



In the JUNGLE With Cheerups and the Quixies by Grace Bliss Stewart



HER SWEET TOOTH

I BELIEVE there is a traveling circus coming, boys," cried Cheerups one lazy afternoon.

"Oh, yes, sir," piped Brighteyes; "and aren't they funny? If they didn't tumble about so, I'd say they were old ladies wearing gray waists and black skirts."

Just at that time two small gray and black animals trotted up in single file, stopped right in front of Cheerups and turned head over heels one after the other.



"Oh, Yes, Mrs. Ratel and I Are Feeling Splendid."

"Now that was nice of you, to be sure," replied Cheerups. "I am quite well, thank you; and you are, too, I should judge, from the exercise you have been taking today."

"Oh, yes; Mrs. Ratel and I are feeling splendid," said one of the little black and gray visitors.

"So these are the Ratels I have heard about," thought Cheerups to himself. "What was it which bothered you on your way over, Mr. Ratel? Do please tell us," then said he cordially.

"Yes, I must admit my falling," murmured Mrs. Ratel shyly. "But you know that honey is very good, and you like it, too."

"So I do, so I do, my dear," said Mr. Ratel good-naturedly. "Well, as we were coming along, Mrs. Ratel spied a bees' nest and she could hardly get by, she did want that honey so much; but it was a very large nest and I was afraid to have her tear it open. She

was sure to be stung and have a swollen nose when you are going to make a first call isn't the thing at all. I'm sure you will agree with that. A swollen nose, indeed!" spluttered Mr. Ratel indignantly.

"So here we are, sir," cried Mr. Ratel, paying no attention to what Honey had said. "But I know that neither of us will be able to resist that nest if we take the same way home. You see what a problem it is, sir."

"But I don't know why you should be afraid of bees," said Cheerups. "You belong to the Badger family, don't you?"

"Oh, yes," chimed the two Ratels in chorus. "We are Badgers and proud of it. There are just two branches of Ratels; one lives in India and the other here in Africa."

"As I was saying, then," resumed Cheerups, "you don't need to be afraid of those bees. There isn't a bee in the world that could sting through such heavy coats as you have on. First comes your thick coat of fur, then one of loose skin and then a layer of fat. You are really wearing your overcoat, raincoat and sweater all at once."

"Hadn't we better be going, my dear?" gurgled Mrs. Ratel gleefully. "I can hardly wait to be off," and she squirmed with delight at the thought of the sweets that were awaiting her on the way home.

"Good-by, Mr. Cheerups," called Mr. Ratel. "We'll bring you some honey one of these days," and with a parting somersault the two little visitors started down the Winding Way.

"Remember not to hurt the bees, and don't take all the honey," called Cheerups after them. "We'll try not to," came two faint voices through the warm afternoon air.

"What's in a Name?" By MILDRED MARSHALL Facts about your name; its history; meaning; whence it was derived; significance; your lucky day, lucky jewel

CARMEN THE very Spanish name of Carmen and the more or less English appellation Carmela are identical. Though they are used as distinct names, both signify "vineyard" and come to us through the Italian where Carmen is spelled Carmine.

Rod La Rocque



Handsome Rod La Rocque, the "movie" star, was born November 28, 1898, in Chicago.

Just to wander through the woods, unhampered by frilly "pretties," white days, add some powdered orris root to the tea.

Sports Sweaters in Vivid Colors

Winsome Garment Is Final Touch for Stylish Outdoor Wear.

Wilder and wilder becomes the pattern! Bolder the colors and smarter the vogue of sweaters, as the slip-over, jacquard, golf, turtle-neck and hiking models increase in popularity.

This being the age of sports, the utilitarian sweater of yesterday has definitely discarded its drab, uninteresting appearance, and taken, instead, the brilliant chic of weave and color.

There is a sweater for every outdoor day, be it stormy, cold or warm, and the sense of being well dressed and comfortable in a good-looking sweater adds the final touch to the pleasure of the wearer.

In a short flannel skirt, a mannish blouse and a striped sweater, country roads beckon alluringly. For the tennis courts, under the smiling sun, there is nothing better looking than the light-weight slip-over sweater in vivid splashes of red, yellow and blue.

Golf becomes a decided joy when an all-over patterned turtle-neck sweater starts the jaunt over the links so saucily.

Never use tar soap if you are blond. It will surely darken the hair. So will petrolatum, olive oil and the majority of hair tonics.

It is possible, always wash in soft water and dry the hair in the sun. As a general thing, blond hair looks its best when waved or curled. I roll mine up with rags, preferably cut-up old stockings, and if this is done before the hair dries after a washing, the curl will stay much longer.

Be sure the curls and waves are large and soft; frizziness is infinitely worse than straight hair.

Really pretty, light hair on adults is rare and well worth preserving. Try the camomile for a year—you will be pleased with the result.

Short Capes, Jackets Are Popular at Beach Short capes that tie at the front and equally short jackets, each developed in terry cloth, have been affected by the more youthful devotees of the beach, both in this country and on the Continent.

Plaits Within Plaits Wheels within wheels have been an internal puzzle, but the reason for the popularity of the plait within a plait is soon solved.

Chalk Tones Featured in Balbriggan Frocks The success of the little frocks of balbriggan which were introduced earlier in the season is not surprising.

Neck Bows and Ties in Latest Paris Fashions Styles in neckwear are many and attractive. The various arrangements for the neck change almost weekly, new ideas being constantly expressed in dainty things for different costumes.

Plaided Frocks Are Smart The new version of the jumper frock is made of plaid silk gingham. It has a white ground and line of brilliant colors forming the design.

Ensemble in Green Is Brought Out for Fall



A luxurious coat of epinard green, with a frock of tashveyne, completes this rich and lovely ensemble costume designed for the fall season.

