

## Free Farm Building Helps

"Concrete Around the Home" tells in everyday language how to use concrete for building drives, walks, steps, porches, and other permanent improvements which every home needs. Complete instructions make it easy to estimate the materials and to mix, place, and finish the concrete for these improvements.

Permanent Repairs on the Farm" tells you how to repair old buildings quickly and easily, and at low cost. The information on Concrete Barn Floors and Feeding Floors will help you add many dollar to your net profits.

Plans for Concrete Farm Buildings" contains supplies of blue prints, and shows you, step by step, how to put up Concrete Silos, Dairy Barns, Hog Houses, Milk Houses and many other forms of Concrete Construction.

> Whether you are going to build a new building, or repair an old building, these free booklets will show you how to do the yob for all time. Send for them today.

> > of the Pilgrim ship of the "Mayflower Compact."

That deservedly famous document should be read

by all on every Thanksgiving Day-and here it is:

In the name of God, Amen. We whose names are

underwritten, the loyall subjects of our dread soveraigne Lord King James, by the grace of God of Great Britain, France and Ireland, King, De-

fender of the Faith, &c. Having undertaken for the glory of God and

advancement of the Christian Faith, and honour of our King and Country, a Voyage to plant the first Colony in the Northern part of Virginia, doe

by these presents solemnly & mutually in the pres-

ence of God and one of another, covenant and combine ourselves together into a civili body poli-

tike, for our better ordering and preservation, and furtherance of the ends aforesaid; and by vertue

hereof to enact, constitute and frame such just and equall Lawes, Ordinances, acts constitutions,

offices from time to time, as shall be thought most meet and convenient for the general good of

the Colony; unto which we promise all due submission and obedience. In witness whereof we have herevnder subscribed our names. Cape Cod 11th, of

November, in the yeare of the raigne of our Sov-

Ireland 18 and Scotland 54. Anno Domino 1629.

eraigne Lord King lames of England, France and

It would be interesting-and important-to

know the thoughts of President Coolidge at the

monument, for he has long been a close student

of his country's history. Moreover, his American

ancestry goes back to the beginning of things in

New England and his first American ancestors lie

close by, in the old burial ground of Watertown.

These ancestors were Puritans, not Pilgrims.

John Coolidge (1604-1691), the first of the Ameri-

can line, arrived among the first of the Puritans

in 1630, with his wife Mary and one child. His-

son Simon (1632-1693), was the first American-born

Every good American should know the difference

between the Pilgrims (1620) and the Puritans

(1630). The Pilgrims-"Separatists"-withdrew

from the established church of England in order

to have the right to choose their own ministers,

then appointed by bishops. They held church and

state to be separate; several influential members

of the Plymouth colony were not church members.

They were not concerned about the religion of

others; they asked only religious freedom for

themselves. They were largely simple country

folk. They were without capital. They practically

sold themselves to hard labor for seven years to

The Puritans did not separate from the estab-

lished church. They undertook to make formal

changes to suit themselves. They held church and

state to be one; only church members had the

rights of freemen and the power to vote. All

other creeds were anathema. The Puritans of

1630 under Gov. John Winthrop included many of

the English gentry and came in a fleet of ten

ships to Massachusetts bay, with goods and live

We may know in general the thought of Presi-

dent Coolidge regarding the Pilgrims. As governor

of Massachusetts he delivered an address at the

Tercentenary Celebration at Plymouth, saying in

There was among them small trace of the vanities of life. They came undecked with orders of nobility. They were not the children of fortune but of tribulation. Persecution, not preference, brought them hither. But it was a persecution in which they found a stern eatisfaction. They cared little for tities, still less for the goods of this earth, but for an idea they would die. Measured by the standards of men of their time they were the humble of the earth. Measured by later accomplishments they were . . . a mighty host, of whom the world was not worthy, destined to free mankind. No captain ever led his forces to such a conquest. Oblivious to rank, yet min trace to them their lineage as to a royal house. What an increase, material and spiritual, three hundred years have brought that little company is known to all the earth. No like body ever cast so great an influence on human history. Civilization has made their landing place a shrine.

The first American Thanksgiving Day was cele-

bruted December 18, 1621, within a few days of

stock valued at one million dollars.

Coolidge.

get to the New World.

PORTLAND CEMENT ASSOCIATION

111 West Washington Street CHICAGO National Organization to In

Offices in 30 Cities

Described "I just spent a gruelling half hour."

"Deing what?" "Feeding the children."

'True rest follows labor.

## Guard Against "Flu" With Musterole

Influenza, Grippe and Pneumonia usually start with a cold. The moment you get those warning aches, get busy with good old Musterole.

