

Just Ahead

"Tomorrow."

"What is the happiest day of one's die?"



Correct

School Teacher-What animal has the greatest fondness for man? Reight Pupil-Woman.

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#### HOW TO KEEP

#### WELL

DR. FREDERICK R. GREEN Editor of "HEALTH"

#### (6), 1925. Western Newspaper Union.) DIRT IN THE EYE

ONE of the commonest of human accidents is to get a speck of dust or a tiny cinder in the eye. Often the speck is too small to do un injury to any other part of the body, too small perhaps even to be seen. But the covering of the eyeball and the ilning of the eyelids are so delicate and sensitive that a mere speck may not only cause intense pain but may also do serious damage.

Generally, some member of the family or some fellow employee in the shop or office volunteers to take it out for you. Sometimes he succeeds; sometimes, with a soiled handkerchief or a dirty toothpick, he not only falls to remove the cinder, but also irritates and infects the eye.

The best way to take a cinder or other foreign body out of the eye is to take a clean (that is, an unused) toothpick, twist a little clean cotton around one end so that the point of the toothpick is covered. This cotton should be rolled tight. If the cinder is under the upper lld, stand behind the patient, tell him to throw back his head and then to look down. Grasp the eyelashes of the upper lid firmly and draw the lid gently down and away from the eye, then quickly turn the edge of the lld up over the thumb-nail or over a pencil or toothpick, so as to fold the lid up and expose the eyeball. If the eye is now slowly turned up and down and from side to side, the cinder will be seen as a duli point on the shining suface and can be easily taken off by passing the cotton-covered point of the toothpick over the eyeball, with a light, brushing movement. Don't use force or rut the eyeball, as a loos; cinder may easily be forced into the eyeball and become embedded.

If the cinder doesn't come out readily, con't try to dig it out. You will only damage the eyeball. Put on a thick compress made with a large, clean handkerchief, wrung out of cold clean water, tle another handkerchief around the head to keep the old compress in place and send the patient to the nearest doctor.

Cuts or scratches of the eyeball should not be neglected. Intection may destroy the eye or, if this does not occur, the scars from infected wounds of the eye may permanently interfere with sight.

#### THE GORGAS MEMORIAL INSTITUTE

EVERY great iden has a personality behind it. When we think of the War of the Revolution we think of George Washington. The Constitution suggests Thomas Jefferson, our financial system recalls Alexander Hamilton: abolition and John Brown are as inseparable as are emancipation and Abraham Lincoln, Free silver makes us think of William Jennings Bryan, just as sound money recalls William McKinley; Teddy Roosevelt and the strenuous life cannot be separated any other more than the League of Nations and Woodrow Wil-

A cause or a reform has little atractiveness to us in the abstract. It s only when it is associated with a personality that it appeals to us. Men

follow men, not ideas. One trouble with the health movement is that it has been lacking in personality. Cutting the death rate from 15 to 12.8 per thousand is a narvelous achievement but it looks to the average man like a problem in mathematics. Stamping out contagious diseases is the greatest thing the human race has so far accomplished, but it doesn't interest anybody but health officers and vital statisticians. Increasing the average duration of life fifteen years in half a century is something unheard of in human history, but nobody but life insurance actuaries really appreciate what it means. Finding a new germ in a laboratory or making a new serum to cure an old disease gets a few bacteriologists excited, but it doesn't interest the newspaper reader like a home run by Babe Ruth, a new film by Charlie Chaplin or the latest murder or divorce trial.

Most efforts to interest the public n health have been based on ideas

rather than on men. Thousands of men and women have worked in the health field in the last fifty years. No one of them has equalled in personality and achievement the late surgeon general of the United States army, Maj. Gen. William C. Gorgas. A soldier from early manhood, one in spirit almost from birth, an Indian fighter on the western plains and a disease fighter everywhere, the man who cleaned up Havana and drove out yellow fever, who turned Panama from the pest hole of the tropics to the healthlest spot on earth, who mad, the Panama canal a success when every one else failed, who organized and directed the medical corps in the World war, he is easily the greatest man the health movement has produced. So the organization of the Gorgas Memorial institute, with Calvin Coolidge as ita head, is not only a richly deserved recognition of a great American but it is also the most promising attempt to organize the people for health protection that has so far been proposed.

## Ensemble in Lead as Spring Outfit

Tailored Coats Have Plain, Unbroken Back Line-Plaits Featured.

It hardly seems right to talk about suits this spring. Even tailored suits of men's wear material are made up of coats and frocks. They are more than suits. They are ensembles, in several types, two-piece or three-piece, the outer garment being generally a coat, but sometimes a cape.

A New York correspondent of the Canadian Drygoodsman says: Almost without exception, coats of the ensembles are long. By long I mean down to the hem of the dress, threequarter length or anywhere in between. The few short coats are hip length, boxy affairs. I have seen little unlined kasha coats of this variety in black, navy, rose or some other high shade sold with white kasha skirts or frocks for sports. Occasionally there is a young girl's tailored suit of tweed or men's wear woolen with a short

All long coats have one feature in common, the backs are straight and close to the figure. In the great majority of cases it is a plain unbroken back line. However, there is one exception, the tailored notch collar coat with a beit just across the back like a man's overcoat. Coats of this description are made up in suits and separately.

