

## SICK WOMEN OF MIDDLE AGE

Can Be Carried Comfortably Over The Critical Period by Lydia E. Pinkham's Vegetable Compound—Note Mrs. Headden's Case

Macon, Georgia.—"During the Change of Life I suffered with my whole right side and could not lie on my left side. I was in bed about two months and could not get up only as my son would lift me. After doctoring without relief a man who was rooming with us told my son that Lydia E. Pinkham's Vegetable Compound cured his mother at the Change of Life, so I began taking your medicine. After taking it for two weeks I could get out of my bed by myself. I am now 53 years old and in better health and stronger than ever in my life. I have recommended the Vegetable Compound to many suffering women, young and old, and you may use my name anywhere as long as you please. I will be glad to answer any letters sent to me."

—Mrs. F. B. HEADDEN, 5, Holt Avenue, Macon, Georgia.

In a recent country-wide canvass of Lydia E. Pinkham's Vegetable Compound, over 200,000 replies were received and 98 out of every 100 reported they had been benefited by its use. For sale by druggists everywhere.

**Much Taken With It**  
Mrs. Hilligh—I want you to make my bathing suit this year. I was much taken with the one you made me last season.  
Modiste—Indeed, madam.  
Mrs. Hilligh—Yes, the camera flends simply camped on my trail.

### DEMAND "BAYER" ASPIRIN

Take Tablets Without Fear If You See the Safety "Bayer Cross."

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 25 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

**Boon for the Lazy**  
Rubber shoe strings which are said to stretch so that one can remove low shoes without unfastening them, have been put on the market by a British manufacturer.

I very much fear that our little terraqueous globe is the lunatic asylum of the universe.—Voltaire.

## Quick Safe Relief CORNS

In one minute—or less—the pain ends. Dr. Scholl's Zinopad is the safe, sure, healing treatment for corns. At drug and shoe stores.

**Dr. Scholl's Zinopads**  
Put one on—the pain is gone

## FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

## GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

## SKIN IRRITATIONS

For their immediate relief and healing doctors prescribe

## Resinol

GASTRITIS IS DANGEROUS STOP IT QUICK

When your stomach is bloated—when it is so distended with gas that pressure on the heart almost suffocates you. What are you going to do? Take a chance or get rid of the gas quick!

The one big acting stomach medicine today is Dare's Mentha Pepsin and its mighty power to relieve terrible gastritis, acute or chronic is a blessing to tens of thousands of people who have been unable to get help from any other source. It's splendid for any stomach trouble—Dare's Mentha Pepsin.

So when your food won't digest or gas, bloating or shortness of breath cause you to become nervous or dizzy or have a headache always remember that you can get one bottle of Dare's Mentha Pepsin from your druggist and if it doesn't help your disordered stomach—your money will be returned.

**Boschee's Syrup**  
for Coughs and Lung Troubles  
Successful for 25 years.  
50c and 100c bottles—ALL DRUGGISTS

## HAD FEW COMFORTS IN EARLY CHURCHES

Colonial Worshipers Made Little of Cold.

Eating together after the church services was a very common practice in thinly settled regions during Colonial days and it afforded a good opportunity for the gratification of the social instinct.

To Sheldon church in South Carolina there came seldom less than sixty or seventy carriages, but a neighbor planter was accustomed to entertain the whole assembly. Those of higher social position he invited to his own table, while common folk were provided for by his overseer at the planter's expense.

At great Quaker meetings a similar unstinted hospitality was dispensed by the wealthier Friends. In New England care was taken at first that every family should live so near to the meeting house that people could attend church without straining the fiber of the Fourth commandment. But when the common lands came to be more and more divided, and farms and out-hamlets were settled, people had to travel farther.

In the winter time the people from a distance spent the time between the two services by the fireside in the kitchen of the parsonage house, or in that of some neighbor who heaped up wood against the great back log to cheer the worshipers when they came chilled to the marrow from the frosty air of the meeting house.

The custom of building churches without appliances for warming them was very general, especially in the colonies north of Pennsylvania, and was no doubt brought from Europe; one may yet sit through service in fireless churches in Holland, Switzerland and elsewhere on the Continent.

In a climate so severe as that of New England it must have added much to the grizzly rigor of the religious observances. Judge Sewall records in his diary on a certain Sunday in January, 1686, when Boston harbor was covered with ice:

"This day is so cold that the sacramental bread is frozen pretty hard and rattles sadly as broken into the plates."

