

In the With Cheerups and the Quixies 64 Grace Bliss Stewart



HER SWEET TOOTH

66 BELIEVE there is a traveling circus coming, boys," cried Cheerups one lazy afternoon. "Here are the sure you will agree with that. A acrobats, as sure as I live! Look, Brighteyes; don't you see them?"

"Oh, yes, sir," piped Brighteyes; "and aren't they funny? If they didn't tumble about so, I'd say they were old ladies wearing gray waists and black skirts."

Just at that time two small gray and black animals trotted up in single file, stopped right in front of Cheerups and turned head over heels one after the other. Then they picked themselves up and said coolly, as if nothing unusual had happened, "Good afternoon, Mr.



Oh, Yes: Mrs. Ratel and I Are Feeling Splendid."

Cheerups; we rolled over to see you for a few minutes and inquire after your

"Now that was nice of you, to be sure," replied Cheerups. "I am quite well, thank you; and you are, too, I should judge, from the exercise you have been taking today."

"Oh, yes; Mrs. Ratel and I are feeling splendid," said one of the little black and gray visitors. "We did enjoy our tumble through the Jungle. It would have been quite perfect if it hadn't been for one thing which upset Mrs. Ratel a little. I won't go so far as to say it spoiled our day, but it was

"So these are the Ratels I have heard about," thought Cherups to himself. "What was it which bothered you These are my friends-Brighteyes, Quickear, Softfoot and Sniffsniff."

"Well, you see, sir, Mrs. Ratel is very fond of sweets which those busy true, Honey? I call her Honey just as a joke, sir."

"Yes, I must admit my falling," murknow that honey is very good, and you

"So I do, so I do, my dear," said Mr. Ratel good-naturedly. "Well, as we

was sure to be stung and have a swollen nose, and really, sir, a swollen nose when you are going to make a first call isn't the thing at all. I'm swollen nose, indeed!" spluttered Mr. Ratel indignantly. "So I persuaded her not to touch the bees' nest."

"You just said that I mustn't," replied Honey in a small voice. "if that's what you call persuading."

"So here we are, sir," cried Mr. Ratel, paying no attention to what Honey had said. "But I know that neither of us will be able to resist that nest if we take the same way home. You see what a problem it is, sir."

"But I don't know why you should be afraid of bees," said Cheerups, "You belong to the Badger family, don't

"Oh, yes," chimed the two Ratels in chorus. "We are Badgers and proud of it. There are just two branches of Ratels: one lives in India and the other here in Africa."

"As I was saying, then," resumed Cheerups, "you don't need to be afraid of those bees. There isn't a bee in the world that could sting through three such heavy coats as you have on. First comes your thick coat of fur, then one of loose skin and then a layer of fat. You are really wearing your overcoat. raincoat and sweater all at once."

"Hadn't we better be going, my dear?" gurgled Mrs. Ratel gleefully. "I can hardly wait to be off," and she ed down the Winding Way. squirmed with delight at the thought of the sweets that were awaiting her on the way home.

"Good-by, Mr. Cheerups," called Mr. Ratel, "We'll bring you some honey one of these days," and with a parting

STOROGOGOGOGOGOGOGOGOGOG Rod La Rocque \$0\$0\$0\$0\$0\$0\$0\$0\$0\$0\$0\$0\$0\$0



Handsome Rod La Rocque, the movie" star, was born November 28. 1898, in Chicago. He was educated in the Chicago and Omaha schools. He is six feet three inches tall, weighs 180 pounds, and has brown hair and black eyes. He began his stage career at the age of seven; later he was with a musical comedy show. He is popular with all who enjoy motion pictures.

somersault the two little visitors start-"Remember not to hurt the bees, and don't take all the honey," called Cheer-

ups after them. "We'll try not to," came two faint voices through the warm afternoon air.

(fi) by Little, Brown & Co.)

