

Had Lost All Hope of Ever Being Well

Read story of the fight for health and final victory as told by Mrs. James A. Hall, Box 31, North City, Illinois.



"About twelve years ago my health failed. I could not eat anything without suffering. I had heartburn, sour stomach, palpitation of the heart, smothering spells, pains in my back and sides and a cough almost like consumption. Nothing helped me. I grew worse and was able to sit up only part of the time. I had lost all hope of ever being any better when someone gave me a Pe-ru-na book. The book described my case so truly that I began to take Pe-ru-na. After two and a half bottles I could eat without suffering and improved from then on. I took eight bottles and felt like a new person. That was fourteen years ago. So many diseases are due to catarrh that I think Pe-ru-na the greatest family medicine in the world."

For more than half a century Pe-ru-na has been doing just such work as this.

Send 4 cents postage to the PE-RU-NA COMPANY, Columbus, Ohio, for a booklet on catarrh.

Pe-ru-na is for sale EVERYWHERE Tablets or Liquid

Precious Stones in China

Among the richer people in China, who do not place reliance on native banks, the most convenient manner of keeping their wealth is to invest it in precious stones for the adornment of the ladies of their families. The habit is not, however, without drawbacks and dangers, for armed robbers regard "great families" as lawful prey, and riches kept in this shape provide bandits with a never-failing source of supplies.

Buy the famous "Marie Antoinette" Pearl Necklace in handsome plush gift case for \$1.85, No. 711W, 24-inch string with silver clasp, sold in retail stores for \$5.50. Guaranteed indestructible. Money back if not satisfied. Agents wanted. No experience necessary. Catalog free. Write immediately. Marie Antoinette Perle Company, 500 Fifth Ave., New York.—Adv.

The Fashions

Gov. Nellie Ross of Wyoming said at a luncheon in Cheyenne: "A little boy was asked the other day what kind of new dresses his mother had brought back from Paris. 'Long short dresses,' he said. 'Long short dresses? Nonsense, child! Dresses can't be long and short at the same time.' 'Well, these are,' said he. 'They're long in the waist and short at the top and bottom.'"

Robust Mother of Five Healthy, Happy Children Keeps Fit with Beecham's Pills

"When I feel a dizzy headache coming on, I take one or two Beecham's Pills."

"I am 35—a healthy, robust mother with five happy children, thanks to Beecham's. I do all my own housework, besides sewing, washing, ironing and caring for the children."

Mrs. ALBERT ORMEROD Fall River, Mass.

For FREE SAMPLE—write B. F. Allen Co., 417 Canal Street, New York. Buy for your druggist in 25 and 50c boxes. For constipation, biliousness, sick headaches, and other digestive ailments take Beecham's Pills

For Horses and Cows

Porter's Pain King Salve is made with a base of pure wool fat (lanoline) combined with antiseptic, healing, pain-relieving drugs. There is nothing better for collar and saddle galls, cuts, scratches or bruises on horses. It quickly heals sore teats on cows, caked udder, etc. At your dealer's.

KEEP YOUR SCALP Clean and Healthy WITH CUTICURA

SAVE YOUR EYES!

Use Dr. Thompson's Eye-Saver. Buy at your druggist's or the Great Lakes Book Co., 137 Collins Ave., Miami Beach, Fla.

HEAVY COMBINATION KEYLESS SAFETY LOCKS. General use on farm or automobile for safety; operated about like safe. No keys to lose. 25 cents postage. Copy will do. H. SUTTON, FINDLAY, OHIO.

WANTED—COLORED PICTURES. Sports and horses, made by Currier & Ives. Horse racing and sporting books. State price in first letter. E. WENRICK, 314 East 87th Street, NEW YORK CITY.

6100 A MONTH can be made, with comparative ease, by any intelligent and industrious man or woman who will sell monuments for old-established monument company. Fill in this coupon and let us tell you how. ROBERTS MONUMENT CO., Dept. 11, Bell Ground, Ga. I want to earn \$100 a month; tell me your plan. Name: Address:

ALONG LIFE'S TRAIL

By THOMAS ARKLE CLARK Dean of Men, University of Illinois.