Though in most places, before the invention of stoves, no one ever dreamed of warming the building, yet measures were sometimes taken to mitigate the cold; the first church in Lynn, for example, was made to descend to low eaves on the side exposed to the northwest wind, and the floor sunk below the ground.

In New York in 1714 servants are described as carrying foot stoves to church for the use of their masters and mistresses, and foot stoves were likewise used in New England in the Eighteenth century.

In one Quaker meeting in Pennsylvania it was provided in 1690 that a fire should be kept in an upper room "for such as are weak through sickness, or age, or disease, to warm at, and come down again modestly."

But at a later period we find some of the Friends' meeting houses warmed with German stoves.

The southern parish churches were probably not generally warmed, but it was provided in a colonial parish, as far south as North Carolina, that the clerk and lay reader should also build fires wherever they were needed.

There were even some exceptional towns in New England that had iron stoves in their meeting houses as early as 1730, though most of them resisted the improvement until after the beginning of the Nineteenth century.

### Turks Make Poor Farmers

In the New world frontiers do not mean much. In eastern Europe they do. Perhaps the Turkish-Bulgarian frontier offers the most striking example of the difference between races. Leaving Svilengrad, a Bulgarian frontier town, one motors out past rolling fields of wheat and maize. Then all of a sudden a broken-down ramshackle thatched hut indicates that one has entered Turkey. What a change! For miles in front and around there is undulating barren country quite uncultivated. The Turkish frontier guards live in a state of absolute primitiveness, their main nourishment being black bread and coffee. Turkey in Europe was never thickly populated but the lack of any kind of agricultural implements, coupled with the natural indolence of the Turk, goes to make a state of little relieved desolation.

### Unconvincing

Sir John Lavery, the famous painter, tells a story about an old Scottish gardener in the employ of a friend of his, who went one day to an exhibition of pictures in London. Among them was one labeled "The Fall." The gardener surveyed this so intently that his employer was moved to ask him his opinion of it.

"I think no great things of it," was the reply.

"Why, sir, Eve is tempting Adam w' an apple of a variety that wasna known until about twenty years ago."

### Why, Indeed!

When Jones came home one evening his wife met him at the gate and exclaimed, "It's lovely evening. Let's get up a picnic!" Jones looked hopefully at the sky, but there was not a cloud in sight coming to his rescue. "What do you say?" persisted Mrs. Jones. The poor man was tired, the evening was warm, but he had to say something. He said, "Why get up a picnic? We haven't any enemies."

## Start Bee Year With New Queen

Proper Time to Prepare for Next Year's Crop and Supply of Stores.

Strong colonies of bees produce the bigger crops of better honey, according to V. G. Milum, apiarist at the Wisconsin College of Agriculture. He suggests that this is the proper time to prepare for next year's honey crop.

The first step in this march to success, according to Mr. Milum, is to see that every colony is supplied with a vigorous Italian queen immediately. This young queen may be purchased from a reliable queen breeder or may be reared by some method in the apiary. A young queen, Milum points out, will produce a strong colony of young vigorous bees which will winter successfully and still be young and vigorous in the spring, provided they are given proper winter and spring protection and plenty of stores.

**Saves Winter Stores.**  
Milum maintains that the successful beekeeper is the one who saves the first surplus of stores for winter feeding and spring development of brood rearing. In addition it saves a lot of work in extraction of this surplus, but especially it insures the colony against starvation in winter and during unfavorable spring weather.

Another suggestion of Milum is that with the honey flow now coming to a close, all hives should be inspected to see that they are bee-tight, except the entrance, in order to prevent robbing. He warns against leaving honey exposed when examining colonies if any manipulations are necessary. Once robbing is started in a bee yard, it is practically impossible to do any work with the bees.

### Don't Remove Frames.

In connection with the extraction of the honey crop Milum advises that frames should not be removed for extraction until they are well capped over, or not until after a week or more following the close of the honey flow, depending upon the locality and the type of weather conditions. Unripe honey will granulate readily and fermentation will cause all kinds of trouble and inconvenience besides giving an unmarketable product.

With the approach of honey harvesting time, Milum suggests that an inventory be taken of labels and containers. Attractive labels and containers add in the sale of the product. A quality product is always more valuable; therefore beekeepers are urged to prepare their honey carefully.

