

For sleeping rooms-formal parlors and reception hallsdining room and living room -for the library - and for public buildings.

Properly applied it won't rub off. Ask your dealer for Alabastine Colorchart, or write Miss Ruby Brandon, Alabastine Co., Grand Rapids, Mich. Alabastine—a powder in white and tints. Packed in 5-pound packages, ready for use by mixing with cold or warm water. Full directions on every package. Apply with an ordinary wall brush. Suitable for all interior surfaces-plaster, wall

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Scripture Goes Post Free

Under a new law and regulation of the Post Office department Holy Scripture manuscript for the blind may be sent free if it is to be given to the blind, and if it is to be sold to the blind the postage is only I cent a pound instead of the regular rates.

if your eyes smart or feel scalded, Roman Eye Balsam, applied on going to bed, will relieve them by morning. Adv.

#### New Gun-Tilting Plan

Thomas A. Edison proposes that guns be elevated on battleships by tilting the vessels with an apparatus somewhat like the lateral fin or rudder whic's submarines use in diving or coming 's the surface.



Say "Bayer" - Insistl

Headache For Colds Pain

Neuralgia

Lumbago Rheumatism

Accept only a Bayer package which contains proven directions Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100—Druggists



A Godsend to the Bilious! "I take great pleasure in telling you what a Godsend are Beecham's Pills. I am a woman twenty-five years of age. For years I suffered from billous headaches. Ten years ago I tried Beecham's Pills, I have never been without them since.

"I hope all persons who suffer in this manner will not healtage to try them."

Mrs. Edna Dean, Providence, R. I. Take Beecham's Pills for biliousness, conscipation sick headaches and other digestive ailments. For FREE SAMPLE-write

B. F. Allen Co., 417 Canal Street, New York Buy from your druggist in 25 and 500 boxes

Beecham's Pills

Soothing and Healing for Skin and Scalp Troubles

W. N. U., BALTIMORE, NO. 19-1925.

There is so little rest! There is such an unreasoning passion for activity. And so we skim the sur-face of all things; we never look down into their depths and see the power of help and culture which they might contain.—Philips Brooks.

EVERYDAY FOODS

Nearly everybody will eat and enjoy a good meat p'e, if it is well sea-

soned and properly baked. In a small family there are always leftover meats that may be used in such a ple. For chicken add the gravy, a little thin cream or milk to the bits of meat, cover with baking powder biscult and bake. Be sure

that the chicken is boiling hot when putting on the biscuit, as this will insure them from being soggy, or soaked. A bit of chopped onion, parsley or a bit of a clove of garlic may be added

to a meat pie, making it more ap-

Dutch Pot Pie.-Cut into dice onehalf pound of smoked ham, cook slowly until well-heated, then add six sliced potatoes, three onlons sliced; cook a few minutes with the ham, then add three pints of boiling water. Cover with biscuits made from buttermilk and baking powder, as they are

especially light and flaky. California Eggs .- Have eight hard cooked eggs cut lengthwise. l'arboil the tips of a bunch of asparagus. Butter a baking dish, put the eggs into it cut-side up, cover with the asparagus, then add the remaining eggs, yolks down. Prepare a white sauce, using cream and the liquor from the asparagus. Pour this over the dish, sprinkle with seasoning and well-buttered crumbs and bake fifteen minutes.

Breakfast Tomato.-Hollow out small tomatoes and fill with the following: Drop a raw egg into each tomato, season with salt and pepper and cover with two slices of bacon. Add a bit of worcestershire sauce to each, skewer the bacon with toothpicks and bake in a hot oven twenty minutes.

If you have a little ginger bread left over, or any plain cake, steam it and serve with a lemon or vinegar sauce, for dessert. Use one cupful of sugar. a tablespoonful of flour, one-half cupful of boiling water, a grating of nutmeg and two tablespoonfuls of vinegar or lemon juice. Add a tenspoonful of butter, just before serving.

Add a teaspoonful of sugar to peas, or roast or stewed meats; it adds to the flavor.

Variety of Good Things. Every little while some one asks

for a recipe for Scotch short bread. It is too rich for daily food, but will be enjoyed occasionally; it is nice served with a cup of ten.

