

SOME MIDDLE-AGED WOMEN ARE AILING ALL THE TIME

Mrs. Ackerman and Mrs. Mayer Tell Women How Lydia E. Pinkham's Vegetable Compound Helped Them at This Trying Period



MRS. ELSIE ACKERMAN CONVOY, OHIO

Convey, Ohio.—"During the Change of Life I was weak and run-down and could hardly do my work. By reading your advertisements I found out about Lydia E. Pinkham's Vegetable Compound and it has straightened me right out and made me feel like a new woman. By the time I had taken eight bottles I was well and could do my housework on the farm without trouble. I recommended it to my daughter-in-law after her second baby was born and it did her a wonderful lot of good. I told her to try it and if it didn't help her I would pay for it, and before she had taken one bottle she said to me, 'You won't have to pay for it! It is helping me wonderfully!' And she took three bottles of it. You can use my testimonial if you wish."—Mrs. ELSIE ACKERMAN, Convey, Ohio.

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Mrs. Mayer's Experience

Litchfield, Conn.—"I have given your medicine a fair trial (I am on my fifth bottle) and can truthfully say that it has helped me. I am at the Change of Life and was not able to sleep nights, had indigestion, palpitation of the heart, pains in my right and left sides (more so if I hurried), had a rapid beating in my left ear and dreaded to see night come. I felt smothered if I lay on my left side, I had gas dreadfully, at times felt as if some one had me by the throat, had hot waves through me and sometimes I would shake in spells of nervousness. I am taking Lydia E. Pinkham's Vegetable Compound and I cannot praise it enough. I can say it does all it claims to do and I can recommend it to my friends. I can sleep much better, the pains in my sides are gone, I am not so nervous, my digestion is much better, and I very seldom have the hot waves. I must say that the Vegetable Compound is the best medicine for women's ills and I will answer letters from women asking about it."—Mrs. JOSEPH MAYER, Sr., Box 36, Litchfield, Connecticut.



After A Bath With Cuticura Soap Dust With Cuticura Talcum Delicately Medicated Of Pleasant Fragrance

Had Overlooked Something

Mrs. Newlywed was a good cook and housekeeper and very proud of her home. One day her husband went hunting and brought home a wild duck. She determined to excel all previous cooking and consulted a cookbook. She read: "Cook duck 20 minutes." So she prepared it and baked it in the oven for 20 minutes, placed it on the table with the rest of her dinner and called hubby to the feast. The bird was raw. She looked again in the book and read: "Cook duck 20 minutes for each pound."

Music Gains in Popularity

The number of German musical instruments now in use throughout the world is larger than it was before the war, according to the estimates of a German trade journal.

GASTRITIS IS DANGEROUS STOP IT QUICK

When your stomach is bloated—when it is so distended with gas that pressure on the heart almost suffocates you. What are you going to do? Take a chance or get rid of the gas quick? The one big selling stomach medicine today is Dore's Mentha Peppin and its mighty power to relieve terrible gastritis, acute or chronic, is a blessing to tens of thousands of people who have been unable to get help from any other source. It's splendid for any stomach trouble—Dore's Mentha Peppin. So when your food won't digest or gas, bloating or shortness of breath cause you to become nervous or dizzy or have a headache always remember that you can get one bottle of Dore's Mentha Peppin from your druggist and if it doesn't help your disordered stomach—your money will be returned.

EX-ZEMA-FO

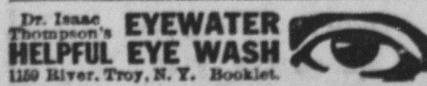
For the treatment of Eczema and other skin diseases. Easy to use. A liquid. No grease. NO soiling of clothes. Apply to the skin and Ex-Zema-Fo does the rest. As a trial a 50-cent bottle will be sent free for 10 cents. NERVOID COMPANY, 123 Seventh Ave., Brooklyn, N. Y.

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.



correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.



Florida—Reliable information about soils, climate, agriculture advantages, opportunities. Arranged by Southern. Books 50c. by Union, Times, etc., Tampa, Fla.

HEAL-C HEMORRHOID OINTMENT

Relief from piles. Old remedy. Healing. Your druggist, or sent for 50c. The Heal-C Company, Box 12 Walbrook, Baltimore, Md.

