

Back Bad Since the Grip?

Has a cold or grip sapped your strength? Do you suffer constant back-ache, feel nervous and depressed? Then look to your kidneys! Many cases of kidney trouble are the result of infectious disease. The kidneys often break down under the strain of filtering disease-created poisons from the blood.

A Virginia Case

Mrs. E. P. Carter, W. Main St., Berryville, Va., says: "I had a cold and my back was stiff as a board and housework fatigued me easily. I had headaches and my kidneys didn't act right. I began using Doan's Pills. That wearing-out pain disappeared from my back and my kidneys were regulated."

DOAN'S PILLS 60c STIMULANT DIURETIC TO THE KIDNEYS Foster-Milburn Co., Mfg. Chem., Buffalo, N. Y.

Deep Chest Colds or a Raw, Sore Throat END QUICKLY! WHEN YOU APPLY CAMPHOROLE

You can feel it penetrate and quickly loosen up a stubborn cough, or cold in throat or chest. You'll never know how soon a nerve-racking cough can be eased until you try CAMPHOROLE. It's truly surprising how prompt it opens up clogged nostrils and takes hold of a nerve-racking cough in a way that means business, soothing and healing the sore, irritated lining of the throat, chest and bronchial tubes, gently loosens up phlegm and stops annoying throat tickle.

Then you'll know why thousands swear by CAMPHOROLE. When you try it for Croup, Colds in Head, Throat or Chest, Asthma, Tonsillitis, Bronchitis and Cerebral troubles.

Advertisement for Camphorole, Rheumacide, and other medicinal products with detailed descriptions and contact information for Dr. Brigadell's Camphorole.

Trousers to Match Your Suit Send small sample piece, or vest. Also send your waist and inside length measures, height and weight. Price, \$5.00 to \$7.00, according to quality of material.

MONEY BACK If my remedy for Rheumatism fails to relieve, Agents wanted. L. T. Adams, Montclair, Mass.

WOMEN Fast Selling Line of Rubber Reducing Corsets, Brassieres, etc. of finest quality, with book on "Golden Rule Reducing Plan" free.

FOR OVER 200 YEARS hairic oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

Beautiful HAIR Constantine's Persian Healing Pine Tar Soap removes dandruff. Lessens tendency to baldness. Gives new vigor to hair and scalp.

When Children Cough Act Quickly Watch your child closely when he gets a "cold" and begins to cough. Many a case of croup and serious illness has been turned aside with a few doses of that fine old medicine, Kemp's Balsam.

For that Cough! KEMP'S BALSAM

PENAL CODE DRAFT READY FOR SOLONS

State's Revision Commission Completes Report.

MANUFACTURES TAX THREAT

Upstate Members Talk of Measure to Support Pinchot Budget—Bill to Regulate Trains.

Harrisburg, Pa.—All crimes punishable by a maximum penalty of five or more years are made felonies, while offenses carrying a lesser sentence are classed as misdemeanors, under provisions of the new penal code prepared for submission to the legislature by the commission named to revise the code.

In convictions of murder in the second degree the code adds a fine not exceeding \$10,000 to the penalty, while voluntary manslaughter is made a felony and the maximum fine increased from \$1000 to \$6000.

Penalties Made Equal. In convictions for robbery the fine is increased from \$1000 to \$5000 and imprisonment from five to ten years, while the penalty for stealing is increased from five years' imprisonment and \$1000 fine to eight years' imprisonment and \$4000 fine.

Increase in the age limit for the sale of firearms from 16 to 21 years; decrease from five to one year's imprisonment for convictions for the habit of gambling; penalties for all crimes involving counterfeit money are made to conform to those provided by the federal statutes; willful burning of a motor vehicle is made a felony with a maximum penalty of 10 years imprisonment and \$5000 fine; the fine attached to conviction for arson is increased from \$4000 to \$10,000, while treason is made punishable by life imprisonment.

Representative Washington, of Cambria, introduced five bills relating to the operation of railroad trains. In one of the measures railroads would be required to have a flagman on all engines running without cars. Among the features of the other bills were: Prohibiting operations of a train more than a half mile in length; requiring railroads to maintain sidewalks between tracks on all bridges, and sanitary wash and sleeping rooms for employees and to keep locomotives in a safe and sanitary condition.

Manufactures Tax Bill For House. A bill for a tax on manufactures is to be introduced in the legislature. It will come from the Legislative League, composed of up-state members, largely friends of Governor Pinchot, organized to combat the Vore-Grundy-Leslie-Oliver alliance of city members opposing the governor.