THE WHY & By H. IRVING KING SUPERSTITIONS By H. IRVING

THE HOG AND WINTER

YN MANY parts of New England when hogs are killed the intestines emerged from a primitive condition. are carefully examined to find out what sort of a winter it is going to be. The whole intestines represent Roman haruspex anxiously examining the coming winter. If the middle poron your way over, Mr. Ratel? Do tion is thickly covered with fat the Bacchus to ascertain the outcome of please tell us," then said he cordially. middle of the winter will be severe. war and the New England farmer just "If it's any kind of adventure, we are The same is true of the other parts; as carefully examining the entrails of fust ready, aren't we, Quixie Boys? a little fat indicating warm weather a like animal to find out what sort of and much fat cold weather. This superstition in modified forms is general and the same though nearly two thouall over the United States and Canada, in some places the divination not be creatures called bees have a way of ing confined to the intestines but exstoring up in their nests. Isn't that tended to other interior parts of the slaughtered animal.

This superstition is a survival of haruspication—the form of divination mured Mrs. Ratel shyly. "But you by which, in ancient times, the future was foretold by the inspection of the entrails of animals offered in sacrifice. The haruspices of ancient Rome were a caste of subordinate priests of were coming along, Mrs. Ratel spied a lower status than the augurs who, bees' nest and she could hardly get by, however, performed like duties in this she did want that honey so much; but respect. Haruspication is said to have it was a very large nest and I was been derived by the Romans from the afraid to have her tear it open. She more ancient Etrurians; but it is evi-

dently of primitive origin primarily. for in various forms it exists today among many savage tribes not yet

We inherit the superstition in question directly from the Romans. The the entrails of a hog sacrificed to winter it is going to be, are one

sand years extend between them. (@ by McClure Newspaper Syndicate.)

'What's in a Name?" By MILDRED MARSHALL Facts about your name; its history; meaning; whence it was derived; sig-nificance; your lucky day, lucky jewel

CARMEN

THE very Spanish name of Carmen and the more or less English appellative Carmela are identical. Though they are used as distinct names, both signify "vineyard" and come to us through the Italian where Carmen is spelled Carmine.

bound up in the history of the prophet Elijah whom the Greek translators called Elias. When the Empress Helena visited Palestine she built a church on Mt, Carmel, around which

rose a cluster of hermitages. The order of Carmelites was said to have been founded by the prophet himself, but when the Latins overflowed into Palestine it first came into note and its fame became widespread made its patroness and in Italy she The first essential, in any case of became known as the Madonna di Carthe Italian women. They are still used there and in Spain, where Carmine was turned into Carmen, the name became

a national favorite. The ruby is Carmen's talismanic gem. It is said that she who wears a ruby can dwell without fear in the midst of enemies and will always be shielded from adverse fortune. The gem must be worn, however, on the left side. Tuesday is Carmen's lucky day and 7 her lucky number.

(C) by Wheeler Newspaper Syndicate.)

A LINE O' CHEER

By John Kendrick Bangs.

AS TO HUMOR

M ON a ship. I sail the sea.
I'm captain and the crew. The tempest rages noisily, And every tide besetting me Is full of trouble's brew.

Yet am I sailing, sailing on, And speedy is the pace, And come what may in ports gnon, The goals mine eyes are set upon

And if I gain, or if I lose If I have won or failed, Tis good to vie with other crews, And pureat joy my soul imbues
To know that I have sailed!
(② by McClure New/paper Syndicate.)

Give zest unto the chase.

Sports Sweaters in Vivid Colors

Winsome Garment Is Final Touch for Stylish Outdoor Wear.

