

THIS WOMAN'S REMARKABLE RECOVERY

Entirely Due To Lydia E. Pinkham's Vegetable Compound

Forest City, Iowa.—"My first child lived only a short time and I was sick for a year after. When I bent over and raised myself up again I could almost scream with pain in my back. One day I was so bad that I had to leave my washing and get ready to go to the doctor. He gave me medicine but it did no more good than if I drank just water.

Once when we had been in town a little book telling about Lydia E. Pinkham's Vegetable Compound was left in our car. I have taken five bottles of the Vegetable Compound now and I do all my housework and help with the milking and taking care of chickens and garden. Besides I have a fine baby girl eight months old, just the picture of health and I am feeling fine myself. You may use this letter as a testimonial and I will answer any letters asking about the Vegetable Compound. —Mrs. OSCAR E. BORGELIN, Route No. 5, Forest City, Iowa.

Lydia E. Pinkham's Vegetable Compound is for sale by all druggists.

Enough
Winnie—What is your objection to classical music?
Walter—I can't pronounce it.

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RUBY LEE MINAR 1400 New York Ave., Washington, D. C.

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25¢ AND 75¢ PACKAGES EVERYWHERE

ALONG LIFE'S TRAIL

By THOMAS ARKLE CLARK

Dean of Men, University of Illinois.

(© 1925, Western Newspaper Union.)

BURTON'S ROOM

IT IS interesting how much the places in which we live tell of our characters and of our tastes.

The club was crowded, the clerk said when I called for my reservation, and instead of putting me into the room which I usually occupy, he assigned me to a room left temporarily vacant by the absence of one of the regular guests. There were a few rows of books in the open shelves; pictures covered the walls, and the furniture and the hangings at the windows were apparently the property of the regular occupant of the room.

It was curious how quickly and accurately the contents of the room revealed the man who had lived in it. I got his name from a signed photograph on the wall—the picture of a well known Philadelphia physician. The signature read: "To Robert Burton, courageous fighter," who did a hard piece of work well.

He had been a college man, it was clear to see, interested in athletics. Other pictures showed his love for out-of-doors, for rivers and lakes and high mountain peaks. There were camping scenes with dogs and guns and a beautiful white horse showing in numerous prints. There was a wide sweep of sea with men in a beautiful sailboat in the foreground. There were mountain scenes of the Jungfrau and El Capitan rearing his majestic head above the Yosemite valley, and of the Canadian Rockies, and every one testified to the man's love of a clean healthy out-of-door life.

His books revealed a discriminating taste, though a rather narrow range of interests. He was a chemist and a physicist apparently, for there were many treatises on chemistry and physics on his book shelves. There was some poetry and some fiction in the collection, but these, too, were healthy practical sorts, concerned most with adventure, with nature and the great out-of-doors. There were no problem novels, no poetry of sentiment, but Zane Gray's Western tales were there, and Kipling's "Captain Courageous" and his "Barrack Room Ballads."

There were no children's faces looking down from the walls, and the only woman's face was that of a sweet gray-haired old lady—his mother's face no doubt. Cupid had evidently found him stony-hearted and had gone away discouraged. He was no lady's man; that was clear to see.

But the whole atmosphere of Burton's room showed him to be strong and healthy, orderly and friendly. He was a man of good taste, a clean liver and a clear thinker. I left his room with a great respect for him, though I had never seen him and may never do so.

REMEMBERING NAMES

I HAVE an unfortunate reputation for being able to remember names, a reputation which, though often undeserved, I feel under obligation to keep un tarnished. It is worth a good deal to be able to call a man by name whom one has not seen for twenty-five years.

I talk to fifty or more young fellows a day, and if I can call them by name or better still by their first names, I am infinitely more effective than if I stall along not knowing whether the man in front of me is Jones or Rosenstein.

Memory is a matter of associations, the psychologists tell us, and I presume I have learned usually to make mine unconsciously, out sometimes the unconscious association refuses to come and the simplest names elude me. I could never say Hepburn's name, for instance. I knew him well; I was never confused as to his identity. I knew where he lived, where he came from, his roommate's name, his business, and everything about him, but his name was always playing about the outer edges of my memory.

I believe I have more than ordinary curiosity about people. When I see a familiar face to which I cannot attach the proper name, I give myself no peace until I have run the name to cover. My lazy reluctant memory knows that I shall not be satisfied until I get the elusive name, and so usually goes after it at once. Sometimes it takes me days to find the forgotten name, but I never give up until I find it.

We forget names often because we do not get them distinctly and not hearing them distinctly, we do not visualize them. It helps a good deal to speak a man's name whenever one meets him, and at once to attach to it some other details of place or situation or relationships.

Mead was introduced to me two or three days ago, and before he got out of the office I discovered his home town, his business, his friends with whom I am also acquainted. All these will help me to remember him when he comes to see me again as he will within three months.

