

SICK WOMEN SHOULD BE ENCOURAGED

Letters Like This Prove the Reliability of Lydia E. Pinkham's Vegetable Compound

Turtle Lake, Wisconsin.—"I took Lydia E. Pinkham's Vegetable Compound for weakness, backache and nervousness. I had these troubles for years and had taken other medicines for them, but I have found no medicine so good as the Vegetable Compound and I recommend it to my friends who have troubles similar to mine. I saw it advertised and thought I would try it and it has helped me in all my troubles. I have had six children and I have taken the Lydia E. Pinkham Vegetable Compound before each one was born, for weakness, vomiting, poor appetite and backache, and again after childbirth because of dizzy headaches. It is a good medicine for it always helps me. I have also taken Lydia E. Pinkham's Liver Pills for the last eight years for constipation."—Mrs. MABEL LA POINT, R. F. D. No. 1, Turtle Lake, Wisconsin.

In a recent canvass, 98 out of every 100 women say they were benefited by taking Lydia E. Pinkham's Vegetable Compound.

Attractive Suburban Home, R. 131 near Kennett Square, Pa. New house, all conveniences. Stone barn. Well adapted for tea house or fine private home. Box 242, Kennett Square, Pa.

PARKER'S HAIR BALSAM
Removes Dandruff, Stops Hair Falling, Restores Color and Beauty to Gray and Faded Hair
Hiscox Chemical Works, Patheque, N. Y.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the foot, soothes itching, itchy spots, etc. by mail or at Drug Stores. Hiscox Chemical Works, Patheque, N. Y.

KEEP EYES WELL!
Dr. Thompson's Eye Water will soothe the eyes, remove all irritations, and soothe the eye. Dr. Thompson's Eye Water. N. Y. Booklet.

Distributors Wanted—Automatic Tool, sells for \$5 to plumbers and heating men. 100% profit. Small merchandise investment required. Sample \$2. P. C. Fritz, Mt. Airy, N. C.

Money Back If my remedy for Rheumatism fails to relieve, Agents wanted. L. T. Adams, Montello, Wis.

WILL YOU INVEST \$20 UP TO \$100 in oil orders of fast-growing company? Write for possibilities. Send \$1.00 for sample, etc. Join us and get dollar back. Agents wanted. N. K. SCHROEDER, 47 Rose St., Newark, N. J.

WONDERFUL SKIN BEAUTIFIER AND PREVENTOR. Good for eczema, burns, cuts, pimples, blackheads, sores, insect bites, skin blemishes, removes wrinkles. Circular enclosed. 50c per bottle. Write to: J. J. Lave Co., 247 Columbia Rd., Dorchester, Mass.

ITCH!
Money back without question if ITCHES, ECZEMA, RINGWORM, TETTER or other itching skin diseases. Price 50c at drug stores, or direct from A. B. Richards Medicine Co., Newark, N. J.

WOMEN Fast Selling Line.
of Rubber Reducing Corsets, Brassieres, etc., of finest quality, with book on "Golden Rule Reducing Plan" free. Excellent opportunity offered refined women with ability to sell. Write: Amanda Allen, Inc., 111 W. 71st St., New York City.

Cuticura Toilet Trio
Send for Samples
To Cuticura Laboratories, Dept. M, Boston, Mass.

Called in "Expert"
When a case concerning the proper fit of an evening gown comes before a London court, Judge Sturges, K. C., said he could not deal with so knotty a problem himself and asked a woman in court to help him. The woman sat by the judge on the bench. At the end of the case, Judge Sturges said that he and his "assistant" had both arrived at the conclusion that the gown did not fit, and so he gave judgment against the maker.

Garfield Tea
Was Your Grandmother's Remedy
For every stomach and intestinal ill. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

DR. HUMPHREYS' "7-7" FOR COLDS, GRIP, INFLUENZA

DR. HUMPHREYS' "7-7" FOR COLDS, GRIP, INFLUENZA
WINTER in the morning. Flowers all a-borning. Neath a Spring moon. Seasons bunched together. In chaotic way. Every kind of weather. In a single day—That's you, February. Doing all you can. Just to please the variable tastes of Man!