Wilder and wilder becomes the patern! Bolder the colors and smarter the vogue of sweaters, as the slip-over, jacquard, golf, turtle-neck and hiking models increase in popularity. This being the age of sports, the utilitarian sweater of yesterday has

definitely discarded its drab, uninteresting appearance, and taken, instead, the brilliant chic of weave and color. There is a sweater for every outdoor day, be it stormy, cold or warm, and the sense of being well dressed and

comfortable in a good-looking sweater

adds the final touch to the pleasure of the wearer. 'In a short flannel skirt, a mannish blouse and a striped sweater, country roads becken alluringly. For the tennls courts, under the smiling sun, there is nothing better looking than the lightweight slip-over sweater in vivid splotches of red, yellow and blue. Golf becomes a decided joy when an all-

Just to wander through the woods, unhampered by frilly "pretties." white

over patterned turtle-neck sweater

starts the jaunt over the links so



Yellow and Black Vertical Stripes, Solid Yellow Sleeves.

inen knickers demand the mannish sweater that opens down the front or slips over the head.

The sweater illustrated is fashioned yellow and black vertical stripes, with solid yellow sleeves.

The new striped and figured lisle sports stockings are being worn with colored sweaters, to the accompaniment of heavy brogues. Golf hose is rapidly being replaced by these liste stockings | rare and wen worth preserving. which are just as dashing, but more graceful and comfortable, while the gum or rubber-soled brogues of calf and antelope leather are the reigning Short Capes, Jackets favorites for all the sports.

Washing and Retaining Color of Blond Hair

The changing of pretty, light blond hair into that despised "dishwater" shade can easily be avoided and without the least injury to the hair. I am -well-past thirty and still have pretty, light hair, observes a writer in the Country Gentleman.

Steep two ounces of camomile in two quarts of water until the tea is quite strong. After the last rinsing of the hair pour this tea well over and into the hair. Do not dry thoroughly The source of these two names is | with a towel, but rather let the hair dry slowly, thus gaining the full benefit of the camomile.

> If the hair has been wrung well after the last rinsing the camomile solution can be bottled for use in the next washing. If you object to the faint odor which will remain for a few | fect.

practical and becoming.

sha or crepe de chine.

with a long, straight coat to match.

first developed are now followed by

the clear, shades designated most ap-

propriately as chalk or crayon colors.

Yellow, blue, green, pink and violet-

just the tones of crayons in a child's

pencil box-are featured and the ef

Styles in neckwear are many and at-

tractive. The various arrangements

for the neck change almost weekly,

new Ideas being constantly expressed

in dainty things for different cos-

fect is distinctive and charming.

Neck Bows and Ties in

Ensemble in Green Is Brought Out for Fa!!



A luxurious coat of epinard green, with a frock of tashveyne, completes this rich and lovely ensemble costume designed for the fall season.

days, add some powdered orris root to the tea. The camomile rinse will not bleach or lighten hair-it merely gives it the original shade.

Never use tar soap if you are blond. It will surely darken the hair. So will petrolatum, olive oil and the majority of hair tonics. I have found that a good soaking of the scalp once a month with kerosene will keep it clean and not harm the hair or its color. For the shampoo scrape some soap into a little water, let dissolve and pour onto the hair. Rinse well, being sure that no soap remains.

A little borax or soda can be used, but if the hair is very dry and brittle after washing discontinue their use. I wash my hair once a week and have never found it injurious. The injury in frequent washings lies mostly in using the wrong soaps or hair lotions and in improper rinsing.

if possible, always wash in soft water and dry the hair in the sun. As a general thing, blond hair looks its best when waved or curled. I roll mine up with rags, preferably cut-up old stockings, and if this is done before the hair dries after a washing, the curl will stay much longer.

Be sure the curls and waves are large and soft; frizziness is infinitely worse than straight hair.

Really pretty, light hair on adults is the camomile for a year-you will be bless the Nobles of the Mystic Shrine. pleased with the result.

Are Popular at Beach

Short capes that tle at the front and equally short jackets, each developed in terry cloth, have been affected by the more youthful devotees of the beach, both in this country and on the Continent. The jackets are made with shawl collars and slashed pockets, occasionally including a belt of self material. Some of these jackets are double-breasted, while others wrap across the front and fasten far at one side.

Plaits Within Plaits

Wheels within wheels have been an internal puzzle, but the reason for the popularity of the plait within a plait is soon solved. The big inverted box plaits now have the inner fold refolded into a number of smaller knife-edged plaits which produce a thoroughly artistic and charming ef-

narrow black velvet ribbon is added Chalk Tones Featured with charming effect to light-colored in Balbriggan Frocks silks.

