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W. N. U., BALTIMORE, NO. 16-1925

THE SANDMAN STORY

POOR BELLA DOLL

BELLA DOLL was quite old, but she did not know this, for there was no one to tell her. She had been thought very beautiful when she was first given to the little girl who had grown up long ago, but Bella Doll had been carefully wrapped and put in a drawer in the attic.

One day Bella was delighted to be taken out of the drawer and given to another little girl to play with. "She was my best doll," said the grown-up lady to the little girl. "Her face is made of wax, so you must be very careful, because she will break easily." Bella was very happy for a while with her new mother. She was taken out for a ride every day in a hand-

"Can't we have her face made over?" said the little girl.

"No; she is just repairing," said the grown-up lady, with a sigh. "But I can't put you in the rag bag, Bella Doll. I loved you too much when I was a little girl to throw you away now. Even if your face is spoiled you are still Bella Doll and you shall go back to the attic and spend the rest of your days where the sun will not melt you and you will not be left out all night to shiver."

"Did it hurt her much, mother, do you think?" asked the little girl.

"How do you think you would have felt if I had left you out on the porch all night?" was the answer.

"I would have cried and been scared, I guess," said the little girl.

"Perhaps Bella was," said her mother, as she carried Bella up the attic stairs and put her away again in the drawer.

"Well, I am glad to be back," said Bella to a china dog and cat that were in the drawer. "It isn't the same world we knew about when we were played with by the careful little girl to whom we belonged. Little mothers do not love you today as they did when I was a new doll."

"Then I shall never wish again to be taken out of this drawer," said China Dog.

"No; don't," said Bella. "You will be sorry if you get your wish."

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"Oh, Look, She Has Cried All Over Her Face!"

some carriage and her clothes were taken off at night. She had new ones, too, and Bella was put in a pretty doll's bed all white and soft.

Her eyes opened and closed and the little girl had never had a doll that could be made to sleep. So for a while Bella was well cared for.

But one night Bella found herself in her carriage and the big clock struck off the hours, but no one came for her.

"I'll freeze and crack," thought Bella Doll. "I never was treated so before."

Early in the morning a big dog came along and kissed her, but Bella didn't know it was a kiss. She was sure the dog meant to eat her and she wished herself safe again in the drawer in the attic.

But all this was nothing to what happened later, for you see the carriage was on the sunny side of the porch and pretty soon the sun began to shine right on Bella Doll.

She wasn't cold now, but she was far more uncomfortable, for her face began to melt and when by and by the new little mother thought about Bella Doll! I never forgot you; I cry which brought the grown-up lady out of the house to find out what had happened.

"Oh, look, she has cried all over her face!" said the little girl, beginning to cry herself.

"I told you not to leave her in the sun," said the grown-up lady. "Poor Bella Doll! I never forgot you; I never left you out all night. Little girls do not love their dolls as I did when I was a little girl."

"What's in a Name?"
By MILDRED MARSHALL

Facts about your name; its history; meaning; whence it was derived; significance; your lucky day, lucky jewel

LOLA

ABOUT the time that Carmen and Juanita came into vogue in this country the Spanish favorite Lola was also introduced. Somehow it seems less foreign than the other two members of the trio and it has had more widespread usage. Though the most feminine of names and generally associated with the Spanish coquette idea, with flashing black eyes and slender ankles and the click of the castanets, the name signifies "man."

It is rather curious that a Spanish name should originate in Germany, yet such is the case in this instance. Lola's earliest ancestor was the great Carlo Magno of romance and ballad. But the evolution of the name into Lola is really no more curious than the

THE MORE YOU WIRRY THE BETTER YOU LIKE IT

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Mary

Popular Mary Pickford, the star of stars of the "movies," was born in Toronto, Canada. At the age of five she made her first appearance on the professional stage in a stock company at Toronto. Within a short time she was induced to become a "movie" actress. The splendid acting and clean, wholesome stories presented by Miss Pickford have done much to make motion pictures the popular form of entertainment.

writing in the Fourth century especially mentions this belief. Now if, through the eye came evil, through the ear might come good to counteract it. Therefore was attached to the ear as a votive offering to the beneficent spirit of life the mystic symbol of the ring, concerning the meaning of which volumes have been written. Taking into consideration the cult of the crocodile it would appear that the little gold rings inserted into the lobe of the ear for curative purposes were originally intended to represent the sun.

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The Why of Superstitions
By H. IRVING KING

EARRINGS FOR WEAK EYES

TO CURE sore eyes or strengthen weak eyes wear a little, round, gold earring in the pierced lobe of the ear. Up to within a comparatively recent date this superstition was universal in the United States. It still exists in some parts of the country and especially holds its own among sailors of the old school. As women, with intervals of abstinence decreed by fashion, are accustomed to wear earrings for the sake of ornamentation, it is to men that the superstition principally applies as a curative process.