Scotch Short Bread .-Take two pounds of flour, one pound of butter, one-half pound of sugar and two beaten

eggs, a grating of nutmeg and a teaspoonful of grated lemon peel. Mix and roll one-half inch thick. Prick with a fork and bake in a hot oven Breakfast Toast .- Melt three table-

spoonfuls of butter in a frying pan Cut bread into one-fourth-inch slices and cut each into squares. Lay these in melted butter. Beat four eggs well; add salt, paprika and pepper to season with one-half cupful of milk; pour over the bread. Cook until wellbrowned on the bottom, then turn each piece with a spatula and brown on the other side. Serve hot.

Arabian Ambrosia.-This sounds good enough for any occasion, but is a most simple and easy-to-prepare dessert. Measure two cupfuls of choice dates, wipe them carefully and remove the pits. Cut the dates into quarters and combine with one cupful of walnut meats coarsely chopped; add one tablespoonful of lemon juice and arrange the mixture in sherhet glasses; top with a spoonful of whipped cream, or marshmallow cream.

Fruitines.-Beat two eggs and add one and one-half cupfuls of sugar. one-half cupful of softened butter and a teaspoonful of salt. Soak one cupful of raisins in two tablespoonfuls of orange or any fruit juice for an hour, then put through the ment grinder. Mix and sift three and onehalf cupfuls of pastry flour; add the fruit juice, one teaspoonful of soda, two tablespoonfuls of milk, one teaspoonful of cinnamon and one-half teaspoonful of cloves. Mix all together and beat well; add the raisins and drop by teaspoonfuls on a baking sheet, two inches apart. Bake eight to ten minutes. This recipe makes about fifty cookles.

Chop Suey .- Take one-half pound of ean veal, cut into pieces, two cupfuls of celery, one-half cupful of onions cut fine, one can of bean sprouts and three tablespoonfuls of Chinese sauce. Heat the mazola, cook the meat in it until lone but not brown, add the celery and onions and cook until well-heated through, but not soft. Add meat stock or water from the bean sprouts to cook the vegetables. To one cupful of broth add two tablespoonfuls of cornstarch to make the gravy; season well, add the chop sucy sauce and serve hot.

# Incubator Useful in Hatching Geese

Machines Have Gradually Come Into Use Where Fowls Are Raised.

For many years after incubators came into general practice they were not used for the hatching of geese, but they have gradually come into use where geese are raised in large numbers. The general requirements for successful incubation of hen's eggs are needed in hatching geese eggs. In addition the majority of operators believe that they require more drying out in the early part of the hatch and more cooling than hen's eggs.

Required Temperature. The temperature required does not need to be so high but no change needs to be made in this regard if the eggs are given more cooling. During the last part of the batch it is generally necessary to supply moisture. Some rdvocate dipping the eggs, others sprinkling and others supplying the moisture to the machine. One of the main reasons for the need of additional moisture at that time is so that the shell and membranes will not stick to the gosling when it is trying to get out of the shell.

Some adjustments will need to be made in the thermometer as the thickness of the geese eggs will place them higher in the incubator and therefor in a slightly higher temperature unless an allowance is made for it. An inch in height will usually make a difference of a degree in the temperature.

Hatch Slow Under Hens. Goslings will hatch out slower under hens or in an incubator than under geese. However, where attention is paid to proper cooling of the eggs and a proper supply of moisture, there should be no trouble in getting a successful batch. The beginner will sometimes become uneasy over this delay in getting out of the shell and attempt to help the goslings. This should not be done except in occasional cases where one or more goslings are much later than the others in hatching. Even then extreme care should be taken in removing the shell bit by bit and stopping at the least indication of bleeding. Usually the bird that cannot get out of the shell is not worth saving and if the goslings are given plenty of time and are supplied with molsture so that the material of the shell will not stick to the body, the big majority will come out successfully.

#### Wide Market Opened for Capons of High Quality

On the Eastern market buyers are bidding from 30 to 35 cents per pound ens. Capons are making strong competition for turkeys on many of the markets on account of the high quality of their meat. Then, too, some consumers want a larger bird than the ordinary fowl.

The capon is more easily raised on most farms than turkeys. The birds grow rapidly and the caponizing operation is not difficult to learn. The instruments can be purchased from \$2.50 up, depending largely upon how much nickel plating there is on the instruments. The cheaper sets will do the work in a satisfactory manner and will last if they are given proper attention.

A capon will usually grow two pounds heavier than if left in the natural state. The selling price is considerably stronger so that the total returns are generally from three to four times that of ordinary cockerels sold on the market. There does not seem to be much danger of an oversupply of capons, so that it forms a market outlet that a good many breeders deep close cultivation is given. should seriously consider.

