

YOUR DAUGHTER'S HEALTH

Mothers of Ailing Daughters, Attention

How Two Mothers Helped Their Daughters by Giving them Lydia E. Pinkham's Vegetable Compound

Every mother possesses information of vital importance to her young daughter, and the responsibility for the girl's future is largely in her hands.

When a school girl's thoughts become sluggish, when she suffers the consequences of wet feet, pain, headaches, fainting spells, loss of sleep and appetite and is irregular, her mother should have a care for her physical condition and give her Lydia E. Pinkham's Vegetable Compound, which has proved a reliable aid to nature for just such conditions in so many cases.

First Bottle Helped Her
Richmond, Indiana.—"I am sending this letter to tell you how much good Lydia E. Pinkham's Vegetable Compound did my daughter. She was troubled with nervousness so that she was restless at night, and then she could not sleep and she was afraid of everything. She could not work as she was not strong enough, and she had to quit school at 14 because she was ill so much. The doctor said she had a nervous breakdown and her system was all run down. She had pains in her right side and through her back, and the medicine she took did her no good at all. I saw Lydia E. Pinkham's advertisement in our paper, telling all that the Vegetable Compound had done for other women, so I said, 'We will try it out and see

what it does.' She had not taken the first bottle before it began to help her, and we will always say that Lydia E. Pinkham's Vegetable Compound is the best medicine she ever took."—Mrs. E. DARBY, 911 N. 16th Street, Richmond, Indiana.

An Ohio Mother Reports
Columbus, Ohio.—"When my daughter became 14 years of age she was ailing very much. The doctor gave her medicine, but she was very weak, and he always had to write excuses for her as she could not attend the 'gym' classes, and I often had to keep her home from school. I had taken Lydia E. Pinkham's Vegetable Compound for my nerves and run-down condition, so I gave her three doses daily, and also Lydia E. Pinkham's Blood Medicine. Our friends are surprised to see how fine and tall she is getting and how well she is. I will gladly answer letters and give you a fine recommendation for other mothers."—Mrs. MARIE MIELEK, 814 Ebner Street, Columbus, Ohio.

Over 100,000 women have so far replied to our question, "Have you received benefit from taking Lydia E. Pinkham's Vegetable Compound?" 98 per cent. of these replies answer "Yes." That means that 98 out of every 100 women who have taken this medicine have been helped by it. For sale by druggists everywhere.

The Obstacle

The film magnate was one of the astutest men in the moving picture business, but his best friends could not maintain that he was educated. One morning things had gone wrong at the studio, and he was inveighing in no measured terms against his staff.

"Such a lot of duds I never saw!" he vociferated. "I'd send the whole lot their notice this minute—if I could write!"

Cuticura for Pimples and Blackheads
To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. Once clear keep your skin clear by using them for daily toilet purposes. Don't fail to include Cuticura Talcum. Advertisement.

Biggest Concrete Building
The world's largest concrete building erected up to summer of this year is said to be the palace of engineering at the British empire exhibition at Wembley. It is six and a half times as large as Trafalgar square and its pillars stretch into the distance like rows of forest trees.

Genuine BAYER ASPIRIN
Say "Bayer" - Insist!
For Pain Headache
Neuralgia Rheumatism
Lumbago Colds
Safe Accept only a Bayer package
which contains proven directions
Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists
Aspirin is the trade mark of Bayer Manufacturing of Monocrotic Acidester of Salicylic Acid

His Success
"Remember, young fellow," said the practical man, "that in order to succeed you must teach people to trust you."
"I have done that," answered the gloomy young stripling, "and I have succeeded in getting into debt beyond my fondest expectations."

Don't chuckle if you put over a substitute when an advertised product is called for. Maybe your customer will never come back.
Ben Mulford, Jr.

A Poser
A teacher had been telling the class of small children the difference between liquids and solids.
All went well until at the end of the lesson a small boy asked, "Please, miss, what's jam?"

Sensational Chicago MURDER! LEOPOLD AND LOEB CASE
Direct From Court Room to You
The Greatest Detective Story Ever. An actual happening. Read the facts. Don't let your sons follow the fate of these boys. This case cost Cook County and the defense over \$100,000.
You can have \$1.00 per copy, cash if for only with order
Order Today—Later you may regret it.
DIRECTWAY PRESS, CHICAGO, ILL.