This superstition had its origin in the strong belief of the ancients in the power of the senses to convey actual, tangible effects to the body. The superstition of the evil eye is an example of what it was believed the power of sight could do and there was, also, a belief in the power of conveyance resident in the sense of hearing. Many myths show that the ear was regarded as a portal through which might enter the vital principle conveyed by the sense of hearing.

The crocodile cult of Egypt is a notable example. The crocodile was worshipped as a sun-god at Sebek and from most ancient times its image has been regarded as a charm against the evil eye. As the sense of sight, through the evil eye, so the sense of hearing was, in general, regarded as the conveyor of beneficent and vitalizing influences. Sore eyes and weak eyes were regarded as the results of a glance from the evil eye. Herodotus

Your Health
By ANDREW F. CURRIER, M. D.

THE CRYING BABY

THE subject is a large and important one and appeals to almost every mother who looks after her children herself, as every mother ought to do, if she can. Upon the way this subject is treated, much depends as to the future welfare of each individual baby.

There are many things which must first be excluded before one decides how a crying baby is to be treated in any given case, and in all cases patience and love and avoidance of anger must be practiced to the very limit of your endurance, and then some more.

Exclude, first of all, as a cause for crying, pain—for babies have feelings and are subject to painful impressions, just like other folks, whether from safety pins, tight clothing or stomach-ache.

Of course you must find out whether the crying is due to these, or to any other removable cause.

Then there is the matter of disposition; a baby whose mother was fretful, or suffered with grief or worry or great disappointment or a brutal husband, will certainly be a crying baby. It is born so, it can't help it, and the only thing a mother can do is to be patient and pitiful.

But a child may also inherit a bad temper from one or both parents, and cry and cry from sheer ugliness.

With a little study and discrimination it becomes very easy to differentiate a willful, angry cry from a cry of pain.

Even then, don't get angry if you can help it, neither allow your sympathy and love to overcome your judgment.

Sometimes a judicious, remember judicious, use of the hand or slipper, will be a real benefit and kindness; and it may be surprising how quickly, under such treatment, the baby will learn and appreciate who is master or mistress of the household.

If you can stand the annoyance, and it is not too much of an imposition on your neighbors, it would be better for the baby to keep on crying until she is tired out and then goes to sleep, than to give in to her.

You won't have to go through the experience many times, and if you give up to her you may have to do it for an indefinite period.

Now don't say I am cruel and don't know what I am talking about, for I have seen and handled many babies during many years of professional life, and more than that, I am very fond of them.

But it often happens that you can best show your love for a baby, not by yielding to his will, but by endeavoring to have him submit to yours.

(© by George Matthew Adams.)

A LINE O' CHEER
By John Kendrick Bangs.

AS TO LEARNING

I MUST confess I don't know much. With Learning deep I'm not in touch. And Languages and I I fear, Can never pose as neighbors near.

But I am versed in Friendliness. And no Professor can profess. A deeper knowledge than is mine In all the Arts of Love Divine.

And when it comes to Sympathy For those in need of it from me No matter what Tongue you prefer You'll not need an Interpreter.

(© by McClure Newspaper Syndicate.)

manner in which the Teutonic lay-figure hero received his title. According to the story, he was put out to nurse as an infant and when brought home much grown, his mother exclaimed, "What great earl is this?" Thus he came to be called Karl instead of David, which was his baptismal name.

After the wave of Karls and Charlises had overspread Europe, Carlotta made her appearance in Spain. Carlotta of Savoy, who married Louis XI of France, rendered the name famous. It was used by all manner of maids throughout Spain and when it was contracted, Lola was considered more euphonious and more Latin than Lola.

The moonstone is Lola's talismanic gem. It is said to bring her the love she desires and it is particularly efficacious in securing admiration for her. Monday is her lucky day and two her lucky number.

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HOW TO KEEP WELL
DR. FREDERICK R. GREEN
Editor of "HEALTH"
RAT-BITE FEVER

RAT bites are not common in this country. Although the rat population is said to be at least as large, if not larger than the human, the two apparently come together seldom. In the country, where numerous rats are found under barns, corn cribs and wood sheds, and where children go barefoot at least part of the year, rat bites are probably much more frequent than is usually supposed.

In Japan, where the houses are of loose construction, where every one sleeps on mats on the floor and where many of the people go barefooted all the year round, rat bites are much more common than in this country. The doctors in Japan have found that there is a definite disease which may be gotten from a rat bite, just as hydrophobia can be gotten from a dog bite. They call it sodoku.