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SECRET FAULTS

"CLEANSE thou me from secret faults," the psalmist prayed. I have never been sure whether he meant those personal weaknesses of which he was not himself aware, or those of which he supposed his friends were not conscious.

We all have a great many of the first class, I am sure—petty little idiosyncrasies which constantly annoy our friends, lapses and omissions and irritating habits which we might have been rid of long ago had some one called our attention to them, but which very likely are now so much a part of us as to be impossible of correction.

We all like Sarah, whom we have known for thirty years, and if it were not for one fault we could even reach the point of loving her. No matter what social gathering she is a part of, she must always take the wheel; no one else but herself is allowed to drive. She dominates the conversation always. No matter who has introduced a topic, she snatches it out of his hand, as it were, and runs away with it. You would think she is the hostess often, so completely does she take possession of the guests and make them her own. I have even seen her go so far as to correct or give directions to the servants at some social function to which she had been invited. And all the time I think she is quite unaware of her blunders.

I never knew just what an erratic sentence structure I had until I went into Professor Hill's class. When he read my first theme he had much to say about forced humor, and choppy sentence structure, and pedantic vocabulary that surprised me and I hope did me good. I had never suspected half the things he proved to me to be true.

In one of the organizations to which I belonged as a young fellow we used to have a weekly session after dinner at which every one present was privileged to tell every one else there just what his faults were, and no one might object or lose his temper in the telling. It was a frank open session in which there were a good many surprises. There were few secret faults which the fellows got through. It was helpful in the extreme and if David had been present, I think he would have found himself well on the way to having his prayer answered. It is a good thing for most of us to know just what our faults are.

There are our other faults also—those which are known only to ourselves—the secret weaknesses and jealousies and selfishnesses which we practice by ourselves and which only we ourselves are conscious of. We may well pray to be cleansed from these, for they sap the very foundations of our characters.

MAKING THE BLIND SEE

I WENT to Sunday school last Sunday for the first time in years. The lesson being discussed was the story of the healing of the blind man. Was it a legend, one man asked, an allegory, perhaps, intended to teach a lesson rather than to present an accurate recital of facts; or was there really a miracle performed?

There was rather wide difference of opinion, with active discussion and no very definite conclusion reached in the end. As for me, I think it makes little difference just what did happen. A blind man had come into contact with a great personality; some one had touched his eyes, and he had gone away with a new vision and a new attitude toward life. Such things are not so strange even today as we think. Every day, almost, I have seen the eyes of the blind opened.

Harmon has always been a great disappointment to me. He has had every chance to make something of himself. He has a reasonable amount of money left him by his father, but he has seldom if ever used it wisely. He has a strong healthy body and is capable of unusual things as an athlete, and he has distinct dramatic talent, but he has never been scholastically eligible to go either into athletics or dramatics. And this not because he has an inferior mind, but because he has been lazy, indifferent, dissipated even at times, and blind always to his opportunities and his possibilities. He needed some one to touch his eyes.

He came in yesterday to talk to me as he has often done, and there was a dew light in his eyes. Something had happened to him. Some one had touched his eyes.

"I have been thinking things over," he said, "and I see what a fool I've been, how much I have missed, how much I have lost. I never realized before what people think of me and I've never cared."

"What's happened to you?" I asked.

"What has caused you to see?"

"It was a woman," he answered, "a woman whom I one day hope to be worthy to marry."

I don't know whether or not the blind man had lost his physical sight and gained it again, but I do know that all around us, every day, the blind are being made to see.

Back Fullness Is Decried by Paris

Day and Evening Gowns and Coats Subjected to New Elaboration.

The most significant detail of the new autumn collections is the revival of the princess silhouette which has been sponsored by such eminent couturiers as Lanvin, Patou, Premet, Poiret, Martial et Armand, Bechoff. The new outline, says a Paris correspondent in the New York Herald-Tribune, has been limited so far to formal costumes, principally those designed for occasions du soir, but it is gradually beginning to assert its influence upon the daytime mode. The modern princess version consists of a slightly molded bodice combined with a skirt which flares below the hips and, of course, the princess waist. Premet and Poiret both achieve the required silhouette curve by means of seamed sections and this will undoubtedly be one smart method of arriving at the new outline.

