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Sharpsburg, Pa.—"I recommend Lydia E. Pinkham's Vegetable Compound to all suffering women. I have taken four bottles of it and I feel 100 per cent better. I was dizzy and weak with no appetite, no ambition and with a tired feeling all the time. I had aches and pains all over my body and had the headache a good deal. I saw your advertisement in the 'Pittsburgh Press' and thought it might help me. I have been greatly benefited by its use and highly recommend it for all ailments of women."

Mrs. J. H. Proctor, Box 1, East Liberty Station, Pittsburgh, Pa. Such letters prove the great merit of the Vegetable Compound. These women know by experience the benefit they have received. Their letters show a sincere desire to help other women suffering from like ailments. Let these experiences help you—now.

In a recent canvass of women purchasers, 98 out of every 100 report beneficial results by taking Lydia E. Pinkham's Vegetable Compound. Sold by druggists everywhere.

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30c at all druggists.  
For aching teeth—Five's Toothache Drops.



## ALONG LIFE'S TRAIL

By THOMAS ARKLE CLARK  
Dean of Men, University of Illinois.  
(©, 1925, Western Newspaper Union.)

### YOU KNOW WHAT BOYS ARE

THEY were talking together in the hotel—two women well dressed and eager for gossip.  
"You know what boys are," one of them was saying, and the other, with a knowing sophisticated look, answered:  
"I sure do."  
I did not gather what the lurid tale was with which they were regaling themselves, but I knew that it concerned nothing very nice.  
I've seen a good many boys in my day, good and bad, but mostly pretty good and usually quite amenable to reason. In general boys are not unlike their fathers unless they very closely take after their mothers. When I look for the source of a curious or erratic trait in a young fellow, I generally seek for it first in his parents.  
Smith and his rather full-looking wife came in to talk to me about their son, who was not doing well in his work. The boy worked hard but attained rather commonplace results. The father was berating him for his stupidity, and the mother, too, expressed surprise and disappointment. When they were through it was plain to see that their opinion of their son and heir was not flattering.  
"Where do you suppose the boy got these characteristics?" I finally asked.  
The father hesitated a little, blushed, and then admitted, "Well, I suppose he got some of them from me."  
"There's little doubt of it," I answered.  
"You think I should be more patient with him, then?"  
"That's what I was trying to suggest."  
If you know boys, you know that they are not unlike their parents. Sometimes, of course, they are better, or the human race would make no progress. The more I know about boys, the more highly I think of them. The thing that impresses me about boys is what courage they have and what resourcefulness to meet and overcome obstacles, what enthusiasm for anything new they undertake, what hopefulness for the future!  
When you know what boys are you know youth and friendliness and faithfulness to friends.  
I see fifty or a hundred boys a day. They can conquer the world, they can solve all the mysteries of the universe; nothing daunts them, nothing discourages them long, and as a group, they are the squarrest people to do business with I have ever met. The two gossips really knew little about what boys are.

### JUDGING VALUES

I LISTENED to a sermon a great many years ago on the subject, "Relative Values." I do not now recall much in detail that the preacher said, but he left me with the idea that some things are worth a great deal more than others, and that not infrequently we are badly cheated because we judge falsely as to the relative value of things.  
I had a chance when I was a boy to hear Henry Ward Beecher speak, but it would have cost me a dollar, and dollars came hard in those days. I turned down the chance and went to a dance instead or indulged in some frivolous pleasure. I knew that Beecher was one of the outstanding figures in America at that time. It was a privilege to listen to him, and I am sure that it would have been an inspiration to me, but I misjudged the value of the thing.  
Wilson withdrew from college today to go home and take an insignificant job in a garage.  
"Why don't you stay?" I asked him.  
"Your father is eager to give you the best education possible."  
"I don't like it," he replied.  
Before he got out I had his real reason. There was a girl at home, and he wanted to be near her. He was in love or thought he was, and he was afraid that if he were absent someone would steal her away from him, as will probably be the case even when he is on the ground. He chose emotional pleasure in preference to intellectual training, when, had he waited, he might, without doubt, have had both.  
I talked to a group of young fellows not long ago who were soon to go out into the world to make their way.  
"What are you wanting most to get?" I asked, "out of the work which you plan to take up?"  
"Money," most of them said.  
I asked an old man not long ago, who had piled up a lot of money, what he had found of most value in his life.  
"What I have given away to make others happy," he replied.  
As we who are older look back upon our own lives we can see that we have not always chosen wisely, so it is with the young people of today. Sometimes it would be better to read a book or to hear a lecture than to see a moving picture show. When we choose pleasures today we often inhibit our opportunities for the future.