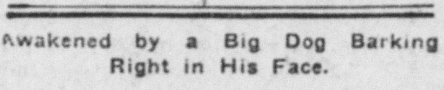
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The SANDMAN STORY

TOM KITTEN'S LUCK

TOM KITTEN had had a hard time of it ever since he could remember. If he ever had a mother he did not remember her, and he never had a home. Tom slept anywhere he happened to find a place when he was tired running away from big dogs. In fact, most of his life, it seemed to Tom, had been spent in running from dogs and dodging stones and brooms.

One day Tom found himself in a place where there were no high buildings or noisy street cars. Tom Kitten did not think there could be so many trees in the world as he could see now. He felt so happy he ran, and the farther he ran the nicer things looked.



Awakened by a Big Dog Barking Right in His Face.

Tom was city bred and quick at jumping, and he was on top of a fence before the dog had recovered from his surprise at a scratch Tom gave him on the tip of his nose, and pretty soon the dog tired of barking at Tom, ran away, and Tom went hunting for his breakfast.

He found plenty to eat, and that night he slept under some steps, where he found an old bag, the nicest bed Tom ever had known, and in the morning, when the sun shone in through the cracks nice and warm and awoke him, Tom Kitten for the first time in his life did not have to jump and run.

Instead he stretched himself and yawned, and if he were not so hungry Tom thought he would like to stay there the rest of his nine lives, for he was certain something dreadful must be awaiting him outside. But when he crawled out from under the steps and looked around all was still, so he walked up the steps and sat in the warm sunshine to make his toilet.

Tom eyed a bottle of milk on the steps.

There was no way of getting any, and he had tasted milk only a few times. That was when someone broke a bottle and he was able to get a few laps before he was driven away.

While he was washing his face someone opened the door, and instead of a bang from a broom a pleasant voice said, "Hello, puss, where did you come from?"

Tom was quite surprised at the nice sound he made as he rubbed against the nice voiced person. He had never done much purring, and he was pleased with the sound.

The kitchen door was open, and as Tom looked in he saw a mouse, and forgetting brooms and stones he ran in and caught it.

"Well, if this puss can't catch a mouse!" exclaimed the nice person. "You are a real cat. You don't wait for your breakfast to be brought to you on a plate. You shall have a saucer of milk."

Tom crawled under the stove. He had never seen one before, but somehow he knew just what to do, and while he was dozing he heard someone say, "We'll keep that kitten. He knows how to catch mice."

That night behind the stove Tom found a nice bed made for him. "This is what I call luck," said Tom as he curled up for a good night's sleep. Not all night, of course, for Tom knew that mice run about mostly in the dark, and he wanted to show he was grateful for such a good home, so he slept with one ear open, ready to catch the faintest sound.

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A LINE O' CHEER
By John Kendrick Bangs.

A FEBRUARY DAY
WINTER in the morning. Flowers all a-borning. Neath a Spring moon. Seasons bunched together. In chaotic way. Every kind of weather. In a single day—That's you, February. Doing all you can. Just to please the variable tastes of Man!

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"What's in a Name?"
By MILDRED MARSHALL

FACTS about your name; it's history; meaning; whence it was derived; significance; your lucky day and lucky jewel

FANNY
FANNY, which was originally considered a diminutive of Frances, has become sufficiently an individual name entirely. Its origin is in reality very complicated as it is one of a dozen dissimilar names that come from the Frey of Teutonic mythology. Freya was the goddess of love, but she likewise drives over the battlefields in her char drawn by cats and chooses half the slain whom she escorts to their seats at the banquet of Valhalla.

The modern Fanny is apparently of the days of Queen Anne, coming into notice with the beautiful Lady Fanny Shirley, who made it a great favorite and almost a proverb for prettiness and simplicity, so that the wits of George II's time called John, Lord Hervey "Lord Fanny" for his effeminacy. Fanny is often given at baptism instead of the full name, Frances, and by an odd caprice, it has lately been adopted in both France and Germany instead of their national contractions.