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POINTS ON KEEPING WELL

DR. FREDERICK R. GREEN Editor of "HEALTH" (M. 1926, Western Newspaper Union.)

MAKING THE LAME WALK

DURING the last five years, one of the greatest charities of modern times has been developing so quietly that few people in this country know anything about it or have even heard of it.

The Ancient Arabic Order of the Nobles of the Mystic Shrine is one of the side orders of Masonry. It is a social body, made up of successful and well-to-do Masons. Its object is the cultivation of friendship and good-fellowship by banquets and entertainments.

It has been said by some one frivolously inclined that its principal object was to give married men an excuse to stay out nights. Certainly its occasional public appearances or the sight of its thousands of red fezz-crowned members on their way to and from their annual conventions would never lead one to suppose that it was an especially philanthropic body.

Yet its membership is evidently made up of kind-hearted and far-sighted men who want to share their good fortune with others and to make happier that saddest group of all, the crippled and deformed children.

Five years ago, at its convention in Portland, Oregon, the Shrine voted to assess each member two dollars a year. What for? To have more dinners, to build themselves an imposing building? Not at all. To establish all over the country hospitals for crippled children who needed care and treatment and were unable to get it.

Since that time, hospitals have been built and are now in operation in St. Louis, Shreveport, La.; San Francisco, Philadelphia, Portland, Ore.; Minneapolis and Springfield, Mass. Another is now being built in Chicago.

In the St. Louis hospital, according to a recent article in Nation's Health, there have been admitted in the last year 333 little patients, of whom 242 have been discharged cured, 92 are now under treatment and 98, accepted for admission, are waiting their turn for treatment. An out-patient department for children who need treatment but do not require hospital care has treated 420 children.

And this is only a beginning. The Shrine does not intend to stop until every crippled child in the country who needs care shall have it. The order is spending \$1,000,000 a year for this purpose and is caring for 2,000 crippled children each year. Surely thousands of little cripples and their parents will for years to come bless the Nobles of the Mystic Shrine.

PREVENTING SCURVY

SCURVY is a strange disease which is used to be regarded as peculiar to sailors. On long voyages, when for weeks and months the crews of slow-sailing vessels, without any means for keeping fresh foods, lived on salt beef, pickled pork and hard crackers, this disease was common.

Today, with steamers largely replacing sailing vessels and with refrigerators and storerooms on board, scurvy is a rare disease at sea, except in cases of shipwreck or accident.

But scurvy is by no means confined to sailors. It is also found in poor-houses and other institutions where inmates are confined for months to a diet which does not include enough fresh, raw vegetable food. This is especially true of infants in the first two years of life.

The type of scurvy frequently found twenty years ago among bottle-fed babies was that of a pale, weak, listless child, with soft, swollen, bluish gums, arms and legs swollen and tender, and frequent bleeding from the gums, lip and under the skin. Education of mothers and nurses on the prevalence of this disease has greatly reduced both its frequency and its severity, so that the old plainly-marked cases are now seldom seen.

But whether on land or sea, the treatment is the same and the recovery is rapid. Any fresh fruit or vegetable or fruit juice, oranges or orange juice, lemon juice, fresh or canned tomatoes, raw milk, potatoes, carrots, turnips, spinach or lettuce, will soon transform the fretful, wretched baby to a happy growing child.

Your Health By Andrew F. Currier, M. D.

DIGESTION

DIGESTIVE ferments are often combined with alcohol for preservative purposes, but this may also destroy the living, vital power of the ferment.

The taste or odor of staleness, or decomposition, in digestive preparations is an indication that they are unfit for use.

Attempts are often made to mask this condition of decomposition by combination with aromatic substances.

To test the quality of a pepsin preparation, it may be put into a test tube with milk.

If the cheese curd in the milk is not digested and promptly liquefied, the conclusion to be drawn from the test is that the pepsin is not a good specimen.

mented is properly prepared, it is an excellent means for treating some forms of indigestion.

Proprietary preparations of mineral salts, acids and alkalis are also used to assist digestion, but do not prepare foods for absorption as ferments do.

The first essential, in any case of indigestion, is to find out what causes it, or what kind of indigestion it is; and then the question will arise as to the proper form of medicine to be used in treating it.



(By McClure Newspaper Syndicate.)

THE HOG AND WINTER

IN MANY parts of New England when hogs are killed the intestines are carefully examined to find out what sort of a winter it is going to be.

The whole intestines represent the coming winter. If the middle portion is thickly covered with fat the middle of the winter will be severe.

This superstition is a survival of haruspication—the form of divination by which, in ancient times, the future was foretold by the inspection of the entrails of animals offered in sacrifice.

The source of these two names is bound up in the history of the prophet Elijah whom the Greek translators called Elias. When the Empress Helena visited Palestine she built a church on Mt. Carmel, around which rose a cluster of hermitages.

The order of Carmelites was said to have been founded by the prophet himself, but when the Latins overflowed into Palestine it first came into note and its fame became widespread throughout the West.

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And if I gain, or if I lose, If I have won or failed, 'Tis good to vie with other crews, And purest joy my soul imbues To know that I have sailed!

(By McClure Newspaper Syndicate.)

A LINE O' CHEER

By John Kendrick Bangs.

AS TO HUMOR

I'M ON a ship. I sail the sea. I'm captain and the crew. The tempest rages noisily, And every tide besetting me Is full of trouble's brew.

Yet am I sailing, sailing on, And speedy is the pace, And come what may in ports anon, The goals mine eyes are set upon Give zest unto the chase.

And if I gain, or if I lose, If I have won or failed, 'Tis good to vie with other crews, And purest joy my soul imbues To know that I have sailed!

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