

**A Sweet Breath at all times!**

THE FLAVOR LASTS

After eating or smoking, Wrigley's freshens the mouth and sweetens the breath. Nerves are soothed, throat is refreshed and digestion aided. So easy to carry the little packet!

**WRIGLEY'S**  
-after every meal!

Since 1853

**MONARCH**  
Coffee  
QUALITY  
for 70 years

REID, MURDOCH & CO.  
Established 1853  
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**EUROPE and Return \$155 and up**

**Tourist Specials**  
Entire Third Cabin quarters on splendid ships reserved exclusively for students, teachers, business and professional men and women, their families, and similar tourists.

Neat, comfortable state-rooms. Good table and service. Broad decks for games and lounging. Commodious, well-appointed public rooms.

Over 25 sailings from New York, Boston and Montreal.

Special All-Expense Inclusive Tours—from New York, 24 days, \$215 up—from Montreal, 36 days, \$330.

For brochures and helpful information apply to 308 N. Charles St., Baltimore, or any authorized steamship agent.

**WHITE STAR LINE**  
ATLANTIC TRAMPING LINE—TEN STAR LINE  
INTERNATIONAL PASSENGER SERVICE COMPANY

MAJESTIC  
World's Largest Ship

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**YOUR BAKING comes out RIGHT with**

**DAVIS BAKING POWDER**

Clear Your Skin With **Cuticura**  
Soap to Cleanse Ointment to Heal  
Absolutely Nothing Better

**DON'T GO TO BED WITH A COLD TAKE HALE'S HONEY OF HOREHOUND AND TAR**

relieves colds, coughing, throat and bronchial troubles in a good, old fashioned, safe, quick, home way.  
30c at all druggists.

For getting teeth—Hale's Toothache Drops.

**Something to Think About**

By F. A. WALKER

**KNOW YOUR TALENT**

THE first requisite in the life of the youthful, is to know his or her natural talent so that it may be intelligently developed and turned to profitable account.

Find the hole in which your peg fits without wabbling and keep it there. Do not move from pillar to post in quest of another, and you will enjoy more of what makes life valuable, glad as the years swing by that you have held firmly to your original intention.

Most of the failures in this work-a-day world are due to inefficiency, caused generally by shifting from one station to another and the woeful lack of fixed effort in the pursuit of a definite course.

You never can find the port you hope to reach if you persist in sailing your ship without compass and rudder. The tides and the winds will toss your precious craft into the open jaws of destruction or hurl it high and dry on the scowling rocks from which there is no likelihood of escape.

If you have a talent for painting, see that you produce pictures of beautiful themes and attractive colors; if your hand is deft in the use of tools, clasp the saw and the hammer and resolve that no one shall excel you.

You cannot overcome difficulties nor rise above the common level by lounging around in idleness, bemoaning your lot and envying the prosperous men and women climbing towards the hilltops.

Whether you have one talent or five talents, there is but one medium through which you can achieve work, holding steadfastly to your course and refusing to yield to discouragement.

There is in every person's life the crucial moment of choosing a permanent vocation, and when that is overcome, there remains nothing else to do but to drive straight ahead, determined to win an honorable destination.

To the men and women who are predisposed to loafing, given to stopping by the wayside to gather wild flowers when they should be tramping resolutely upon the highway, this scarcely forms an agreeable subject for meditation.

But these, as you may have already guessed, are they who have hidden their talent in a napkin and been crowded from the ranks of the successful, because of their own recklessness.

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**The Young Lady Across the Way**



The young lady across the way says since the wireless was invented many a ship in distress has been saved by sending out the F. O. B. signal.

(© by McClure Newspaper Syndicate.)

**SCHOOL DAYS**



**Mother's Cook Book**

Ability and nobility of character and purity of disposition depend in a great measure on what is eaten at the table.

