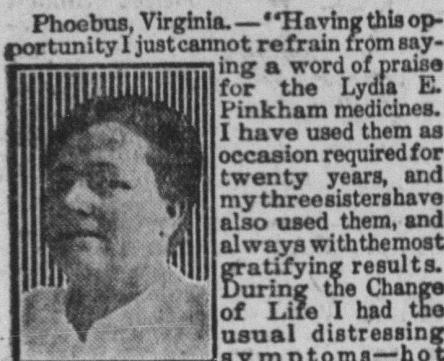


FROM PERSONAL EXPERIENCE

Mrs. Bradford Recommends Lydia E. Pinkham's Vegetable Compound



Phoebus, Virginia.—"Having this opportunity I just cannot refrain from saying a word of praise for the Lydia E. Pinkham medicine. I have used them as occasion required for twenty years, and my three children have also used them, and always with the most gratifying results. During the Change of Life I had the usual distressing symptoms—hot flashes, insomnia, etc.—and I am pleased to testify to the wonderful results I obtained from the Vegetable Compound. I heartily recommend it to any woman and I will be pleased to answer any inquiries that might be sent to me through the publication of my testimonial."—Mrs. H. L. BRADFORD, 109 Armistead Street, Phoebus, Virginia.

Consider carefully Mrs. Bradford's letter. Her experience ought to help you. She mentions the trials of middle age and the wonderful results she obtained from Lydia E. Pinkham's Vegetable Compound. If you are suffering from nervous troubles, irritability, or if other annoying symptoms appear and you are blue at times, you should give the Vegetable Compound a fair trial. For sale by druggists everywhere.

Chinese Application

A Chinese newspaper contains this letter from an applicant for work: "Sir—I am Wang. . . I can drive a typewriter with good noise and my English is great. . . My last job has left itself from me, for the good reason that the large man has died. It was on account of no fault of mine. So, honorable sirs, what about it? If I can be of big use to you, I will arrive on some date that you should guess."

Boschee's Syrup

Allays irritation, soothes and heals throat and lung inflammation. The constant irritation of a cough keeps the delicate mucous membrane of the throat and lungs in a congested condition, which BOSCHEE'S SYRUP gently and quickly heals. For this reason it has been a favorite household remedy for colds, coughs, bronchitis and especially for lung troubles in millions of homes all over the world for the last fifty-eight years, enabling the patient to obtain a good night's rest, free from coughing with easy expectation in the morning. You can buy BOSCHEE'S SYRUP wherever medicines are sold.—Adv.

Ants Eat Farm House

State entomologists of Illinois are investigating the destruction by white ants of a two-story farm house at Morris, Ill. In removing stucco it was discovered the ants had completely honeycombed the woodwork of the structure, starting at the foundation and going to the roof. This often happens in tropical countries.—Scientific American.

Beecham's Pills

Keep you fit

Beautiful HAIR

Constantine's Persian Healing Pine Tar Soap removes dandruff. Lessens tendency to baldness. Gives new vigor to hair and scalp. Makes hair soft and beautiful. A 40-year success. At all druggists.

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

DR. HUMPHREYS' "77"

BEST 77 FOR COLDS GRIP INFLUENZA

BATHE YOUR EYES Use Dr. Thompson's Eye-water. Buy at druggists or 100 River, Troy, N. Y. Booklet.

The SANDMAN STORY

FRIGHT FOR BILLY MOUSE

BILLY MOUSE was inquisitive, there was no doubt about it. As soon as his father or mother came home after hunting in the pantry, Billy Mouse began to poke about to see what they had brought home for breakfast.

Then when he was taken out in the pantry for a run when his parents knew that Puss was not in the house, Billy Mouse always ran to the highest shelf and peered into all the boxes. And once he crawled up behind some drawers and was caught fast until someone opened one and then he ran across the floor and Puss almost caught him.

One night when his father and mother had planned to explore the



"How Did You Get Out Alive?" Mrs. Mouse Asked.

dining room to find birdseed for breakfast, Billy Mouse jumped out of his warm bed and ran out in the pantry all alone. "If I don't begin to go about myself I shall never grow up," said he. "Mother and father think I am a baby, but I shall show them I am able to take care of myself."

