

A Married Woman's Advice

Baltimore, Md.—"In my early married life my health was poor. I felt weak and draggy and my head ached nearly all the time. Dr. Pierce's Favorite Prescription is the tonic and nerve tonic I was advised to take and before I had finished taking the first bottle I gained so in health and strength that I felt like a different woman. I took two bottles and from that time on I was as strong and well as any woman could wish to be."—Mrs. Isabelle Schwartz, 1410 N. Fulton Ave. All dealers. Send 10c to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for a trial pkg.

Pimples

BLOOD impurities are pumped by the heart into the face. That is what causes that grainy appearance, that muddiness, sallowness, pimples, blackheads, acne, red spots, and that "something" which no face cream, massage, or face powder can cover up or beautify! The foundation for a beautiful skin is simply in getting there, and no face treatment can give it to you. But increase your red-blood-cells, and quickly the ruby tint of purity begins to glow in the cheeks, the complexion becomes Venus-like and immaculate! Try it. It will do it every time. S.S.S. builds the red-blood-cells you need for a beautiful complexion. Begin using S.S.S. at once, and give yourself what you have been working for, for years.

S.S.S. is sold at all good drug stores in two sizes. The larger size is more economical.

ITCH! Money back without question if HUNT'S BALM fails in the treatment of ITCH, ECZEMA, RINGWORM, NETTLES, or other itching skin diseases. Price 75c at druggists, or direct from A. S. Richards Medicine Co., Sherman, Va.

BATHE YOUR EYES Use Dr. Thompson's Eye-water. Buy at your druggist or 1165 River, Troy, N. Y. Booklet.

PARKER'S HAIR BALM Restores Color and Beauty to Gray and Faded Hair. 60c and \$1.00 at Druggists. Trade Mark: W. K. Patience, N. Y.

HINDERCORNS Removes Corns, Calluses, etc. Stone all pain, restores comfort to the feet, makes walking easy. 10c. by mail or at Drug Store. Hixson Chemical Works, Pabco, N. Y.

PISO'S for Coughs Quick Relief! A pleasant effective syrup. 35c and 60c sizes. And externally, use PISO'S Throat and Chest Salve, 35c.

Internal cleanliness protects against disease

IN CONSTIPATION, say intestinal specialists, lies the primary cause of more than three-quarters of all illness, including the gravest diseases of life.

Laxatives and cathartics do not overcome constipation, says a noted authority, but by their continued use tend only to aggravate the condition and often lead to permanent injury.

Why Physicians Favour Lubrication

Medical science has found at last in lubrication a means of overcoming constipation. The gentle lubricant, Nujol, penetrates and softens the hard food waste and thus hastens its passage through and out of the body. Thus, Nujol brings internal cleanliness.

Nujol is used in leading hospitals and is prescribed by physicians throughout the world. Nujol is not a medicine or laxative and cannot gripe. Like pure water, it is harmless.

Take Nujol regularly and adopt this habit of internal cleanliness. For sale by all druggists.



Nujol
REG. U.S. PAT. OFF.
For Internal Cleanliness

Finally Balked at Passage in Bible

At a small chapel in a remote corner of one of the English Yorkshire villages, the appointed minister had failed to make his appearance at the time for beginning the usual service. One of the waiting congregation, a local farmer rich in grace but meager of education—was eventually persuaded to officiate as substitute for the absent cleric. The lesson was the chapter from the Book of Daniel which contains the oft-recurring passage: "At what time shall ye hear the sound of the cornet, flute, harp, sackbut, psaltery and dulcimer, and all kinds of music."

Three times the farmer, with evident trepidation, waded through the comprehensive catalogue of ancient Babylonian instruments. When, however, he again came to "At what time ye shall hear," he paused for a moment, wiped the perspiration from his brow, and then continued: "It's t'same hand again, friends. Ah needn't read 'em out."

Insect Forager That Is Blessing to Man

A caterpillar, known as the "Painted Lady," is one of the most remarkable of insect foragers. These strange little creatures move in vast armies, but never attack field crops or cultivated flowers, but, seemingly with deliberate intent, clear the territory over which they move of many harmful weeds and grasses. The insects crossed the Mexican border some months ago and invaded southern California in great hordes. Millions of them would move past a flower garden or field of blossoming clover, stopping on the way only to attack nettles and weeds and leaving the blossoms intact. The army traveled across the famous Death valley in California at the rate of about fifteen miles an hour. The desert which stops many insect migrations, appeared to hold no terrors for these, since they were able to find isolated patches of their favorite food sufficient to sustain life. The "painted ladies," which derive their name from the exceptionally beautiful coloring of their wings, have been long known below the border.

