

BEFORE BABIES WERE BORN

Mrs. Oswald Benefited by Taking Lydia E. Pinkham's Vegetable Compound

Girardville, Pa.—"I took Lydia E. Pinkham's Vegetable Compound before my last two babies came. It keeps me in perfect health and I am on my feet getting meals and doing all my housework until an hour before the baby is born. A friend told me to take it and I have used ten bottles since I heard about it. I recommend the Vegetable Compound whenever I can. Just yesterday a friend was telling me how miserable she felt, and I said, 'If you start taking Lydia E. Pinkham's Wash and it helped me right away, I will always have your medicine.'—Mrs. P. J. OSWALD, JR., 406 W. Ogden St., Girardville, Pa.

Mrs. Nicola Paluzzi Says
Mishawaka, Indiana.—"I took Lydia E. Pinkham's Vegetable Compound for weakness before my babies were born. I was weak and tired out all the time and it helped me. When I had inward inflammation the doctor treated me, but it did not help me, so I tried Lydia E. Pinkham's Sensitive Wash and it helped me right away. I will always have your medicine."—Mrs. NICOLA PALUZZI, 415 E. Broadway, Mishawaka, Indiana.

Green's August Flower
The remedy with a record of fifty-seven years of surpassing excellence. All who suffer with nervous dyspepsia, sour stomach, constipation, indigestion, torpid liver, dizziness, headaches, coming-up of food, wind on stomach, palpitation and other indications of digestive disorder, will find GREEN'S AUGUST FLOWER an effective and efficient remedy. For fifty-seven years this medicine has been successfully used in millions of households all over the civilized world. Because of its merit and popularity GREEN'S AUGUST FLOWER can be found today wherever medicines are sold. 30 and 90 cent bottles.

Not the Last of It
He—"But I thought you'd forgiven me for that and promised to forget it?" She—"Yes—but I didn't promise to let you forget I'd forgiven it!"—Punch.

Did He "Can" It, Too?
"What's the matter?"
"I wrote an article on milk, and the editor condensed it!"—Peltan.



A MAN OF INTEGRITY
A physician who reaches out to benefit humanity leaves a record behind him that is worth while. Such a man was Dr. R. V. Pierce, founder of the Invalids Hotel in Buffalo, N. Y. He was an eminent physician, a leading and honored citizen, known for his honesty and executive ability. His study along medical lines, and his knowledge of the remedial qualities of herbs and plants led to the discovery of his wonderful herbal remedy, Doctor Pierce's Favorite Prescription, the woman's tonic which has had the greatest number of supporters for the past fifty years. It is just the herbal tonic required if a woman is borne down by pain and sufferings at regular or irregular intervals, by nervousness or dizzy spells, headache or backache. Favorite Prescription can now be had in tablet form as well as liquid at most drug stores.
Send 10c for trial sample to Dr. Pierce's Invalids Hotel in Buffalo, N. Y.

take precautions
With colds and influenza all too common just now, it pays to take regular preventive measures against them. Spray your nose and throat night and morning with Zonite (directions on the bottle). Prevention is always easier, better and less expensive than a cure.

Zonite KILLS GERMS

CHERRY-GLYCERINE COMPOUND
FOR
COUGHS, COLDS BRONCHITIS
AND THROAT AFFECTIONS.
FOR SALE BY ALL DEALERS
JAMES BAILY & SON
BALTIMORE, MD.

Enormous Losses in Hatching Eggs

Poultrymen Urged to Have Breeders in Excellent Health.

(Prepared by the United States Department of Agriculture.)
A good criterion of one's ability as a poultry raiser, the Department of Agriculture says, is the number of chickens raised to maturity in proportion to the eggs set. Success depends to a large extent on this one factor.

Causes for Losses.
The causes for enormous losses in eggs and dead embryos occurring annually in the country are many. A conservative estimate places the loss due to eggs that did not hatch in 1923 at over \$8,000,000. Be sure, department poultrymen advise, that your breeders are in excellent health, have sanitary quarters, and that one male is mated to not over 15 females. Other losses



Colony Houses Encourage Health of Fowls.

are due to the fact that many poor eggs are set. Test your eggs carefully, and take out all with thin and spotted shells or those with cracked shells. Make sure that all eggs set are also of standard size.

The greatest loss in incubation occurs in the embryos that die in the shell. This may be due to faulty methods of incubation or to eggs of poor hatching quality. Immature pullets, breeding stock that has been sickly, and birds that have been forced heavily for winter production are apt to produce eggs that will not hatch well.

Use Healthy Breeders.
All breeders used should be thoroughly healthy; they should have abundance of constitutional vigor; and they should receive good breeding rations. The department advises against the use of too much protein, probably not over 15 per cent, in the mash rations; plenty of green food should be provided. Furthermore, give the breeders as much exercise as possible. In fact, do everything possible to insure the production of eggs of good hatching quality and many apparent troubles in incubation will be solved.