The bill will propose a levy of five mills on each dollar of the capital stock of manufacturing corporations, which are exempted under the present capital stock tax. In the measure one-third of the tax will be allocated to public schools, one-third to hospitals and the remainder to township roads.

A school tax to be levied on all persons more than 21 years of age in addition to all other taxes would be provided in a bill introduced by Senator Barr, of Allegheny. The bill, however, provides for a rebate of \$5 to all persons who vote at primary, municipal or general elections, the exemption coupon authorizing the rebate being given by the judge of each election board.

Senator Norton, of Berks, introduced a joint resolution providing for submission of a constitutional amendment authorizing a \$5,000,000 bond issue for equipping and erecting armories for the national guard.

Something to Think About

By F. A. WALKER

THE LEADING PART

WHEN youth packs up its textbooks, turns its back on the friendly old university with visible signs of relief, and faces the staid world, there is in the heart of every man and woman that he and she have been cast for the leading part in life's great drama.

The curtain is slowly rising. Expectancy is on tip-toe. The orchestra is playing a lively air, each tripping note being full of promise.

It is an ancient scene set with new faces, contrasting in some particulars with the fresh verdure, the blooming flowers, the chirping birds making love and building nests, guided not by college lore, but by an innate instinct performing its seemingly humble part.

With nature, there is no chance of anything going wrong, but with nature's proudest handiwork, man and woman, there is grave doubt as to whether this rule in the majority of cases would apply.

Imagination carries the young in one swift ascent to the heights, which the old and experienced know cannot be reached except by patient, persistent work and self-denial, the price exacted from all regardless of condition.

And here is a lesson which cannot be learned except by rubbing against the practical world. It is easy to sit in a cushioned chair and dream of conquest, so difficult to achieve when in action.

No victory can be won except by hard fighting. Life is not a resting place, but a field of battle from the first cry of the infant to the last sigh of the departing spirit.

To play the leading role, one must prove one's ability to lead in little things as well as in big things, by holding fast to courage and honor; by keeping constantly at work and steadily driving ahead with so deep-seated a purpose that neither weariness nor discouragement shall be permitted to block the road.

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THE JUDGMENT OF A BOY

By DOUGLAS MALLOCH

JUST remember, if you can, When you weren't yet a man, But a boy with naked feet

Up and down the village street, Leave behind the world of men. All the things you've done since then, Think of things back home again.

Just remember—and you will— Store and church and farm and mill. People that you used to know You've forgotten long ago.

Look again with boyish eyes, See them at their proper size; For the boy-heart is the wise.

Just remember some were great, Yet you never passed their gate; There were some considered rich, Yet you feared them like a witch;

There were some who put on style, But they only made you smile— No one fools a boy with guile.

Just remember there were some Common folks, who common come Into life, and common live, Work and laugh and pray and give, Often fall, yet often try, Common live and common die;

Those you liked the best—and why? Just remember even now, Boyhood puts them to the test, What the boy-heart thinks the best; Just remember—you will find Ev'ry memory left behind

Is of some one who was kind.

Your Last Name

IS IT CRUGER?

CRUGER has been so thoroughly naturalized as a surname in this country, that it does not always occur to one that it is a name of German origin. The name is said to have originated in Germany from the Latin, meaning cross bearer, but it has generally been spelled Kruger rather than Cruger.

Another authority, however, has it that this is simply a surname of occupation derived from the German word meaning innkeeper.

It is said that the family of the Barons von Cruger are distinguished from the untitled bearers of the name in their use of the initial C instead of K, and the fact that the American family has always spelled the name with the C is taken as one evidence of descent from the baronical family.

Besides this there is a well-established and persistent tradition in the family to this effect—and such traditions are well worth heeding.

The first of the name here and the founder of the family was John Cruger who came from Germany before 1700 and settled in New York city. He was a prominent merchant and man of wealth, and from all records was looked upon as a man of cultivation and position. He became mayor of New York, a position which was also held by his son, John Cruger.

The original John Cruger had four children: Maria, who married a Cuyler; Henry, John and Tileman. Tileman died young, unmarried, and John, though he became mayor of New York and lived to make a fortune, as a merchant, and was first president of the New York chamber of commerce, never married either.

Henry, though he spent some time in Bristol, England, married in this country and is the ancestor of all the American Crugers. His children were John, who married a De Lancey; Bristol, who took up his residence in Bristol from which city he was member of parliament; Tileman who lived in Curacao, Nicholas who married Anne, daughter of the Compte de Nully of Santa Cruz, and after her which keeps every bird in its place, contented with its lot, and happy in death Anne Markoe of Santa Cruz, and two daughters.