Attention! Homeseekers
Low round trip fares, five or more on one ticket, from Washington, D. C. TO THE SOUTH. Tickets valid for three or third Tuesday of each month, April 1 until December 2, 1924, inclusive. Return limit 21 days.
Splendid opportunities for money-making orchards, dairy, truck and general farms at low cost. Home and factory sites. Long crop seasons. Short, mild winters. Good markets. Write:
J. C. WILLIAMS
Manager of Service
Washington, D. C.
SOUTHERN RAILWAY SYSTEM
Agents Wanted—In Penna., New Jersey, Delaware and Maryland, to sell "Geo. Brand" clothing; suits, \$12.50, trousers \$4.50. Just the right thing for mechanics, railroaders, millworkers, farmers, garagemen, drivers and all workmen. Fine for knock-about or sport suits—rain and streetproof. Agents make \$200 and more weekly. Gen. Service Clothing Co., 829 Land Title Bldg., Philadelphia, Pa.

EARN BIG MONEY
Experience unnecessary. We teach you and put you on the road to success. Lexington Institute, 10 E. Lexington St., Baltimore, Md.
Sufferers of Muscular Rheumatism, Neuralgia, neuritic headaches find comfort in Norton's Liniment. Dealers or direct, \$1.00, \$1.50. Norton Lab., 1942 Wis. Av., N. W., Washington.
50 Men Wanted to Demonstrate and Sell "Whirlwind" Automatic Airburner, remarkable invention for Ford cars. Write Parlaw Sales Co., 4430 S. Francisco Ave., Chicago.
Questions Answered (confidentially; no publicity) by responsible information authority. Enclose 25¢ for each question; 5 questions, \$1. Amer. Inform. Bu., 1432 Girard, Phila., Pa.

ANY BOY
can earn his own spending money and win "Knock Prizes". Write at once for my free offer to you.
THE CROWELL PUBLISHING CO.
Jim Thayer, Dept. 15, Springfield, Ohio

FAMOUS Frederick Co. Lime
A MINE OF WEALTH TO FARMERS
—Manufactured by—
M. J. GROVE LIME CO.
LIME KILN, MD.

KEEP EYES WELL!
Dr. Thompson's Eye Water will strengthen them. Advertisers or direct, \$1.00. Dr. Thompson's Eye Water, N. Y. Booklets.
Free to Women! Send your name, we will mail you free, a bottle of Liquid Vaseline, for dusting, polishing, furniture, and woodwork. Liquid Vaseline Co., Buffalo, N. Y.

ITCH!
Money back without question if HUNT'S SALVE fails in the treatment of ITCH, ECZEMA, RINGWORM, TETTER or other itching skin diseases. Price 5¢ at druggists, or direct from A. B. Richards Medicine Co., Shreve, La.
No Other Explanation
Smith—"My wife's not a fool, by any means." Jones—"Then why on earth did she marry you?"—Stray Stories.
They conquer who believe they can.

Children Cry for "Castoria"
A Harmless Substitute for Castor Oil, Paregoric, Drops and Soothing Syrups — No Narcotics!
Mother! Fletcher's Castoria has been in use for over 30 years to relieve babies and children of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of

Food; giving natural sleep without opiates. The genuine bears signature of
Wm. D. Fletcher

See Improvement in Egg Quality

Attributed Chiefly to Growing Practice of Candling Before Shipment.

(Prepared by the United States Department of Agriculture.)
Eggs in the shell showed improvement in quality during 1923 over preceding years, according to a recent report of the officials of the bureau of chemistry who have been watching interstate traffic in eggs. This improvement, the officials believe, may be attributed chiefly to the growing practice of candling eggs before shipment. The bureau has maintained for a number of years that it is practicable to eliminate by candling most of the bad or questionable eggs in a consignment and that any material amount of bad eggs in a case is sufficient basis for either prosecution or seizure actions under the federal food and drug act. Many of the larger shippers seem to have come to a realization that it is more profitable to candle eggs before shipment than to run the risk of having their shipments seized, reconditioned, or destroyed on account of spoilage that might easily have been prevented.

Enormous Business.
The volume of business in eggs in the United States is enormous, the 1923 crop being estimated by the Department of Agriculture as worth \$92,000,000. In the 20 Middle States, where three-fourths of the eggs of the country are produced, 6,790 cases containing 30 dozen each were seized during the year, but practically all the shipments were released under bond and reconditioned under the supervision of federal inspectors, resulting in the destruction of 1,183 cases. In previous years carload lots arriving in the Eastern states had been found, as a rule, to have been candled, and the work in this section of the country was concentrated on shipments from the smaller dealers who send their country eggs to produce dealers in the larger cities. The inspectional work in the East would indicate that suggestions as to properly curing for eggs are still necessary and that the economic advantage to be gained by shipping good stock only is not as yet realized by the smaller dealers.

