

# HOW TWO WOMEN AVOIDED OPERATIONS

The Following Letters of Mrs. Thurston and Mrs. Beard Carry an Encouraging Message to Other Sick Women



**MRS. ETHEL THURSTON**  
224 N. PINE STREET, LIMA, OHIO  
Lima, Ohio.—"I want to tell you how your medicine has helped me. For weeks I suffered with awful pains from inflammation and I was in such misery that I had to bend double to get relief. I could not be touched or jarred, had awful pain all over my abdomen and could not touch my feet to the floor. It was impossible for me to straighten up and the pains never ceased. I took treatments for some time and finally was told I would have to have an operation. I do not believe in operations, and I had read so much about Lydia E. Pinkham's

Vegetable Compound that I told my husband I would try it before I gave up. I soon began to feel that it was doing me good. The awful misery began to leave me, also the backache. I have a good appetite and am gaining in weight. Taking the medicine was the best thing I ever did. I feel like it has saved my life and I do not hesitate to say so to my friends. At least it saved me from a dreaded operation and I am still taking it. I am willing to answer letters from women asking about the medicine."  
—Mrs. ETHEL THURSTON, 224 North Pine Street, Lima, Ohio.

**Mrs. Beard's Letter**  
Eddy, Texas.—"I will write you a few words, thinking it will do some one else good. Two doctors said I would have to be operated on because for nearly twelve months I suffered from a weakness from which I could get no relief. I was restless and nervous and was not able to walk across the house. They said it was the Change of Life. I saw Lydia E. Pinkham's Vegetable Compound advertised in the newspapers, and as I could not get any help from doctors I thought I would give that a trial. I began with the liquid and it helped me some, then you advised me to take the tablet form and began to improve rapidly. I have gained in weight from 105 to 170 pounds. I recommend it to all women with this trouble."  
—Mrs. M. E. BEARD, R. No. 1, Box 143, Eddy, Texas.

### Don't Blame Novice

Out of 4,073 drivers involved in automobile accidents in New York state during May, 93 per cent had been driving for two years or more. About 82 per cent of those involved in fatal accidents had been driving for two years or more.

### Oldest D. A. R.

Mrs. Louisa K. Thiers of Milwaukee, Wis., one hundred ten years of age, is the oldest living Daughter of American Revolution. Her father, Seth Capron, was a corporal on the staff of Washington all through the war for liberty.

## Discourage Rats Around the Farm

Rodent Is Robber and Pilferer and Lives Off of Various Products.

One of the pests with which the average farmer has to contend is the rat. He is by nature a robber and a pilferer, living on the products of the farm, and giving no return. The United States government says that this boarder who pays no board destroys more than \$200,000,000 worth of crops every year. In addition to this money loss he is known as an active agent in the spreading of disease. This loss and the danger of spreading disease to stock and members of the family can be successfully and completely eliminated by the use of concrete in floors, basements and foundations of farm buildings. The rat's one impassable barrier is concrete floors and walls. These will stop him and effectually cut off his food supply. When this is accomplished Mr. Rat will hunt a more fertile plundering ground.

### Rat Menace Lessened.

Where farm buildings are constructed of concrete the menace of the rat is materially lessened. If buildings are constructed with concrete floors, lower parts of walls, and especially concrete foundations, there are no pockets in which the rats can hide or make their homes. If the use of concrete is extended to the construction of the feeding floors the rat menace has been absolutely eliminated.

A concrete silo is ratproof because the rat cannot gnaw through its walls or get at the silage in any other way. The same is true of a concrete corn crib which is the favorite feeding place of rats. Thus the corn is saved for the stock or market. In a concrete poultry house the poultry are free from the danger of attack by rats. This will develop a feeling of security on the part of the hens, which will manifest itself in the greater number of eggs produced. With concrete floors and walls the entire place can easily be swept and kept clear of all accumulations under which an occasional rat might hide.

### Rats Kept Out.

In a concrete granary there will be no rats to consume or destroy what the farmer has stored for his own use. The rat cannot gnaw through the floor or get in in any way excepting through the door. A concrete feeding floor or barnyard pavement prevents the rats from consuming the grain and feed distributed to the live stock.