Musterole relieves the congestion and stimulates circulation. It has all the good qualities of the old-fashioned mustard plaster without the blister. Rub it on with your finger-tips. First you feel a warm tingle as the healing ointment penetrates the pores, then a soothing, cooling sensation and quick relief. Have Musterole handy for emer-

gency use. It may prevent serious illness. To Mothers: Musterole is also made in milder form for babies and small children.
Ask for Children's Musterole.





TCHING RASHES quickly relieved and often cleared away by a few applications of Kesino

DR.J.D.KELLOGG'S ASTHMAREMEDY for the prompt relief of Asthme for it. 25 cents and one dol-Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

Dr.J.D. REMEDY



the first anniversary of the landing on Plymouth Rock. During the first terrible winter of 1620-21 nearly half of the Mayflower company had died. But the fall of 1621 had assured them of an abundant harvest. Moreover, the Fortune' had arrived in November with thirty-five more colonists. So there was every reason why Gov. William Bradford should set apart a day for thanksgiving.

The Puritans, who arrived in force beginning with 1630, apparently adopted the Thanksgiving Day of the Pilgrims. Or possibly they evolved a Thanksgiving Day of their own. Anyway, the Puritans at Watertown had a Thanksgiving Day celebration in 1634. The famous Cotton Mather, in his "Magnalia Christi Americana; Or, The Ecclesiastical History of New-England" has a chapter on the life of the Rev. John Sherman (1613-85). A. B., A. M. (Trinity, Cambridge), who arrived in Watertown in the summer of 1634, in which he

So much was religion the first sought of the first come into this country, that they solemnly offered up their praises unto Him that "inhabits the praises of Israel" before they had provided habitations wherein to offer those praises. A Day of Thanksgiving was now kept by the Christians of a new, here called Water-town, under a tree; which Thanksgiving Mr. Sherman preached his first sermon, as an assistant unto Mr. Philips: there being present many other divines, who wondered exceedingly to hear a subject so accurately and excellently handled by one that had never before performed any such public exercise.

Cotton Mather, it will be noted, makes no mention of a Thanksgiving feast following the "public exercises" "under a tree." It is to be hoped that the famous divine was a bit forgetful-otherwise the Puritans of Watertown must have been obliged to be satisfied with "a feast of reason and a flow of soul." Incidentally it is interesting to note that in all human probability President Coolidge's great-great-great-great-great-great-greatgrandfather was one of the congregation that listened to that Thanksgiving sermon.

The first national observance of Thanksgiving Day took place 160 years after the first celebration at Plymouth. It is generally stated that the first national observance was November 26, 1789. in accordance with a proclamation by President Washington. That, however, is an historical error.

In the proceedings of the Second Continental Congress it is recorded that September 13, 1781, "on motion of Mr. Sherman, seconded by John Witherspoon of New Jersey, it was resolved that Thursday, December 31, 1781, be 'appointed as a Day of Public Thanksgiving throughout the United States and that a committee be appointed to prepare and report a proclamation suitable to the occasion." The committee appointed consisted of Mr. Sherman, Mr. Witherspoon, Joseph Montgomery and James Mitchell Varnum. The proclamation, reported October 26, 1781, recites, among other things, that the year is one in which "the confederation of the United States has been completed" and "in which, after the success of our allies by sea, a General of First Rank, with his whole army, has been captured by the allied forces under the direction of our Commander in

In the first session of the first congress, organized April 3, 1789, we find Mr. Sherman one of a committee of three to request President Washington "to recommend to the people a day of public thanksgiving and prayer to be observed by acknowledging with grateful hearts the many signal favors of Almighty God, especially by affording an opportunity peaceably to establish a Constitution of Government for their safety and happiness." It was in accordance with this request that President Washington by proclamation set apart November 26, 1789, as a day of public thanksgiving.

The "Mr. Sherman" in both cases was Roger

Sherman of Connecticut (1721-93), who is unique in American history in that he helped prepare and signed the four great documents: Articles of Association (1774), Declaration of Independence (1776), Articles of Confederation (1781) and Constitution of the United States (1787). He was a great-grandson of Capt John Sherman of Watertown, who heard his cousin, Reverend John, preach the Thanksgiving sermon "under a tree." And it was Roger Sherman's grandson, United States Senator George Frisbie-Hoar of Massachusetts, who procured the return from England in 1896 of the manuscript diary of Gov. William Bradford containing the "Mayflower Compact."

Thanksgiving Day, as a recurrent national holiday by Presidential proclamation, had its beginning in 1863. In October of that year President Lincoln by proclamation so recommended the day to the people and set aside the last Thursday in November for its observance. Such has been the slow growth through three centuries of the observ. ance of Thanksgiving Day, which has marched across the continent with the American people.

