

WOMEN OF MIDDLE AGE

Praise Lydia E. Pinkham's Vegetable Compound

"A Blessing to Suffering Women," Writes One

Louisville, Illinois.—"I certainly thank you for the great benefit I have received from taking Lydia E. Pinkham's Vegetable Compound. I first learned about it from my step-mother who got so much help from it. Several years ago I took it for inward weakness and since then I have taken it during the Change of Life and it has been a great help to me. It certainly is a blessing to suffering women and I take pleasure in recommending it. My health has been better this summer than it has been for five years. I am now able to do all my work and have canned 340 quarts of fruit and vegetables this summer."—Mrs. KATE McPEAK, Louisville, Illinois.

Forced To Remain in Bed

Carlyle, Illinois.—"During the Change of Life I suffered with severe nervousness and with disturbances of the entire system. These continued probably two years before I began taking Lydia E. Pinkham's Vegetable Compound. I could do none of my work and was not always able to be up. For ten days at a time I was forced to remain in bed with my hips propped higher than my head and the pains were terrible. The doctor helped me but each time I was forced to go over the same suffering. I had taken the Vegetable Compound in 1910 after my twins were born and it had helped me so I decided to try it again. I became better and gained in strength. I have taken it for about three years now but not steadily. I am able to do my housework but I avoid all heavy lifting and washing and ironing as I know I am not strong enough yet. I give the Vegetable Compound to my daughters and recommend it to my friends."—Mrs. LOUISA B. BRAND, 450 Fairfax Street, Carlyle, Illinois.

Wants Letter Used As Proof
Frankford, Pennsylvania.—"I am sure if women who suffer through the Change of Life as I have, with hot flashes, nervousness and other weaknesses, would give Lydia E. Pinkham's Vegetable Compound a trial they would be benefited as I was. My nerves were so bad that every little noise made me jump, but now I am not bothered that way at all. My husband says he really hated to look at me I looked so miserable. I hope you will use this letter as proof of the help the Vegetable Compound is giving me."—Mrs. ARBIE HARVEY, 5701 Leonard St., Frankford, Pa.

In a recent country-wide canvass of Lydia E. Pinkham's Vegetable Compound, over 100,000 replies were received and 98 out of every 100 reported they had been benefited by its use. For sale by druggists everywhere.

Even prepaid telegrams are sent on tick.

It is well enough to know some people well enough not to know them.



SAY "BAYER ASPIRIN" and INSIST!

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians 24 years for



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Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monocetateester of Salicylicacid

As a rule popular subscriptions are the unpopular class. Envy is a pain to the soul, laughter a pleasure.

Children Cry for



MOTHER:—Fletcher's Castoria is especially prepared to relieve infants in arms and children all ages of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep.

To avoid imitations, always look for the signature of *Wm. C. Fletcher* Absolutely Harmless—No Opium. Physicians everywhere recommend it.

She Threw Away Calomel and took Beecham's Pills

"I felt so miserable," said the young woman cashier in a fashionable New Jersey hotel. "A friend suggested calomel and I was about to take it. Another friend noticed the calomel on my desk and cautioned me against it. She said her sister took calomel and ate some fruit and the combination 'salivated' her—loosened some of her teeth and made her very sick."



"Fearing that my stomach might be in an acid condition, I bought a box of Beecham's Pills and took a dose. The next day I felt fine and I haven't needed anything during the three weeks since."

"I wouldn't take anything but Beecham's now. Some of the other girls here take Beecham's and all say they are wonderful."

At all druggists—25c-50c.

Beecham's Pills

Sycamore Blight Is Most Severe

Trees in Many States East of Mississippi River Hard Hit This Year.

(Prepared by the United States Department of Agriculture.)

Sycamore trees this spring and early summer were especially hard hit by a blight, commonly known as sycamore blight, in many states east of the Mississippi river, notably Ohio, Pennsylvania, New Jersey, Illinois, and Virginia. The disease affects not only the common sycamore, or buttonwood, but also the oriental plane tree.

