

The SANDMAN STORY

MR. HUNGER WOLF

MR. FOX and two of his neighbors were sitting around the place one night in Mr. Fox's kitchen.

Mr. Fox had been sitting quietly listening. Not a word had he spoken for Mr. Fox was lost in thought and you may be certain he was not thinking about anyone else but Mr. Fox.

It had suddenly occurred to him that he had heard his grandfather tell a story about old Mr. Hunger Wolf that always appeared to the wood folk when the winter had been long and cold.

"Yes," spoke up Mr. Fox, "it does seem mighty hard on us folks here in the woods these long cold winters and of course that is the very time that old Mr. Hunger Wolf gets in his work."

"Who?" inquired Mr. Possum and Mr. Coon, their eyes growing large with fright.

"Mr. Hunger Wolf," replied Mr. Fox, "gazing into the fire as if he had no



Were sitting around in Mr. Fox's Kitchen.

idea they were scared. "Did you never hear about him?"

Mr. Coon and Mr. Possum shook their heads and looked around to make sure the window and the door to Mr. Fox's house were securely fastened.

"He is a pretty bad creature to meet," replied Mr. Fox, "worse than any I have ever heard of, but as he never comes around only in the winter time when there has been a long cold spell, we have nothing to fear at present."

"We can hide somewhere, where we cannot find us," suggested Mr. Possum.

"That is the worst of old Hunger Wolf," said Mr. Fox, "My grandfather said he could get in anywhere, did not have to go through a doorway; the only way to keep him out is to have plenty of food on hand."

"To feed him?" inquired Mr. Possum.

"No, to feed yourself," answered Mr. Fox. "He never comes near those who eat plenty and keep plump."

The next night as soon as it was dark enough for hunting Mr. Coon and Mr. Possum started out with big bags over their shoulders while Mr. Fox stayed at home to dig a place in his

When the hunters returned the next morning and looked at the hole Mr. Fox had made Mr. Possum remarked that it was deep enough to hold all three of them and a few others their size.

"That is about what will happen unless you bring in enough food to fill it," said Mr. Fox in a solemn tone of voice. "A full storeroom is all that will keep old Hunger Wolf from the door. But of course you do not have to stay here, Mr. Possum. I am certain that your own soft bed will be far more comfortable than my poor house."

Mr. Possum hastened to say that he was just joking. He knew perfectly well it would take a whole lot of food to keep away Hunger Wolf, and he was willing to do his share of the hunting.

For many nights Mr. Coon and Mr. Possum worked and every morning they returned with full bags and added to their supplies.

At last the deep hole in the cellar was filled with food. "Now we must finish storing wood," said Mr. Fox. "I have a bad spell of rheumatism, I am sorry to say, so you fellows will have to finish bringing it in, but I can manage to hobble about and cook our dinner."

When spring came Mr. Coon and Mr. Possum ran off to their own homes but before they parted at the end of the path in the woods, Mr. Possum said: "It strikes me that Mr. Fox got the best of our winter arrangement and he is by far the fatter of the three."

"Yes," replied Mr. Coon, "he always cooked the meals which he said was the hardest part of the work, but I noticed that he was never hungry when he came to the table. Next winter I shall watch for old Hunger Wolf from a tall tree and not from a home on the ground."

Mr. Fox was laughing to himself as he stretched out in the sun by his door. "Well, I shall have to work all summer, I suppose," he said, "but I lived by my wits this past winter and I am a pretty slick looking animal, which goes to prove that I am a very clever creature, very clever, indeed."

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Alma Rubens



Charming Alma Rubens, of "movie" fame, is a native of San Francisco. She is 5 feet 7 inches tall, weighs 130 pounds and has black hair and dark eyes. She has been seen in leads in numerous prominent productions.

Your Health By Andrew F. Currier, M. D.

TYPHOID FEVER

AS ALMOST everybody knows, this is one of the commonest of diseases, more or fewer cases being present almost constantly.

Wherever insufficient attention is given to drainage, water supply and general sanitation, there typhoid fever is apt to be prevalent.

It most frequently attacks young adults or those who are mature, but no period of life and neither sex is immune to it.

Essentially it is inflammation of certain groups of small glands in the intestine and its supporting band, the mesentery, and of the spleen. The germ which causes it is known as the bacillus typhosus and it may be found in the evacuations from the bowel.

It gets into water that is used for washing, drinking or cooking and finally gets back into the human body.

Typical carriers are people who carry the germs about with them, perhaps for years, and do not themselves seem to be injured by them, but by infecting materials, particularly food with which they come in contact, they may transmit the disease to any number of people who happen to be sensitive to it.