Plymouth attracts more than 250,000 visitors a year. These visitors make much of the "Old Howland House," which dates back to 1666 and was owned by Jabez Howland, son of the John Howland of the Mayflower. It now belongs to the Howland Descendants of America, John Howland was that "lustie younge man" of whom Gov. William Bradford writes, in his "History of the Plimoth Plantation":

In sundrie of these stormes the winds were so feirce and the seas so high as they could not beare a knote of saile, but were forced to hull-strike sails and toss with the waves-for diverce days togither. And in one of them, as they thus lay at hull, in a mighty storme, a lustic younge man (called John Howland) coming upon some occasion above the grattings, was, with a seele-roll-of the shipe thrown into the sea; but it pleased God that he caught hould of the top saile halliards, which hunge overboard, and rane out at length. which hunge overboard, and rane out at length; yet he held his hould (though he was sundrie fadomes under wager) till he was hald up by the same rope to the brime of the water, and then with a boathooke and other means got into the shipe againe, and his life saved; and though he was something ill with it, yet he lived many years after, and became a profitable member both in church and commonwealthe.

This "lustle younge man," thus miraculously saved, married Elizabeth Tillie, who was on the Mayflower, and their descendants are many in the land. Moreover, tradition has it that John Howland was the last of the Mayflower passengers to

Many places in the south of England have assoclations with the Pilgrims and have honored their memory with memorials of various kinds. The latest memorial to be set up is a stone at Immington creek, at Hull. It was unvelled in the presence of representatives of the American, British and Dutch navies. The photograph reproduced shows Capt. A. P. Fairchild, U. S. N., delivering an address on the Pligrims.

On Thanksgiving Day the good American should give thanks to the Divine Providence which has so often aided the progress of this one nation of earth dedicated to liberty, to equality of rights and opportunity and to the pursuit of happiness. Never in all history has the individual citizen had so great an opportunity to achieve a competence, establish a home and found a family. Never before has a people enjoyed such material comfort. And the nation is the wealthlest and most powerful

With power comes responsibility; such is the unwritten law. Also prosperlty tries the soul of man quite as much as does adversity; such is human nature. And so it is with nations. The good American should therefore add dignity and importance to Thanksgiving Day by taking stock of the past and the present and by making resolves for the future.

## MRS. WILHELMY SAVED BY FRIEND

Doctor Advised Operation Friend Said Try Lydia E. Pinkham's Vegetable Compound First

St. Paul, Minnesota.—"I was all rundown from overwork and worry, had no appetite, could not sleep at night, and looked like a corpse. I have six children (five boys and one girl) and did not get any strength after my last baby was born. I was getting worse and thinner

every day. The doctor said I had to go to the Hospital but this I could not do on account of my family. So I went to a friend of mine and told her what the doctor had told me and she said, 'Now do as I tell you. Try Lydia E. Pinkham's Vegetable Compound as I have done. It helped me.' So I started taking the Vegetable Compound and I noticed after the first few bottles that I felt considerably better. After taking felt considerably better. After taking 9 or 10 bottles I got over my fainting spells. Everybody who sees me now notices the great improvement in my health. I am gaining in weight and strength and am feeling fine. Eat well and also good night. and sleep good nights. Any woman can write to me and I will answer her letter." — Mrs. MARY WILBELMY, 309 Duke Street, St. Paul, Minnesota.

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On January 1, 1925, more than 28, 900,000 miles had been flown in regular scheduled air service in the United States and Europe.

Cuticura Soothes Baby Rashes

That itch and burn, by hot baths of Cuticura Soap followed by gentle anointings of Cuticura Ointment. Nothing better, purer, sweeter, especially if a little of the fragrant Cuticura Talcum is dusted on at the finish. 25c each.-Advertisement.

The "I told you so" of his friends adds to the hardness of the way of the transgressor.





WAKE up your sleeping youthf Look younger! Be younger! Age has little to do with your looks or your feelings. It's the condition of blood that counts!

And blood will tell! It tells in a hundred ways. If your system is starv-ing for rich, red blood, you may look ing for rich, red blood, you may look and feel eld at thirty. But if you build up the red-blood-cells with S. S. S. you'll quickly see the wrinkles fade away—the sagging pouches give way to firm, solid flesh—and the fresh, glowing beauty of youth take the place of a skin sallow and disfigured with blowthes.

Rich, red blood means youth, vim and energy? S. S. S. helps Nature build red-blood-cells by the millions. For generations S. S. S. has been keeping people looking and feeling

Fresh, ceansing, purifying, rich, red blood that S. S. S. helps Nature build, nourishes every muscle, organ and tissue of the body Pimples, blotches and blackheads disappear. Boils, eczema and rashes dry up. Your face— your body—your whole being takes on the look

and power of youth. Wake up your system with S. S. S. Build red blood and you rebuild youth! Get S. S. S. from any druggist. The larger bottle is more economical.