Due to Wet Spring.
Although the blight occurs to a slight extent every year in the eastern and central United States, the severity of the attack this year, according to the United States Department of Agriculture, appears to be largely due to the unusually wet spring, when the leaves were developing.

The blight injures the newly developed leaves and the young shoots. The new leaves just unfolding from the bud suddenly wither, become discolored, and finally blacken, giving the appearance of injury by frost. On the older leaves the disease appears as brown blotches or spots of irregular shape, usually along the veins. In severe cases the leaves fall, but a new crop usually is produced later in the summer. Continued defoliation in successive years and the severe dying back of the twigs eventually cause the death of the tree.

Methods of Control.

As in the case of most tree diseases, methods of controlling the blight are rather expensive and usually somewhat difficult to carry out. The value of the tree, however, for shade or ornamental purposes may possibly warrant the expense and trouble. As a first step in controlling the disease, the infected twigs should be carefully removed by pruning well back of the infected portion. All of these twigs, together with any fallen leaves and twigs, should be carefully collected and burned. They should not be thrown onto the rubbish heap, since that is often one of the most favorable places for the fungus to fruit. Its spores may then be carried to healthy trees which may thus become infected. After all the infected twigs are cut away the remainder of the tree should be sprayed with bordeaux mixture in the proportions 4-4-50. A second or third application of a weaker solution of bordeaux mixture may be necessary before midsummer to protect the new foliage. Again, in the autumn, it is advisable to rake up and burn all fallen leaves and twigs, since this tends to prevent the spread of any disease which may be present upon them.

Mash Is Developed for General Purpose Breeds

A good mash for breeding and laying hens of general purpose breeds containing only 17 per cent of meat scrap has been developed by the United States Department of Agriculture. The remainder of the protein in the mash is contained in vegetable form and the 33 per cent of ground oats and bran gives the rations the desired bulk. The mash seems to be particularly good in raising the hatchability and fertility of eggs. The more stimulating rations seem to cause an over-fat condition in general purpose birds, especially during the second year of production. Special attention is now being given to the vitamin content of eggs and their fertility and hatchability as affected by rations.

Asparagus Beds Started Early in Spring or Fall

Asparagus beds may either be started early in the spring or in the fall. Either seed or plants may be used. Satisfactory plants may be obtained the first season from seed. It should be sown as soon in the spring as the ground can be worked. Mix with radish seed so that the row will be marked for cultivation because the asparagus seeds will not germinate for about four weeks. When they are up, they should be thinned to about 3 inches apart. Cultivate all summer and the plants may be set in the fall in a permanent bed in rows about 4 feet apart and a space of 18 inches in the row.

Prepare for Wheat

Early plowing or early disking of the ground which goes into wheat this fall is a most important part of the preparation, because it insures a compact seedbed, tolerably free from weeds, and besides it stimulates fall growth of both root and stem and thereby gives the growing crop greater winter resistance. The wheat seedbed is all the better if it is allowed to settle four or five weeks before seeding is done.

Cause of Dead Pigs

A breeder recently reported that for several years he had been having poor success with his brood sows. So many of them farrowed dead pigs. It dawned on him one day that he was forcing his sows to jump over a two-by-six door sill when going to and coming from the sleeping shed. He removed this sill, and since has had excellent success in saving the pigs.

Community Vats to Solve Dip Problem

Control Animal Parasites Which Cause Heavy Loss

(Prepared by the United States Department of Agriculture.)

Community dipping vats in Platte county, Wyo., are solving the problem of controlling the animal parasites which have caused heavy loss to live stock growers there for some years. Through the efforts of the county agricultural extension agent sufficient interest was aroused in the eradication of mange and lice, to make it possible to organize community live stock dipping associations, the members paying an equal sum into the treasury for materials and doing the work of constructing and dipping plants themselves. Six plants were finished or under construction by the end of 1922 and last year the number was brought up to 14. Two of these are for sheep only. The average cost of the plants was \$450 each and from three to four weeks was required to complete one. Each includes a concrete vat reinforced with steel with a filling and draining system, a heating system, double drain pens, chutes and corals. The vats have an average capacity of 3,000 gallons and the corals will accommodate from 1,000 to 5,000 head of stock.