One poet, doubtless seeking to celebrate the beauty of the lovely Lady Shirley, wrote a "Song to Fanny" which has lyrical charm:

Nature, thy fair and smiling face Has now a double power to bless; For 'tis the glass in which I trace My absent Fanny's loveliness. Her heavenly eyes above me shine, The rose reflects her modest blush. She breathes in every eglantine. She sings in every warbling thrush. That her dear form alone I see. Need not excite surprise in any: For Fanny's all the world to me. And all the world to me is Fanny.

Fanny's jewel is the wondrously lovely fire-opal. The restless colors of the ordinary opal are far surpassed by the fire-opal whose mysterious depths are shot with flame. The stone is perhaps the only one which superstition regards as unlucky except in cases of persons born in October. Legend has it that a pixie clad in brilliant colors has been imprisoned in the stone; he moves restlessly about seeking egress, but only human tears can melt the gem and give him freedom, so he contrives all manner of mischief for the wearer, to bring about that end. Fanny's lucky day is Friday and 3 is her mystic number.

The Appleton Family
Mr. Lyander John Appleton
Mrs. Lyander John Appleton
Miss Daysey Mayne Appleton
Master Chauncey Devere Appleton

MRS. LYANDER JOHN APPLETON claims to be the neatest housekeeper in her town. Her kitchen



was painted two months ago, and she points to it with pride now. Not a vestige of paint left on it. Ordinarily, it takes three years to scrub all the paint off a kitchen floor, but Mrs. Appleton did it in two months.

If Lyander John Appleton gave the guests all the chicken his wife begs

them to eat, there would be nothing left for the Appleton family but the neck and the gravy.

George Melford



Seven years as an actor gave George Melford a great amount of experience which he has used to advantage in the motion picture business. He has given the major portion of his time to directing, and in the latter he has brought out some of the most successful productions. Melford was born in Rochester, N. Y. He is one of the leading lights in filmdom.

The KITCHEN CABINET

© 1925, Western Newspaper Union.
A nice leg of mutton, my Lucille,
I pray thee have ready for me;
Have it smoking and tender and juicy.
For no better meat can there be.
—Thackeray.

SEASONABLE FOOD

While oranges are plentiful let us use them freely in our menus. They add vitamins, mineral salts and fruit acids to our diet which are very essential to health.

Orange Charlotte Russe.—Take six round sponge cakes, baked in gem pans and scoop out to

make baskets. Peel oranges, remove the white membrane and cut into small pieces, reserving all the juice. To one cupful of diced orange add one-fourth cupful of powdered sugar and allow to stand for thirty minutes. Whip one cupful of heavy cream and moisten the cake baskets with the orange juice, then fill with the cream and garnish with pieces of orange.

Eggs and Mushrooms.—Dried mushrooms that have been well soaked and chopped may be used for this dish. If the fresh ones cannot be obtained, Take four eggs, four pieces of toast, and a cupful of mushrooms. Make a white sauce of two tablespoonfuls each of butter and flour and one-half cupful of milk. Cook until smooth and thick; season with salt and pepper, adding one tablespoonful of caramel. Toast rounds of bread, cover with the sauce to which the mushrooms have been added, then drop an egg on each, place in the oven long enough to cook the egg. Garnish with watercress.

Rice Pudding.—Well cooked rice is one of the most easily digested cereals. Put two tablespoonfuls of rice into a quart of sweet milk with one beaten egg, salt and sugar to taste and a handful of raisins and bake for several hours in a slow oven. Serve with a hard sauce.

Tomato Rabbit.—Melt one pound of rich cheese over hot water, grate one onion and add to a can of tomato soup; add the hot soup to the cheese. Season with one-half teaspoonful of mustard, salt and pepper to taste, one teaspoonful of Worcestershire sauce and lastly fold in a stiffly beaten egg white. Serve on crisp crackers or buttered toast.