Hall's Catarrh Medicine

will do what we claim for it—rid your system of Catarrh or Deafness caused by Catarrh. Sold by druggists for over 40 years. F. J. CHENEY & CO., Toledo, Ohio

Lives Long Without Food

To have lived without food or drink for four years is the startling claim made by an invalid woman in Madrid, Spain. Two doctors have examined her and made a report to the Academy of Medicine. As yet there is no hint of the nature of their verdict. The woman had gastritis four years ago, and can take nothing by the mouth. She has had injections of phosphorus and various narcotics, but declares that she had nothing more. She is weak, but able to speak.

Many of Them Do

"My niece," said Mrs. Blunderby, "has had a college education. She speaks several languages quite slipshodly."

Children are the tomorrow of society.—Whately.

BRIEF SESSION IS LEGISLATIVE PLAN

New Speaker Declares For Rigid Economy, ASKS HARMONIOUS SESSION

Both Houses Are Organized as Planned, Bluet Being Elected Speaker by Republican Vote.

Harrisburg, Pa.—Immediate opening of a policy for a short and snappy session and announcement from the newly elected speaker of the house that there must not be needless interference with the regulation of business nor the imposition of additional taxes were the outstanding features of the first day's session of the Pennsylvania legislature, with the Republican majority dominated by the new Mellon alliance.

To Adjourn April 16. Both houses agreed to the caucus proposition that the general assembly adjourn sine die on Thursday, April 16.

Thomas Bluet, of Philadelphia, elected speaker by a vote of 133 to 14 over his Democratic opponent, Joseph M. Shilling, of Erie, sounded a note of harmony when he said "Personalities are now a thing of the past. Principles are the great matters of the present and the future."

Governor Pinchot was cordially received when he entered the hall of the house, where the senators and representatives were assembled in joint session. He was accompanied by Mrs. Pinchot, who sat near him in the speaker's rostrum while he read his message.

The chief executive gave no evidence of resentment over the defeat of his candidate for the speakership, Mr. Goodnough.

His message was followed closely by his victorious opponents for control over the organization of the house for some indication of his future policy.

Bot, chambers first had to canvas the vote for the election of state officers and their own ranks, swear in their members and formally elect officers.

In the house the entire membership of 208 was sworn in by Judge Wick-ersham of the Dauphin county common pleas. Speaker Bluet, of course, was opposed by Joseph Schilling, of Erie, the Democratic caucus nominee, but the latter got only fourteen votes.

Thomas H. Garvin was re-elected chief clerk, Milton K. Barger as resident clerk.

The senate chose Senator John G. Hoshier, Lancaster county, as president pro tem, W. Harry Baker as secretary, William P. Gallagher as chief clerk and Herman Miller as librarian.

In their joint session the senate and house re-elected James N. Moore as director of the legislative reference bureau, and John Fortig as assistant director.

After the delivery of the governor's address the legislature took a recess until January 19. In the intervening time Mr. Bluet will arrange the house committees.

Politics Caused Short Session. Politics and not economy is said to be behind the efforts of the new combination in control of the general assembly for an early adjournment of the legislative session.

While the desire to save money for the commonwealth and permit the legislators to return home as early as possible may have entered into the considerations of the leaders the real reason for the adoption of the joint resolution fixing April 16 as the date of adjournment was ear.

Green's August Flower

The remedy with a record of fifty-eight years of surpassing excellence. All who suffer with nervous dyspepsia, sour stomach, constipation, indigestion, torpid liver, dizziness, headaches, coming-up of food, wind on stomach, palpitation and other indications of digestive disorder, will find GREEN'S AUGUST FLOWER an effective and efficient remedy. For fifty-eight years this medicine has been successfully used in millions of households all over the civilized world. Because of its merit and popularity GREEN'S AUGUST FLOWER is found today wherever medicines are sold. 30 and 90 cent bottles.—Adv.