When these germs reach the intestine of those who are sensitive, they attack the glands which were mentioned as the essential seat of the disease and, during the subsequent ten days to three weeks, the disease is incubating or developing.

The patient may feel rather miserable, but may be able to keep about and frequently promises himself he will be all right tomorrow.

But now his temperature begins to mount up, he has a chill, and every day during the following week his temperature rises steadily.

After this it may drop a little, mounting up again toward the close of the second week.

Then it begins to go down very gradually and in two weeks more has reached normal again.

During all this period inflammatory changes in the glands are progressing, the spleen gets very large and soft, the glands in the intestine swell and break and sores or ulcers are formed, from which, when formed, decomposed and putrid materials proceed.

This is very poisonous and more or less of it is usually absorbed and carried by the blood to all parts of the body.

On the surface of the abdomen there is usually a rash of small red spots, the bowels become distended with gas, perhaps to an enormous extent.

The patient suffers from loss of appetite, heart weakness, rapid pulse and frequently with great disturbance of the brain.

Vaccination with a suitable vaccine furnishes an excellent means of protection from the disease, and is practiced as a routine measure.

Protection by vaccination lasts three years and is therefore of the greatest value, to all who may be exposed to this disease by out-of-door life.

A LINE O' CHEER

By John Kendrick Bangs.

SMILES

I ASK not luxuries to please My taste for social vanities, Although I frankly do confess I like them rather more than less. But luxury of time and space To do the little deeds of grace Whereby to make a brighter day.

For fellow traveler on the way, That is the sort of plentitude I deem to hold the greater good.

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"What's in a Name?"

By MILDRED MARSHALL

Facts about your name; its history; meaning; whence it was derived; significance; your lucky day, lucky jewel

MYRA

TAKEN from an evolutionary standpoint, Myra represents the eternal etymological question. It is said to mean "she who weeps," but where it comes from and how it reached its present form is clouded in mystery.

The consensus of opinion seems to be that it comes from the word marah, meaning bitterness, which was then supplied to the bitter gum, myrrh. The same term was used to designate the brackish springs in the desert to which the desolate widow of Bethlehem referred when she cried "Call me not Naomi (pleasant), call me Marah (bitter)."

This is, on the whole, the most satisfactory derivation of Myra, sometimes referred to in the Middle Ages as Myrrh of the Sea. Myra was frequently used in the early days of Biblical history and the heritage of sorrow which the name suggests seems generally to have accompanied its progress. It has been a great English favorite and has likewise had widespread vogue in this country, its popularity, curiously enough, being confined largely to the South.

Yet, the emblem of sorrow, is Myra's talisman gem, but by wearing it the ancients believed that she could escape her legacy of tears. It should be worn, however, against the flesh to insure its potency. Tuesday is Myra's lucky day and 7 her lucky number.

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FASHIONS OFFERED BY PARIS MAKERS

Passing of Straight-Line Back—Ensemble to Be Worn in Fall. With Graded Harmonies of Same Color Scheme

Indications point to the passing of the straight-line back by the time the August fall openings take place, says a Paris fashion correspondent in the New York Herald-Tribune. The flat back has persisted, despite the perceptible widening of the spring and summer silhouette, which, however, confined the added width to the front portion of the skirt. The early fall professional showings, however, which in a general way anticipate the regular openings, have abandoned the narrow hipline and are adding all sorts of ingenious details to the back as well as the front of the pre-opening models.

The fate of the fall ensemble is also being carefully debated in professional circles and numerous conflicting viewpoints are being expressed. The consensus of opinion is that the theme will again be expressed this autumn, but that its vogue in smart circles will suffer a sharp decline.

The larger-brimmed hats, so summarily rejected this spring, are again being considered by the beau monde for summer. Wider brims provide a natural protection against the torrid rays of the sun, and so their vogue may be only temporary and without significance. The fact remains, however, that the picture hat has gained entry into the wardrobe of the smart Parisienne and its numbers are gradually increasing.

Lewis, the man milliner of Paris, has given meaning to the trite theme of "useful and ornamental." He has created new tiny hats which can be worn for walking, shopping and motoring and which are so soft that they are easy to put into one's luggage.

They are trimmed with ribbons in diamond, square or mosaic shape, or else with appliques of leather or ribbons. Such hats may be worn with any sort of frock and are appropriate from morning until night.