Bunker—it is said that the oldest form of this name is Bonquer or Boncoeur, a French adjectival surname meaning good heart.

The Young Lady Across the Way

The young lady across the way says the government is pretty hard up and she doesn't see why they don't use the postal deficit to meet some of the other expenses instead of just letting it pile up year after year.

Circulation of Blood It takes about fifteen seconds for the blood to pass through the body. Therefore, in 24 hours the blood would pass through the body approximately 5,000 times.

SCHOOL DAYS



VERY FEW OF US WOULD EVER GET INTO BED ALIVE IF IT WERE NOT FOR OUR GUARDIAN ANGELS

Mother's Cook Book

There is no policy like politeness, since a good manner often succeeds, where the best tongue has failed.—Magoon.

FOR THE FAMILY MEAL

A SALAD which is not common, but is most attractive and appetizing is: Grapefruit and Cress Salad. Cut the stalks from a few bunches of cress, pick over carefully, to remove all discolored leaves and wash in cold water to which a little salt has been added.

Chicken Tamales. When you find those who like tamales, they like them very much. Try this one: Cook in salted (onion and garlic seasoned) boiling water, a fat fowl until tender. Remove the meat from the bones and chop fine adding a clove of garlic and a generous quantity of cayenne pepper. Make a thick paste of cornmeal, salt, boiling water. Form the meat into small finger-sized rolls and incase each in the cornmeal paste. Wrap each tamale in corn husks and tie securely. Drop the tamales into the hot chicken broth with two Mexican peppers and cook fifteen minutes.

Hot Ham Sandwiches. Grind cold, cooked ham, either baked or boiled; mix with creamed butter to make a paste, and mustard, paprika and spread on buttered bread. Cover with another slice and press together. Beat an egg, add one-half cupful of milk and a little salt. Dip the sandwiches, fry in butter until brown, serve hot.

A thinly sliced Southern onion makes fine sandwich filling. Dip the slices or cover with a highly-seasoned French dressing and place on buttered bread. Cucumbers served the same way are also fine sandwich filling.

Nellie Maxwell

The Appleton Family

Mrs. Lysander John Appleton Mrs. Lysander John Appleton Miss Daysey Mayme Appleton Master Chasmevy Devere Appleton

EVER since he could comprehend what they were talking about, Chauncey Devere Appleton has been told that he was an ungrateful boy. "You are an ungrateful boy not to want bread and butter," his mother has said, "when the children in India are crying for it."

Mrs. Lysander John Appleton calls herself a worm in her prayers, but it is her honest opinion that she is a good deal of a bird.



Lysander John Appleton is such an old-fashioned man that his first thought in every emergency is to light the fire and put the kettle on. The day that Daysey Mayme got word that her first lover had gone back on her, and while she was trying to decide whether she would become a Nemesis or pine away to the tomb and send word to him from her deathbed that she forgave him, Lysander John disappeared, and was found later in the kitchen, where he had lighted the fire and put the kettle on.

Daysey Mayme Appleton has been engaged for the past three weeks in writing a poem on "True Friendship." She refuses to give out any advance sheets, but the drift of her theme is that the "Rock of Ages" is a trembling bulk, compared with "True Friendship."

A Sweet Breath at all times!



After eating or smoking Wrigley's freshens the mouth and sweetens the breath. Nerves are soothed, throat is refreshed and digestion aided. So easy to carry the little packet!

Can't Have Both



"You can't eat your cake and have it, too," says the proverb. So why not make the eating doubly enjoyable by using Snow King Baking Powder. It is the highest quality in a 25 ounce can for 25 cents.

The Fortune Teller "You're gonna have trouble with a dark woman." "My cook."—Louisville Courier-Journal.

Well-Merited Success Honored politically and professionally, Dr. R. V. Pierce, whose picture appears here, made a success few have equalled. His pure herbal remedies which have stood the test for fifty years are still among the "best sellers." Dr. Pierce's Golden Medical Discovery is a blood medicine and stomach alterative. It clears the skin, beautifies it, increases the blood supply and the circulation, and pimples and eruptions vanish quickly. This Discovery of Doctor Pierce's puts you in fine condition, with all the organs active. All dealers have it. Send 10 cents for trial pkg. of tablets to Dr. Pierce, Buffalo, N. Y.

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