A well-ripened honey is the first step in the production of a quality product and the second step is clean, well-strained honey. If it is then packed and displayed in a neat attractive container the chances for profit are greater.

### Determine Age of Sheep by Development of Teeth

At fourteen to eighteen months of age, depending upon breed and rapidity with which the animal has been developed, the middle pair of incisors are replaced by the permanent teeth. These have a much broader cutting edge than the lamb teeth. In a little less than 12 months later the adjoining pair is replaced by permanent teeth; and in successively shorter periods the next two pairs are replaced. Some highly fed animals will have a full mouth of permanent teeth at thirty-six or thirty-eight months of age and practically all individuals have the "full mouth" before they are four years old.

All of the permanent teeth have a broad cutting edge when they first appear, compared with the milk teeth. As the sheep grow older the teeth are worn back and hence become narrower. This rate of wearing depends upon the character of grazing upon which the sheep must depend. Western sheep sometimes wear the teeth almost to the gums by six years of age. Again, there is a difference in breeds. The Merinos are longer lived than the English breeds; and a Merino at eight or nine years under like care will show no older mouth than a Down or Long-wool at six.

### Ground Corncobs Have Definite Feeding Value

Chemists' analyses indicate that corncobs and oat straw contain about the same amount of food material. Many practical farmers who have looked on oat straw as having but little feeding value have felt that corncobs were even more worthless. Now, however, the Minnesota station finds that ground corncobs are worth considerably more than straw. They have been experimenting with corn and cob meal and have found that it gave somewhat better results than shelled corn. Then they wondered how it would be to substitute finely ground oat straw for the corncobs and so they mixed straw, cornmeal with finely ground straw. This did not do nearly so well as the corncob meal. Next they wondered what results would be obtained if the cornmeal and the ground cobs were fed separately. It was discovered that when the corn and cobs were fed separately that just as good results were obtained. This seemed to prove that ground corncobs have a definite feeding value.

These Minnesota experiments are not sufficiently extensive to be at all conclusive. Nevertheless they suggest that corncobs probably have a feeding value much greater than most farmers have thought.

## Profitable to Use High Quality Seed

Difficult to Keep Various Strains From Crossing.

The farmer of today, knowing that his grain is graded at the elevator and that the higher it will grade the better the price, is paying more attention to the quality of his seed than ever before. He knows that he cannot produce high-grade grain from low-grade seed and is willing to pay the price.

One of the difficulties in raising pure seed is the fact that plants of the grass family, to which corn and the small grains belong, produce pollen so profusely that it is extremely difficult to keep the various strains from crossing. This is particularly noticeable in corn where two varieties of different coloring grow in adjoining fields. Cobs showing kernels of different color are common.

In order to keep strains pure they must be grown in fields widely separated from fields of other varieties. As hay fever sufferers know, this fertilizing dust from the grain plants is carried for great distances by the wind, making the pure seed grower's task a difficult one.

Pure bred seed naturally is higher in price than lower grades of seed but the product is correspondingly heavier and higher in grade. The grower of fine strains of grain seed usually plants his fields to smaller acreage than the grower of grain for the general market and must exercise much greater care to keep it from contact with other fields. He must surround these fields with some other crops that cannot in any way interfere in the pollination of the seed which he is growing to sell to the farmer who demands the best quality for his acres.

### Plan for More Poultry and Production of Eggs

Should farmers plan to increase their poultry and egg production in the future?

The success of such a procedure is very doubtful, according to F. A. Gougler, director of the poultry and egg marketing department of the Illinois Agricultural association.

"Competition is becoming keen in this line," states Director Gougler, "and only efficient producers from now on will be able to make this business pay. I do not think that those producers of poultry who plan to expand their business or individuals who now expect to enter the poultry business should move cautiously."

"So far this year approximately 2,000,000 pounds more of dressed poultry have been shipped to the large consuming centers than the total receipts to August 1 of last year. To be added to this is the information that we now have 37,000,000 pounds of dressed poultry in cold storage as compared with 23,000,000 at this time last year, or an increase of 14,000,000 pounds. Thus we find a large carry-over facing us in the future."

"On considering the press egg marketing situation, we find that there is an increase of 116,000 more cases of eggs in cold storage than reported at this date last year and our export in eggs has decreased as much as 450,000 cases. The reduction in our egg export is partially due to the fact that European countries who furnished an outlet for our surplus poultry products in the past, are now getting to the point in production where they can supply their own needs."