Stockings have become one of the



Popular print, with graded harmonies of the same color scheme, makes this dress one of the most pleasing for summer wear. The skirt, which has a wide plait at the center front, is slashed and bound with satin, which also forms an edging for the skirt, the short sleeves and collar.

decorative adjuncts to the fashionable wardrobe. The silk stocking is by no means the smartest stocking for all occasions. It would be just as ridiculous to play golf or tennis in silk stockings as it would be to wear woolen stockings for a dinner in town. For any sort of sport it is well to wear stockings made of a mixture of wool and silk and designed as tastefully as possible. Patterns of lozenges are very popular and harmonize with most sports frocks. Finely woven woolen stockings are also sanctioned for the morning in town.

Unusual Sizes

Despite the many varieties of rubber reducing bands and brassieres there are many women who are a little stouter than the average. Manufacturers are now engaging expert designers to make special models for these women whose models do not sympathize with the extremely slender line. Most of the frocks are of the new silk prints, with the lines softened by godets frilly aprons and long jabots.

Uneven Hem Lines in Chiffons

The simple chiffons use self-materials for godets, flounces, apron effects and fares, often with an uneven hemline by scalloped godets.

Broadtail Is Popular for Summer Fur Coat



The fur coat will have a place in the wardrobe of the well-dressed woman throughout the summer. A well-liked summer fur is broadtail, and it is used in this model in taupe. The trimming is of squirrel.

Taffeta Frock Among Early Summer Models

In a collection of models brought out for early summer there are several frocks that are exponents of the smart possibilities that lie in the use of taffeta—so many, in fact, that they may be considered important factors in the world of fashion.

There is one decidedly reminiscent of the former generations. It is fashioned on lines that suggest the old-time princess silhouette, a bit softened to conform to a modern tendency to subtly indicate rather than to obviously define the figure. The skirt has three wide gathered flounces extending from the knees to the hem. A touch of bright green appears at points on the shoulders formed by the joining of a straight-across neckline in front and back. The distinctive fashion note, however, is in a high collar of embroidered batiste that is separate from the frock itself. Wide cuffs of artistic finish the long tight sleeves.

Another model has a decided element of novelty. In this a foundation of black taffeta serves as a background for an apron effect of plaid

Blue Bottle Blues

The blue bottle fly is a summer pest only obviated by screens, but no screens are likely to keep the bluish-green coloring of the insect from the list of fashionable colors. Paris dispatches declare that this bluish green shade is extremely popular for dresses, coats and tailored suits. Trimmings for the dresses consist of appliques of a different shade of either blue or green.

taffeta in shades of red and black and white. A deep collar of taffeta fringed all around takes the place of sleeves, and a similar fringed effect appears as a finish on the tunic.

Although many of the new models have the straight, unbroken line from the shoulders to a point well below the knees, a surprising number reveal a marked inclination upon the part of their designers to definitely indicate a natural waistline.

Small Containers Are in Interesting Forms

All of the small containers that women of fashion carry—vanity cases, powder boxes, lip sticks, vinaigrettes—are popular and are shown in increasing and constantly varying forms. There is a kind for women in every activity, for the sportswoman, the motorist, the woman of affairs and the woman who meets the requirements of a purely social life. Her vanity case is likely to be as artistic and expensive as were the snuff boxes of gentlemen of fashion in the days of stately court costumes.

Colors of Season

Brown in all its shades is exceedingly smart, especially the tones of golden brown and blond. Capes and coats are trimmed with feathers in the same shade. One coat has a border of coque feathers, another of ostrich, while wide bands of marabout trim a cape made of two layers of brown chiffon.

The KITCHEN CABINET

(© 1924, Western Newspaper Union.)
If we looked for people's virtues
And their faults refused to see,
What a pleasant, cheerful,
Happy place this world would be.

FOR THE PICNIC

A variety of sandwich filling is always useful, especially during the picnic season. The following may be used as a luncheon loaf:



Pressed Eggs.—Chop fine six hard-cooked eggs, one green onion, one-half of a green pepper; mix together with one-half teaspoonful of salt and one tablespoonful of prepared mustard. Place half of the mixture in a small greased loaf pan, press down and add a layer of chopped ham, using one and one-half cupsful. Finish with the rest of the egg mixture. Pour over two tablespoonfuls of rich soup stock and press down well. Let stand in the ice chest until firm and well molded. Serve sliced as a sandwich filling.