The first year 10,000 head of cattle—70 per cent of them infected with lice—and 1,800 head of sheep were dipped. Twenty-five thousand head of cattle, according to reports of the United States Department of Agriculture, went through the vats in 1923, no record being kept of sheep, hogs and horses. All dipping is done under state inspection. Cattle growers estimate they have saved at least \$3 on every head of stock dipped, through the saving in feed, increased growth, and improved marketable condition.

How to Prevent Goiter in All Young Animals

Enlargement of the thyroid gland of the calf, commonly termed goiter, may be prevented by giving the pregnant cow five grains of iodide of potash on alternate days for sixty days before calving. It may be dissolved in her drinking water.

Where drinking cups are used in the stable, a five-grain tablet of the drug may be dissolved in the water in each cup every other day. Another plan is to dissolve one ounce of iodide of potash in one gallon of water and of that solution give the cow one tablespoonful, containing approximately two grains of the drug, once daily in water.

That amount is also the correct dose to give to a pregnant mare, sow or ewe to accomplish the same purpose. Doing so will also prevent hairlessness in new-born pigs, provided the sow, throughout pregnancy, is made to take active exercise daily and is fed a balanced ration of mixed feed and allowed access to minerals such as salt, air-slaked lime, or ground limestone and woodashes or steamed bonemeal. An affected calf has been successfully treated by giving it two grains of iodide of potash once daily in water and painting the lump with tincture of iodine two or three times a week, after clipping off the hair on the affected part.

White Holland Turkeys

The smallest of the breeds of turkeys is the White Holland, which is growing in popularity. The White Holland, as its name implies, is white. It is a very attractive bird; stands confinement better than the Bronze and is said to be a better layer under ordinary conditions. The standard weight of the White Holland tom is 26 pounds, though many weigh more. Sixteen pounds is the standard weight for the hen.

FARM NOTES

Egg-laying contests stimulate interest in egg production.

Young chickens need plenty of ventilation and clean water.

The only advantage of a scrub cow is that it doesn't take so long to milk her.

Careful dairymen have found that warm and cold cream never mix satisfactorily.

When the milk scales come into the milk house, boarder cows go out of the barn door.

Buy a purebred bull early in the fall so that you may breed your cows during November, December and January.

A farmer who doesn't keep good family dairy cows should consult an alienist to find out what is wrong with himself.

Special attention is now being given to the vitamin content of eggs and their fertility and hatchability as affected by rations.

Do everything you can to make your hens comfortable. If their health and vitality are kept at the highest level, it will add many eggs to your basket.

If your hens are worried by lice and mites, then they cannot lay the maximum number of eggs. An ounce of prevention just now is worth a pound of cure later on.

STOMACH TROUBLE WAS WRECKING HIS HEALTH

Then Rochester Man Turned to Tanlac With Good Results.

"Right now I am feeling better than I ever felt in my life and all I can say is that Tanlac and the Tanlac Vegetable Pills will always have a good recommendation from me," is the striking statement of John Davl, proprietor Rochester Spaghetti House, 48 Main St., East, Rochester, N. Y.

"For two years past stomach trouble and other complications were fast wrecking my health. What little I did

manage to force down made me miserable for hours and I was in constant pain. I could not rest at night and loss of sleep was simply wearing me out.

"But now I haven't a trouble in the world and feel that Tanlac has given me a new lease on good health. I eat three rousing meals a day, sleep like a child at night and am feeling as fine as silk."

Tanlac is for sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Tanlac Vegetable Pills for constipation; made and recommended by the manufacturers of Tanlac.

The Spanking Place

Another explanation of the modern child's manners is that too many woodsheds have been converted into garages.—San Francisco Chronicle.

Where an Old Joke Began

Socrates, being asked by a youth whether he should marry or not, replied that whichever course he took he would regret it.—Plutarch.



A ton is a lot of coffee

"Monarch is the only coffee we ever had to buy in ton lots."

KIRKISH BROS., Retail Grocers, Houghton, Mich.

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