Concrete should be used in the construction of farm buildings as far as possible. It certainly should be used in all foundations, floors and lower parts of walls of larger buildings. Smaller buildings should be entirely built of it. Concrete construction is ratproof. It conserves stock, grains, feeds and supplies. It saves poultry. It protects your family against diseases spread by the rat.

## Plowing Deep in Garden Will Give Best Results

"Plow deep while sluggards sleep" is as true today as it was a hundred and fifty years ago, but it is a slogan which is not as frequently acted upon as it should be in gardens. It is said that in European gardens which are spaded, the garden is often worked two or even three spits deep, a "spit" being the depth to which a spade can be driven. Now this depth may not be necessary but a garden plowed or spaded ten inches deep will give enough better results than six-inch plowing to make the work well worth while.

At the same time the gardener should remember that in any work of this kind, increasing the depth of plowing must be done gradually. If the garden or field has been plowed only six and one-half inches deep, better increase the depth of plowing by a half inch or an inch each year, rather than increasing the whole depth all at once. Too much of the subsoil must not be brought to the surface at one time. As you turn the soil, bringing up an inch or so of new subsoil, mix the ground thoroughly with the new subsoil, and if possible with manure or compost. In the fall you will be able to get one inch in this way and then in the spring you can get a little more, and the following fall you can go down another inch if you choose.

"Well begun, half done," is so true in the garden that it is hard to pay too much attention to the plowing.

### For That Rainy Day

I do not know of a method whereby returns from farming can be made uniform year after year. But I do know that it is possible for farmers to lay aside in years of good profits reserves upon which they can draw in years that are not so good. I cannot help but feel that too many farmers have reinvested their surplus earnings in high-priced land when they should have kept at least a part of them in more liquid reserves upon which they could readily draw in times of depression.—Secretary Jardine.

### Don't Crowd Chickens

Avoid filling the chicken house beyond its capacity with chickens. Each bird ought to have at least eight inches of space on the roost. There should be one open nest to every eight hens or where traps are used, one nest will accommodate four hens if the nests are visited every two hours.

## Manure Shed With Carrier Is Favored

Spreading Direct From Stables Is Best Plan.

It is generally conceded that spreading direct from the stable secures the greatest returns from manure. Manure as ordinarily handled is said to lose about one-half of its value. In many sections, however, every-day handling is impossible and in these cases proper handling can do much to conserve the fertility as well as to keep things shipshape about the barn. The greatest sources of loss in the handling of manure are failure to absorb liquids by bedding, the leaching of soluble plant food from the heap and the burning up of organic matter through heating. These losses can be lessened by the free use of bedding to absorb stable liquids and the building of a compact manure heap which will lessen or prevent heating and leaching. A suitable clay or concrete basin to retain such liquids as do leak through still further reduces the loss. A roof is not necessary unless it is desired to protect the carrier track.

A cow produces about twelve tons of manure yearly. This will require approximately 500-600 cubic feet for storage. As much of the manure will be dropped in pasture you will have to determine the size required by the length of time elapsing between cleaning the pit. If there is opportunity to get the track well up it will lessen the amount of floor area required and at the same time secure a more compact manure heap. If the floor is to be driven on it should be made of one part cement, two parts clean coarse sand and four parts crushed stone or screened gravel and laid about eight inches thick. Use easy grades and a rough surface to prevent slipping as the horses haul from the pit.

## Hog Influenza Is a New Ailment Among the Pigs

New diseases are constantly appearing among our animals, and the end is not yet. Hog "flu" may have existed for a long time, but was not recognized as a distinct entity in disease until quite recently. It spread among young swine at the stock show two years ago and during this interim has been reported throughout the United States.

Its present name is derived from the fact that it greatly resembles influenza as seen in people and horses. Young swine are most susceptible, and the mortality is not high. However, it is a disease that must be reckoned with in shipping animals for exhibition purposes, or for any other purpose. It may be recognized by high fever, cough, difficult breathing and congestion of the mucous membranes. Special treatment does not seem to be indicated; good care is the main thing. There is no biologic that will protect hogs against this disease, but the disease has not been serious enough to warrant anyone in refusing to exhibit because of hog "flu."  
—George H. Glover, Colorado Agricultural College.