First, Billy Mouse found a meat pie which he nibbled at until he could eat no more. And then he should have run home. But not inquisitive Billy. He saw boxes and drawers to explore, so to the highest shelf he made his way and nibbled off the paper that was around a box to find what was inside.

In the box was some wire that had been put in so tightly that when Billy Mouse made a hole in the box the end of the wire popped out and hit Billy on the tip of his nose and sent him tumbling over backward off the shelf.

It was a good thing for Billy Mouse that the trap had been sprung on this would be the end of the story. But it had, so when Billy ran in head first he did not know that his tail and body were outside. He thought he was all hidden in the box.

By and by back came his father

A LINE O' CHEER

By John Kendrick Bangs.

WHY?

WHY yield up to despair, surrendering to care, With tears and downcast eyes.

When in the morning sky The glorious sun of cheer Is shining bright and clear, And shedding on your way The golden light of day To lead you from your stress Out of the wilderness. If you but seize the gold The flying minutes hold? (© by McClure Newspaper Syndicate.)

Through the Glad Eyes of a Woman

By Jane Doe

OUR NOSEGAY GIRLS

I WAS dilly-dallying alongside the beauty counters of a big store the other morning, treating my susceptible nose to all the fine airs which blow round these parts.

And it occurred to me that the fashionable young woman of today, judging from the amount of money she hands over those popular counters, must be a sort of almanac of scents that ever blew across Araby, or—er—the perfumier's laboratory.

Her toilet from her hour of awakening until she lays a tired head on the pillow of forgetfulness is surely just one delicate aroma after another.

She is very liberal, you observe, with the iliac bath salts, and she dries herself on warm towels from a linen cupboard that is smelly with sweet verberna. After that she powders with a gigantic puff.

Her teeth she cleans with a paste tasty with wintergreen, and likes a mouth-wash flavored with peppermint. She washes her face in waters that are faintly milky with tincture of benzoin, which is not unlike sweet almonds to the nose, and bathes the sleep out of her eyes with eyecups of rose water.

Her hair has to be anointed with a trifle of jasmine brillantine, and she touches up her lips with a stick that reminds you of cherry.

Over her cheeks and neck she puffs a rachel or chanelle cloud of some

and mother from their hunting trip to the dining room, and there they saw Billy caught, as they thought, in the trap.

"Oh, my poor foolish child," squeaked Mrs. Mouse. "He is caught in a trap, and I had such a nice breakfast of birdseed for him, and now he will never eat anything again."

Mr. Mouse led his weeping little wife away, and then Billy, who had kept very still all the time, backed out of the trap, for he did not know he was in a trap, you see, until he heard his mother crying.

"I guess father and mother do not know how to get out of a trap," said Billy Mouse. "You just run in and run out. That is all there is to it."

But just then another silly little mouse ran into another trap and there he was fast. Billy Mouse heard one squeak and a click and off he ran for home.

Mrs. Mouse tumbled over in a faint when she saw her son. "How did you get out alive?" she asked when they had sprinkled her with water.

"Oh, I just backed out; that is all you have to do with some traps. I guess," said Billy, thinking of the poor little mouse that was caught in the other trap.

"You foolish boy," said his father. "Don't you know that trap had been sprung or you couldn't have got out?"

"But it is full of cheese, father," said Billy; "only I could not reach all of it."

Out ran Mr. and Mrs. Mouse, and soon they came back with the cheese, and such a breakfast they had of birdseed and cheese. And while they were eating Billy Mouse said, "I guess I am big enough to hunt by myself now that I have found all of this cheese."

Wise Father Mouse always shook his head when Mrs. Mouse said that Billy knew which traps were safe to look

Reginald Denny



This popular "movie" actor began his career on the legitimate stage. He was born in England and embarked on a theatrical career on leaving college. He came to America and starred in a number of road shows. The war took him back to his native land and he became noted as a boxer in the Royal Air Force. After the war he returned as a musical comedy baritone, later being induced by a prominent producer to enter motion pictures.

into. "I never could make out how he found out that trap was safe. I wonder if something happened to drive him in there."

But Billy Mouse never told what happened on the top shelf. He kept to himself how he was cured of being inquisitive. (© by McClure Newspaper Syndicate.)