Remembering names is a matter of interest in people, of persistence in following up the elusive name. It is a matter of association, unconscious or consciously devised. Some people remember names more easily than others, but anyone can learn the trick just as everyone can learn to spell or to like beads if he keeps at it persistently.

Bees Studied on Delaware Coast

Carefully Planned Experiment Will Be Conducted to Solve Problems.

(Prepared by the United States Department of Agriculture.)

How far will a honey bee fly from the hive for food? What is the economic limit to the distance the insect can travel for raw material? By what means does it find new fields of nectar-yielding flowers? These are a few of the time-worn questions which will be studied intensively by the United States Department of Agriculture. A carefully planned experiment will be conducted on the coast of Delaware, in a region having no nectar-secreting flora. The office of bee culture investigations of the bureau of entomology announces that one of the principal objects of the work is to determine the effect various weather conditions have on the flight activities of bees.

Flight Readily Controlled. As the countryside has no flowers that will divert the attention of the bees, their flight can be readily controlled by the placing of supplies of artificial food. This "honey" flow will be kept constant and as a result any variation in the flight activities will be caused primarily by prevailing weather conditions. Automatic feeders containing sugar solution of known specific gravity will at first be placed at distances from the hives varying from one-eighth of a mile to three miles. There will be ten colonies of Italian bees, each colony on a scale so that variations in the weight may be studied. Records will be made of the increases in weight during the day to learn the hour to hour variation in the honey income. Records of loss of weight by evaporation at night will give information on the "ripening" of honey.

Move Feeders Gradually. The feeders will gradually be moved to greater distances from the colonies to determine the limit of flight from the effect of distance on the production of honey—an economic factor from the standpoint of the bees and also from that of the beekeeper. Some feeders loaded with sirup will be placed in new and secluded places to determine if possible the methods followed by the bee in searching for new sources and the time taken to find them. These and other obscure factors concerning the behavior of bees puzzling to beekeepers since antiquity, if solved will prove of much benefit to the industry.

Guard Against Bloating With Sheep on Pasture

It is necessary, of course, to guard against bloating when sheep are pastured on rape. The flock should be introduced gradually to the succulent forage, by first turning them on it when they are rather well filled up with dry hay. For the first few days the sheep or lambs should be left in the rape patch but a short time. After they become accustomed they will pasture it without danger except when the leaves are wet, in which case it is best to keep the flock out of the field until the plants are dry. Immature rape sometimes causes scours in lambs. It is best turned in upon when eight to ten inches high.

FARM FACTS

- Keep salt before sheep at all times.
- Get grain harvesting machinery in shape.
- Do not fail to plant soy beans for hog pasture.
- Even three-leaf clover brings good luck if you have plenty of it.
- The heaviest taxes the farmer has to pay are the ones levied by his own slackness.
- Much of the winter killing of clover can be avoided by sowing native red clover seed only.
- All good saw handles are made of apple wood, because it does not break if a saw is dropped.
- Flowers bring more real joy in relation to the work spent on them than any other thing you plant.
- The main purpose of the farm bureau movement is to carry on an educational program of self-help.
- Nicotine dust made with five parts of nicotine sulphate and 95 parts of hydrated lime will get the plant aphids.
- The creosoted posts undoubtedly will last longer than ordinary posts. They do not harbor insects, diseases, or mice, and so far as known they do not injure the plants.
- Milk is coming into its own. Per capita consumption increased seven quarts during the past year, figures from the United States Department of Agriculture indicate.
- It will cost less for a farmer to help a neighbor rid his fields of chinch bugs than to combat them himself when they cross his property line, says the United States Department of Agriculture. Wheat fields developing infestation should be sprayed in June, and co-operation helps.

Catching Chickens Helps in Culling

Best Way Is to Have Crates With Wire Sides.

Catching the chickens is a large part of the work involved in culling, and experience shows that any help in this direction is valuable. The best way to catch chickens for culling, says H. E. Botsford of the New York State College of Agriculture at Ithaca, is to have one or more catching crates, about four feet long, one and a half feet high, and two feet wide. The crates should have wire sides and one end should be removable. The crate is placed where the birds leave the henhouse and they are driven into it. Another good method is to construct a small catching pen outside of each building where the birds are to be caught, says Professor Botsford. Drive four stakes into the ground, one on either side of the exit and the other two stakes four feet away, each pair two feet apart. Join the stakes, top and bottom, with narrow strips of boards. Tack two-inch mesh wire around the sides and outer end. Fasten wire across the top leaving one side free. The birds may then be driven into the pen and caught easily.

For work inside the house, he suggested the following: Take ten or twelve feet of poultry wire five or six feet high, and fasten a strip of one-by-two-inch material at each end. Fasten several pieces of two-by-four about three feet long to the bottom of the wire. Nail one end to the wall five feet from a corner. The other end is swung out into the room, and twenty-five or thirty birds can easily be rounded up and passed to the culler.

