

Two Letters

The first written twenty years ago, the second recently by Mrs. J. H. Bourland, Frankston, Texas.



June 2, 1904, she writes:—

"For twenty-three years I was a constant sufferer from chronic catarrh. I had a severe misery and burning in the top of my head, a continual dropping of mucus into my throat causing frequent expectoration. My entire system became involved and I grew worse. It seemed as if I could not recover from a constant cough and frequent attacks of bilious colic. My bowels were affected, causing alarming hemorrhages. I tried many remedies and finally took Pe-ru-na. In three days I was relieved of my bowel trouble and entirely cured by five bottles. I most cheerfully recommend Pe-ru-na."

June 30, 1924, Mrs. Bourland writes again:—

"I will soon be seventy-nine years old and enjoy good health for one of my age. I still recommend Pe-ru-na and take it myself when necessary."

For more than half a century Pe-ru-na has a proud record of good done. Men and women the world over stand ready to testify to its value in the treatment of all catarrhal disorders.

Send 4 cents postage to the PE-RU-NA COMPANY, Columbus, Ohio, for book on catarrh.

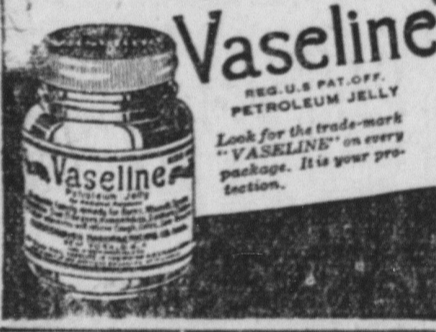
Pe-ru-na in either tablet or liquid form sold everywhere.

EX-ZEMA-FO

For the treatment of Eczema and other skin diseases. Easy to use. A liquid. No greasy residue. No soiling of clothes. Apply to the skin and Ex-Zema-fo does the rest. As a trial a 50-cent bottle will be sent free for 10 cents. NEWVOID COMPANY.

173 Seventh Ave. Brooklyn, N. Y.

Don't hesitate
Dress burns, bruises, wounds and cuts, rashes and sores with soothing Vaseline Petroleum Jelly. It keeps out dirt and air and hastens healing. For coughs and sore throats take a teaspoonful several times a day. It is tasteless, odorless and absolutely harmless.



Human Race Summed Up
Few things are needed to make a wise man happy; nothing can make a fool content; that is why most men are miserable.—La Rochefoucauld.

The Cuticura Toilet Trio.
Having cleared your skin keep it clear by making Cuticura your everyday toilet preparations. The Soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder and perfume. No toilet table is complete without them.—Advertisement.

WHY SHOULD ANYONE SUFFER WITH INDIGESTION OR ANY STOMACH MISERY?

If you want to fix up your dyspeptic, or of order stomach so that you can relish what you eat with not the least bit of after distress, do what tens of thousands of people have already done. Getting rid of gas, bloating, belching, heaviness and that feeling of near suffocation isn't such a hard matter as you may think—You've been getting hold of the wrong medicine—that's all. But better late than never—ask your druggist for a bottle of Dr. Williams' Pink Pills—a real stomach medicine and a very pleasant one. For acute indigestion one or two doses is enough, but when the trouble is chronic, two or three bottles may be needed to put your disordered stomach in good healthy condition and make life worth living. Making a start is the main thing, so why not get one bottle today with the distinct understanding that if it doesn't help you the purchase price will be returned.

BEST for the Complexion
The beauty of Glenn's is the beauty it brings to the complexion—soft, smooth, clear white skin, free of pimples, blackheads or other blemishes.

Glenn's Sulphur Soap
Contains 75% Pure Sulphur. At Druggists.

POINTS ON KEEPING WELL

DR. FREDERICK R. GREEN
Editor of "HEALTH"

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WHY PRESCRIPTIONS ARE IN LATIN

EVERY year when the state legislatures meet, some sincere and honest but misinformed member introduces a bill providing that all physicians' prescriptions shall be written in English. Fortunately no state legislature has as yet been foolish enough to pass such a bill, but there are always a number of newspapers ready to endorse such a measure on the assumption that the object of physicians in using Latin for their prescriptions is to deceive the patient or to keep him in ignorance as to the kind of medicine he is taking.

If this were true, there would be no argument against such a bill; in fact, there would be every reason why it should be passed. But it isn't, so the attempt to forbid the use of Latin in prescriptions is based entirely on misunderstanding of a very simple fact.

Of course doctors write their prescriptions in Latin. This is true not only of medical men but of all other scientific men in all countries all over the world. The astronomer who catalogues a newly discovered star, does it in Latin. The scientific names of all stars are Latin, whatever their popular or common names may be. All botanists use Latin names for plants, flowers and trees, in addition to their common names. Chemists use Latin and Greek names for the chemical compounds with which they work. Naturalists refer to the multitude of animals by their Latin names; bacteriologists classify microbes and germs under Latin names; geologists use Latin terms to describe various minerals; workers in physics and electricity use Latin terms constantly in their work.