## Broken Line and Drapery in Mode

Flaring Skirt Returns and Is Prominent on Autumn Fashion Card.

This season promises to be splendid for many women. Not only the perfect 36, but those whose dimensions begin two numbers beyond will be able to reflect the glass of fashion, observes a fashion authority in the New York Times. It is an interesting experience to sit through Parisian presentations of advance models, for in the audience are debutantes, belles and brides, whose gaze is fastened to the sylphlike mannequins gliding and striding through their paces the length of velvety salon floors. The alluring things they wear appear to have been made for their type alone. Every model fits perfectly the slim shoulders, narrow hips and the pouter pigeon walk of the smart girl of today. The terms "bearing" and "carriage," once so important among elegantes, are as obsolete as elegance. They say that even at its silliest, the pouter pigeon walk is not nearly as absurd as the Grecian bend, the stylish tread of great-grandma's day. Be that as it may, both are gauche and the return to normalcy in these matters is evident with the new clothes for autumn and early winter.  
The new movement is unanimous, and the broken line, the sinuous bias, subtle drapery and inserted godet have changed utterly accepted style. The revolution has come gradually, but the way of the tube frock was the way of ease, and monotony alone created demand for something.  
The "acid test" of art appears to have been applied this year to the fashion ateliers of Paris. The older houses that have held for generations a magic in their names are finding this year a challenge hitherto unmet in other couturiers who are establishing



New Bustle Drapery in Evening Gown of Pannu, by Moulire.

new ideals in styles. One most conspicuous among these is Moulire, long known to the old Faubourg of Paris, who has lately been discovered by the more traveled American and English women of fashion. This designer declares for the conventional, for correct form, and declines the opportunity to become famous by way of the sensational. His things are first of all de-

### Durable Leather Flowers Can Be Made at Home

Leather flowers, which are very attractive, used as trimming on felt hats or as boutonnières, can be made at home. They will be more durable, also, as the leather in those purchased ready-made in the shops, is of a cheaper grade.  
The first step, after having bought a piece of leather, is to decide on the design of the flowers and leaves and cut them out. It has been found a good plan to make a circle with a compass and draw a diameter across it as a guide, then the semi-circles can be divided into as many petals as desired. After the flower has been worked out in the rough, as it were, it is then easy to shape it with a pair of scissors.  
Moulding the petals comes next. Wet the leather well and run a blunt instrument (a handle of a teaspoon will do) several times down each petal from end to end. If this is done from the outside, the petals will be convex, if from the inside, concave. The tips of the petals can be rolled up by the thumb. Leather is very pliable while it is wet and if dried quickly before a strong fire, will generally retain the shape given to it. The leaves are made in the same manner as the petals, veins can be drawn on them with a knitting needle.