## Satisfactory Plan for Storing Late Cabbages

A good method of storing late cabbages is to pull them up, roots and all, and set them side by side, with the roots down, in a shallow trench several feet in length. As many rows may be set out side by side as are necessary to accommodate the cabbage to be stored. The roots should be covered with earth. Inoculate the cabbage bed formed by the rows with a frame of rails, boards, or poles, or by driving a row of stakes into the ground. This inclosure should be about two feet in height. The frame should be banked with dirt, and the top, which may be made by laying poles across the inclosure, should be covered with straw, hay, or corn fodder. When it is desired to start using the cabbages, they should be removed, as needed, from one end of the bed. When the cabbages are taken out the roots should be left in place, as they will sprout and furnish the family with an abundance of greens in the spring.

## Winter Care for Bees

Preparing the bees for their long winter vacation is a part of the fall program of work. Each colony should have a sufficient supply of food to order to winter through and make a strong brood before the honey flow starts in the spring. Put the colony in a packing case for protection from the cold before the ground freezes.

## Farm Hints

- Seed selection is crop protection.
- Soll, like a horse, works best when well groomed and fed.
- Of some six and a half million farm families in the United States 634,800 of them, or about one-tenth, have running water in their homes.
- Breeding flocks should be mated, especially for early hatching. It takes two weeks after the male has been introduced before maximum fertility is obtained.
- A large proportion of the poultry diseases are due to improper feeding. Feed nothing but foods that are in good condition. Keep the drinking water pure and fresh.

# Genuine ASPIRIN

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## Stupid Joke That Had Tragic Ending

In Nebraska, the Jensens and Thors live on nearby farms in the Pilger neighborhood. A few days ago Mrs. Thor left for a trip to Denmark, and Jensen, something of a joshier, meeting Thor the day after, told him that while Mrs. Thor was gone he wanted Thor to put his property in his wife's name because he, Jensen, was going to marry her when she returned. Thor is a steady, hard-working, prosperous farmer. A few days later he met Jensen in a store and asked him if he meant what he said. "Yes," said Jensen, smiling. Thor shot him and killed him where he stood. . . . That is the danger of joking with a man who has no sense of humor. Thor gave himself up. His wife, wired for, has returned, as much surprised as anybody, to say that Jensen had no talk with her about getting married, that he merely was a neighbor. Every real comedy, the critics say, has an element of tragedy in it. Jensen's last joke had.—Copper's Weekly.

## Cuticura for Sore Hands.

Soak hands on retiring in the hot soda of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with tissue paper. This is only one of the things Cuticura will do. It Soap, Ointment and Talcum are used for all toilet purposes.—Advertisement.

## Movement Sure Sign of Advancing Years

There is a philosopher who has a department on the Craig Lender, and here is his latest utterance: "Everyone has read that King Solomon had a thousand wives. And the queen of Sheba was the king's favorite. She had brains. To test his ability she once dressed a thousand boys and girls alike and told the king to pick them out, the boys from the girls. He had each one wash their hands. The boys washed their hands and part of their wrists and the girls washed their hands to the elbows. A wise old man. But if the average man could stand off and watch a thousand men come down stair steps and just watch their feet he could tell whether they were young or old. The young men dash down as if to bet they are going to make it, while the old man feels his way. Ever notice it?"—Atlanta Constitution.

## Irish Fight Vaccination

Vaccination is compulsory in the Irish Free State, but during the troubles of the last few years the enforcement of the law has been allowed to lapse. In many places the children have not been vaccinated for ten years. The government is now urging the local boards of health to insist on vaccination and to prosecute defaulters. But a feeling has grown up against vaccination and in Wexford the local authorities have refused to obey the government's instructions. The provision in the English law exempting from vaccination conscientious objectors to it does not apply to Ireland.

## Big Profit; Quick Returns

Prof. Irving Fisher of Yale, the founder of the card index system, was talking about New York hotel prices the other day. "New York hotel prices," he said, "always remind me of a foreigner's visit to Chicago the year after the World's fair. 'Who is the owner of that palatial marble home?' the foreigner asked his guide. 'Pete Malvoglio,' the guide answered. 'He brought a ham to the World's fair and cut it up into sandwiches.'"

## Music 14,000 Miles

Phonograph music was recently transmitted by radio from England to one of the warships of the American fleet in Wellington Harbor, New Zealand, a distance of 14,000 miles.

