OPERATIONS FOR FEMALE TROUBLES

Some Are Necessary, Some Are Not

These Women Gave Lydia E. Pinkham's Vegetable Compound a Trial First

Fairview, S. Dakota.—"A year ago I was sick in bed for three weeks and the doctor said I would not be any better without an operation. I had bearing-down pains and sick headaches, with pains in the back of my neck. I felt tired all the time, down-hearted, and got poor and pale and was scarcely able to do anything at all for some time before I took to my bed. The doctor said one of my organs was out of place and caused all my troubles. I was too weak and run-down to think of an operation and as one of my neighbors told me about Lydia E. Pinkham's Vegetable Compound, I began taking it. I have received great relief from it and recommend it very highly. It cannot be praised too much in cases of female weakness."—Mrs. O. M. Ring, Box 106, Fairview, South Dakota.

New Jersey Woman Writes

Camden, New Jersey.—"I take great pleasure in writing you this testimonial. I was a great sufferer of woman's ailments and doctors told me 18 years ago that I must have a serious operation to remove some of my organs. I refused to have it done and took a full course of your medicines for six months, then after the full course I took a bottle of Lydia E. Pinkham's Vegetable Compound every week or two, also Lydia E. Pinkham's Blood Medicine every Spring. I am well and stout and still have my organs they wanted to remove. It was while I was in the hospital that I heard your medicines praised by other patients there. I have recommended them to my friends and to my own family. You may use this testimonial far and near, from the smallest paper to the largest, and I will gladly answer letters from women who wish to know what the Vegetable Compound has done for me and what it will do for them if they give it a fair trial."—Mrs. J. Rich, 322 N. 40th St., Camden, New Jersey.

Through neglect, some female troubles may reach a stage where an operation is necessary, but most of the common ailments are not surgical ones; they are not caused by serious displacements, tumors or growths, although the symptoms may appear the same.

Many letters have been received from women who have been restored to health by Lydia E. Pinkham's Vegetable Compound, after operations have been advised.

In a recent country-wide canvass of purchasers of Lydia E. Pinkham's Vegetable Compound, over 100,000 replies were received and 98 out of every 100 reported that they had been benefited by its use. This statement is important to every woman. For sale at drug stores everywhere.

BED BUGS

Bee brand Insect Powder won't stain—or harm *anything* except insects. Insect Powder is the most effective insecticide—Bee Brand is the most effective powder. Kills Flies, Fleas, Mosquitoes, Ants, Roaches, Water Bugs, Bed Bugs, Moths, Lice on Fowl. Household sizes, 15c and 35c—other sizes, 70c and $1.25. Pump gun 75c, at your druggist or grocer. Write for free booklet—a complete guide for killing house and garden insects.

McCormick & Co., Baltimore, Md.

Green's August Flower

The remedy with a record of fifty-seven years of surpassing excellence. All who suffer with nervous dyspepsia, sour stomach, constipation, indigestion, torpid liver, dizziness, headaches, coming-up of food, wind on stomach, palpitation and other indications of digestive disorder, will find Green's August Flower an effective and efficient remedy. For fifty-seven years this medicine has been successfully used in millions of households all over the civilized world. Because of its merit and popularity Green's August Flower can be found today wherever medicines are sold. 30 and 90 cent bottles.

NEW VIM FOR WEAK, THIN, PALE WOMEN

To enjoy your work and have your share of the pleasures of life get rid of that run down feeling and enrich your thin blood. Begin right now to take Gude's Pepto-Mangan. It will help you wonderfully. At your druggist's, in both liquid and tablets.

Free Trial Tablets To see for yourself the health-building value of Gude's Pepto-Mangan, write today for generous Trial Package of Tablets. Send no money—just name and address to M. J. Breitenbach Co., 53 Warren St., N. Y.

Gude's Pepto-Mangan

Tonic and Blood Enricher

Helpless

Most of us know when we have said enough, but few of us have sufficient self-control to put the lid on.

Severe Stroke

Walker—Did you hear of the accident which befell your brother?

Dudley—Accident! No, not serious I hope?

Walker—Well, rather. An idea struck him and now the entire top of his head is paralyzed.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation, send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing, be sure and mention this paper.—Advertisement.

Gum for Belting

One of the chief industries in British Guiana is collecting balata gum, which is used in making rubber belting.

For overnight relief to inflamed eyes and sties use Roman Eye Balsam. Once tried, always preferred. 272 Pearl St., N. Y. Adv.