Eggs With Rice.—When eggs are scarce and high this makes a good egg extender: Put three tablespoonfuls of washed rice into an omelet pan, stir with a tablespoonful of butter until a light brown, add a little water and steam until the rice is tender. Now add three eggs and one-half cupful of rich milk. Stir and cook until the eggs are set. Season with salt and pepper and serve at once.

Simple Desserts.
A dessert that one need not fear to give to the little people is:

Date Pudding.—Wash and cut into pieces one package of dates. Add a quart of milk and cook in a double boiler until slightly thickened, add a speck of salt and serve cold.

Figs With Lemon Sauce.—Soak or steam figs until soft and plump, add one-fourth of a cupful of lemon juice to a cupful of figs, simmer until the figs are tender. Thicken the sauce, chill and serve poured over the cooled figs. Garnish with whipped cream.

French Pie.—Into a baked pastry shell put a layer of well-cooked apple sauce that has been sweetened and a tablespoonful of butter added while hot. Cover with a layer of raspberry or currant jelly and top with a meringue, set in the oven to brown. If a meringue is not liked, whipped cream may be used instead.

Canned blueberries poured over sliced bread and allowed to soak, then served with sugar and cream makes a fine pudding for the children.

Chocolate Bread Pudding.—Soak a pint of bread crumbs in a quart of scalding milk for half an hour. Melt two squares of chocolate, add one-third of a cupful of sugar, and milk from the bread crumbs to make of the consistency to pour. Add to the bread mixture with another third of a cupful of sugar, one-fourth of a teaspoonful of salt, one-half cupful of finely minced almonds, two eggs slightly beaten and a quarter of a teaspoonful of cinnamon. Turn into a buttered baking dish and bake one hour. Spread with a meringue, brown and serve with any desired sauce.

Bordeaux Pudding.—Cut sponge cake in thin slices, put together in layers with raspberry jam. Cover with whipped cream and sprinkle with chopped nuts.

Baked Bananas.—Remove the skins from as many bananas as needed. Place in a baking pan and baste while baking with butter, a little water and lemon juice. Serve with broiled beefsteak.

Coffee Tapioca.—Take three cupfuls of coffee infusion to one-half cupful each of tapioca and sugar, one-half cupful of salt and cook as usual. Mold and serve cold with cream and sugar.

Nellie Maxwell



MONARCH COFFEE
—makes a good breakfast better

Buy it from your grocer

bake it best with DAVIS BAKING POWDER

Not Now
Ratus—Was dat yo' girl Ah seen yo' with las' evenin'?

Rufus—Yes—las' evenin'.

DEMAND "BAYER" ASPIRIN

Take Tablets Without Fear If You See the Safety "Bayer Cross."

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 23 years.

Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

Lack of rest is as much a cause for malnutrition among children as improper food.

Why America Must Have More Paved Highways

Almost every section of the United States is confronted by a traffic problem.

Month by month this problem is becoming more and more serious.

Hundreds of cars pass a given point every hour on many of our state and county roads. Downtown city streets are jammed with traffic.

Think too how narrow many of our roads are, and how comparatively few paved highways there are in proportion to the steadily increasing number of cars.

If the motor vehicle is to continue giving the economic service of which it is capable, we must have more Concrete highways and widen those near large centers of population.

Every citizen should discuss highway needs of his community with his local authorities.

Your highway officials will do their part if given your support.

Why postpone meeting this pressing need?
An early start means early relief.

PORTLAND CEMENT ASSOCIATION
111 West Washington Street
CHICAGO
Of National Organization to Improve and Extend the Uses of Concrete
Officers in 29 Cities

RESINOL
Soothing and Healing
Aids Poor Complexions

CHEERY-GLYCERINE COMPOUND
FOR COUGHS, COLDS, BRONCHITIS AND THROAT AFFECTIONS.
FOR SALE BY ALL DEALERS.
PREPARED BY JAMES BAILY & SON, BALTIMORE, MD.