This is not done to conceal knowledge but to increase knowledge. The reason for this common custom is that Latin is the language of science.

Why is this true? Because Latin is the only language that is universally known to all educated and scientific men in all countries and because, at the time when our scientific knowledge originated, all learned books and nearly all books of any kind were written in Latin. As a result all plants, trees, birds, worms, microbes, drugs, minerals, stars, fishes, beasts, and stones have each a single name by which each one is known and recognized all over the world. Most plants and flowers have different names, not only in different languages but even in different parts of the same country. Suppose a botanist had learned the English, German, French, Italian, Spanish, Russian and Japanese name of every plant, as well as all the local names. He'd go crazy simply trying to learn the names of the material he worked with. But Latin, which has for two thousand years been the language of science, gives him a single name for the same plant equally good in every country.

THE FIRST HOSPITAL IN AMERICA

WE GENERALLY think of Hernando Cortez as the fearless freebooter and buccaneer who with a handful of ragged pirates behind him, overthrew the ancient Aztec empire of old Mexico and looted the palaces of the Montezumas. Few know that he has a gentler, more deserving and lasting claim to fame than that of a robber and a murderer.

For let it not be forgotten in the story of Cortez that he founded the first hospital in America and that while the fruits of his conquest and his spoils of war have long ago disappeared, this hospital still stands and for almost four hundred years has been caring for the sick and the suffering as it still does today.

Hospitals, especially those founded and conducted by the monks and nuns, were common enough in Europe in Cortez's day and were probably familiar to him. As a professional fighter and soldier of fortune, he may and probably had been cared for in some of these places of mercy, grateful to him in the intervals between his fierce campaigns.

Folder Is Handy to File Recipes

Popular Manila Receptacle Will Solve Problem for Housewife.

This bride first started housekeeping way back three weeks ago. One day last week she just happened to look in the mirror while she was trying to plan dinner. There was a great big, perplexed wrinkle in her brow. Was she getting old already? No, the wrinkle was not permanent. She was sure in time it would be, if every



Manila Folder Makes Convenient File for Cook's Recipes.

day she had to struggle so to decide what dainty dishes would tempt her illegal lord. Cook books confuse her. She rarely can find what she wants and, if she does, the recipe would feed a family of six. Her mother has given her several recipes clipped from magazines and newspapers. She has gone

Cape Coats Promise to Be Popular This Fall

Topcoats or travel coats have become almost necessary, and in their latest version are so cleverly designed that while they fill every utilitarian purpose they possess a style and distinction never before seen in coats of this type.

Much of their smartness is due to the exceptional beauty of the materials, which reveal designs that range from small geometrical patterns to bold designs in subdued or colorful effects.

In purchasing a coat it is well to bear in mind its future use and not select a model that has obviously only one place in the sartorial scheme.

Fashion Notes That Are of Interest to Women

While a tendency toward a somewhat greater elaboration in formal clothes is gradually creeping into the mode, in the fashions designed for daytime and for country wear, simplicity is the unerring rule.

Glorified Version of Windsor Tie in Vogue

A new fashion development which recently made its appearance is the glorified version of the Windsor tie, which, in gay colors and striking designs, frequently adds the bit of brilliant color to a white or pastel tinted costume.

How Velvet Is Easily Combined With Taffeta



Above is shown a charming dress designed for midday's fall wear. The material used is red and white check taffeta. Red velvet is effectively used as a trimming, velvet being prominent in the season's fashions.

over this miscellaneous material time and time again—in fact she was aimlessly doing just that when the wrinkle was discovered.

Then she got an idea—a new wrinkle—the helpful variety. She bought a Manila folder—a most unintriguing, business-like thing. On small pieces of paper she wrote the principal cookery divisions—soups, entrees, fish, roasts, cakes, puddings, etc. These she glued to the divisions of the folder.

Velvet Trimming Used on Dress Materials

The use of velvet as a trimming on every manner of dress fabric is one of the high lights of the season. Velvet flowers and appliques on chiffon are used extensively and velvet collar and cuff sets are a distinguishing finish for both satin and rep dresses of tailored character.

Low Collars

Collared shoes are a recent novelty. The newest name for the variegated trimming on the edges of the new pumps is the collar. The Greek key design is a favorite for such adornment and is carried out in colors contrasting with the remainder of the shoe. Nude or beige collars on white glaze kid are frequently seen.

Bright Colors for Jumpers

The most vivid shades of violet, cerise, red, yellow, green and fuchsia are exploited in smart little jumper frocks of flat crepe.

Daddy's Evening Fairy Tale

By Mary Graham Bonner

CHAMELEON--CHROCODILE

"I belong to the great lizard family," said the American Chameleon to some of the other lizards around him, "and I am glad of it."

"That's good," said the other lizards, as they wriggled about.

"I am a Chameleon and I change color. If you would be interested in hearing, I will tell you some of the times when I change my colors and what makes me do so."

"We'd be most interested hearing," said the other lizards.