Easy to Get

Life, Liberty and evasion of unhappiness is more easily attainable.

Children Cry for

Fletcher's CASTORIA

MOTHER:— Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, prepared for Infants and Children all ages.

To avoid imitations, always look for the signature of Chas. H. Fletcher. Proven directions on each package. Physicians everywhere recommend it.

Many Vegetables Injured by Pests

Diseases and Insects Must Be Fought Until Crops Are Harvested.

(Prepared by the United States Department of Agriculture.)

From the time the seeds of garden crops are put into the ground until the crops are gathered, diseases and insects that must be fought may appear. Vegetable troubles are due to numerous causes, including unfavorable soil conditions, too wet or too dry, too rich or too poor, lack of humus or of lime, whether unsuited to some crops, careless use of fertilizers, or attacks of fungi or other parasites. The adoption of the best horticultural practice—crop rotation, the careful application of fertilizers suited to each crop, adequate cultivation, the planting of all crops in their proper season—is important for the successful growing of garden crops.

Special Treatment Required.

The control of diseases due to fungi, bacteria, and other enemies requires special additional treatment, as does the damage caused by insects. A new bulletin has just been issued by the United States Department of Agriculture, as Farmers' Bulletin 1371, Diseases and Insects of Garden Vegetables, the purpose of which is to present briefly control measures for the most important insects and fungous and bacterial diseases of the home-garden vegetable crops.

The use of disease-free seed and plants, says the author of the bulletin, is fundamental to all insect and disease control. A modified application of the principle of crop rotation can be made even in the home garden by moving the rows of each vegetable to another place each year. Many diseases and insects live over winter in the soil and will appear on the plants again next season if they are in the same soil. Furthermore, since many of the pests of closely related crops are the same, such vegetables should not be planted in succession. Vine crops, such as cucumbers, melons, etc., should not follow one another, nor should cabbage, cauliflower, or related crops follow one another.

Numerous important diseases are carried in or on the seed and cannot be controlled by seed treatment, such as bean anthracnose, pea pod-spot, and potato leaf-roll and mosaic. It is therefore essential to secure the most disease-free seed obtainable.

Methods of Control.

In presenting the methods of controlling insects and diseases the bulletin discusses them under two headings, "Treatment" and "Prevention." Under "Treatment" are discussed the methods of control which may be applied after the disease or insects have appeared in the garden, such as the use of poisoned bait for cutworms, the hand picking of insects, and spraying for disease and insect control. Under "Prevention" are included all measures of control applied prior to disease or insect appearance which will tend to hinder or stop the development of diseases and insects or prevent their overwintering to attack the next season's crops, such as planting disease-resistant, disease-free, and weevil-free seed, treatment of seed to kill insects and diseases, or planting crops on parts of the garden free from the pests.

A copy of the bulletin may be secured, as long as the supply lasts, from the United States Department of Agriculture, Washington, D. C.

Great Value of Silage in Wintering Beef Cows

The value of silage feeding is shown forcefully by recent data furnished by the bureau of animal industry, United States Department of Agriculture. In the wintering of mature beef cows in West Virginia it has been shown that corn fed as silage is worth 60 per cent more than shock corn. In growing beef calves in Illinois an acre of corn silage was found to be worth 30 per cent more than an acre of shock corn.

This increased utility is attributed to the many advantages of silage. Practically no waste occurs in the feeding of silage and it creates an appetite for cheaper roughages. Then, too, the same crops fed dry are not nearly so palatable and succulent as they are in the form of silage.

New Legume Is Fine for Pastures in Middle West

A new variety of lespedeza imported recently from Korea by the bureau of plant industry, United States Department of Agriculture, was tried out at Purdue university last year. This variety has a great deal of promise for use in seeding with pasture crops, according to Purdue crop specialists. It grows large and matures seed two weeks earlier than other varieties so can be used in every part of the state. It stays green during dry weather and produces a lot of feed when other crops are dried up. This characteristic together with the fact that it has a tough fibrous root system and the ability to reseed itself and spread over thin pasture lands makes it a valuable legume for the Middle West.

Good Protein Supplement

Linseed oil meal is slightly more valuable than cottonseed meal as a protein supplement and should be used in place of it if the prices are about the same. A combination of the two feeds is desirable in any proportions and not more than 2½ pounds per 1,000 pounds live weight per day is necessary to balance such a ration.