The assembling of the various parts is the next step in this interesting occupation. The outer petals should be larger in size than the inner ones and decrease in size until the center is reached, one fitting into the other. The center holds the whole flower together and can be made in a number of different ways—a tiny artificial flower, a

## Metal Threads Outline Design on Chic Tunic



Red and brown flannel is used to develop this charming street frock. Metal threads in many rich colors outline the design on the tunic, making a most interesting outfit.

signed for the individual, each type a separate and distinct creation.  
The woman with a preference for a specific type of dress, or who declines to accept the most popular mode, finds an ally in Moulire. The charm of Moulire's gowns is their simplicity and even balance, most attractively illustrated in those for morning and afternoon. These are designed with much versatility. The flaring skirt is, of course, shown in many of these daytime frocks, the effect being accomplished with a deep circular flounce, the widening line of which begins just below the hips, with one or more bias ruffles or with inserted or applied godet. This model is made with equal success in soft crepes, satins, fine woolsens and velvets.

### Animals and Insects to Decorate New Jewelry

Paris has taken up the wearing of animals and insects in silver, mounted on long-shaped brooches. The pin is quite plain. The lizard or snake is curled around it. As a rule, the ornament is kept on a small scale, and from a distance cannot be distinguished from the pin, around which it has wrapped itself. It is often only the tiny emerald pin-point eyes that attract attention to the animal at all. The same design is used for bracelets—the simple silver hoop being decorated with a silver ornament generally highly conventionalized, the eyes again being the only indication that it is intended to represent an animal. Rings in silver, but beautifully wrought, the workmanship bringing up the price almost to that of a gold ring, are also seen with similar designs.

### Laces Liked

Laces, especially guipures, are much in vogue. All-over lace is used in vests and the fashionable flare insets seen in the skirts. Insets are seen, from two to ten inches wide. Net top laces also are very widely used in the manufacture of frilly jabot effects, and other classes of neckwear. Imitation carrickmacross is popular too.

### Gay Little Shoes

The little ones of Paris are shod every bit as elegantly as their mamma. Colored kid is used almost exclusively and the color combinations are similar to those on the footwear for the grown-ups. In these charming little creations white kid is combined with blue or pink. A plaid pattern in red and gray with a cherry-colored strap and collar appears on one shoe, while in the case of another mauve kid is combined with parma-violet glaze. Many of these shoes are ornamented with delightful little hand-painted designs, such as a white cat on the colored kid tab.

### Unusual Sleeves on Jumpers

Some of the smartest of the Lanvin two-piece models with jersey top, the jersey usually almost as fine as balbriggan, have an unusual sleeve. Two bands of jersey more tightly knitted than the sleeve itself are inset, one about an inch above the wrist and the other an inch above that. Most of the jumper suits are long-sleeved, but an attractive, very youthful model is sleeveless, the jumper very short, over a sleeveless, round-collared silk blouse.

## POINTS ON KEEPING WELL

DR. FREDERICK R. GREEN  
Editor of "HEALTH"

### STRAIGHTENING GIRL GRADUATES

WOMEN students at the University of California are crooked. This is a startling statement, but it is made on the authority of the director of physical education at that institution. Not mentally or morally crooked, but physically crooked. According to the records of physical examinations the girls at the University of California are growing up with one shoulder higher than the other and with stooped shoulders.

This is due to long years of carrying heavy books, always under the same arm, from force of habit; to sitting at their desks for hours with stooped and rounded shoulders, until one side of the body is developed beyond the other and one shoulder, usually the right, has a slant which is temporary at first, but finally becomes permanent. As sailors would say, the girls have a "list to starboard."  
Any fixed habit or long-continued work has, in time, a definite effect on the body. Just as the working man or woman, always doing the same work in the same way, will gradually require a body change to correspond to the occupation, so the student, through years of study, unless some means are used to prevent it, acquires a characteristic stoop. We all know the rounded shoulders and the contracted chest of the desk worker.

Pesant girls in Europe and native women in Asia and Africa have carried water bottles, milk jars, baskets of grain and fruit, bundles of laundry, bales of merchandise, and even little brothers and sisters on their heads for centuries. This constant balancing and carrying of weights has developed the muscles on both sides of the body and has made their spines and shoulders strong and erect. The well-developed figures and graceful carriage of primitive women have been remarked and commented on by countless travelers and explorers.

