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Powerful, penetrating and soothing, this time-tried remedy brings quick relief from rheumatic coughs and colds. For other uses read the directions with every bottle, now.

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Constantine's Persian Healing Pine Tar Soap neutralizes the destructive effects of cosmetics. Lathers freely. Makes skin smooth, clear, firm, elastic. Soothing, refreshing, healing. At all druggists.

Constantine's Persian Healing PINE TAR SOAP

A 40-YEAR SUCCESS

Have You This Habit?

By Marqaret Morison

TACTLESSNESS

THE very day of Mrs. Jones' dinner party, Mercy and Percy Lord heard of Edward Jones' divorce from his wife.

"Dinner is to come off just the same," said Percy, "but for heaven's sake, Mercy, don't bring up the subject of Edward."

A few hours later the Lords arrived at the Jones house. "Good evening," said Mercy to her hostess, "how is Edward?"

It was always like that; she always said just what she hadn't meant to say. Outside she carried it off smiling, but inside she was "full of dead men's bones."

At last they went in to the table, and Mercy drew a deep breath and fixed her attention firmly on the things she must not talk about. She must not mention politics or religion in a general gathering. Then, "How shall you vote?" she heard herself asking her dinner partner; and remembered too late Percy's saying that that was the unforgivable direct question to a man. "My husband is a Republican," she hastened to add as her neighbor declared himself a Democrat.

So it went from bad to worse. The climax came when, growing more and

more rattled, she took up her knife and fork to deal with fried chicken, and, before she knew it, sent her side-bone sailing down the table square at the guests two seats beyond her. "Catch it on the wing," cried that lady regarding the escaped bird; and Mercy, when everybody laughed instead of looking embarrassed, wondered why she could never turn an awkward situation into a joke.

As they left the Jones, Mercy heard one man say to another, "If Mercy Lord were my wife, I'd send her to a sanitarium." Percy, as was his custom, looked sad and said nothing.

But that stray remark set Mercy thinking; and one day she went to see the great Doctor Williams, who was a family friend. After he had heard her out and asked several leading questions, Doctor Williams said: "You're obsessed with the idea of what you mustn't do. Loosen up—stop struggling to avoid imagined social dangers—think of what people like instead of what they don't like."

HAVE YOU THIS HABIT?
(Copyright by the Metropolitan Newspaper Service.)

THE DAYS RIGHT AFTER

By DOUGLAS MALLOCH

WHEN they had come away from her and left her in her house alone,

When there was nothing more to do but cut his name upon the stone,

I thought how cruel kindness is, how selfish all our sympathy,

When they had come away from her and left her all alone to be.

When he was there, and in the house, however pale, however dumb, When still his earthly form she had, then it was good of us to come. But, oh, the days right after! then I think they need us even more. Than when the shades shut out the sun and when the crepe is on the door.

Let's never get our kindness done, let's never let our comfort end, As long as sorrow needs our love, as long as trouble needs a friend. Let us remember, in the time of loss and loneliness and care, The days right after always are the hardest days of all to bear.

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SCHOOL DAYS



Your Last Name

IS IT HACKETT?

HACKETT is found in England as well as in this country and as an English surname it is undoubtedly a corruption of Harcourt, a French town. Thus the first to be called Hackett in England may have been a resident of Harcourt, France.

But the founder of the Hackett family here was not of English or French origin. He was native of Holland and came to this country over a hundred and twenty-five years ago. He married a daughter of Rev. Abraham Kettelus, a New York clergyman. Their son was James Henry Hackett, born in New York in 1800.

After graduating from Columbia college he married Katherine Sugg, an actress, and for several years led a successful career as a merchant. Financial reverses came, however, and at his wife's suggestion he went on the stage. Both he and Mrs. Hackett acted successfully for many years. Their son was James Kettelus Hackett, born in 1803, whose middle name was that of his paternal grandmother.

Button—One very good authority says that this is a form of Bouton, meaning boot. Others say that the surname Button is derived through mispronunciation from Burton or Buterton, places in England.

Bowles—This name, it is agreed, is derived from Bouelles, a place in Normandy. One of the early members of the family wrote his name Hugh de Boeles.

Champness—This name, which has the variation Champneys, found in this country and England, is derived from Champagne and indicated one who came from that section of France. (© by McClure Newspaper Syndicate.)

The Appleton Family

Mr. Lysander John Appleton
Mrs. Lysander John Appleton
Miss Daysey Mayme Appleton
Master Chauncey Devere Appleton

MRS. LYSANDER JOHN APPLETON discovers many things that puzzle the physicians. "I bent over too far in stretching the carpet," she will say; or "I reached up too high in cleaning a pantry shelf, and something in me snapped, and I haven't been well since." Something is always snapping like this, according to Mrs. Appleton, leaving the impression that her insides are always snapping like firecrackers.

Lysander John Appleton once believed that if he bought enough rockers, he wouldn't have to give up his when company came, but though he filled the house, he still hasn't enough. He abandoned that ambition and is now trying to get so many beds in the house that he will not have to sleep on the parlor lounge when company comes. This ambition is the only one Lysander John Appleton has left.

Mrs. Lysander John Appleton talks a great deal to callers about her ailments. It is related that the preacher called once to ask about her husband's soul, and all he could find out from Mrs. Appleton was the condition of her liver.