Better Quality of Eggs.
The better character of interstate shipments of eggs in the Western states in 1923 was partly due, it is believed, to the efforts of the egg dealers to improve their output and partly to the favorable weather conditions prevailing during the season when spoilage is most likely to occur. The activities of state officials in enforcing egg candling laws have also been a contributing factor in improving the egg supply of the country. The candling method of determining the quality of eggs is the best known for commercial purposes, and a number of the states are enforcing this system of grading in order to lessen the illegal traffic in bad eggs.

Preserving Manure With Pit Is Quite Easy Task

The secret in preserving manure lies in keeping it well packed and moist. When the manure remains dry and loose the bacteria have a chance to attack it and a large percentage of the nitrogen in it is lost through their action. A manure pit will usually pay for itself in a short time through the savings in plant food which it will obtain. When lots of straw is used it will pay to moisten the pile and tramp it down in order to make it more compact. Some farmers allow their hogs to work over the pile, which will make it compact and preserve the nitrogen. Do not add too much water, for there will be a loss from leaching, and the manure pile should be covered unless it is in a water-tight pit.

Feed Sheep Some Grain Before Breeding Season

It is never economical to have ewes go into the breeding season in poor shape. Hence we would suggest that you feed your sheep a half pound to a pound of grain mixture of three parts ground oats and one part wheat bran on good pasture. Feed heavily on easily digestible feeds such as rape, cabbage, etc. in addition, two or three weeks prior to breeding. Put these sheep in good shape to enter winter and they will go through well on a half pound of grain for each 150-pound ewe, with two or three pounds daily of legume hay, a little dry roughage such as corn fodder and if you can supply it, a couple pounds daily of roots or clean, high-quality corn silage.

Fertile Eggs Not Easy to Keep in Hot Weather

Warmer weather is causing the rapid spoilage of fertilized eggs according to egg dealers. Poultry specialists join with them in recommending the production of infertile eggs since the male has no influence whatever on the number of eggs produced. The development of the embryo begins at 68 degrees Fahrenheit. A temperature of 85 degrees for three or four days or a temperature of 100 degrees for 24 hours may cause sufficient development of the embryo to make the egg unfit for food. An infertile egg may be subjected to a temperature of 100 degrees for a week or ten days and still be perfectly good for cooking purposes. By keeping such eggs cool, they may be kept in good condition indefinitely.

Find Ready Market for Grain Sorghum

Boys of New Mexico County Easily Dispose of Seed.

(Prepared by the United States Department of Agriculture.)
The 40 boys of Roosevelt county, N. M., who grew pure grain sorghum and broom-corn seed last year found a ready market for their product in their own neighborhoods. These sorghums are grown by Roosevelt county farmers as cash crops, but only a few have made a practice of specially selecting or buying improved seed. Exhibits from the boys' fields were shown at the county fair and over 5,000 pounds of the seed sold immediately. Ninety-seven boys of the county grew demonstration fields from selected seed, carefully following the methods shown them by the county agricultural extension agent. They produced 72,850 pounds of seed, according to reports to the United States Department of Agriculture. Forty of the boys were able to use properly isolated fields and hand rogued them, so that after inspection by the state extension agronomist they were approved as sources of pure seed. The young farmers hand-selected all seed heads and hand-threshed and cleaned all seed which they sold or kept for this year's planting.

Cultivation Too Often Neglected During Fall

After-harvest cultivation is too often neglected owing to the pressure of other work. To this neglect may be attributed the spread of weeds, notably couch or quack grass. There is no time of year that couch grass can be handled to better advantage than after the crop is removed. Usually the ground is quite dry and mellow and the cultivators and harrows easily comb out the rootstocks on the surface where the hot sun of August and September dry them up. Then they may be raked into heaps and burned—in other cases the dried roots may be plowed down again with safety, which helps to add fertility to the soil.

As soon as any crop is removed it is good practice to plow shallow, disk or work up with a stiff tooth cultivator all the raw land and timothy meadows which are intended to be cropped another year before seeding down with the grasses and clovers. This method starts so many weed seeds growing that have freshly fallen to the soil or have lain dormant for some time that it pays, and pays well, to even start the cultivation among the shocks. Most of the perennials are checked in this way, and many of them are killed outright. Then the stirring of the soil at this time greatly aids in the manufacture of plant foods made available for succeeding crops.