Civilization has its disadvantages. One of them is that the human body is not only hampered in development, but it is also actually distorted by some conditions of civilized life. Dr. E. L. Bradford of Boston, one of the leading orthopedic authorities in the country, seriously recommends that the daughters of our best families be taught to carry weights on their heads, not because they have to do it for a living but in order to give them good figures.  
What shall it profit a girl graduate to win a Ph.D., if it costs her a crooked back and a contracted chest? If our college women are to be the mothers of better men and women, they must have straight bodies as well as well-trained minds.

### IS YOUR HEALTH PERFECT?

HOW many people are sick in the United States at any one time? It is impossible to say. We have not yet a sufficiently correct system of registration to know positively how many births and deaths there are in this country every year. Nevada and South Dakota are still without any accurate system of human bookkeeping, while in many of the other states the laws for registering births and deaths are still too new to give any reliable figures.

So any attempt to estimate the amount of sickness is little better than a guess.  
The reports from the draft boards during the war showed that a surprisingly large number of young men were disqualified for military service on account of physical defects. But how many people of all ages and both sexes are handicapped or disqualified for every-day activity by some kind of physical ailment? It may not be a serious disease, or it may be some form that weakens the person without endangering his life, like hookworm or malaria, neither of which often causes death, but both of which keep the patient in a run-down condition, unable to do any work or only a small part of what he might do. It may be what people in the South quaintly but accurately call a "misery," just a general weakness and feeling of discomfort, due to poor or insufficient food, anemia, constipation or some chronic infection. Whatever it may be, it hampers the person, prevents him from doing his best in any activity and, what is still more important, keeps him from getting the largest amount of pleasure and happiness out of life.

A committee of the New York Academy of Medicine recently made a careful examination of one thousand persons of both sexes and of various ages. Only twenty-five perfectly healthy people were found. Two hundred and fifty needed some kind of advice, while seven hundred and twenty were ill, and needed some kind of care and treatment. Yet none of these people were really sick; that is, not sufficiently ill to prevent them from following their every-day occupation. They all considered themselves in good health and their friends and relatives all regarded them as healthy people. Yet they were all, consciously or unconsciously, working under some kind of a handicap.

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"I was suffering from headaches and constipation for nearly fifteen years when I happened to read one of your 'ads' in the paper. Having a headache that day I went to the druggist and bought a box of Beecham's Pills. I took a dose. That dose was a 'life-saver' to me. Since then I have had no more headaches, and my health is good. I recommend them to whomsoever I meet."  
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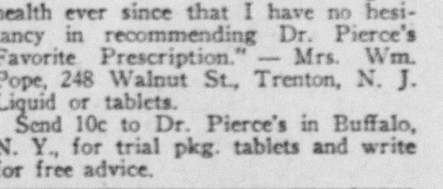
## Beecham's Pills

### Horse Saved Mate's Life

Comote, a three-year-old thoroughbred mare on the Bakersfield (Cal.) ranch, is credited with saving the life of her mate, Katie. Comote pranced into the ranch yard visibly excited. By various means the mare induced a man to follow her to a deep stream where Katie was struggling desperately to keep her head above the swirling water. A stake rope held her captive. The rescue was effected just in time to save her life.

### WOMEN, BE WELL!

"While bringing up my family I developed a terribly rundown and weakened state of health. I could scarcely do my housework. I doctored but did not seem to gain in health until I took Dr. Pierce's Favorite Prescription. I found that it not only strengthened me but it relieved me of backaches and other pains. I have been in such good health ever since that I have no hesitancy in recommending Dr. Pierce's Favorite Prescription."—Mrs. Wm. Pope, 248 Walnut St., Trenton, N. J. Liquid or tablets.  
Send 10c to Dr. Pierce's in Buffalo, N. Y., for trial pkg. tablets and write for free advice.



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