**SEASONABLE DISHES**

FOR the meat dish the following may be found a little out of the ordinary:

**Tenderloin Cutlets.**

Chop fine one pound of beef tenderloin, half a pound of veal and one-fourth cupful of cooked ham. Add one-fourth cupful of sweet cream and four ounces of marrow rubbed to a cream with two tablespoonfuls of orange juice. Season with salt and pepper and mix thoroughly. Press the meat into eight cutlet shapes, saute in butter, olive oil or bacon fat. Cook six or eight minutes. Serve with seasoned asparagus.

**Swedish Stew.**

Put into an earthen dish two and one-half pounds of beef stew, cut into small pieces, a large carrot sliced thin, three cloves, six tablespoonfuls of pearl tapioca, two tablespoonfuls of bread crumbs, tablespoonful of vinegar, one-eighth of a grated nutmeg and salt and pepper to taste. Cover tightly after adding a little water and let cook five or six hours in a moderate oven.

**Celery Relish.**

Mix rich cream cheese with seasonings of salt, a dash of cayenne and color a delicate green. Fill the centers of the stalks of tender celery with the cheese. Arrange around a mound of salted browned walnuts, the thick ends to the center, leaving the leaves on the stalks.

**Junket With Banana Puree.**

Press the pulp of two bananas through a vegetable press or ricer, add two teaspoonfuls of sugar and one-fourth cupful of water, let simmer until well heated, then add a tablespoonful of lemon juice and half a teaspoonful of granulated gelatin soaked in cold water and dissolved in hot water, mix well and pour into the bottom of custard cups. When firm, heat one quart of milk to blood heat, add one junket tablet crushed and dissolved in a tablespoonful of water, one teaspoonful of vanilla; mix and pour over the banana mixture in the cups. Serve when chilled with whipped cream.

**Nellie Maxwell**

It takes a good many shovelfuls of earth to bury the truth.

**The Appleton Family**

Mr. Lysander John Appleton  
Mrs. Lysander John Appleton  
Miss Daysey Mayme Appleton  
Master Chauncey Devere Appleton

IT TAKES a great deal of coaxing on the part of Lysander John Appleton to induce his wife to buy an old hen and stew it down, and he finds that this is the cause of her objection: There is no French name for a stewed-down old hen.

Lysander John Appleton is never sure that his wife has forgiven him for an offense until apple dumplings appear. She may say she forgives him; she may even refrain from saying mean things about his kin, but he is never positive that forgiveness is full and complete until the apple dumplings appear.

Daysey Mayme Appleton claims to be such a good judge of cooking that she can go by any house and tell by the whiffs from the kitchen what is on the stove, how long it has been on, and if the cook is leaving it on too long.

When Chauncey Devere Appleton was three years old he stopped kissing and hugging his father when he wanted a favor in return, making the discovery by himself that it wasn't the manly thing to do, but Daysey Mayme



still keeps up the practice, and she is so old she has worn out three pianos.

Kobe college, the first Christian school for girls in the western half of Japan, is to celebrate the fiftieth anniversary of its founding next October.

**THE PRIZE**

By DOUGLAS MALLOCH

IF YOU will conquer life, if you will live it as you long to do, depends not only on the man, but on the purpose, on the plan, the dream with which your life began.

For I have seen that those who fail, whose hearts are empty, lives are stale.

Failed not because life never brought the thing they wished for, thing they sought—

They found it, it was not what they thought.

They won—but when they seized the prize

It faded there before their eyes; It was a tinsel thing, not worth the brotherhood, the love, the mirth, That they had paid for it on earth.

The worthless things, I found, were these:

Mere opulence, mere empty ease, For when that opulence had come, It was not worth one-half the sum That they had paid for every crumb.

But they who this their pray'r had made:

The chance to labor at their trade, To fashion things they loved to make, Who labored for the labor's sake, Not merely ease to overtake— These were the happy, these content, Whatever way their fortunes went; Because they did not wait until Senility, the final hill, To find their joy—for no one will.

Our joy is all around us, now; The bird is singing o'er the plow, The busy spindle hums a song— Oh, he who waits for joy is wrong, For there is laughter all along!