Soy Beans and Corn Are Most Excellent for Sow

Excellent results may be obtained from sows with their litters on a combination of soy beans and corn. However, when no corn is planted with the soy beans, the sows may be turned on them, but a supplement of corn or other similar feed should be provided to balance the ration. When this supplement is provided there will be no bad results from the sow's milk upon the young pigs and it will make no difference what age the pigs have attained when the sows are turned on the beans. If the hogs are turned on the beans before they are forming the pods, they should be taken off during the time that the beans are being formed, because they will not produce many beans if the hogs are left on during this period. Most feeders allow the beans to start to ripen before they turn the hogs in, because the greatest feed value is obtained in this way.

Farm Hints

- A building worth building is worth planning.
- When selling milk, don't sell fertilizer; keep that on the farm.
- A roadside sign will help you sell your surplus green vegetables.
- A peach tree affected with yellows should be destroyed before other trees become infected.
- Crossing dairy breeds is like mixing good ink with good water; the value of each is lost.
- Quality production, as well as quantity production, is worthy of more of the grower's attention.
- Don't forget that the care with which the crop is produced often has much to do with the results obtained when marketing time comes.
- Don't forget to think twice before you sign on the dotted line when some unknown promoter wants your money for something you know nothing about.
- All weeds are a nuisance and ought to be cut before they have gone to seed. Our roads would look better and fence corners, too, if everyone "swatted" the weed.
- When sudan grass is seeded at the rate of 20 pounds per acre for hay it is not necessary to clip it to make it stool out. It will be thick enough and will make more hay if unclipped.

WHOLE FAMILY ENDORSE TANLAC AS BEST TONIC



MR. & MRS. H.H. PISTOLE and Family

"Tanlac has been our constant friend for years, and my wife and myself and eight children are all enjoying wonderful health, largely due to this medicine." Is the remarkable statement of Harry H. Pistole, 310 Archer St., Waco, Texas.

"In my own case Tanlac has done what seemed to be impossible. When I began taking it my stomach was in such a bad fix that I had to live on a milk and egg diet and I was almost a skeleton. I had been flat on my back in bed and under treatment for 18 months and felt that my time was about up.

"After my case had been given up as hopeless and I thought I was beyond redemption a relative put me on to Tanlac, and the result is, I gained 20 pounds, and enjoy as good health

as anybody could wish. "My wife was all broken down in health. But now she weighs 155 pounds, and is strong and well and I am giving Tanlac credit for it. We give Tanlac to the children to tone them up and make them grow, and nobody ever had a healthier set of children than we have.

"Tanlac is certainly the greatest medicine on earth for anyone whose life is wrecked by bad health. We sure do have a great deal to praise Tanlac for at my house."

"Tanlac is for sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Tanlac Vegetable Pills for constipation; made and recommended by the manufacturers of Tanlac.

Eloquent

"Do you know that there is a language of perfumery. Heliotrope, for example, means 'I love you,' and rose 'I am worthy of you.'"

"Indeed! And I suppose the absence of perfumery means 'I have nothing to say.'"

"No; it means 'I haven't a scent.'"

—Boston Transcript.

Married and Jailed

It took less than half an hour for Louis Calderon and Juana Perez to get married and go to jail at King City, Calif. They were up on petty larceny charges before Police Judge Mandl. "Can't you stop the trial and marry us?" pleaded Louis, producing a wedding license. Judge Mandl did. Then he found them guilty and sent them on a 20-day honeymoon to the jailhouse.

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease. If the kidneys are not in a healthy condition they may cause the other organs to become diseased. Pain in the back, headache, loss of ambition, nervousness are oftentimes symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions. Get a medium or large size bottle immediately from any drug store. However, if you wish first to test this great preparation, send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing, be sure and mention this paper.—Advertisement.

Plain to See

"He says he loves me and he has only known me for two days." "That's why!"

MONARCH COFFEE
REID, MURDOCH & CO.
CHICAGO ESTABLISHED 1853 NEW YORK
1 Carload 32000 lbs.

"The first year we handled Monarch Coffee we sold 25,000 pounds. Last December we bought a 32,000-pound car."
Geo. L. Ols & Co., Retail Grocers, Youngstown, Ohio.

"QUALITY FOR 70 YEARS—THAT'S THE REASON"

40 MONARCH Favorites	Corn Cocoa Sweet Pickles Sweet Relish Catsup Dill Sauce Preserves Sauce Meat Mayonnaise Dressing 100 Island Dressing	Pork and Beans Vegetable Butter Prepared Mustard Crisp Juice Fruit Salad Peanut Butter Cling Peaches Sweet Peaches Apricots Pears	Lemonades Red Raspberries Strawberries Blackberries Cherries Limes Red Kidney Beans Lima Beans Apparagus Tips Corn	Turkey Tuna Ham Pork Porterhouse Steaks Sweet Potatoes Spaghetti Salmon Milk
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