## Fowls Need Protein to

Keep on Producing Eggs Many farm flocks get little or no protein in the winter and as a result are overfat and make a poor production. Farm bens are often given a whole carcass to feed in one month and no meat the next. As a result they are thrown out of condition and often

are poisoned by spoiled meat. There are three ways in which animal protein can be secured. A steady supply is essential. Rabbits or dead farm animals when available can be cooked and ground or chopped up, dried and put in a box where bens can eat when they want. Skim milk or buttermilk can be put to no more prof-Itable use on the farm than in producing winter eggs. Where a box of meat or a supply of milk are available all of the time, it may not be necessary to put meat scraps in the mash, but if there is a shortage of these it will pay to buy meat scraps.

Road Pushes on Campaign

for Efficiency and Peace Roads rule the world-not kings nor congresses, not courts nor constables, not ships nor soldlers. The road is the only royal line in a democracy, the only legislature that never changes, the only court that never sleeps, the only army that never quits, the first aid to the redemption of any nation, the exodus from stagnation in any soclety, the call from savagery in any tribe, the high priest of prosperity, after the order of Malchisedec, without beginning of days or end of life. The road is umpire in every war, and when the new map is made, it simply pushes on its great campaign of help. brotherhood, efficiency and

#### Pure Bred Animals Not Prone to T. B.

One Breed Is as Susceptible as Another.

(Prepared by the United States Department of Agriculture.) There is no relation between the breeding of cattle and their susceptibility to tuberculosis. One breed is as susceptible as another, and grades are as likely to become infected as pure breds.

These are conclusions of veterinary specialists of the bureau of animal industry, United States Department of Agriculture, based on several years' experience in eradicating bovine tuberculosis. In support of the conclusion the bureau veterinarians have compiled a large number of statistics arranged according to the various breeds and whether the animals are pure breds or grades.

From July 1, 1921, to April 1, 1924, tuberculin tests were applied to 1.424,-302 pure bred cattle, of which 4.7 per cent were found to be tuberculous. During the same period 4,456,439 grade cattle were subjected to the test, of which 4.8 per cent reacted. Among the pure bred and grade cattle representing the various breeds the federal specialists have been able to find no evidence that any breed is more susceptible or resistant than any other. These conclusions apply to large groups representing conditions for the entire country. It is well known that certain localities have more infection than others, but the management of cattle, extent of buying and selling without paying proper attention to health, the control of sanitary conditions, and the individual resistance of the animals appear to be the principal factors that determine the degree of infection. Breeding apparently has nothing to do with the extent of tuberculosis.

#### Set Strawberries Early

in Spring Is Best Plan As a rule it is best to set out strawberry plants in the spring quite early. and give them good care throughout the season. They give their maximum crop of fruit the second season after planting, though they will give more or less fruit for several years; but after the first crop, the berries are likely to be small.

In the fall after the ground is about ready to freeze a mulching of bean straw, clover hay or some other kind of straw should be applied, to give some protection during the winter and keep the fruit clean at bearing time. The mulch should not be applied very beavy, however.

Strawberry plants may also be set out in August if good plants can be for capons. This opens up a wide secured and provided the ground is market for breeders of heavy chick- not too dry to get them started. But August planting will not give as much fruit the next year after setting as will the plants set out in the coring.

## Many Farmers Overlook

Potato Patch in Spring Many farmers forget their potato patch until the weeds force them to give the crop a thorough working with the ordinary cultivators. By this time the weeds have secured such a foothold that they will be a trouble throughout the season and if there have been rains, the soil has become hard and crusted. To prevent this, and to start the young plants off right, our best growers are cultivating their potatoes immediately after the field is planted with an ordinary weeder or a spiketooth harrow with the teeth inclined backward so as to prevent dragging out of the seed pleces and later the young plants. This practice is usually followed until the rows can be plainly seen across the field, when the only

## Price Quite Important

in Cattle Feed Venture

The cost of gains alone does not determine profit in cattle feeding. Selling price is equally important. Selling price is determined very largely by finish, hence the problem of the feeder is to produce as much gain and as rapid gains as possible as cheaply as possible. Most gains cost more than is necessary, but on the other hand the cheapest gains are not necessarily the most profitable. This emphasizes the complexity of the cattle-feeding business and the absolute necessity of using definite information relative to the comparative feeding value of different feeds and how they may be combined to make the most profit in a cattle-feeding venture.