These suits of strictly tailored mateclass have straight unbelted frocks of the same goods. They are cut short and scant. Step room is given by a sort of wrap-around arrangement, the back underlapping the front from side seam to center front, or there are plaits. Plaits are one of the outstanding features of spring styles. Tailored



sports Ensemble Has Washable Tailored Dress; Coat Lining Striped.

iresses have a single inverted plait at the center front running up to the depth of a low waistline and ending in an arrowhead, a group of narrow plaits hanging free from low waistline depth or wider plaits stitched to within ten inches of the bottom of the skirt, or the plaits are at the side. In the latter case, side plaits, inverted plaits or box plaits are stitched to within ten inches of the bottom.

### Kasha and Printed Silk

A combination of materials that is iresses and for ensemble suits.

## Common Fabrics; How

They Get Their Names Every one knows what a blanket is. out how many know that it got its same from Thomas Blanket, a famous clothier, who made blankets in Eng-

and about the year 1840? s the Sanskrit word for floor, and that s where we get the name shawl.

gives the clouded effect seen in the original bandanna handkerchief. Foulard was originally made for andkerchiefs only, and the name is

French for "silk handkerchiefs" We have all heard the masculine expression "to go down into his jeans" when what is meant is that he proluces the money. Now, the word 'jeans" has a still closer connection with money. It is the name for a Genoese coin, and in selling cloth, it was customary to say, "So much for one jean." That is how the name came to be applied to the familiar coarse woolen fabric used for men's clothing. Momie, or mummy, a plain weave of daxen or linen yarn, was originally the winding sheet or shroud of Egyptian

nummified dead. Tweed, that familiar, rough, unfinshed fabric of cotton and wool, usualy made of yarns of two or more shades, is so called because it was originally the product of weavers on the banks of the river Tweed in Scot-

Many women have wondered just bound with linen tape in different colwhat panne velvet really meant. The ors. The tape forms conventional and word "panne" is simply the French symmetrical designs.

word for plush. And the name is applied to a wide range of satin-faced vel-

vets or sliks that show a high luster which has been produced by pressure. Pique is French for "quilting." Originally it was applied to a cloth woven in diamond-shaped designs to imitate quilting. When used to designate our And did you know that shawls first familiar corded cloth the name is realwere made for floor coverings? Sala ly a misnomer. Chenille is French for "caterpillar," so that when applied to the well-known cloth with the fuzzy, Bandanna is from the Indian word fluffy face, the name is most appropripandanna, meaning to bind or tie, You ate. Chenille is used sometimes for see, the cloth is tied into knots when dress goods, but more generally for dipped into the dye, and this is what curtains and table throws.

### For Blond Heads

A pink hat for a blond head has been a safe rule to follow for years. A famous milliner has followed it in designing a large capeline hat of crin with a wide, downturned brim of a rose cyclamen tint. The brim is trimmed with ribbon of the same bue and a great chou of this ribbon is posed at one side of the crown.

### Bejeweled Turbans

What is more appropriate than jeweled embroidery on a gold turban? That effectively describes one of the new spring hats. The foundation is of exquisite gold embroidery covered with a lattice work of paste or semiprecious stones. The shape is absolutely round and very close-fitting.

## Boudoir Pillows

As charming as they are colorful are tiny boudoir pillows of taffets

Spring Sports Coat in Black and White



This attractive spring sports coat of black-plaided white flannel, is worn with a little hat of white felt.

#### Pink Is Favorite Color for Dainty Dance Frock

At the moment there is no more fashionable or popular color than pink in any one of its varied tones, from the delicate tint like the flush of an apple blossom to that deep intense color seen in the afterglow of an Alpine sunset. In between, there are any number of lovely shades, and when several are put together the effect is even smarter and more becom-

One of the lovellest dance frocks is of pale pink ribbon with touches of silver ribbon on the full wide skirt and a bit of dark blue for contrast in the flower placed to emphasize the long waist line of the tight little

Another is of tulle layers, shading from pale pink to the deep fuchsia in trouble or wanted advice or help?" tone. There is a petticoat of silver lace and a narrow edge of lace on the under slip of pink satin chiffon. Taffeta ribbon in a deep fuchsia tone is used for the sash.

## Jersey Retains Favor:

Now Rival of Cashmere In knitted outerwear the combina-

tion of woven and knitted fabrics is becoming more and more marked, some of the smart fabrics used being kasha, plaid and striped flannels. ribbed silks and leather.

Jersey is assuming a place of in creasing importance, and in some sections is fast becoming a rival of the cashmere weaves. This is a very closely knitted texture that suggests a woven fabric.

The two-piece dress adopted from Chanel is smartly carried out in knitted wear, the front fullness, cravat collar, and back fastening being carefully reproduced. Even the redingote is attractive when made of a knitted fabric and does not seem in the extensively featured is kasha in neu- least out of place. Sleeveless dresses tral tones and printed silks in colorful are increasing in importance, especialdesigns. These are used both for ly when accompanied by a matching cont.

