

WOMAN SO ILL COULD NOT WORK

Tells How Lydia E. Pinkham's Vegetable Compound Stopped Her Suffering and Restored Her Health

Momence, Illinois.—"I surely can recommend your medicine to other women who have female weakness, as it has helped me very much in every way possible. I was working in a dining room in town, and sometimes I could not do my work; had pains in the lower part of my body and had to stay in bed. One of my neighbors told me what good Lydia E. Pinkham's Vegetable Compound did for her, and it has surely done wonders for me. I hope all women who suffer will take my advice as the Vegetable Compound has done so much to bring back my vigor and strength."—Mrs. ALBERT E. DESCHAUD, Momence, Illinois.

Over 121,000 women have so far replied to our question. "Have you received benefit from taking Lydia E. Pinkham's Vegetable Compound?" 98 per cent. of these replies answer "Yes." That is 98 out of every 100 women who take this medicine for the ailments for which it is recommended are benefited by it. For sale by druggists everywhere.

In His Line

She—No sane person can understand this map.
He—Let me see it.

Dr. Peery's "Dead Shot" is not a lozenge or syrup, but a real INHERITABLE REMEDY which cleans out Worms or Tapeworm with a single dose. 372 Pearl St., N. Y. Adv.

Metamorphosis

"Has Alice told you about her family tree?" "Yes, until it's become a chestnut."—Boston Transcript.

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ALL OWNERS—Save 50% direct from factory. 14.99 size INHERITABLE REMEDY KIT for 50c. Dept. X, KAWOLDS PATCH MFG. CO., 2623 Fifth Ave., PITTSBURGH, PENNA.

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No matter where you live—no matter what the style of the hour may be—you yourself can be in absolute STYLE. Through a new method of dress designing you can control your own individual style—you CAN MAKE your own style. This marvelous new style method places every woman in a class of her own. If you wish your style to be individual and RIGHT, send me your name and address.

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East 57th Street New York City

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correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

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Constantine's Persian Healing Pine Tar Soap neutralizes the destructive effects of cosmetics. Lathers freely. Makes skin smooth, clear, firm, elastic. Soothing, refreshing, healing. At all druggists.

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A 40-YEAR SUCCESS

DR. HUMPHREYS' "99"

The Perfect Laxative for CONSTIPATION

Merry Christmas to All



Christmas Time

By THOMAS A. CLARK
Dean of Men, University of Illinois
(© 1924, Western Newspaper Union.)

ALL the illusions of childhood, I gave up with most reluctance those that clustered around Christmas.

The old saint who climbed down the chimney into the fireplace in our sitting room and filled our stockings on Christmas Eve was as real to me as Moses or George Washington or my grandfather or any other person of whom I had heard but whom I had never personally met. He is to me real today when I am in reminiscent moods, perhaps because I have always wanted him to be real. Long after I recognized all the subtleties which were being practiced on me as a child at Christmas time, I never admitted them even to myself, for I was quite willing to submit to the deceptions; I was made happy by all the ceremonies and surprises.

I have never in all my life been away from home at Christmas time; I hope I never shall be. Christmas joys are for me the most delightful; Christmas memories, the most precious. Everything about our holiday preparations at home was of the simplest



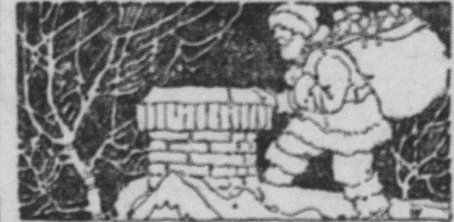
character, but the season was full of possibilities and surprises. The dinner lacked the conventional roast turkey. Instead there was a roast goose or a huge joint of roast beef (following the English custom with which my mother was familiar) with suet puddings and gravy. There was always, too, a loaf of spiced bread and plum pudding with a delightful sauce of drawn butter, and there was mince pie followed with nuts and raisins and other goodies.

Just as "home" always suggests to me sugar cookies, hot from the oven, with mother warning me not to eat so many as to make myself sick, so Christmas invariably brings to my mind the thought of raisins. They were in the spiced bread which mother made, the plum pudding was congested with them. I found them always on Christmas morning in my stocking with other good things to eat, and there was regularly on Christmas day a dish of them on the table to be eaten after dinner. It was not altogether what we had to eat that gave Christmas such a high place in my regard, though that helped materially, no doubt. It was the mystery, the anticipation, the preparation and the surprise of it all; the gathering together of all the family, the games, the roaring fire in the fireplace, and the general hilarity and good will prevailing that made Christmas for me the best loved of all the holidays of the entire year.