Hope springs eternal; so do weeds. Plan to use one to kill the other. The radish is one of the old stand-

bys of the home gardener. The best time to plan the attack against insects is while they are in winter quarters.

Barley generally produces more pounds of grain per acre than any other small grain crop.

A tractor that is properly broken in will wear many years longer than one improperly used at the start.

If it is good enough to take prizes at the fair, it will sell well and is good enough for foundation for future

# AFTER HER BABY CAME

Mrs. Hollister Unable To Do Her Work for Six Months

Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health



MRS. HENRY HOLLISTER Wyandotte, Michigan. - "After my baby was born I did not do my own work for six months and could hardly take care of my own baby. I always had a pain in my right side and it was so bad I was getting round shoulders. I would feel well one day and then feel so bad for three or four days that I would be in bed. One Sunday my mother came to see how I was, and she said a friend told her to tell me to try Lydia E. Pinkham's Vegetable Compound. So the next day I got a bottle and before it was half taken I

Danger in Emotion

Oscar, sitting with Isabelle in the moonlight, was in one of his most ecstatic moods.

"Just to be near you is heaven." he said. "Your presence sets my throbbing heart aflame." Isabelle gave a start.

"Oh, Uscar, how imprudent!" she sald, nervously. "Do be careful. I'm wearing r celluloid hair comb.

# WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription. Swamp-Root is a strengthening medi-cine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends. Be sure to get Swamp-Root and star

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.

# Lawyer Presidents

Twenty of the twenty-nine of our Presidents have been lawyers. They were the two Adamses, Jefferson, Madison, Monroe, Jackson, Van Buren. Tyler. Polk. Pierce. Buchanan. Lincoln, Hayes, Garfield, Cleveland, Benjamin Harrison, McKinley, Taft, Wilson and Coolidge.

One soap for all uses-shaving, bathing and shampooing .- Advertisement.

Tap Big Electrical Supply Florence lake tunnel, thirteen and a half miles long, in the California Sierras, will provide electricity enough

for 200,000 homes, pump water to 320,-000 acres and run 5,000 factories. Indigestion produces disagreeable and

sometimes alarming symptoms. Wright's Indian Vegetable Pills remove symptoms and restore digestion. 372 Pearl St., N. Y. Adv. Now and Then

Aiming to do right is not enough; you must score an occasional hit .-Boston Transcript.

A coward is a man who knows he is wrong and refuses to admit it.

got relief. After I was well again I went to the doctor and he asked me how I was getting along. I told him I was taking Lydia E. Pinkham's Vegetable Compound, and he said it did not hurt any one to take it. I am always recommending the Vegetable Compound to others and I always have a bottle of it on hand."—Mrs. HENRY HOLLISTER, R. F. D. No. 1, Box 7, Wyandotte, Michigan.

Another Woman's Case St. Paul, Minnesota, —'I have a little girl three years old and ever since her birth I have suffered with my back as if it were breaking in two, and bearing-down pains all the time. I also had dizzy spells. I had read several letters of women in the newspapers, and the druggist recommended Lydra E. Pinkham's Vegetable Compound to my husband for me. As a result of taking it for me. As a result of taking it my back has stopped aching and the awful bearing-down feeling is gone. I feel stronger and do all of my house-



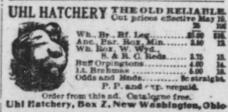
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871/2 Acres, 12 Miles From Washington, D. O. on electric car line. 8-room house, bath, Delco lights, hot air heat, 12 outbuildings \$20,000. Good terms. Owner, E. S. WICKLINE, R. 1, VIENNA, VA.

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Twenty-pear Gold Watch, Lady's or Gentleman's Size. A Three-Bulb Radio Set. A Twenty-Dollar Gold Piece. And many other very beautiful articles for just a few hours of your time. Write at once for full list and information to of your time. Write at once for full list and information to J. & B. WILLIAMS CO., Minneapolis, Minn.

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For Horses and Cows

Porter's Pain King Salve is made with a base of pure wool fat (lanoline) ombined with antiseptic, healing, painrelieving drugs. There is nothing bet-ter for collar and saddle galls, cuts, scratches or bruises on horses. It quickly heals sore teats on cows, caked udder, etc. At your dealer's.

Playing Safe

Gerirude-Are you married? Theodore-I am sorry to say I am not, thank goodness !-- American Legion Weekly.



toria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared

for Infants in arms and Children all ages. To avoid imitations, always look for the signature of hart Hetchire Proven directions on each package. Physicians everywhere recommend it