A well done task, a well made thing, These are the joys to make us sing, The laurel wreath is often late, And fortune fickle as our fate— But for our joy we need not wait.

**Your Last Name**

IS IT SILLIMAN?

THE Silliman family in the United States was founded by Daniel Silliman who came from Holland. The tradition is, however, that the family originated in Italy and there is enough in the sound of the name to bear out this tradition. One of Daniel Silliman's descendants was Gold Selleck Silliman, a brigadier general in the Revolution and his son was Benjamin Silliman, born in 1779, who was a well known American chemist. He founded the American Journal of Science and art. His son Benjamin Silliman, born in 1816, was a chemist and physicist also well known.

Strange and Strang—These names are sometimes merely different forms of the same surname, but there is reason to believe that Strange sometimes has a different origin. There is a surname LeStrange, originally L'estrang, and Strange is sometimes derived from this, with the meaning of stranger or foreigner. However, Strang usually is from Strong, Strang being the peculiar north of England way of pronouncing that adjective. In this case it is merely a descriptive-surname.

Sir Robert Strange, an eminent line engraver who was born in Orkney, in 1721, was a member of a distinguished Scotch family whose name is sometimes spelled Strang or Strange.

Thibaut—As a surname this is derived from the first name that is in France has the forms Theudobald, Thiebaut, Thiebud and Thibaut, and in England Theudobald and Theobald.

**Low-cost Transportation**

**Star Cars**

**The Quality Leader of the Low-Priced Field**

FROM the beginning the Star Car has established a newer, higher standard of engineering in the low priced field, being the first to include the following quality features:

1. Forced Feed Motor Lubrication
2. Silent Chain Front-end Drive
3. Single-plate Dry-disc Clutch
4. Semi-elliptic Springs, front and rear
5. Worm and Gear Type Steering Gear
6. Vacuum Fuel Feed with Tank at Rear
7. Durant Tubular Backbone
8. Removable Valve and Tappet Guides
9. All Main Units Separately Removable

Prices, f. o. b. Lansing, Mich.  
Touring \$540 Roadster \$540 Coupe \$715  
Two-door Sedan \$750 Four-door Sedan \$820 Commercial Chassis \$445

**DURANT MOTORS, INC.**  
Broadway at 57th Street, New York  
Dealers and Service Stations Throughout the United States and Canada  
Plants: Elizabeth, N. J. • Lansing, Mich. • Oakland, Cal. • Toronto, Ont.

Sunday in the village has its social worth in offering a justification for wearing one's best clothes. Who so rosy and healthily wholesome as young folks who have no theories about health?

**Own Your Own Garage**

When you come home in the car late on a cold winter night you appreciate the convenience of your own garage. Your car is safer in a private garage, providing it is fireproof.

Comfort and safety can both be yours by building one with concrete. And it will not be expensive, for Portland Cement is the cheapest manufactured commodity.

Your building material dealer can furnish you with good ideas for garages built of concrete made with Atlas Portland Cement.

**ATLAS PORTLAND CEMENT**

"The Standard by which all other makes are measured"

**Health and good looks**  
—the reward of internal cleanliness.

IF YOU do not keep clean internally your looks and health are undermined together. A clogged intestine breeds poisons that reach every part of the body. These poisons ruin the complexion and undermine health. Constipation brings on such ailments as headaches, bilious attacks and insomnia, each of which saps your health and vitality.

**Avoid Laxatives—say Doctors**

Laxatives and cathartics do not overcome constipation, says a noted authority, but by their continued use tend only to aggravate the condition.

Medical science has found at last in lubrication a means of overcoming constipation. The gentle lubricant, Nujol, penetrates and softens the hard food waste and thus hastens its passage through and out of the body. Nujol is not a medicine or laxative and cannot gripe. Like pure water, it is harmless.

Take Nujol regularly and adopt this habit of internal cleanliness. For sale by all druggists.

**Nujol**  
REG. U.S. PAT. OFF.  
For Internal Cleanliness