## The Ideal

He—I'd like to offer you a cigarette, but—  
She—Sir, I never smoke cigarette butts.—Boston Transcript.

## No more RHEUMATISM

IT'S GONE! That awful agony! Rheumatism can't stand the rich, red blood that S. S. S. helps Nature build. But rheumatism will bring pain and misery to your joints and muscles just as long as you are without plenty of rich, red blood in your system. It's the red-blood-cells that S. S. S. helps Nature build that drive out of your system the impurities that cause rheumatism. And until you do build up your blood to where it is pure and rich and red, you simply can't get rid of rheumatism. And S. S. S. is the thing. Red blood conquers rheumatism. Everybody knows that. S. S. S. means millions of red-blood cells—means health all over. No more rheumatism. Nights of rest—days of joy, filled with the happiness of accomplishment—made possible by a body brimful of red blooded life, energy and vitality. That's what the end of rheumatism means—that's what S. S. S. brings to you. Get S. S. S. from your druggist. The larger bottle is more economical.

## Never Grows Older

He feels like a boy at forty. Whenever constipation troubled him Beecham's Pills brought certain relief. "For over a year I suffered from headaches and constipation, other remedies having failed. I told someone at my club, who suggested that I try Beecham's Pills. I tried them, and they relieved me. I'm only forty and I feel like a boy again after taking Beecham's Pills. "Anyone with common sense should take Beecham's Pills for constipation, biliousness and sick headaches." Mr. J. C. Yorkson, N. Y. This man gives good advice. Follow it, and you will quickly dispense with constipation and biliousness are overcome by Beecham's Pills. FREE SAMPLE.—Write today for free sample to B. F. Allen Co., 417 Canal St., New York. Buy from your druggist in 25 and 50c boxes for Better Health, Take Beecham's Pills

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In the house. Don't let colds become influenza, pneumonia or other serious ailments. Use the dependable home remedy that quickly relieves coughing, hoarseness, sore throat, etc.; contains nothing harmful. 30c at all druggists. HALE'S COUGH AND BRONCHITIS REMEDY

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**CORNS**  
In one minute—or less—the pain ends. Dr. Scholl's Zino-pads is the safe, sure, healing treatment for corns. At drug and shoe stores.  
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## CHILDREN CRY FOR



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MOTHER:—Fletcher's Castoria is especially prepared to relieve Infants in arms and Children all ages of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep.

To avoid imitations, always look for the signature of *Wm. H. Fletcher*. Absolutely Harmless—No Opiates. Physicians everywhere recommend it.

**Success**  
Briggs—It says here that a New York man has had his daughter arrested because she has "a mania for contracting debts."  
Griggs—Let me have that article; I'll put it where my wife can see it.  
The majority rules—when in accord with the boss.

**That's Different**  
"Well, I hope you got the last word."  
"My dear, I was talking to another woman!"  
Roman Eye Balsam, applied at night upon retiring, will freshen and strengthen eyes by morning. 373 Pearl St., N. Y. Adv.  
It must be a tiresome pose to be "natural" all the time.

*"She praises it to everybody!"*

Mrs. Crane had indigestion for ten years; Tanlac brought immediate relief.

As a climax to long years of suffering, Mrs. Hattie Crane got so bad she couldn't sleep and there were days when she couldn't walk across the floor. At times the gas pressure was so great she could scarcely breathe. She was faint and dizzy. She writes: "Tanlac brought immediate relief and six bottles were enough to rid me of my troubles and bring back the joy of living. My health is better than ever and I am so pleased with Tanlac I praise it to everybody."  
\*Authentic statement from our files.

You don't have to take our word for Tanlac. Just try this marvelous tonic yourself and see how quickly it brings results. There is nothing like Tanlac to cleanse and revitalize sluggish blood, restore lost appetites and put the whole body in fighting trim. Results come quick. You start feeling better right from the first dose. Before the bottle is gone you will wonder what miracle has happened to you. Tanlac is absolutely pure and harmless. It is a natural tonic, a formula of roots, barks and healing herbs gathered from every part of the globe to bring you health and strength.

Notes: For Constipation, take Tanlac Vegetable Pills, Nature's own harmless laxative.

# TANLAC FOR YOUR HEALTH