CHINESE SACRED LILY

Florida—Reliable information about soils, climate, agriculture advantages, opportunities. Arranged by Southern. Books 50c. by Union, Times, etc., Tampa, Fla.

Pheasant Breeding Pays 1000 Per Cent Better Than Chickens

Are easier raised. Sell in the market from \$1 to \$10 a lb. A pair is worth \$25 to \$150 yearly to a breeder. Cost 40c annually for their keep. Be wise, send today for the "Reliable Pheasant Standard," illustrated, showing 25 varieties in colors. Also: Anser, Wild Ducks, Deer, Wild Turkeys, etc. Price \$1.49. Send to address below.

INDEPENDENT INDUSTRIES, 1801 N. Merivale St., Philadelphia, Pa. W. N. U., BALTIMORE, NO. 36-1925.

Make Your Swamp Land Raise Crops

Vast Area of Idle Soil That Could Be Made Productive for Owner.

There is a vast area of swamp land in this country that could be made into fertile, productive fields through the use of proper drainage methods. Recent statistics published by the United States Chamber of Commerce estimate that the total swamp lands now unimproved and awaiting the magic touch of drainage amount to almost 80,000,000 acres. The greater portion of these lands lie in the Southwestern states, yet in the rich Central West there are millions of unclaimed acres in Minnesota, Illinois, Indiana, Iowa, Wisconsin, Missouri and Arkansas, which might be made at relatively small expense into productive soil.

It has been shown that such land is susceptible to drainage more than pays the cost of drainage. The soil is generally of unusual fertility, rich in humus because of centuries of decaying vegetable matter.

Two Viewpoints.

From the standpoint of land drainage, water in the soil is considered from two viewpoints. Water which is drained away is known as gravity or hydrostatic water. It retards plant growth. It is the excess water which tends to flow downward under the action of gravity. Capillary water in the soil keeps it moist and supports plant growth. It rises in the soil just as oil rises in a lamp wick. Land drainage removes water which is injurious to plant growth, but none of the water that is necessary and beneficial.

Soil that has been systematically drained is in condition to cultivate 10 to 20 days earlier in the spring than undrained land, because surface and excess water will disappear as soon as frost leaves the ground. The soil will also be warmer because air will enter it and warm it up after the water has been removed. Seeds will therefore germinate sooner and young plants will grow more rapidly. On undrained land the farmer must wait for excess water to evaporate. This process takes heat from the soil which should be retained to give young plants an early start. This accounts for the slow-growing, sickly looking plants that are seen on water-logged soils during early spring. Getting an early start gives corn more time to mature before fall frost. Small grains also have time to fill and ripen before the hottest weather sets in.

Liberates Plant Food.

When surplus water clogging soil pores is removed, air enters the soil. This is necessary to help liberate plant food and to stimulate plant growth. Deeper root penetration is made possible in a drained soil. Plants thus have a larger supply of food to draw from. Deep-rooted plants will not be affected by drought so much as shallow-rooted ones. For this reason drained land is more drought-resistant than undrained areas.

The volume of water which will flow through a tile line is limited to the capacity of the smallest tile, therefore all tile in a particular line should be the same size. To secure a steady flow of water, all tile should have the same diameter so there will be no effects between adjacent tile. The diameter and length of concrete tile are accurately controlled by the machines in which the tile are molded. Twelve-inch tile are twelve inches long.

Circular tile give greater capacity than oval tile. Concrete tile are always cylindrical, and this offers a continuous channel for the free and rapid movement of water. Because they are of a uniform mixture, molded by machine, and cured under uniform conditions, there is little variation in strength in concrete tile. There are no rough places on the inside to retard the flow of water.

Hubam Plowed Under in Fall Is Good Practice

Hubam is an annual sweet clover. That is, it matures seed the same year it is seeded. It is also a very rapid grower and will produce a large amount of forage after the nurse crop has been harvested. This can be plowed under in the fall if desired and the ground be made ready for the corn the following spring. For this particular purpose it is liked better than biennial sweet clover by those who insist upon having their ground fall plowed for corn. When spring-seeded biennial sweet clover is plowed under in the fall, the clover comes up in the cornfield the following spring and acts more or less as a weed in the cornfield. This, of course, can be avoided by deferring the plowing till spring after the clover has started growth the second year, but under some conditions it is not a good plan to postpone plowing till spring. For situations of this sort hubam is an unusually valuable legume.