The Why of Superstitions

By H. IRVING KING

THE GRAY PINE

WHEREVER the gray pine grows it is called "the unlucky tree," because it is supposed to bring bad luck to anyone who stands under it—especially to women.

This superstition is, apparently, a survival of the worship of the Phrygian god Attis, a worship introduced into Europe through the Greeks, Attis had been identified with the Greek god Adonis and by some, also, with the Egyptian Osiris. At any rate the Attis cult was a most ancient one and profoundly influenced European mythology. Attis was supposed to have met his death under a pine tree into which his spirit entered. At the festival of Attis, celebrated in the spring, a pine tree, the trunk of which was wrapped in wool, was brought into the sanctuary of Cybele and a young man tied to the tree trunk. Then the priests and the votaries gashed themselves until their blood covered the bound man. He was then unbound and the pine tree taken out and burned. Originally the bound man was sacrificed to represent the death of the god, but later it was sufficient that he was covered with blood. This will explain why it is "unlucky" to

stand under the tree—the person so standing takes the place of the victim of the old ritual.

That the tree is especially unlucky for women is explained by the fact that the ancient rite took place in the temple of Cybele—the mother of the god who was slain in this incarnate form—and also by certain orgiastic practices which characterized the sacrifice. That the superstition in question should linger about the gray pine and not other pines may be accounted for by suggestiveness of its color—the color of ashes to which the sacred pine of Attis was ultimately reduced—or possibly the color of the natural wool with which the trunk of the sacred pine was covered at the Phrygian festival. Also as the sacred pine of Attis was always burned so the principal use of the gray pine is for fire wood. (© by McClure Newspaper Syndicate.)

"What's in a Name?"

By MILDRED MARSHALL

Facts about your name; its history; meaning; whence it was derived; significance; your lucky day, lucky jewel

REGINA

THE queen of Heaven, Maria, has votaries called by the Italians Regina or Reina. Reina was found more frequently in Florence. In France, Regina became Reine and Reine, the former also being a favorite in Germany. All, of course, are translated to mean queen.

The natural conclusion would be that the name Regina is merely the Latin word for queen given a capitalized initial letter, but another explanation of its origin, and one most generally accepted, is that it is one of the many evolved from the Latin rego meaning rule. If such is the case it has a history as full of adventure as an Arabian Nights and is indeed an heroic name for a woman to bear.

The first Rganar was that hardy soul who, after ravaging France, was put to death in England, whereupon his fierce sons in revenge swept England with merciless devastation. His name therefore became a dread one and in some manner was changed to Rene. At once Rene became popular as a feminine name since the younger daughter of Louis XII of France bore it. When she married into the House of Este, her name was changed into Renata, a form which is very pleasing to the Spanish and Italian. The old Dutch form, Renira, is quaint and quite pretty. The Teutonic influence makes itself evident in Reigl and Regl.

The aquamarine is Regina's jewel. Much superstition centers about this stone and it has therapeutic value, since by its palling color, it gives evidence of the bodily weakening of its wearer. It is even held that its color will stain the flesh against which it is worn as indication of some physical derangement. Thursday is Regina's fortunate day and 7 her lucky number. The violet is her flower.

(© by Wheeler Syndicate, Inc.)

HOW TO KEEP WELL

Dr. Frederick R. Green, Editor of "Health."

(© 1924, Western Newspaper Union.)

What is an Infection?

THERE are good and bad citizens in the invisible world. Just as there are good and bad men, wild dangerous animals and tame useful animals, so there are good and bad germs.

The good germs are those which help man do his work. The yeasts that raise the bread, the germs that sour the milk, the "bugs" that flavor the different kinds of cheese, the "mother" that turns cider to vinegar, the germs that sweeten the soil—all these and many others are good germs.

The bad germs are those, which, when they grow in or on the human body, make some poison which harms the body and may kill it.

The diphtheria germ, which grows on the mucous membrane of the child's throat, just as mold grows on bread, makes a poison as it grows, which the child's throat absorbs. It is the poison the germ makes, and not the germ itself which kills the child.

The tuberculosis germ, which grows only in the dark and which dies in the sunlight in a few minutes, is breathed into the lungs, where, in growing, it forms a little cheesy lump, which softens and breaks down, forming a little hole or cavity in the lung. Tuberculosis of the lung was called "consumption" because the lung was literally consumed.