Hog Slaughter for 1923 Breaks Previous Record

More than 10,000,000 more hogs were slaughtered under federal meat inspection during the calendar year, 1923, than during any previous year, according to figures just made public by the bureau of animal industry, United States Department of Agriculture. The number slaughtered during the year was 53,333,708. The best previous record for a calendar year was made in 1922. During that year 43,113,629 hogs were slaughtered.
During December, 1923, not only the best record for the month of December, but for any month, was broken. During that month 5,903,750 hogs were slaughtered under federal meat inspection. The best previous record for a month of December was made in 1918 during which month 5,061,800 hogs were slaughtered. The best previous record for any month was made in January, 1920, during which month 5,845,006 hogs were slaughtered.

Dwarf Trees Are Useful Where Space Is Limited

The practice of using dwarf instead of the ordinary standard trees is more or less prevalent among prospective planters of small areas. Dwarf trees are produced by propagating them on certain stocks of roots which because of their inherently restricted habit of growth restrict also the size of the tops that have been grafted or budded on them.
While earliness of bearing, and exceptionally high quality of the product are often claimed for dwarf trees, some of the best experience in this country has failed to substantiate the latter claim. Dwarf apple and pear trees have their place, however, in the garden or yard, especially under intensive methods of culture, where the space is too small to admit readily of the development of standard trees.

Common Grains for Hay

Any of the common grains, such as wheat, oats, barley, make good hay if cut at the proper stage of development, which is at the period of blossoming. That is when the plant contains the largest per cent of digestible nutrients. It is not common to use these plants for hay in this country. Most people seem to think they can get more out of them by allowing them to ripen, saving the grain and feeding the straw.

Vegetable Garden Is Essential on Farms

Farmers Should Plan Having Supply During Year.

(Prepared by the United States Department of Agriculture.)

While we are talking about the advantages of the kitchen garden in connection with the homes of those who live in the suburban districts sight must not be lost of the importance of good farm gardens. The United States census figures taken in 1919, showed that 78.9 per cent of all the farms in the United States have home gardens. This leads to the question, what did the other 21.1 per cent of the farm families have upon their tables. The answer would probably be mainly canned vegetables or no vegetables at all. It is safe to assume that the majority of these farm families who did not have a garden to fall back upon were often without vegetables on their tables. In view of the fact that vegetables furnish about four-fifths of the bulk of our ordinary diet, it would seem highly essential that every farm in the United States be well provided with garden facilities. When it comes to the matter of the actual value of the crops grown there is no comparison between general farm crops and those of the garden, as the average value of the garden crops is usually six to ten times that of a similar area in farm crops.

Not only should the farmers of the country give more attention to their home vegetable gardens in the spring, but they should so plan that a supply of vegetables will be maintained throughout the summer and plenty to can and store for winter.

Get Cows Into Condition by Liberal Corn Feeding

Cows that are milked down may be gotten in condition by feeding an extra amount of corn in the grain ration. A dry cow should always gain in weight and this gain can be made as quickly and cheaply with corn as with any other grain. A mixture of six parts of ground corn, two parts of ground oats or bran and one part of oil meal by weight is a very satisfactory mixture. Cotton seed should not be fed at this time owing to the lack of succulent feeds consumed. When the cow has gained as much weight as is desired, the corn should be replaced by bran and ground oats. At least ten days before the cow is due to freshen, bran, oats and oil meal should constitute the grain ration. Equal parts by weight of the first two with about one pound of oil meal per day forms a very satisfactory ration.

When the pregnant cow is within a few days of freshening, her grain ration should be considerably reduced. Bran mashes are excellent at this time because of the laxative and cooling nature. If constipation is in evidence, one quart of raw linseed oil or one pound of epsom salts should be given. Many cases of milk fever could be avoided if proper care were given just previous to freshening. With the exception of a few hours before calving, some roughage such as clover, alfalfa or soy-bean hay should be provided in liberal quantities.

Watermelon Seed Needs Best Kind of Attention

Many farmers fail to secure a good stand in their field of watermelons. Oftentimes they fail to secure as good a crop of commercial size melons as they should. Many melons show signs of disease. It is possible to protect against poor stands and poor crops if proper attention is given to seed as well as seed beds. Seed should be tested for germination. Then they should be disinfected. Specialists on truck diseases recommend the following: Take the amount of seed you have and soak them in a 1-to-1,000 solution of corrosive sublimate (bichloride of mercury) for ten minutes. Do not leave them in this solution longer than ten minutes.

Remove from the solution and wash thoroughly in three or four changes of clean fresh water to remove the disinfectant. The seed are now ready to plant.

This corrosive sublimate solution (1 to 1,000) is prepared by dissolving 1 tablet (which may be purchased at any drug store) in 1 pint of water. This amount is sufficient for a quarter of a pound of seed. Increase in this proportion for larger amounts.