The cape, as an integral part of the costume du soir, and to a lesser degree for the daytime wear, has been generously exploited by Patou, Drecoll, Bechoff, Lelong and Doucet at the autumn openings and it has been accorded



Black Velvet Frock, Back Giving Wedge Effect.

ed a splendid early reception by the Continental haute monde. The typical cape silhouette flares moderately or widely, more often the latter, and the Spanish effect is the apotheosis of chic in this romantic member of the feminine wardrobe. Velvet and fur are far and away the outstanding materials.

Back fullness, predicted many months ago, has taken its place as one of the principal variants of the full silhouette. Molyneux, Madeleine et Madeleine-Anna, Patou, Worth, Premet, Martial et Armand, Bechoff, Talbot and Redfern are among the ardent adherents of this silhouette, and the means of expressing it are many. Daytime and evening frocks and coats have all been subjected to the now modish back elaboration. Molyneux arrives at the effect by narrow plaits placed low and at the back. Talbot by means of loose side panels, while other designers employ such devices as apron treatments, huge puff bows and the numerous degrees of the flare.

Thread Work Is Used as Trimming for Underwear

Drawn-in thread work provides a simple and delightful way of trimming underwear of lawn, crepe de chine or china silk, anything that is dainty and soft. It is good on children's dresses.

The work is done in the following way: First draw out one thread—as for hemstitching—then take a length of button-hole silk in the color which you wish to introduce; knot this to the next thread in the material, and when drawing this thread out the button-hole silk is drawn in. The reason for drawing out the first thread is to make room for the thicker thread to be drawn in. Use another color for the next line, and a third shade for the line below it. You will be delighted with the result.

A heavier line may be introduced by using a double length of the button-hole silk. Before drawing this in pull out two threads from the material, one each side of the thread which is to be used for knotting to the contrasting color. Measure the length of button-hole silk required, double it in itself and then fasten the loop to the thread in the material which you are going to pull. Care must be taken not to make a clumsy knot, so that the thread will go through quite easily.

Colored Goloshes New Fad in Paris Footwear

An English fashion for colored and color-trimmed footwear has introduced a novelty in the form of bright-hued goloshes for wet weather wear. Unlike the old variety, these are

Tunic-and-Skirt Suits Popular for Fall Wear



The trim little tunic-and-skirt suits, or jumpers, are favorite outfits for autumn wear. Although they were originally intended for sports wear, they are to be seen everywhere. The model pictured here indicates that the scarf collar of vivet is the last touch of smartness for the jumper suit.

Buckles and Buttons Much Used Ornament

Buckles of many kinds are among the latest slipper ornaments. Good-looking buckles for daytime are made to match or to harmonize with the shoe. Some of these are original and charming, in bronze, jet, steel and leather. All of the French buckles appear to be smaller, daintier than the styles in last season's footwear. For evening there is apparently but one buckle, and that is set with brilliants, with genuine diamonds, with old paste, white sapphires, or white topaz, or just with rhinestones. Some unusually attractive designs are to be had: flower sprays, set in semi-circles, mercury wings, butterflies and other pretty things.

Alongside the jeweled buckles one finds buttons for frocks and coats, like those worn by the dandies of the French court. They are used a lot by fashionable couturiers who are trimming many models with buttons of one sort and another. They add a bright touch and are especially effective on black velvet. Other than the buttons set with stones are many artistic designs most decorative on a dress than is otherwise without trimming.

Hosiery Glove Promises to Be Paris Winter Fad

Short gloves with flaring cuffs of a different colored kid will be the smart thing this winter, judging by early showings.

Together with long hair and high boots the long, elbow-length glove has apparently lived its day. This year's gloves will barely cover the wrists. Some will be made of silk, of the same color and texture as the stockings to be worn. Such gloves may be changed each time they are worn and although they are the most expensive they last the shortest time.

Afternoon and morning frocks will have sleeves—long, tight, closely furled sleeves descending into the elbow. From the elbow to the shoulder some of these sleeves are mere strips of ribbons, but from the elbow to the wrist the flesh must be covered. So dictate the stylists.

very dainty affairs. They are beautifully made with finely pointed toes and a single strap behind, that forms a decorative band to the top of the back of the shoe. Made in bright chestnut-brown rubber, in navy blue, various shades of gray, and a clever imitation of crocodile or alligator or lizard skins, they are the latest novelty in Paris, and look extremely smart.