"We are rather outgrowing Christ-

mas," a friend said to me a few days ago. "I don't believe it is ever going to be for any one again just as it used to be."

I suppose not; though there are some events connected with the celebration of Christmas, there is the real Christmas which I am sure I shall never outgrow. If I should hang up my stocking by the fireplace now, I feel just as sure as I ever did that old Saint Nick would get in some way before morning and fill it as he used to do when I was a child. My faith in Christmas has never waned, and my need for it. I practice economy badly at any time, but with the greatest difficulty at Christmas time, and especially since the prices of my own particular varieties of frankincense and myrrh have been so affected by the economic conditions. It is what is in our hearts that makes Christmas real. The song of



the angels is in the air if the Christmas spirit is in our hearts, Christmas is as great a reality as it ever was, if we will make it so, and for us all the angels are again proclaiming as they did that night in Palestine, centuries ago, "Glory to God in the highest, and on earth peace, good will toward men."

I shall hang up my stocking at Christmas Eve, there will be raisins in it in the morning. I have faith that the old Christmas joys will be mine once more.

"Santa's the Goodest Man"

A Load of Christmas

By Frank Herbert Sweet
(© 1924, Western Newspaper Union.)

OLCOMB did things in a peculiar way—a peculiarly nice way, though. It affected his Christmas gifts, his business, even his friendships. But then he was a

bachelor of fifty. Then, too, everybody loved him, which is a very peculiar thing about a successful business man with competition, you'll admit.

This year Holcomb was very busy, and his Christmas gifts—general gifts, you know—hadn't even occurred to him until two days before the day.

He was passing through a new street between a restaurant and his office, when he saw a small shop with windows crammed with toys—nothing but toys. At this season, nearly the middle of the afternoon, a toy shop ought to be crowded with customers. This shop was closed. On the steps stood a small, anxious looking man, and a big one dangling a large key. It looked like a store key.

Seemed peculiar. So Holcomb went to the steps.

"Like to look at the toys," he began.

"Can't now," boomed the big man. "This chap can't pay a bill, so I've taken it. Auction day after tomorrow. I'm sheriff."

"Meaning," said Holcomb, "that if the bill is paid, the store belongs to this man again? How much?"

"Of course—and \$200."

"What's it all worth?" to the little man.

"About \$50 if sold at auction," dejectedly. "I picked a bum street. No business."

"What did you pay or agree to pay?"

"\$500."

"What will you sell for?"

"Can't sell until—" nodding toward the sheriff.

Holcomb counted out \$200, and passed it to the sheriff.

"Good-by," he said. "Now what do you ask?" to the small man.

"I'd rather like \$300, but will be glad to accept half that."

Holcomb counted out the \$300.

"Give me the key," to the sheriff.

"Thank you. Now where can I find two men to move the toys?"

"I'll be one," beamed the man out of business. "I know about toys. And I can get another man from the next building."

"Do so, and I'll bring round my car from the next corner."

Inside of an hour the shop was emptied and the innocent child. Then Holcomb took the most country of all the country roads, stopping at every house that showed signs of children.

"Hello-o," he would call to any small boy or girl he happened to see; "got some stuff for your house. Please take it in for me. I'm in a hurry. Give you a quarter."

He had provided a pocket heavy with loose quarters.

There were about three hours of daylight. When the daylight was gone the car was empty. He was glad of the darkness, for he had to go back by the same road.

HOW TO KEEP WELL

Dr. Frederick R. Green, Editor of "Health."

(© 1924, Western Newspaper Union.)

WHY MEN CRACK

IN a most interesting book, recently published, "Behind the Scenes in Politics," the author tells many secrets of persons and events in the big political game. One chapter he calls "Why Men Crack."

He says: "I have drawn up a list of 150 men I have known who had a good chance to reach the top and who have sunk and are all through. I have checked off the list with the various causes which I believe make men crack and the result is as I expected. Ninety-seven of these men fell down because of lack of health. A few of these were sudden breakdowns. One promising playwright was hit by tuberculosis. One man of first rank promise in national affairs was taken to the side lines on account of Bright's disease. Two coming bankers were driven into retirement by the same affliction. A few had their health blown up with a sudden loud bang.