She was filling it with linen thingspillow cases, and embroidered towels and sheets, and crocheted bed spreads and all sorts of such paraphernalia.

"What's the idea?" I asked. "It's my hope chest," she answered "Some day I'm going to get married and I'll need all these things. You never know what you're going to need after you get married."

"It's the truth," I admitted without argument, for I have enjoyed the bliss ful state of matrimony for a consider able number of years.

Elizabeth is sixteen, and of course

is well informed concerning marita needs and exigencies. "Men don't have 'em," she said, "so of course you're not Interested."

"I'm not so certain," I replied. "I think-I'm sure-now I remember, I did have one. I make use of it yet Granfather started it for me.' "Tell me about it." "Mine wasn't just like yours, but it

was very useful to me after I got married, and before, too," I explained. Mother and father worrled a good deal-mother at night and father in the day time, so that in times of misfortune they ran a pretty continuous performance. I look like father and have mother's temperamental characteristics, so I began life with a rather

gloomy outlook into the future. Grandfather was different; he was an optimistic soul, and he used to tell me a number of things which ultimate ly I packed away in my mind and called my hope chest.

"Things are never as bad as you think," he used to say. It is true Troubles anticipated have always seemed worse than when I met the thing face to face.

"There's always a way out," he used to say. "Usually there are two If you can't climb over the fence, it you keep your eyes open you can usually find a loose board where you can slip under." I've kept my eye out for the loose board, and I've pretty nearly always found it when I felt too tired to climb over the fence.

"You'll need a good many things when you get married," I said to Elizabeth, "besides towels and table cloths and pillow cases. You'll get or better if you start another chest like

mine. Elizabeth smiled and winked her

(6. 1525, Western Newspaper Union.)

## Anthonis best of a land and property of a feel property of the land and and and and ALONG Are you dragging around, day after day, with a dull, unceasing backache? Are you lame in the morning, bothered with headaches, dizziness and urinary disorders? Feel tired, irritable and discouraged? Then there's surely something wrong, and likely it's kidney weakness. Don't neglect it! Get back your health while you can. Use Doan's Pills, a stimulant diuretic to the kidneys. Doan's have helped thousands, and should help you. Ask your neighbor!

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"I was trou with back

LIFE'S TRAIL

Dean of Men, University of Illinois. (G. 1926, Western Newspaper Union.)

By THOMAS ARKLE CLARIC

#### MAKING GOOD

IT IS to be taken as a matter of course that everyone should make good, whatever that may mean. As it is commonly understood, making good is practically synonymous with having a position rather than a job. A man with a position is pretty generally recognized as making good, while a man even with a good job is looked upon as not quite having arrived.

Making good is, to most people, pretty nearly the same as making money. It seems to consist in disposing, at a profit, of large quantities of whatever stock in trade a man happens to be dealing in-legal advice. automobile tires, bonds, peanuts, religious inspirations, or facts or furniture of any sort. The more a man can get rid of the more he is making

"I tell you, Mahoney has made good the last ten years," Gordon said to me not long ago.

"In what way?" I asked. I'm sometimes skeptical in these matters and like to be shown,

"Oh, he's built a fine house, he's married Held's daughter, and he's just struck oil rich down in Texas."

Of course a fine house is an asset and occasionally a comfort; a rich wife, if she is docile and fond of a fellow, may feather for one a soft nest, and an oil well in Texas so long as it gushes properly is not so tad; but I knew Mahoney and I was not convinced.

Mahoney had never accomplished a great deal through his own serious efforts. He was lazy though lucky. He was selfish and had done nothing for the town in which he lived.

To my mind, Sutton, living in a comfortable little house at the other end of the street, had distinctly made good. He had married a sensible wife with no more money than he had. They had a bealthy, happy group of five boys and girls that were a credit to them. Sutton was getting a salary that made it possible for him to save a little money every month, and he had the confidence and respect of everybody in town. He was interested in everybody and everything that deserved help. When he walked down the street the clouds seemed to break and disappear.

"To whom would you go if you were asked Gordon. "To Mahoney?" "Why, no; I guess George Sutton would be the most likely man," he answered.

"I guess you're right," I answered,

E LIZABETH was sitting on the floor when I came home yesterday put-

tings things into the old oak chest

that my uncle Thomas left to me-r

chest that had contained his persona

effects when he went round the world

a hundred years ago or so as a plair

#### Healthy Mothers "and I believe Sutton is making good."

#### Paterson, N.J.—"I took Dr. Pierce's Favorite Prescription dur-MY HOPE CHEST



company in 1922.

ing expectant periods and at no time suffered any of the distressing condifrequently occur during mother-hood. My health was good and I was able to keep on with my housework comfort, and had

comparatively no suffering. I always had fine healthy babies and I give Dr. Pierce's Favorite Prescription credit for strengthening them also while, benefiting me."-Mrs. Helen Specht, 194 Liberty St. Send Dr. Pierce, Buffalo, N. Y., 10c for trial pkg. tablets.



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