Some bootmakers go so far as to now make special goloshes to match each pair of walking shoes.

Dancing Knickers

Frills and flounces have reached a new place in lingerie. The latest example of caml knickers from London have a perfectly plain georgette vest, while the nether portion consists of tightly fitting legs trimmed by row on row of dainty narrow lace flounces. They are supposed to be especially adaptable for dancing in the short skirts which the present fashion decrees.

Suit of Green Velvet

The empire inspiration returns with a new appeal in a two-piece suit of dark green velvet, showing a plain, narrow skirt and a jacket with high belt effect and border of high colorful embroidery on a metal cloth background. Blended squirrel fur contributes a timely border finish.

Novel Handkerchiefs

Fascinating little handkerchiefs have tiny figures handblocked in one corner. These have little skirts made of tiny frills of ribbon which conceal a minute powder puff.

POINTS ON KEEPING WELL

DR. FREDERICK R. GREEN Editor of "HEALTH"

DANGERS OF CANNED FOOD

CANNING as a method of preserving human food, is only about half a century old, but it has developed to such an enormous extent and the use of canned goods is so common, that some kind of canned food is used by almost everyone. So anything bearing on the purity or healthfulness of canned goods is of almost universal interest.

Naturally in the billions of cans of food put up and offered for sale each year, there is a certain percentage of spoilage. In such cases, the contents of the can are generally unfit to eat and in some cases, such as botulism poisoning, may be extremely dangerous. What are the dangers to be apprehended in canned goods and how can they be recognized?

Strange to say, the methods for detecting spoiled canned goods have not been worked out by public health officers or pure food inspectors, as one would expect, but rather, so far at least, by dealers. Yet this is not surprising when we reflect that up to the present, most of us are a great deal more careful and anxious about our money than our health. So the examination of spoiled canned food has been developed by the canners themselves, to whom spoiled cans mean financial loss.

In a recent issue of the Journal of Infectious Disease appears a description of the method of the laboratory established and kept up by the National Canners' association, an organization of the canned food producers of the country. In this laboratory, all spoiled cans are carefully examined with a view to finding out the cause of spoiling and how to prevent it. This laboratory has examined over 600 samples of canned goods, sent in by canners who want to know why the cans had spoiled and what was responsible for the spoiling.

Flippers are cans with one end bulging. When the bulging end is pressed down it stays flat. This may be due to spoiling or leakage of air.

Springers are cans with one end bulging. When the bulging end is pressed down the other end bulges. This may be due to the pressure of hydrogen gas produced by fermentation, to imperfect closing of the can, to overfilling, or to denting and bending of the can.

Swells are cans with both ends bulging. They are caused by gas or by some infection of the contents.

In any case, if the contents look wrong, taste wrong or smell wrong, either cook them or throw them away. Poisons which may develop in canned goods are too deadly to take any chances.

DIRT IN THE EYE

AN EMINENT philosopher once said that dirt was simply matter in the wrong place. If this is true, and I don't know any better definition, then certainly cinders, street dust, bits of coal, lime or stone, iron, steel or brass filings are dirt, when they get in the eye, for they are surely out of place there.

Every one has had a cinder in the eye. If the foreign body, whatever it is, is smooth, it may come out easily or the tears and the muscular effort of winking may work it down to the lower inner angle of the eye, where it is easily wiped out with a handkerchief.

But if it is hot, as cinders often are, or rough and jagged, it may burn or tear a hole in the conjunctiva, the white shining membrane that covers the eyeball. Embedded in this hole it may be so fixed that it will not come out or only after using a considerable amount of force which will further irritate the eye.

Taking a foreign body out of one's own eye is difficult, if not impossible. So a friend, a bystander or a fellow workman usually volunteers. In ninety-nine cases out of a hundred, the spec: can be easily taken out on the point of a folded handkerchief, after the lid has been turned back and the eyeball exposed. But in the unusual case, where the object is sharp and sticks closely to the eyeball or where force is used so that the eyeball is torn or where the fingers or handkerchief of the operator are dirty and infection follows, an ulcer may develop on the eyeball which may cause serious trouble. Even if the infection does not spread to the entire eyeball, the healing ulcer may cause a scar to form which may seriously interfere with the sight of the eye.