For the tailored shirts the windsor The success of the little frocks of tie has returned to favor, and is shown balbriggan which were introduced earin all the new shades of crepe, wash lier in the season is not surprising. silk and georgette. Simple and charming in line, youthful

Parisian designers are making lavand flattering in color, they answer ish use of the neck bow and tie. the need for a costume that is smart, Cheruit has introduced them on some informal daytime frocks, placing flut-Any number of different versions tering surah bows down the front of have appeared. Some are of the twothe dress, with one to match at the piece type, with jumper and skirt of neck of the coat. In another French the same material; others combine a model butterfly bows of dotted ribbon balbriggan jumper with a skirt of kain a row of three are placed down the front of a navy blue twill frock. The Occasionally a one-piece frock is latest and quaintest collar line, rather seen and the influence of the ensemble high and round, is finished with a flat is revealed in most attractive coscollar of lace, real or imitation, of emtumes consisting of a two-piece frock broidered net, or with one of the dainty frillings of batiste and lace Much of their chic and charm lies shaped to fit a circle. This frilling is in the coloring, and the faint pastel sold by the yard. Some extreme novtones in which these costumes were elties in colored embroideries are

On Tennis Courts

shown, but white is far more popular.

Some of the smart set are appearing at tennis wearing a variation of the ski socks which came into vogue for winter sports last year and which roll down about the ankle. Over these the ordinary tennis shoes are worn. The socks frequently match the ban Latest Paris Fashions

Plaided Frocks Are Smart The new version of the jumper frock is made of plaid silk gingham. It has a white ground and line of brilliant tumes. The round collar of lace, emcolors forming the design. Some are broidered batiste, or net, has brought in the bow tie. This is a quaint knot strictly tailored in appearance while others show the sleeveless jumper and of velvet or silk ribbon with long ends. A bow of this sort with streamers of | plaited skirt.

CONSTRUCTION OF CONTRACTORS

POINTS ON KEEPING WELL

DR. FREDERICK R. GREEN Editor of "HEALTH" (©, 1925, Western Newspaper Union.)

MAKING THE LAME WALK

D URING the last five years, one of the greatest charities of modern times has been developing so quietly that few people in this country know anything about it or have even heard of it.

The Ancient Arabic Order of the Nobles of the Mystic Shrine is one of the side orders of Masonry. It is a social body, made up of successful and well-to-do Masons. Its object is the cultivation of friendship and goodfellowship by banquets and entertainments. It has been said by some one frivolously inclined that its principal object was to give married men an excuse to stay out nights. Certainly its occasional public appearances or the sight of its thousands of red fezzcrowned members on their way to and from their annual conventions would never lead one to suppose that it was an especially philanthropic

Yet its membership is evidently made up of kind-hearted and farsighted men who want to share their good fortune with others and to make happier that saddest group of all, the crippled and deformed children.

Five years ago, at its convention in Portland, Oregon, the Shrine voted to assess each member two dollars a year. What for? To have more dinners, to build themselves an imposing building? Not at all. To establish all over the country hospitals for crippled children who needed care and treat-

ment and were unable to get it. Since that time, hospitals have been built and are now in operation in St. Louis, Shreveport, La.; San Francisco, Philadelphia, Portland, Ore.; Minneapolis and Springfield, Mass, Another is now being built in Chicago.

In the St. Louis hospital, according to a recent article in Nation's Health, there have been admitted in the last year 333 little patients, of whom 242 have been discharged cured, 92 are now under treatment and 98, accepted for admission, are waiting their turn for treatment. An out-patient department for children who need treatment but do not require hospital care has treated 420 children.