"But that is not the rule. Most men who crack because of lack of health crack slowly and noiselessly. The picture is the tragic one, of men who at thirty or forty were off the ground and had shown speed and direction. At forty-five, their engines were missing fire; at fifty, they were looking for a landing place, and at fifty-five they are down on their rollers for good.

"What's the matter with them? If a doctor looked them over he'd say, 'Why didn't you come to me 25 years ago? I can't make you over. You're like an old watch. There's nothing particular the matter with you but everything is wrong. You've worn out your machinery. You have over-eaten and plugged your body with stimulants, not only tobacco and alcohol but caffeine and sugar. You have slept with your mouth open and let months go by when your skin has never been wet with sweat. You have let your organs slip down, until your chest and your stomach have swapped girths. You don't drink enough water. You take cathartics. You neglect your teeth. On top of everything else, you have been irregular. You take irregular meals, irregular sleep, irregular work, irregular play. All your machinery is twisted. You never would have neglected yourself, or as you have neglected yourself. Now you're paying for it.'"

This writer is not a doctor; he's not a health faddist. He is a practical, cold-blooded politician, telling why many men of promise fail at the critical period.

When are you going to crack? That depends on how you are living now.

A GOOD STORY FROM DR. CHARLEY MAYO

WHEN a newspaper runs an item on the first page you may be sure that it's what a newspaper man would call a "good story."

When all the newspapers that get it put it on the first page, you can know that it's a mighty good story.

In a recent talk before a Kiwanis club Dr. Charley Mayo, one of the celebrated Mayo brothers of Rochester, Minn., made two statements that every newspaper considered a front-page story.

Doctor Mayo's statements are known to all intelligent physicians, yet to the newspaper men and the general public they were evidently astonishing.

Doctor Mayo said that the warfare against human disease had made greater progress during the last twenty-five years than in the preceding twenty-five hundred years. This is not a mere figure of speech. It is literally true. While much of our knowledge regarding the causes of disease was discovered from 1850 to 1900, the practical application of this knowledge has been made in the last twenty-five years. In this period, yellow fever has been practically wiped out, Asiatic cholera, typhus fever, bubonic plague, leprosy, malaria, typhoid, hookworm and many other of the great epidemic diseases that for centuries have killed millions of people, have been greatly reduced and can now be largely prevented in civilized countries.

Doctor Mayo's second statement was that if every person were carefully examined once a year, so that unsuspected diseases might be checked in the beginning, greater progress would be made in the prevention of disease in the next twenty-five years, than has been made in the last twenty-five years.

This statement is also strictly true. Our governmental organizations, city, state and national, have largely taken over the control and prevention of epidemic diseases. The great problem of today is the control and prevention of personal diseases. These can some of them be cured, but they can practically all be prevented, if taken early enough.

The good farmer overhauls and repairs his machinery at least once a year. Every sensible man has his watch cleaned and regulated that often. Have your body machine looked over and adjusted every year and it will run easier and better and there will be less danger of a breakdown.

Atlas

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Baby Tortured Day and Night by Eczema

Resinol Stopped Itching and Healed Sick Skin

Brooklyn, N. Y., May 10.—"I thought it might interest you to know how much Resinol has done for my baby. Her face was covered with scabs and the itching was so severe I had to keep stockings on her hands to keep her from scratching. I had to be up at night as it bothered her so she could not sleep. Two doctors, one of them a skin specialist, told me she had eczema. I tried several remedies, but nothing helped, so when I read in the paper about Resinol, I thought I would give it a trial. I can't praise it enough, for it has done wonders for the baby's skin and she sleeps all through the night now. I would advise anyone with a similar case to try Resinol Ointment." (Signed) Mrs. Rose Goersdorf, 27 Furman Avenue.

All druggists sell Resinol Soap and Ointment.

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Parrot Post Laundry Mailing Case, khaki covered, 20x12x4 inches, sent postpaid for \$2.00. THE RAYMOND KNOX MFG. CO., Dept. L, 10 E. Mt. Pleasant Ave., Phila., Pa.

Embrellas—Men's and Women's Rainproof finest grade black glora cloth, \$2.50 each. Ladies' Silk & Wool, all colors, \$5.50. Middle States Supply Co., 25th & Aspen, Phila., Pa.

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W. N. J., BALTIMORE, NO. 50-1924.