Any kind of a bite, so far as the wound is concerned is like any other kind of a stabbing or tearing wound. Its seriousness depends largely on the kind of a weapon that makes it. A stab wound with a new, clean, bright knife is not as dangerous as the same wound made with an old, jagged, dirty knife. But animals' teeth are seldom clean. Our old English saying is "as clean as a hound's tooth." But hounds or any other kinds of dogs very seldom have clean teeth. They may have hydrophobia, if they have been bitten by a mad dog. Even if they do not have this worst of dog diseases, they have in their mouths and on their teeth germs of various kinds, which stay in the wound and produce infection, causing pain, swelling and sometimes fever.

Rats also generally have some kind of germs in their mouths, so that the rat bites usually become infected and may cause fever. In about ten to twenty days after the bite, the patient, often a child, will complain of headache, weakness and muscular pain. The bite, even if it has apparently healed, becomes swollen, painful and a reddish blue color. The glands or "kernels" nearest the bite become swollen and tender. If the bite is on the foot, the glands in the groin are swollen; if on the hands, the glands in the arm pit. Fever, nausea, vomiting follow and, in severe cases, the child may become delirious. The fever lasts several days, then disappears for from two to six days and reappears. A bluish red rash appears on the body.

The disease may last weeks or months. Most cases eventually recover. Treatment consists in cauterizing the bite with carbolic acid and in the injection of arsphenamine.

How's Your Blood?
Huntington, West Va.—"Dr. Pierce's Golden Medical Discovery has no equal as a building tonic and blood medicine. I was a run-down in health in every way, was weak and nervous, suffered loss of appetite, my blood was thin and in an impoverished condition. My bronchials and lungs were sore and congested and I had a chronic cough which broke my rest at night. But Dr. Pierce's Golden Medical Discovery took away all soreness, my cough left me and I gained back my general health and strength."—Mrs. Katherine Keeler, 8 A St. All dealers. Tablet or liquid form.

LEAD POISONING

LEAD poisoning is one of the commonest diseases due to occupation. It is found among painters, plumbers and many other workmen who handle or use some form of lead in their work. A recent article on lead poisoning lists over 150 occupations in which cases have occurred.

Lead poisoning is also found among persons who have been poisoned by foods containing lead or cooked in vessels lined with an enamel containing lead or by drinking water which has stood for some time in lead pipes.

Lead poisoning does not come on suddenly, but so slowly as to cover weeks or even months. The patient is constipated, always tired, has no appetite, has cramp-like pains in his muscles, especially in the calves. His tongue is coated, he has a foul breath, is pale and loses weight. Soon a blue line appears on the gums, just above the edge. This is the certain and characteristic sign of lead poisoning.

If the patient, at this stage, finds out that he is being poisoned and removes the cause, or gives up the harmful work, takes frequent warm baths, eats good food, takes tonics and laxatives, he may recover without any further harm. But if the poisoning goes on without being treated, he is not to have an attack of lead colic or painter's colic as it is sometimes called. This is a sudden, severe pain in the abdomen, like acute colic, accompanied by constipation and followed by diarrhea. The pain may last for several days, disappear and return in two or three weeks.

Finally, the poisoned person may have a paralysis of one or more groups of muscles. The muscles which straighten out the fingers may first be paralyzed, then the group which opens the hand, and finally the muscles which straighten the wrist, so that it is impossible to raise or close the hand, which hangs lifeless from the wrist. This is called "wrist drop." The patient is unable to use his hands. Just why lead poisoning should paralyze the muscles which the painter or plumber specially needs in his work, no one knows, but these are the muscles most generally affected.

Persons handling or using nail dyes, paints or even some forms of face powder may also have lead poisoning. Those whose work makes it necessary to handle lead or anything containing it should be especially careful to wash their hands always before eating, not to eat in the work shop, to protect their food from any contact with lead and to avoid breathing dust which may contain lead.

MRS. WILHELMY SAVED BY FRIEND
Doctor Advised Operation
Friend Said Try Lydia E. Pinkham's Vegetable Compound First

St. Paul, Minnesota.—"I was all run-down from overwork and worry, had no appetite, could not sleep at night, and looked like a corpse. I have six children (five boys and one girl) and did not get any strength after my last baby was born. I was getting worse and thinner every day. The doctor said I had to go to the Hospital but this I could not do on account of my family. So I went to a friend of mine and told her what the doctor had told me and she said, 'Now do as I tell you. Try Lydia E. Pinkham's Vegetable Compound as I have done. It helped me.' So I started taking the Vegetable Compound and I noticed after the first few bottles that I felt considerably better. After taking 9 or 10 bottles I got over my fainting spells. Everybody who sees me now notices the great improvement in my health. I am gaining in weight and strength and am feeling fine. Eat well and sleep good nights. Any woman can write to me and I will answer her letter."—Mrs. MARY WILHELMY, 279 Duke Street, St. Paul, Minnesota.

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