndicate.)



"DO YOU know about that Greek horse Pegasus?" asked the Hotel Stenographer.

"Running at Tijuana?" asked the House Detective.

"No, Kelly," replied the girl. "Pegasus never ran at Saratoga either He lived many, many years ago and then only in the imagination of the

"They had a lot of gods of everything from the vacuum cleaner to the weather vane on the roof. These gods were somewhat like our patron saints. Just as we have St. Anthony as a patron saint of lost things and put 'S. A. G.' under a postage stamp to make a love letter go right, expecting St. An-Then press through sleve, spread thony to guide it, so the Greeks had gods of this, that and the other.

"This winged-horse Pegasus was the god of poets. They gave him four legs so he could keep his feet on the ground when dealing with solid facts and a pair of wings so he could take the air when imagination began to work on him. The poets used his wings and the income tax collectors used his hoofs.

"It seems to me, Kelly, that Pegasus should be the patron saint of women instead of Cupid. If there is anything on earth a woman needs its her feet. They ought to be on the earth all the time. She takes the air on wings of fancy too blamed much as it is.

"She sees some husky lad driving a delivery wagon for a butcher shop who can shake a wicked boof at a parish hall dance and right away her feet leave the ground and she imagines he is a hero; mentally she dresses him in green tights and puts a mandolin in his hand and brings him under her window to improvise love songs. If she had all four of Pegasus' feet and they were all on the ground she would know that a delivery wagon driver knocks down about eighteen bones a week. As a good delivery boy cannot cop food out of other people's baskets she'll have to be willing to live a whole lot on the food of fancy, which is quite different from fancy food."

Among the TABLES

JULIA MARLOWE

THE name "Julia Marlowe," has a I magic sound, for it brings up visions of delightful matinees and wonderful evenings, while this talented actress played "Rosalind" in "As You Like It," and the wonderful "Jullet" and others of Shakespeare's lovely women characters.

Julia Marlowe, whose real name was Sarah Frost, was born August 17. 1870, in England but came to this country when she was about five years old. Her family settled in Ohio, and she was educated there. But when she was twelve, her overpowering desire to go on the stage led her to join a juvenile company which was playing "Pinafore" and "Chimes of Normandy." She toured the country with them, and showed such talent that she became the little leading lady. Then she played a child's part in "Rip Van Winkle" with a regular company, and a small part in "Romeo and Juliet." That decided her, she wanted to play Shakespeare.

So she went to New York, and studied hard for three years and became a real "star" when she was only about seventeen. She played "Ingomar" and was highly praised-meantime, she had adopted the stage name of "Julia Marlowe." Seriously, then. she started playing Shakespeare, at first receiving plenty of praise from critics but little financial support from the public. Presently, however, every performance was crowded and she became the best loved actress of Shakespearean drama.

(by George Matthew Adams)

WHO SAID

"Nothing succeeds as success"

THE life of the man who uttered these words was a living exemplification of their soundness and truth. Success was the mother of success in the life of Charles Maurice de Talleyrand Perigord. His success succeeded and led to greater honors and achieve-

Born in Paris, France, February 13, 754, this man who is best known to istory as "Talleyrand," was president of the national assembly at the age of thirty-six. Two years later he was sent to England on a diplomatic mission; but while there, charges were brought against him at home of being implicated in a royalist plot, and he was proscribed. To return to France would have meant death at the hands of the revolutionists, so Talleyrand followed the plan of so many political refugees of that time and sailed for America.

He remained in this country for two native country. Here, the enmity for him having decreased, he was again active in political circles and was appointed minister of foreign affairs. Soon his old enemies commenced their work again, and because of further charges of favoring the royalists, he was forced to resign.

Talleyrand now devoted himself heart and soul to the coming master of France, "the man of destiny"-Napoleon Bonaparte; and to the work of Charles Maurice de Taileyrand Perigord can be attributed much of the fame of his illustrious sovereign. Upon the return of Napoleon, and his appointment as first consul, Talleyrand was reappointed minister of foreign affairs and for the next four years was the man who executed all of the Napoleonic schemes.

Following the Peace of Tilsit in 1807, however, he became an opponent of the emperor and secretly joined a royalist organization. To him goes the credit for organizing the Quadruple Alliance. He died in Paris May 17, 1838.-Wayne D. McMurray. (@ by George Matthew Adams)

HE YOUNG LADY ACROSS THE WAY

---O---



The young lady across the way says the pedestrian has his rights and every car ought to be equipped with (Copyright by the McNaught Syndicate, Inc.)

springy bumpers. (by McClure Newspaper Syndicate.) HOW TO KEEP

WELL

DR. FREDERICK R. GREEN Editor of "HEALTH" -{--{--}--}--}--}--}--}--}--}--

EED-MAKING FOR INVALIDS

EVERTONE, whether sick or well, should have a comfortable bed. But invalids, especially those who have to pass any long period in bed, should have their beds made so that they will not only be comfortable and restful for the invalid, but also so that the comfort and convenience of the attendant may be increased.

The bed itself should be about 26 inches above the floor. Either too high or too low a bed makes proper care of the invalid difficult and unnecessarily tiring.

Single or three-quarter beds are best for the sick.