"Reports from Midwestern states indicate an increase in production this year resulting from the favorable spring season and it is doubtful if the consumption of poultry and eggs will show any great increase in the future."

### Feed for Dry Cow

After the cow is dry, the feed should depend largely upon her condition. If she is poor in flesh the feed should be abundant enough so that she will be in reasonably good flesh at the time of calving. If she is in fairly good flesh then little more than a maintenance ration is necessary. If good pasture is available it will be all that is necessary for dry cows. However, if the pastures are poor some additional roughage should be supplied.

## FARM NOTES

Treat seed wheat with copper carbonate for smut prevention.

Sanitation is the best safeguard against hog cholera. Clean up the filth in the hog lot.

In horse measurements, three inches equals a palm, four inches a hand, and six inches a span.

It is claimed that the lower the curl in the horse's forehead, the better is his disposition.

Asparagus tops should be cut off and burned. Mark any bare places in the bed so that new roots may be set next spring.

Rhubarb should be well mulched with manure to insure protection through the winter and to provide fertile ground for next year's crop.

Waste apples may be fed to the hogs, and they help out in balancing the heavy corn ration for early fattening. In this way, their value is much greater than the usual return from cider.



SAY "BAYER ASPIRIN" and INSIST!

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 25 years.

DOES NOT AFFECT THE HEART

**Safe** Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monocetateester of Salicylicacid

Intervention in love is equivalent to The man who owes for his hat is declaration of war. ever head and ears in debt.

## Children Cry for



**Fletcher's CASTORIA**  
MOTHER:—Fletcher's Castoria is especially prepared to relieve Infants in arms and Children all ages of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep.

To avoid imitations, always look for the signature of *Wm. C. Fletcher* Absolutely Harmless—No Opium. Physicians everywhere recommend it.

If a man is always on the go he seldom stops when he gets there. Don't be afraid to use good advice for fear of spilling it.

## Looks 20 years younger say his friends

McDonald had heartburn and dizzy spells; now thanks Tanlac for perfect health.

"My health was slipping," writes Charles McDonald. "Finally I became so run down and weak I couldn't hold my body straight. My back ached like it was breaking in two."

His appetite disappeared and after eating, heartburn and shortness of breath brought extra hardships. Finally he tried Tanlac. It added 10 pounds to his weight and left him feeling so well and strong that he now "faces life with a smile."

\*Authentic statement. Address on request.

Tanlac revitalizes the liver, tones up the whole digestive system, and benefits the vital organs of the body. It is Nature's Greatest Tonic and builder. It puts new life in your veins.

Tanlac is absolutely free from harmful drugs. The famous Tanlac formula contains only roots, barks and curative herbs brought over the seven seas for your health.

Don't gamble with your health a minute longer. Get a bottle of Tanlac from your druggist today. After the very first dose, you will feel better. You will soon enjoy refreshing sleep, be able to eat heartily, and feel the full pleasure of health regained.

Note: For Constipation, take Tanlac Vegetable Pills, Nature's own harmless laxative.

## TANLAC FOR YOUR HEALTH

## Why have RHEUMATISM?

OH, what a wonderful feeling to be free from that miserable rheumatism. To know again the joy of limber joints and active muscles—freedom from that agonizing pain!

How often have you longed for some relief as you suffered torture from swollen, inflamed muscles and joints—how often have you said you would give anything in the World for a few hours comfort!

But you didn't know that all you had to do to get real relief from this nerve wracking misery was just to build rich, red blood, did you? You didn't know that rheumatism had to be stopped from the inside by destroying the impurities that cause it—by building millions of red cells in your poor, weak blood, did you?

Until you fill your system full of healthy, rich, red blood you will never end your rheumatism. S. S. S. will surely help you. That's because S. S. S.

helps Nature build the red-blood-cells that fight off the impurities that cause rheumatism.

Conquer rheumatism! S. S. S. has shown the way. For generations S. S. S. has brought blessed relief and comfort to thousands of rheumatic sufferers.

When the rich, red blood that S. S. S. helps Nature build goes coursing through your system, it purifies the blood in your body. Rheumatism vanishes—skin blemishes disappear—you begin to get hungry again and enjoy your food—strength and power fill your body—you are vigorous—red-blooded and ready for action. Know this joy of living again! Take S. S. S. and banish rheumatism!

Get S. S. S. from any druggist. The larger bottle is more economical.