Electric Current Is Not Helpful to Seed

Claims of Increased Yields Not Substantiated.

(Prepared by the United States Department of Agriculture.)

Claims made by some investigators that treating the seed of small grains with electricity increases the yield have not been substantiated by results of experiments by the United States Department of Agriculture. A process patented and brought into use in England in 1917 under the trade name "Wolfryn Electrochemical Process" has been well advertised in that country, Canada, the United States, and Australia. The process consists in subjecting the seed grain to an electric current (DC) passing through a conducting solution in which the seed is immersed. Some reports indicated that this electrochemical treatment increased the yield 20 to 30 per cent and reduced the losses from bunt, rust and wireworms.

The experimental methods adopted by the United States Department of Agriculture to determine the value of such treatment and the results obtained have just been published in Department Circular 305 which is now ready for distribution. The investigators conclude with the statement: "Data obtained from replicated plats of winter wheat harvested at the Arlington Experiment farm in 1921 and 1922 showed no benefit or profit resulting from treating the seed electrochemically by the so-called 'Wolfryn' process. Grain yields from all plats sown with electrochemically treated seed averaged 1.1 bushels per acre less than yields from plats sown with untreated seed. No effect of the treatment on plant growth or disease infection could be observed."

A copy of the circular may be secured, as long as the supply lasts, from the United States Department of Agriculture, Washington, D. C.

Importance of Oats in One Rotation of Crops

Being engaged as we are in general farming, we find oats play a very important part in our rotation of corn, oats and grass, or clover, because they act as a nurse crop to the hay.

Oats form the main grain ration of most farm animals, being more of a muscle-building than a fattening food, writes Birney Marble in the Michigan Farmer. For years we have fed them ground to the work horses, mixed with corn to the dairy cattle, and with bran and milk to the poultry.

During the winter we feed oat straw with a little timothy to the work horses to "winter them over" when not at work of any kind. The straw that remains uneaten is used for bedding, being unexcelled for this purpose as it absorbs liquids easily, readily rots in the manure and has a high fertilizing value.

To put it all in a nutshell, we grow oats because they are a square peg in a square hole, being well adopted to both the Michigan climate and our needs, as we can use both the grain and straw to a better advantage than that of any other grain.

See Increased Interest in Use of Fertilizers

Among the concrete results of extension work along agricultural lines which may be cited is increased interest on the part of farmers in the work with soils and in the use of commercial fertilizers. During the year 1922, according to the United States Department of Agriculture, 213,000 farmers consulted their county agricultural agents in regard to the use of commercial fertilizers. In addition, farmers conducted 15,235 fertilizer and 4,035 lime demonstrations.

As a result of the activities in connection with lime, 48,000 farmers used 630,000 tons according to the methods advocated by the agents. In addition to the above, 105,000 farmers modified their methods of soil management. In order to maintain and improve soil conditions, 3,750 drainage systems, involving 575,000 acres, and 29,000 pieces of terracing, involving 445,000 acres, were carried out according to the methods outlined by the extension forces.

Farm Hints

Never begin a garden. Keep it going all the time.

* * *

Order plenty of seed, get lettuce and radishes by the ounce.

* * *

The field is an expensive germination tester for corn seed.

* * *

As never before "The reading farmer is the successful farmer."

* * *

If you never grew any of the big winter radishes, try a packet of seed this year. Plant it in June.

* * *

And while you are planting don't forget to plant some new thoughts in your mind about better farming.

* * *

Early spring is the best time to stop "pulling fodder"—by preparing for ample summer and fall hay crops.

* * *

The farm bulletin board is a good method of advertising farm products, but the local newspaper is better still.

* * *

Even if frost kills your fruit afterwards, 'tis better to have sprayed and lost than never to have sprayed at all.

WRIGLEY'S

After Every Meal

It's the longest-lasting confection you can buy—and it's a help to digestion and a cleanser for the mouth and teeth.

Wrigley's means benefit as well as pleasure.

W. N. U., BALTIMORE, NO. 15–1924.

She Knew It

Mistress—"Josephine, your mouth is open." Josephine—Yes'm, I opened it."—Massachusetts Aggie Squib.

Cuticura Comforts Baby's Skin

When red, rough and itching, by hot baths of Cuticura Soap and touches of Cuticura Ointment. Also make use now and then of that exquisitely scented dusting powder, Cuticura Talcum, one of the indispensable Cuticura Toilet Trio.—Advertisement.