Made House Sacred

In Arabia, as in many other countries, salt is the symbol of hospitality, and among the Arabs hospitality is almost a sacred thing. They tell of a thief who broke into a house one night and in looting the place came upon a small gold box. He opened it and inside it found another box, also of gold. That in turn held a third box, which was partly filled with a fine white powder. The thief tasted the powder and found that it was salt. Immediately he restored to their places all the valuables that he had gathered to carry off. He could not rob a house in which he had "eaten salt."—Youth's Companion.

DEMAND "BAYER" ASPIRIN

Take Tablets Without Fear If You See the Safety "Bayer Cross."

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 23 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

New Bird Sanctuary

A bird sanctuary comprising 29 acres has been bequeathed to the Rhode Island Audubon society. It is in the southwestern part of the state, about eight miles from Westerly. Trees, shrubs and berry bushes will be planted and the whole tract converted into an ideal refuge where students may enjoy exceptional opportunity for observance of wild bird life. The income from a trust fund of \$15,000 will be used to maintain the sanctuary.

Exportation of Perfumes

Perfumery and other toilet preparations made in this country and shipped abroad had a value of more than \$1,500,000 in the last year.

A test for the durability of auto tires, approximating a road test may be completed in four days by a process devised by the bureau of standards.

Genuine



ASPIRIN

SAY "BAYER ASPIRIN" and INSIST! Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians 24 years for

Colds Headache Neuralgia Lumbago
Pain Toothache Neuritis Rheumatism

Safe Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monosodiumester of Salicylicacid

His Limitation "I would do anything in my power to prove my love for your daughter." "Would you support her?" "My dear sir, I said anything in my power."

The Vain Things! Complexion creams are being increasingly used by men, mostly middle-aged or elderly. Skillfully applied, they make a man both look and feel younger.—Answers.

Children Cry for



Fletcher's CASTORIA

MOTHER—Fletcher's Castoria is especially prepared to relieve Infants in arms and Children all ages of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep.

To avoid imitations, always look for the signature of *Wm. C. Fletcher* Absolutely Harmless—No Opiates. Physicians everywhere recommend it.

Ceremonies are different in every country, but true politeness is everywhere the same.

The virtue of justice consists in moderation, as regulated by wisdom.

How many have been "made to mourn"; and therefore can make a good job of it.

Never judge a man's knowledge by the fool things he says when in love.

"Every Picture Tells a Story"



Feel Stiff and Achy After Every Cold?

Do You Have Constant Backache? Feel Old and Lame and Suffer Sharp, Rheumatic Pains? Then Look to Your Kidneys!

DOES every cold, chill or attack of grip leave you worn-out and utterly miserable? Do you feel old and lame, stiff and rheumatic? Does your back ache with a dull, unceasing throb, until it seems you just can't stand it any longer?

Then look to your kidneys! Grip, colds and chills are mighty hard on the kidneys. They fill the blood with poisons and impurities that the kidneys must filter off. The kidneys weaken under this rush of new work; become congested and inflamed.

It's little wonder, then, that every cold leaves you with torturing backache, rheumatic pains, headaches, dizziness and annoying bladder irregularities.

Don't delay! Get a box of Doan's Pills. Give your weakened kidneys the help they need. Assist them, also, by drinking pure water freely, eating lightly and getting plenty of fresh air and rest. Doan's Pills have helped thousands and should help you. Ask your neighbor!

"Use Doan's," Say These Good Folks:

MRS. HARVEY MILLAN, 515 Duke St., Alexandria, Va., says: "I was troubled with my back hurting, especially when I caught cold. It always settled in from my kidneys and I was annoyed by the pains that cut through my muscles like knife-stabs. I had headaches and my kidneys acted irregularly. Doan's Pills had been used in the family with good results so I took one box of Doan's and was cured of the attack."

SAMUEL J. IRBY, railroad engineer, 1416 Duke St., Alexandria, Va., says: "I have been railroading all my life and my back often ached. When coming in from my day's run my back was sore and lame. I felt tired and worn out. I was often troubled with headaches. My kidneys were sluggish and sometimes didn't act at all. As Doan's Pills were a great favorite of railroad men, I bought a box and began taking them. Soon I felt better in every way."

Doan's Pills
Stimulant Diuretic to the Kidneys
At All Dealers, 60c a Box. Foster-Milburn Co., Mfg. Chemists, Buffalo, N. Y.