The bed should be firm and steady and should not sag, wobble or creak, The bed slats and springs should be well fitted and firm, so that there is no danger of the mattress falling

If possible the bed should be so placed in the room that the nurse has room to get around both sides and the foot. A bed shoved into a corner is not only harder for the nurse but also generally prevents a good circulation of air for the patient.

Metal bedsteads are better than vooden bedsteads, especially old ones that have cracks and open spaces in which bed bugs are apt to breed. An iron bed can be more easily washed and cleaned. A coat of fresh paint occasionally will keep it fresh and

Springs should me firm, so that they will not sag in the middle. The mat tress should be firm, smooth and thick A thin mattress is uncomfortable, soon mats and wears through and often lets much cold air come through, which keeps the patient uncomfortable. Hair mattresses are good, but some of the present-day felt mattresses are just as good and much less expensive.

In making a bed for an invalid, put a good pad over the mattress, large enough to cover it and to tuck in smooth and tight. This may be a quilt or comfort. Over this spread a waterproof sheet which should cover at least the middle of the bed. Rubber sheeting, oilcloth or several layers of newspapers can be used. Spread this ridges are apt to be very irritating to transport the world by water power.

The under sheet should be stretched tight and tucked in on all four sides. The upper sheet should be tucked in at the foot but left free at the sides so that the nurse can have easy access to the patient. Bed clothes should be as warm as is necessary to protect the patient, but not so heavy that the weight is burdensome

A number of pillows of different sizes are a great comfort to the payears, after which he returned to his tient. Soft ones for the head, firm ones to support the shoulders and to support the body will help to keep the invalid comfortable and hasten his re-

HOW OYSTERS GROW

THE oyster scare of last winter, according to the Fish and Oyster Reporter, cost the oyster industry of this country \$30,000,000. So completely was the bottom knocked out of the business that some of the older men said the oyster industry would not recover in ten years. But, as often happens, the excitement and discussion that resulted was a blessing in disguise and the oyster business today is in a healthier and more promising condition than it ever has been.

For one thing, the widespread investigation of the methods heretofore used in handling oysters, stimulated interest in the old problem of the artificial propagation of oysters. At a recent dinner of the National Association of Fisheries Commissioners held at Washington, artificially grown oysters were served for the first time at a banquet.

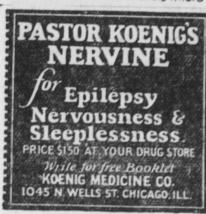
In 1879, Professor Brooks of Johns Hopkins tried to raise oysters artificially, but was never able to keep the eggs alive for more than five days. Others have had the same experience. Mr. Wells has been working on this problem for five years and has at last succeeded in growing food oysters under purely artificial conditions.

Oysters, says Mr. Wells, are suffering from the encroachment of civilization. In early days, they were found in quantities all along the Atlantic coast. Pollution of the sea water from towns along the coast and the increased demand for them has so reduced the supply that the beds are now in some places exhausted. If Mr. Wells can work out methods by which they can be grown in large quantities, we can have not only better oysters but cheaper oysters.

The possibilities for growing oysters are unlimited. In the warm summer months the lady oyster lays from six to ten million eggs, but, alas, most of them are eaten by fishes or other mollusks or die through failure to find something to cling to. Others are smothered by seaweeds or killed by freshets from the rivers or by sea storms. Those which survive cling together in clusters, develop a shell and must grow for four years before they

are fit for food. Artificial methods by wihch the oyster can be protected from its many enemies will greatly increase the supply of this delicious food.

Sure Relief INDIGESTION 6 BELLANS Hot water Sure Relief



FOR INDIGESTION



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Age of Engineering

Experiments in California to ascertain if the cheaper thin-walled arch dam is better than the more expensive gravity structure indicate that the engineering descendants of the man who wanted but a lever and a place on which to stand to move the world now only ask for an opportunity perfectly smooth: as wrinkles and to prove that they can heat, light and

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Capital

Teacher-Now tell us, Johnnie, which is the least-used bone in the human body? Johnnie (promptly)-The head!

A single dose of Dr. Peery's "Dead Shot" will expel Worms or Tapeworm. No second dose required. 372 Pearl St., N. Y. Adv.

During the last decade, the per capita consumption of meat in Europe has made an average increase of 50 per cent.

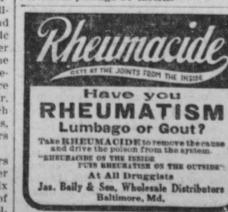
Experience of 40 Years! Charleston, W. Va .- "My experience



with Dr. Pierce's medicines covers over forty years, and through all these years I have never regretted the confi-dence I placed in When the children were coming into our home, I found the 'Favorite Prescription' an unfailing friend in its strength-imparting qualities and

fect on my nerves. Again I had need of just such a tonic upon reaching mid-dle life, and by its aid I was brought through this trying period in perfect health."—Mrs. Fannie Milam, 110 B. Ohio Ave.

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"All pimples are inflammation of the skin," says Peterson, "and the best and quickest way to get rid of them is to use Peterson's contment." Used by millions for eczema, skin and scalp itch, ulcers, sore feet and piles. All

druggists, 60 cents.