Loss From Shattering

From one-fifth to three-fourths of the total seed yield of sweet clover is lost from shattering. It is possible to equip the grain binder with pans and extensions to the rear elevator plate and binder deck so that at least 95 per cent of the seed which shatters when the crop is cut may be saved. These pans and extensions may be made out of ordinary galvanized metal and strap iron.

The plan and direction for making the pan and extension may be secured by writing the Kansas State Agriculture college, Manhattan.

Troubles of Binder Can Be Prevented

Secure Better Operation by Observing Few Rules.

According to farm machinery experts at the Nebraska Agricultural college, a careful observation of the following list will secure better operation and less trouble:

1. If the machine travels with a jerky motion, main drive chain is too loose or it may be dry. Try a little oil on it.
2. If the slats rip off the canvas, the elevators are not square.
3. If the knotted hook is rusty and rough, it will not work properly. Polish it with a fine emery paper.
4. If the binder attachment is not timed properly, it certainly will not work. Some binders are timed in as many as five places.
5. If the knotted hook does not turn far enough to close the fingers on the twine, no knot will be tied. Look at the knotted pinion. It should not be worn.
6. If the twine slips through the cord holder, the twine will be pulled out before the knot is tied. Adjust the cord holder spring. It should take 40 pounds to pull the twine from the disk.
7. If the disk does not move far enough, the knotted hook grasps only one cord, hence a loose end band.
8. If the needle is bent or out of shape, there will be a loose end band. The needle is malleable iron and may be hammered back to shape.
9. If the twine is pulled from the hook before the knot is tied, try the knife, it may be dull.
10. If you wish to change the size of bundles, do it with the bundle spring, not the tension or compression spring.

"Hand-Made" Chicks Top Market Prices for Meat

Close confinement and a soft palatable fattening ration convert the hard, lean cockerels into the soft, tender two-pound broilers which command a good market price, reports O. N. Johnson, poultryman at the Wisconsin College of Agriculture.

The market is now demanding a two-pound cockerel, therefore, those cockerels which already weigh two pounds may be sent to market directly while those which weigh under two pounds are confined in small crates or pens and fed a fattening ration for ten to fourteen days. The birds gain rapidly and their flesh takes on a superior texture because of the nature of the feed used during this fattening period.

A good fattening ration suggested by Johnson is composed of 60 pounds of ground corn, 40 pounds flour middlings or Red Dog and one pound of salt. This mixture is mixed with buttermilk or skim milk to a pancake batter consistency and fed twice each day. Only enough is given to the chicks at each feeding to partially satisfy their hunger. After they have eaten fifteen to twenty minutes the remaining feed should be removed.

After the birds have been fed this ration for a two weeks' period the bones become quite soft and are easily broken. They cannot be shipped any distance alive Johnson points out.

Treat Seed to Prevent Large Loss From Smut

Stinking smut in wheat, which causes approximately \$1,000,000 loss each year in Kansas, can be effectively controlled by treating the seed before it is planted. The damage is brought about by reduction in yield and by dockage assessed when smutted wheat is sold, according to L. E. Molchers, plant pathologist, Kansas State Agricultural college.

The standard wet formaldehyde treatment has been most commonly used in Kansas. Prepare a solution of full strength formaldehyde by mixing one pint with 40 to 45 gallons of water. Use only good seed which is not badly cracked. Before treating the seed, it is absolutely necessary that it be run through a fanning mill to get rid of the chaff, smut balls, and shriveled kernels. The formaldehyde sprinkling method is carried out by spreading the fanned grain not more than four inches deep on a floor, canvas, or wagon box. The formaldehyde solution can be applied with a garden sprinkling can.

Farm Hint

Destruction of volunteer wheat means less injury from Hessian fly.

After the pigs are weaned it takes only sow sense to keep them growing.

Check the cutworms by scattering bran mixed with paris green around the roots of plants.

Profitable farming depends upon the season and the system. No, the season can't be controlled.

The men who get the lower costs of production and usually the better men. That's why they get the lower costs.