"I think I told you some time ago," commenced the Chameleon, "that I did not change color when put on different colored objects."

"For instance, some people think that if I am put on something green, I change to a green color, and that if I am put on something brown, I change to a brown color."

"That is not true. I care most for different shades of brown and green. But I do not change colors as some people think."

"When I am feeling quiet, I am apt to wear brown, a nice shade of brown."

"That's a good color when one feels quiet and restful. When I sleep, however, I am usually pale green, but oh, if I am angry, I become a very, very bright green."

"Yes, when I get angry or when I become excited, or when some one or something frightens me, I become a very bright green shade. I can change quickly from one color to another, from green to brown, from brown to yellow."

"Early in the morning and when the twilight comes I am a yellowish gray color, if there is nothing around to excite me."

"So you see I pay attention to the weather, to the sunshine, and to whether I am angry or happy and quiet as regards my change of color, and not to the color of the object upon which I am put."

"You tell us what we are interested in hearing," the lizards said. And then they all took a nap.

But just then the crocodiles were awaking from a nap which they had been taking.

"I am an American Crocodile," said Charlie, the Crocodile, "and I am very

much pleased with myself and very glad that I am not an alligator."

"So am I," said his brother. "What makes you so especially glad, though? Have you some reason for being pleased with yourself? I know that I am glad that I am not an alligator, but I haven't any special reason for being glad."

"Yes," said Charlie, "I have several reasons. In the first place as you know, we have, as a family, such nice heads."

"The heads of the alligators are so square and ugly. We aren't like that. A crocodile's head is long and pointed and distinguished looking—according to a crocodile's viewpoint."

"That is my first reason, and my second reason for being so glad that I am not an alligator is that my teeth are longer and more pointed."

"Ah, Brother Crocodile, it makes me happy and pleased when I think that my teeth are so long and so very strong. Two of my lower teeth show above my lower jaw, near my handsome nose."

"My dear Charlie Crocodile," said his brother, "it is all very well for you to say you're very fine, but you shouldn't say you have a handsome nose. You should call it a snout."

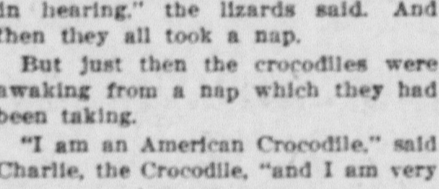
"Oh, all right," said Charlie, "but I like the word nose better. Who wouldn't? It sounds less like a pig. Snout sounds so like a pig, and I am no relation to the pig family."

"Except," said his brother, "that you are greedy and selfish."

"Oh, to be sure," said Charlie. "But as I was saying I feel so pleased that I am a crocodile, and I think you should call me Contented Charlie Crocodile, for I am so contented and satisfied with life."

"You're satisfied because you have strong teeth and can look after yourself, even if you hurt others. That's a funny way to be contented."

"Funny or not," said Charlie, "it's the way a crocodile would be contented, isn't it?"



"We'd Be Most Interested Hearing," Said the Other Lizards.

Riddles

What is the difference between Noah's ark and Joan of Arc? Noah's ark was made of wood, while Joan of Arc was Maid of Orleans.

WRIGLEY'S

AFTER EVERY MEAL



Probably one reason for the popularity of WRIGLEY'S is that it lasts so long and returns such great dividends for so small an outlay. It keeps teeth clean, breath sweet, appetite keen, digestion good. Fresh and full-flavored always in its wax-wrapped package.

That which is called firmness in a king is called obstinacy in a donkey.—Lord Erskine.



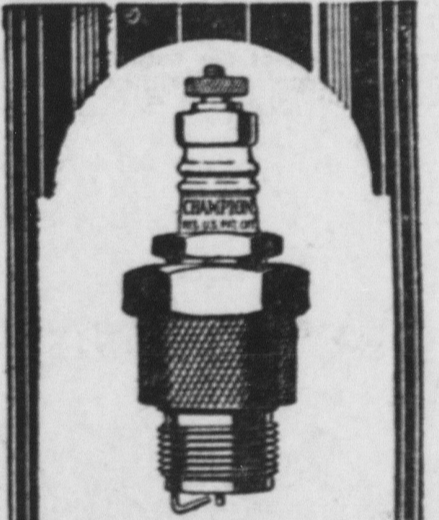
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Very Sad

Irene—"Did you ever see a mosquito cry?" Mildred—"No, but once I saw a moth ball."

Sure Relief

BELLANS FOR INDIGESTION

6 BELLANS Hot Water Sure Relief

BELLANS FOR INDIGESTION

25¢ and 75¢ Pkgs. Sold Everywhere

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PARKER'S HAIR BALM

Removes Dandruff Stops Hair Falling Restores Color and Beauty to Gray and Faded Hair

HINDERGONS Removes Corns, Calluses, etc. stops all pain, ensures comfort to the feet, makes walking easy. Use by mail or at drug stores. Illinois Chemical Works, Peotone, Ill.

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