What is an "infection" and what happens when a cut place in the skin becomes infected?

When the skin is cut, the blood oozes out of the torn blood vessels. If kept clean and let alone, the blood thickens and hardens, forming an airtight scab over the wound. Under this cover the torn fibers are brought together, the gap between the cut ends closed up by the white blood corpuscles, the repair men of the body, and, as we say, healing takes place. The scab shrinks, dries up and falls off leaving a little red spot, which later becomes white and which forms a scar.

But suppose some one of the four or five germs which are called "pus germs" get into the wound. What happens then? The blood is exactly the kind of ground on which they grow best. They begin to grow, just like yeast germs in warm dough. They break down the skin and flesh around the wound, to form pus or matter. The wound becomes red, swollen, hot and painful. The germs may get into the lymphatics and be carried to the nearest glands, where they form abscesses. They may get into the blood and be carried all over the body, causing blood poisoning. The poisons they produce in the wound are absorbed, causing general poisoning.

Paint any cut or wound with iodine. Tie it up, if necessary, with a clean, soft cloth. Don't put anything else on it. Keep it dry. Keep all kinds of dirt out of it. Nature will take care of it if you give her a fair chance. (© 1924, Western Newspaper Union.)

Drying Out in Winter

AS SOON as cool weather begins, we put on heavier clothes, close up our houses and start our stoves and furnaces. The outside air can't get in and the inside air soon has all the moisture dried out of it by the stove or furnace heat.

The result is that by the middle of the winter most of the furniture is loose in the joints and most of the people in the house are suffering from colds. This is due to living in dry, hot air. Human beings weren't made to live in dry air. A great zoologist once said, "Man came from fishes and he still retains some of the sea in his body." A reasonable amount of moisture is necessary for health.

When we live, day after day, in stove, furnace or steam-heated air, the dry air takes up the moisture from our bodies, instead of giving up moisture to us as it should.

This constant drying out shows in two ways. Our skin becomes too dry. Our heavy clothes and hot rooms keep it too warm. "Winter itch" is usually caused by too heavy clothes and too dry air.

The other result is that the dry air parches our throat and lungs. It takes up all the moisture in our nose, throat and bronchial tubes.

Our throats are too dry, our skin is too dry. We are sensitive to the least change of temperature. We chill easily. We "sit in a draft" and then we say we "catch cold." Of course we do. We've been kiln drying out bodies for weeks and everything is ready for a conflagration.

All living and working rooms which are artificially heated should have a reasonable amount of moisture in the air. All properly constructed furnaces have a water pan to moisten the hot air. Fill it every day. You'll be warmer and healthier. Moist air at 60 degrees Fahrenheit is warmer than dry air at 75 degrees Fahrenheit and much healthier.

If your house is heated with stoves, keep an open pan of water on the back of the stove. You'll be surprised to see how fast the water goes.

If you have steam or hot water heat, keep a pan of water in every room. This will not only keep your furniture from falling to pieces but it will keep your lungs and skin from drying out. (© 1924, Western Newspaper Union.)

Sure Relief FOR INDIGESTION



The Important Thing

Mr. Rolling Pin—I know you've been mixed up with a lotta bad eggs, Miss Egg Beater, but I love you. Will you marry me?

Miss Egg Beater—That depends on how much dough you can roll out.—The Progressive Grocer.

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Take Tablets Without Fear! You See the Safety "Bayer Cross."

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 23 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

Another Illusion Shattered

Another thing that plays havoc with our illusions is the sight of a powder-puff after it's been used on what looked like a perfectly clean girl.—Ohio State Journal.

Constipation generally indicates disordered stomach, liver and bowels. Wright's Indian Vegetable Pills restore regularity without stripping. 173 Pearl St., N. Y. Adv.

Bird's Powerful Beaks

Maccaws, a kind of parrot native to South America, can break with their beaks nuts which resist attacks with a hammer.



Resinol ready for scalds and burns

The tormenting, insistent pain of a burn or scald is quickly subdued by Resinol Ointment. Its cooling ingredients remove the inflammation, and hasten the healing. Cover the burn well with Resinol and bandage with soft gauze. In severe burns or scalds covering a large surface always see for a doctor.

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30c at all druggists. Use Hale's Toothache Drops.

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