Any foreign body in the eye should be removed at once. Wash your hands, stand behind the patient, who should look down, grasp the edge of the lid gently but firmly, draw the lid down and forward and then turn it back over a pencil of clean toothpick. Examine the eyeball and the everted lid by as strong a light as possible. If the foreign body is seen and is lying loose, wipe it off with the edge of a clean folded handkerchief or towel. Don't rub the eye; this may only embed the cinder deeper.

If the object is embedded in the conjunctiva, don't try to dig it out. You will only damage the eye more. That's a case for the doctor who knows what to do. (© 1925, Western Newspaper Union.)

Get Back Your Health!

Are you dragging around day after day with a dull headache? Are you tired and lame mornings—subject to headaches, dizzy spells and sharp, stabbing pains? Then there's surely something wrong. Probably it's kidney weakness! Don't wait for more serious kidney trouble. Get back your health and keep it. For quick relief get Doan's Pills, a stimulant diuretic to the kidneys. They have helped thousands and should help you. Ask your neighbor!

A Virginia Case

W. H. Henry, machinist, South Salem, Va., writes: "I was troubled with kidney complaint and my back bothered me. My kidneys were sluggish and didn't act right. I heard of Doan's Pills and began taking them. I was cured through the use of Doan's and I haven't had trouble since."



DOAN'S PILLS 60c STIMULANT DIURETIC TO THE KIDNEYS Foster-Milburn Co., Mig. Chem., Buffalo, N. Y.

Social Position Assured

"I hope this expulsion of ours isn't going to injure me socially," remarked Eve ruefully. "Oh, I think not," returned Adam calmly. "Nothing of the sort can prevent us from heading the list of first families, you know."

Don't Forget Cuticura Talcum

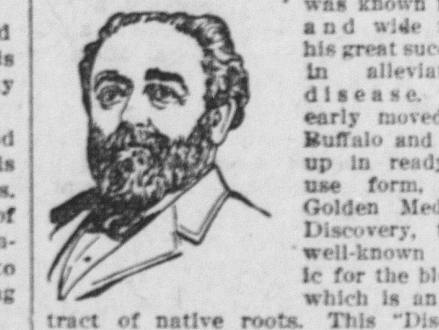
When adding to your toilet requisites. An exquisite face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum). 25c each everywhere.—Advertisement.

Columbus Had No Bananas

Columbus had no bananas when he visited this country, the story saying that he had been denied by Dr. W. E. Safford, economic botanist of the United States Department of Agriculture, who declared that the fruit was brought to this country 24 years later.

Brought Up on a Farm

As a young man Dr. Pierce practiced medicine in a rural district and



was known far and wide for his great success in alleviating disease. He early moved to Buffalo and put up in ready-to-use form, his Golden Medical Discovery, the well-known tonic for the blood, which is an extract of native roots. This "Discovery" of Dr. Pierce's clears away pimples and annoying eruptions, tends to keep the complexion fresh and clear. It corrects the disordered conditions in a sick stomach, aids digestion, acts as a tonic and enriches the blood. Vim is sure to follow its use. All dealers. Tablets or liquid.

Have a lovely Complexion

You can make and keep your complexion as lovely as a young girl's by giving a little attention to your blood. Remember, a good complexion isn't skin deep—it's health deep.

Physicians agree that sulphur is one of the most effective blood purifiers known to science. Hancock Sulphur Compound is an old, reliable, scientific remedy that purges the blood of impurities. Taken internally—a few drops in a glass of water, it gets at the root of the trouble. As a lotion, it soothes and heals.

5c and 15c bottles at your druggist's. If he can't supply you, send his name and the price in stamps and we will send you a bottle direct.

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HALES' ONEY OF ROSEHOUND AND TAR

Clears out cold in head or chest. A home remedy of tested and tried ingredients, safe, dependable. 30c of all druggists. For acting teeth use Hales' Toothache Drops.

Can You Spell Avoid?

Teacher—Can you spell "avoid," Jakey? Jakey—Sure, teacher. Vot is der void?—New York Central Magazine.

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