The one who owns but one shirt is necessarily, short of change.

Wright's Indian Vegetable Pills correct indigestion, constipation, liver complaint, biliousness. Costs you nothing to send for trial box to 272 Pearl St., N. Y. Adv.

A man with a black eye is up against the dark side of life.

Save 50% on New Spring Fashionable HIGHEST QUALITY **SILKS** DIRECT FROM OUR MILL

As manufacturers we cut out middlemen's profits—our silks are guaranteed pure, color-fast and durable.

Canton Crepe $2.25 Crepe de Chine $1.49
Georgette, yd. 1.49 Radium, yd... 1.49
Satin Face Canton, yd....$2.29
16 assorted and staple colors. Send for sample and color card, or trial order to

Artistic Silk Mills, Paterson, N. J.

TOMATO PLANTS

Earliana, Stone, Red Rock, Bonnie Best. Parcel post paid, 100, 35c; 300, 75c; 500, $1.00; 1,000, $1.50. Charges collect, 1,000, $1.00; 5,000, $4.50; 10,000, $8.00. Four varieties of Cabbage, two of Lettuce, three of Collard, Bermuda Onion, Kale, Brussels Sprouts, Beet, Kohl-Rabi plants same price. Pepper plants: Ruby King, Pimiento, Tobasco. Egg plants: New York Improved. Parcel post paid—25, 15c; 50, 25c; 100, 40c; 200, $1.00; 500, $1.50; 1,000, $2.25; 5,000 up at $2.00. F. O. B. Summerville—500 for $1.25; 1,000 up at $1.75; 5,000 up at $1.50. Satisfaction guaranteed.

D. F. JAMISON, SUMMERVILLE, S. C.

Patronize Home Industry—Hand-woven rag rugs, pretty hit-and-miss patterns of strongest materials. Satisfaction guaranteed. Size 27x54. Price $2 postpaid, or C. O. D. if desired. Herman Hugh Ring, 26 8th Ave., N. Y. C.

PARKER'S HAIR BALSAM

Removes Dandruff-Stops Hair Falling
Restores Color and Beauty to Gray and Faded Hair
60c. and $1.00 at Druggists.
Hiscox Chem. Wks. Patchogue, N. Y.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at Druggists. Hiscox Chemical Works Patchogue, N. Y.

SAVE YOUR EYES!

Use Dr. Thompson's Eyewater
Buy at your druggist's or
1167 River, Troy, N. Y. Booklet.

DON'T DO THIS — TRY THE WATCH TEST

MONARCH

QUALITY *for 70 years*

There are two reasons why most people prefer Monarch to any other coffee. First, the quality is supreme and never varies. Second, the price is low, making it an economy to serve it regularly. If you have never tried Monarch there is a double treat in store for you. Order a package today.

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Manufacturers and Importers
Established 1889
CHICAGO PITTSBURGH NEW YORK
BOSTON (Successors to Wm. M. Flanders Co.)

Cocoa	Mayonnaise Dressing	Cling Peaches	Cherries	Hominy
Tea	1000 Island Dressing	Sliced Peaches	Beets	Pumpkin
Sweet Pickles	Pork and Beans	Apricots	Red Kidney Beans	Stringless Beans
Sweet Relish	Peanut Butter	Pears	Lima Beans	Sweet Potatoes
Catsup	Prepared Mustard	Loganberries	Asparagus Tips	Sauer Kraut
Chili Sauce	Grape Juice	Red Raspberries	Corn	Spinach
Preserves	Fruit Salad	Strawberries	Tomatoes	Salmon
Mince Meat	Pineapple	Blackberries	Peas	Milk

Grocers: Monarch coffee, catsup, sweet pickles, condiments, fruits, vegetables and other products of our kitchens are sold only by Regular Retail Grocers who own and operate their own stores.

WE NEVER SELL TO CHAIN STORES

SCHOOL—

The little crossroads schoolhouse held only a score of pupils. In case of fire, exit was easy for all.

Today our schools literally turn away pupils, often working many classes in morning and afternoon shifts. Despite constant fire drills we frequently have appalling disasters from such crowded buildings. Suppose one of the victims was *your* child.

A school building of concrete being fireproof is not only safe for children, but also safe for the taxpayer's money—for it is permanent. And in first cost it is but 6% more than one of impermanent materials. Ask your building material dealer to demonstrate to you what is true building economy. He knows.

ATLAS PORTLAND CEMENT