White Leghorn Is Most Satisfactory for Eggs

The White Leghorns seem to be the most satisfactory breed for commercial egg production. When both eggs and meat are desired it pays to keep one of the general-purpose breeds, like Barred Plymouth Rocks, Rhode Island Reds or White Wyandottes. This brief list does not mention all the breeds that are good for egg production or for egg and meat production. It is the individuals in a breed and not the breed name that determines the profits from a flock of poultry.

If the hens that lay white eggs and the hens that lay brown eggs are managed the same, I think there is very little, if any, difference in the quality of the contents. I have heard owners of the brown breeds say that their eggs seemed to look richer and probably contained more food value than white-shelled eggs, but scientific investigation seems to indicate that the eggs of the same weight are about equal in food value regardless of the color of the shell.

It is often found that White Leghorns will hatch a larger per cent of chicks than some brown egg breeds. I think the vigor of the stock is of more importance than the color of the egg in determining hatchability.

Ventilation Necessary for the Brooder House

Brooding houses should have enough ventilation to prevent stuffiness or any smell of gas from the heater, but as they must be kept at the proper temperature, too much ventilation in cold, stormy weather will be injurious. The usual method of ventilation is by lowering the windows at the front and opening small openings at the back under the rafters. Such methods naturally require pretty careful watching in cold weather. In some cases the fresh air is brought in through a floor duct and admitted under the center of the brooder, the impure air escaping at top of windows or by an opening under the rafters at the back. In any case, the openings must be provided with dampers so the ventilation can be controlled.

Great as Soil Builder

Alfalfa stands in the front ranks among the crops which build up the fertility of the soil. Farmers who have grown it report that they get much higher yields of grain and other crops on land which has been in alfalfa than on land where no leguminous crop has been grown. In the farming sections where no lime needs to be added to the soil and it is easy to get a stand, alfalfa may readily be made part of a definite system of crop rotation.

Clean Land for Alfalfa

Plant alfalfa on clean, cultivated land. This means corn or potato land. A clean firm, moist seedbed is essential to success, and clean corn or potato land gives these essentials in a practical way. Fall-plowed grain-stubble land, well firmed in the spring, can be made into a good seedbed for alfalfa. Spring-plowed stubble land is the last choice. If it is necessary to use such land, plow early, pack well, and seed a little later than usual.

Hogging Off Barley

While there would be some waste in hogging off barley and while the hogs would not make as efficient use of it as they would if it were harvested, threshed and ground, the time saved in getting the cheaper feed, and the labor and expense of harvesting saved, probably would make up for any waste and loss from this method of feeding. This, of course, applies only to the small patch grown for early feed.



Fence Posts That Last
Concrete fence posts need no paint or repairs; they cannot rot, but grow stronger with age. They present a neater, more efficient appearance and hold the wires securely—forming a safe enclosure for field or yard. They can be made indoors during the winter and set up in the spring. If you make them yourself your building material dealer can give you an Atlas book that tells you how—or he can direct you to a concrete products plant where you can buy them ready made. Of course, you will want to be sure your concrete is made with Atlas Portland Cement.

ATLAS PORTLAND CEMENT

"The Standard by which all other makes are measured"

Big Canadian Lakes

The largest lake within the borders of Canada is the Great Bear, 11,821 square miles in area. The Great Slave lake is second with 10,719 square miles.

Duchess' Fad a Boon

Because the popular English duchess of York has a fad for hand-painted slippers and similar evening wearing apparel, budding, but needy artists of the European centers have suddenly found odd jobs that are a boon to them. The fad has become popular in London and Paris and as real artists were necessary to give this final touch the shops selling or making these accessories had to call upon the students and mature artists.

A FEELING OF SECURITY

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs. Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder medicine. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root. It is scientifically compounded from vegetable herbs. It is not a stimulant and is taken in teaspoonful doses. It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles. A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root. If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large. However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.

British Labor M. P. a Poet

One of the Labor whips of the British parliament is James Welsh, who started composing poetry when he was eleven years old and is now a novelist of note.

Cuticura Soap for the Complexion.

Nothing better than Cuticura Soap daily and Ointment now and then as needed to make the complexion clear, scalp clean and hands soft and white. Add to this the fascinating, fragrant Cuticura Talcum, and you have the Cuticura Toilet Trio.—Advertisement.

Let Tanlac restore your health

If your body is all fagged-out and run-down, if you are losing weight steadily, lack appetite, have no strength or energy—why not let Tanlac help you back to health and strength?

So many millions have been benefited by the Tanlac treatment, so many thousands have written to testify to that effect that it's sheer folly not to make the test.

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Don't put off taking Tanlac another precious day. Step into

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Tanlac Restored Her Health

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Mrs. J. B. Terry, 1101 Park St., Ft. Worth, Tex.

the nearest drug store and get a bottle of this world-famed tonic. That's the first important step back to health and vigor.