It has never dawned upon his mother and sister that the reason Chauncey Devere Appleton always pulls out the chair that has a weak leg, and breaks it down before company, is that he isn't allowed in the parlor often enough to become acquainted with its short-comings and infirmities.

Though a great deal of money has been spent on Daysey Mayme's voice,

she can't throw it farther than a block in calling Chauncey Devere home in the evenings, while a girl who lives next door, and who knows nothing



about scales except the kind found on a fish, can throw her voice six blocks. (Copyright by George Matthew Adams.)

Mother's Cook Book

A weak mind is like a microscope that magnifies trifling things but cannot perceive great ones. See then that your mind is strong enough to perceive your opportunities as well as your small troubles.—Brown.

FAMILY FOOD

THIS is the season when deer is served in some parts of the country. Those fortunate enough to have a portion of venison will appreciate a few ways of cooking it.

When broiling venison, follow the recipe for broiled beefsteak and serve rare, with:

Maitre d'Hotel Butter.
Put one-fourth of a cupful of butter in a bowl and work it with a wooden spoon until creamy. Add salt, one-half teaspoonful; one-eighth teaspoonful of pepper, one-half teaspoonful of finely chopped parsley and three-fourths of a tablespoonful of lemon juice added very slowly.

Venison Steaks.
Cut venison steaks in circular pieces and use the trimmings for making stock. Sauté the steaks in a hot frying pan well buttered and serve with:

Cumberland Sauce.
Soak two tablespoonfuls of citron cut into julienne-shaped pieces, two tablespoonfuls of glacé cherries, one tablespoonful of sultana cherries in orange juice to cover for several

hours. Drain and cook the fruit in one-third of a cupful of any good canned fruit juice, add one-half tumbler of currant jelly and the orange juice, after cooking five minutes. Add one and one-third cupfuls of brown sauce and two tablespoonfuls of shredded almonds.

Venison Steak With Chestnut Sauce.
Wipe a steak, sprinkle with salt and pepper after broiling on a greased broiler five minutes. Remove to a hot platter and pour over it this sauce:

Chestnut Sauce.
Fry one-half an onion and six slices of carrots cut into small pieces in two tablespoonfuls of butter five minutes. Add three tablespoonfuls of flour and stir until well browned; then add one and one-half cupfuls of brown stock, a sprig of parsley, a bit of bayleaf, eight peppercorns and one teaspoonful of salt. Simmer twenty minutes, strain, then add three tablespoonfuls of currant jelly, one cupful of boiled French chestnuts and one tablespoonful of butter.

Nellie Maxwell
(© 1925, Western Newspaper Union.)

The Young Lady Across the Way



The young lady across the way says the average human life is 10 years longer than it used to be, as shown by the dietary statistics. (© by McClure Newspaper Syndicate.)

Get back that lost weight!

WHEN you start to waste away to a shadow, when the color leaves your cheeks and your poor, tired legs will hardly hold up your weakened body it's high time you started taking a fine tonic and builder like Tanlac.



First Bottle Brought Improvement
"Pains in my side and back caused me lots of trouble day and night. I could hardly walk my beat. Tanlac fixed me up quick. I noticed the improvement after the first bottle."
Patrolman Wm. J. Bader
324 Paul Ave., Belleville, Ill.

Tanlac will build you up and make you feel that life's worth living. Made from roots, herbs and bark gathered from the four corners of the Earth and compounded under the exclusive Tanlac formula, Tanlac is just what the poor, starved body needs.

First of all it cleanses the blood stream and puts the digestive organs in order. You find, after a few days' treatment, that you want to eat. Pretty soon the welcome color steals back into your cheeks and the scales tell you that you're gaining weight. From then on it's only a short time until you're feeling fit as a fiddle.

Millions of men and women have taken Tanlac with great benefit. More than one hundred thousand people have written us glowing tributes to this wonderful tonic.

When you know it has worked wonders for so many folks it's folly not to take advantage of Tanlac's help yourself. Don't put it off another day. Get a bottle at your druggist's now and start the good work right away.

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TANLAC FOR YOUR HEALTH

Water in Cucumbers
About 90 per cent of water is contained in the makeup of a cucumber.

America's First Law School
The first law school in America was opened in Philadelphia in 1790.

Genuine **BAYER** **ASPIRIN**

SAY "BAYER ASPIRIN" and INSIST!

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians, 24 years for

Colds Headache
Pain Neuralgia
Toothache Lumbago
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Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monocrocinolactone of Salicylicacid

Health and good looks

—the reward of internal cleanliness.

IF YOU do not keep clean internally your looks and health are undermined together. A clogged intestine breeds poisons that reach every part of the body. These poisons ruin the complexion and undermine health. Constipation brings on such ailments as headaches, bilious attacks and insomnia, each of which saps your health and vitality.

Avoid Laxatives—say Doctors
Laxatives and cathartics do not overcome constipation, says a noted authority, but by their continued use tend only to aggravate the condition.

Medical science has found at last in lubrication a means of overcoming constipation. The gentle lubricant, Nujol, penetrates and softens the hard food waste and thus hastens its passage through and out of the body. Nujol is not a medicine or laxative and cannot gripe. Like pure water, it is harmless.

Take Nujol regularly and adopt this habit of internal cleanliness. For sale by all druggists.

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