Twenty years ago there was scarcely a farmer anywhere who kept production records of dairy cows; there are comparatively few who do so today; yet some of the men who do have set some of the most valuable examples for others to follow.

The Old Standby in a New Dress



—the same dependable remedy that over a period of more than fifty years has been found so reliable in the treatment of catarrh and diseases of catarrhal nature.

The outside of the package only has been altered. To facilitate packing and reduce breakage in shipping, the paper wrapper which has identified the Peruna bottle for many years has been displaced by a substantial pasteboard carton. Peruna cannot be made any better. Three generations of users testify that Peruna is the best remedy in the world for catarrh and diseases of catarrhal origin. The remedy our fathers and grandfathers used with so much satisfaction is still the standby for the ills of everyday in thousands of American homes.

PE-RU-NA

The Original and Reliable Remedy for Catarrh

Sold Everywhere Tablets or Liquid

The New Package

Send 4 Cents for booklet on catarrh to the Pe-ru-na Company, Columbus, Ohio

They Bother Them Now

The coal crisis in England served to recall the methods employed by the miners in bringing their grievances to public attention more than a century ago—in 1815. At that time the workers made their protest in person. They dragged loads of coal to London and demanded to see the prince regent. But the magistrate sent for them, told them they must not bother London's august personages, and bade them go back to their work. And they went back home, carrying their loads behind them.

Freshen a Heavy Skin

With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Advertisement.

Absolutely Perfect Ruler

C. C. Peters of the bureau of standards, Washington, has completed a new ruler, which he thinks will be absolutely free from mathematical error and therefore the most accurate in the world. It has a scale with rulings only five one hundred thousandths of an inch wide and spaced with an accuracy of at least two millionths of an inch. Completion of the ruler upsets the old saying that nothing made by man can be perfect as scientists declare the scale is free from error. The new scale will be used in the calibration of micrometer microscopes.

Wasted

Rev. Lawrence Redfern of Liverpool, who is at present in this country, told his friends the other day that his colleague, Rev. John C. Ballantyne, was unable to come over on account of illness. While he was kept indoors, his friends sent him many tokens of their affection. Flowers came in great profusion, so that one day the living room was virtually filled with them. The English maid, passing through, stopped and, with a quirk of her thumb upward, said, "Think of it; and 'im a-livin' yet."—Christian Register.

Elephant Saved Keeper

Louis Brecker, elephant keeper at the Philadelphia zoo, owes his life to Lizzie, one of his charges. Lizzie caught a huge iron gate as it fell from his hinges, with Brecker in its path. "Many say an elephant is slow, but they'll never make me believe that," said Brecker. "Lizzie took in the situation at a glance. Then she turned her head into that falling gate and stopped it while I walked out from under uninjured. Some elephant, Lizzie."

Far East Luxurious

Such progress has been made by people of the Far East that articles that were considered luxuries ten years ago are now commonplace.

More or Less

He—Did you marry him for better or worse?
She—Well more or less.

Genuine BAYER ASPIRIN



Say "Bayer"—Insist!

For Colds Headache
Pain Lumbago
Neuralgia Rheumatism

Safe Accept only a Bayer package

which contains proven directions Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100—Druggists Aspirin is the trade mark of Bayer Manufacturing of Monacostadtler of Salkyland

He Owes His 40 Years of Constant Good Health to Beecham's Pills

"I am 57 years old and commenced to be troubled with constipation when I was sixteen.

"In 1884 I started taking Beecham's Pills other remedies having failed. I have not had a sick day in all the 40 years."

F. LOUIS LOEFFLER
Rochester, N. Y.

For FREE SAMPLE—write B. F. Allen Co., 417 Canal Street, New York Buy from your druggist in 25 and 50c boxes For constipation, biliousness, sick headaches and other digestive ailments take

Beecham's Pills



Don't scratch that rash—it's dangerous! Stop the itching and clear away the trouble by using

Resinol

Equipped "Can your little brother walk yet? No, but he has the legs to do it with."—Flegende Blaetter, Munich.

CHILDREN CRY FOR



Fletcher's CASTORIA

MOTHER:—Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

To avoid imitations, always look for the signature of J. C. Fletcher. Proven directions on each package. Physicians everywhere recommend it