Crufters.—These are the old-fashioned cakes that our grandmothers made to perfection. They are dainty and delicious when well made and cooked in deep fat. Take a tablespoonful of butter, four tablespoonfuls of sugar; mix well, add the yolk of an egg well beaten, one-half teaspoonful of cinnamon and the same of salt. Add flour to roll. Roll the dough one-fourth of an inch thick, cut into rectangular pieces two and one-half inches by three and a half, then make five incisions lengthwise, cutting within one-third of an inch from each end. Take up every other strip and fold together slightly in the middle, then drop into deep fat and cook until brown. Dust with powdered sugar when serving. These are delicious to serve with tea.

Raspberry Tart.—Line a pan with good puff paste or a rich plain pastry, fill with fresh raspberries covered with sugar or with raspberry jam. Bake quickly with a top crust. When done lift off the top crust and pour over the following mixture: Heat half a pint of cream, the yolks of two eggs well beaten, and a little sugar; return to the oven for six minutes.

Prune Salad.—Soak half a pound of large prunes and simmer until tender. Remove the pits and stuff with walnut meats. Shred lettuce, make nest and place four or five of the stuffed prunes in each. Cover with mayonnaise and serve.

Things Worth Trying.
A most delicious raisin pie which is different is made as follows: Take



one cupful of raisins, one cupful of grape juice, a tablespoonful of lemon juice, and one tablespoonful each of butter and flour, well mixed. Chop the

raisins and cook all the ingredients with one-half cupful of sugar and a well-beaten egg. Serve in a baked shell and cover with a meringue. Brown lightly.

A quick dessert enjoyed by chocolate lovers is called Dresden crumbs. Prepare by taking one-half cupful of grated chocolate, two tablespoonfuls of sugar, a pinch of salt all well mixed, then add one cupful of bread crumbs; stir until well blended, then bake until the chocolate is melted. Serve with whipped cream.

Stuffed Lettuce Salad.—Remove the hearts from firm small heads of lettuce and fill the cavities with a mixture of cooked chopped chicken, mushrooms, shredded almonds, tender celery and mayonnaise. Serve garnished with a ripe strawberry or cherry.

Chicken and Spinach Soup.—Wash and pick over two pounds of spinach and cook until tender in half a cupful of butter. Add one-half cupful of flour mixed with a tablespoonful of salt and pepper to season. When thick rub through a colander and add two quarts of chicken broth. Serve in cups garnished with whipped cream.

Combination Salad.—Mix well one cupful of diced celery, two cupfuls of diced apple, one tablespoonful of peanut butter and one-third of a cupful of mayonnaise. Arrange on lettuce and garnish with roses of mayonnaise.

A whole wheat bread sandwich with a good salad will make a good noon meal for almost any worker in the warm summer days.

Hearty meats, rich desserts and cakes should be cut down, if one wants to enjoy good health.

A glass of buttermilk with a nut bread sandwich makes another good luncheon menu.

Grape Juice Ice Cream.—Take one pint of sweetened grape juice, one quart of this cream, one tablespoonful of lemon juice, adding sugar, if needed. Freeze. Serve in sherbet cups, top with whipped cream or a spoonful of vanilla ice cream.

Plenty of green vegetables and fruits are the best of foods for summery weather.

Nellie Maxwell

Swore by the Beard

In the Middle Ages the seal on documents of great importance contained three hairs from the sovereign's beard as a sign that matters of such moment were concerned.

THE WHY of SUPERSTITIONS

By H. IRVING KING

BUBBLES AND MONEY

IN THIS country and Canada a common superstition is that bubbles floating on a cup of tea or coffee signifies that money is coming to you. In some sections it is considered necessary to try and take up the bubbles in a spoon; you will have as many dollars as you can catch bubbles. This is a remnant of the ancient magic art of hydromancy, divination by a cup of water as practiced by Joseph in Egypt. See Genesis 44:5. Water was used for divination by the Egyptians because Isis was sometimes regarded as the earth when fecundated by the waters of the Nile and a vessel of water was therefore carried in her processions. In ancient times any troubling of the waters, in a pool or in a cup, was considered of significance. In modern necromancy the coffee cup has succeeded to the divining cup of Joseph and tea and coffee to the fecundating waters borne before Isis. But as of old, the bubbles rising in our divining cup mean something.

But why money? Because the influence of Egyptian mythology upon Roman mythology was strong and though the cult of Isis was but slightly identified with the cult of Juno; yet Isis was the chief of the Egyptian god-

esses as Juno was the chief of the Roman goddesses.

So it is the breath of Juno that rises in bubbles in our coffee cups and Juno, under her name of Moneta, means money. Doubtless when the ancient Romans practiced this rite with a cup of water they invoked the goddess.

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