Butter, Milk and Cheese Selling at High Prices

Prices of dairy products did not suffer as much from the drastic deflation following the post-war period as did other farm products, says the United States Department of Agriculture. Butter, cheese, and milk have sold at prices remunerative to farmers. Butter is now higher than the general price level. Cheap feed in western butter districts, and high prices and some curtailment of production in milk districts, have enabled dairy farmers to weather the storm with less adversity than farmers producing commodities a part of which must be exported. Poultry and eggs have also continued on a fairly profitable basis.

Profits Don't Bother

Farmers who don't want to be bothered with keeping records and giving close attention to the details of farming as a business are not usually bothered with profits from the business.

WOMEN! WARNING! DON'T BE FOOLED

Beware! Not All Package Dyes Are "Diamond Dyes."



Always ask for "Diamond Dyes" and if you don't see the name "Diamond Dyes" on the package—refuse it—hand it back!

Each 15-cent package of "Diamond Dyes" contains directions so simple any woman can dye or tint skirts, dresses, waists, sweaters, stockings, kimonos, coats, draperies, coverings—everything new, even if she has never dyed before. Choose any color at drug store. Refuse substitutes!

Poker Returns
"When my husband plays poker he always brings me \$10."
"Does he always win?"
"I don't know about that. But he always brings me \$10."—Louisville Courier-Journal.

WRIGLEYS After Every Meal

It's the longest-lasting confection you can buy—and it's a help to digestion and a cleanser for the mouth and teeth. Wrigley's means benefit as well as pleasure.



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Early Jersey, Charleston Wakefield, Flat Dutch, Succession. Postpaid, 100, 200, 500, 1,000, 1,500. Charges collect—1,000, \$1.00; 5,000 at 90c; 10,000 at 80c. Bermuda Onions, Lettuce, Collard, Kale, Brussels Sprouts, Beets, Kohl-Rabi plants same price. Satisfaction guaranteed.
D. F. Jamison, Summerville, S. C.

PARKER'S HAIR BALSAM
Restores Color and Beauty to Gray and Faded Hair. Also, and \$1.00 at drug stores. (Beware of cheap imitations.)
HINDERCORNS Remove Corns, Calluses, etc. stop all pain, ensure comfort to the feet, make walking easy. 10c. by mail or at drug stores. Hindercorns, West Philadelphia, Pa.

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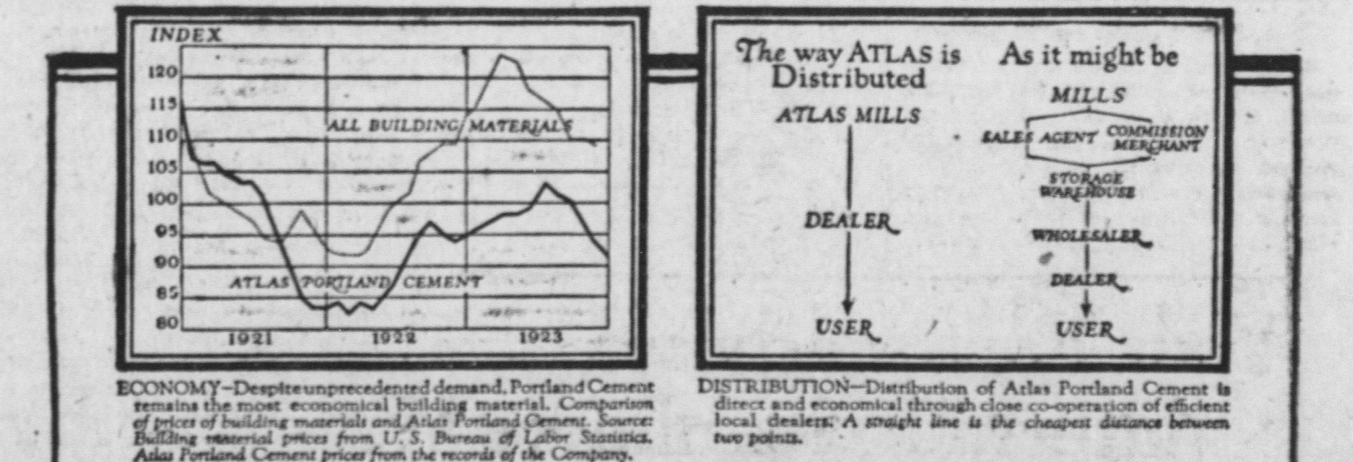
- Cocoa
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- Sweet Pickles
- Sweet Relish
- Catsup
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- Mayonnaise
- Dressing
- 1000 Island
- Dressing
- Peanut Butter
- Prepared Mustard
- Crape Juice
- Fruit Salad
- Pineapple
- Cling Peaches
- Sliced Peaches
- Apricots
- Figs
- Loganberries
- Red Raspberries
- Strawberries
- Blackberries
- Cherries
- Beets
- Red Kidney Beans
- Lima Beans
- Asparagus Tips
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