And this is only a beginning. The Shrine does not intend to stop until every crippled child in the country who needs care shall have it. The order is spending \$1,000,000 a year for this purpose and is caring for 2,000 crippled children each year. Surely thousands of little cripples and their parents will for years to come

PREVENTING SCURVY

SCURVY is a strange disease which used to be regarded as peculiar to sailors. On long voyages, when for weeks and months the crews of slowsniling vessels, without any means for keeping fresh foods, lived on salt beef, pickled pork and hard crackers, this disease was common. Then the British authorities, finding that any kind of fruit juice would prevent or cure it, passed a law requiring all British vessels to carry a supply of orange. lemon and lime fuice. So in the slang of the sea. English sailing vessels were for years known as "lime juicers."

Today, with steamers largely replacing sailing vessels and with refrigerators and storerooms on board, scurvy is a rare disease at sea, except in cases of shipwreck or accident.

But scurvy is by no means confined to sailors. It is also found in poorhouses and other institutions where inmates are confined for months to a diet which does not include enough fresh, raw vegetable food. This is especially true of infants in the first two years of life.

The type of scurvy frequently found twenty years ago among bottle-fed bables was that of a pale, weak, listless child, with soft, swollen, bluish gums, arms and legs swollen and tender, and frequent bleeding from the gums, lip and under the skin. Education of mothers and nurses on the prevalence of this disease has greatly reduced both its frequency and its severity, so that the old plainly-marked cases are now seldom seen. The present form is that of a child that is restless, irritable, with tender arms and legs, which has no appetite, does not gain weight, cries when handled, and has a rapid pulse and respiration. The trouble is never severe in the be ginning, but the child fails slowly and generally dies of exhaustion.

But whether on land or sea, the treatment is the same and the recovery is rapid. Any fresh fruit or vegetable or fruit juice, oranges or orange juice, lemon juice, fresh or canned tomatoes, raw milk, potatoes, carrots, turnips, spinach or lettuce, will soon transform the fretful, wretched baby to a happy growing child. In fact, the best authorities on children now hold that all babies from the second month on, should have orange juice every day, not only to cure but to prevent this wretched disease.

Chivalry's Aim

Chivalry, in so far as it means copsideration for others, is a development of civilization. It functions as a gentle regard for the weak-a willingness because of one's strength, to deal generously with minorities, servants, cripples and women. It appears at its test in the willingness to sacrifice self in order to save others.

Nour Health By Andrew F. Currier, M. D.

DIGESTION

DIGESTIVE ferments are often forms of indigestion. combined with alcohol for preservative purposes, but this may also destroy the living, vital power of the ferment.

The taste or odor of staleness, or decomposition, in digestive preparations is an indication that they are Attempts are often made to mask

this condition of decomposition by used in treating it. combination with aromatic substances. To test the quality of a pepsin preparation, it may be put into a test tube with milk. If the cheese curd in the milk is

not digested and promptly liquefied,

the conclusion to be drawn from the test is that the pepsin is not a good specimen To test a preparation of pancreatin, put some of it in a tube with starch and if this is not promptly digested

the specimen may be discarded as not being a good one. Digestive ferments are also to be obtained from plants, among them

being the pineapple, the paw-paw and certain bacteria. The ferment from the pineapple and paw-paw digests proteins, and hence is suitable for indigestion in the

stemach. The pineapple ferment is not extensively used, but that from the pawpaw is, and many preparations of it are on the market.

They are not of uniform value, though they frequently do good serv-The bacteria used in treating indigestion are the lactic acid bacilli, par-

They are prepared in various forms, liquid and solid, and are frequently added to milk to ferment it. When the railk which is thus fer-

ticularly the Bacillus Bulgaricus,

mented is properly prepared, it is an excellent means for treating some

foods for absorption as ferments do.



Proprietary preparations of mineral salts, acids and alkalis are also used to assist digestion, but do not prepare throughout the West. St. Mary was indigestion, is to find out what causes | mela or the Madonna di Carmine. As it, or what kind of indigestion it is; a result the two names of Carmela and and then the question will arise as to Carmine gained great popularity among the proper form of medicine to be

(@ by George Matthew Adams.)

(6) by McClure Newspaper Syndicate.)