

Take It at Night
Makes Morning Bright

St. Joseph's
LIVER REGULATOR
for BLOOD-LIVER-KIDNEYS
The **BIG 25¢ CAN**

Garfield Tea
Was Your
Grandmother's Remedy

For every stomach and intestinal ill. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

ARNICA CREAM
The Best for All Chaps and Shavers
A Lotion Par Excellence
Especially recommended for promoting
A Youthful and
Beautiful Complexion
Superior for Chaps, Sunburn, Tan
and Freckles—Itching and
soothing to the most delicate skin.
Delightful after shaving,
if not at your druggist,
send us his name and we
will have you supplied.

ARNICA CREAM CO., Inc., Box 942, Roanoke, Va.

**WARD OFF HEAVY
COUGHS AND COLDS**

PURIFY your blood and build up your strength with Gude's Pepto-Mangan. It will fortify you against colds; it will help you put on flesh. Don't wait until a heavy cold gets its grip on you; begin to take Gude's now. Your druggist has it, in liquid and tablet form.

Free Trial Tablets To see for yourself the value of Gude's Pepto-Mangan, write today for generous Trial Package of Tablets. Send no money—just name and address to M. J. Breitenbach Co., 53 Warren St., N. Y.

**Gude's
Pepto-Mangan**
Tonic and Blood Enricher

Take Hudson's
SAL-FATE
Capsules for
NEURITIS

Contains no opiates or harmful drugs, and sells at \$1.00 a box; sent postpaid upon receipt of price. Try them.

Over 5,000 boxes sold in Baltimore last year.
Write for Booklet and Testimonials.
THE SAL-FATE DRUG CO.
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**FROST PROOF
Cabbage Plants**

Early Jersey, Charleston Wakefield, Flat Dutch, Succession. Postpaid, 100, 50, 100, 500, \$1.25, 1000, \$2.25. Charges collect—\$2.00 per 1000. Bermuda Onions, Lettuce, Collard, Kale, Brussels Sprouts, Beets, Kohlrabi plants same price. Satisfaction guaranteed.

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for Responsible Agents**

To handle our line of high-grade nursery products. Cash weekly commissions. Complete outfit. Write immediately for our prospectus.

W. T. HOOD & COMPANY
Old Dominion Nurseries
RICHMOND, VIRGINIA

A COLD TODAY - DON'T DELAY

CASCARA QUININE

Saves Colds in 24 Hours
Laziness in 3 Days

W. H. HILL CO., DETROIT, MICH.

No man ever makes two mistakes in marrying—unless he marries more than once.

RELIEF!

From pain and suffering waits for you in Munyon's famous Remedies. Why be sick? Act now! Write for the free medical work, "Munyon's Guide to Health," Address Munyon's, Scranton, Pa.

Get Case from any good druggist:
Munyon's Paw Paw Tonic
Munyon's Headache Remedy
Munyon's Bladder Remedy
Munyon's Liver Remedy
Munyon's Kidney Remedy
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Munyon's Paw Paw Laxative Pills or any other

Munyon's Remedies you may need
"There's a Munyon Pill For Every Ill"
Doctor's Advice
FREE "There's Hope"
MUNYON'S, Scranton, Pa.

Something to Think About
By F. A. WALKER

THE LEADING PARTS

IN THEIR imaginations, the young men and women of these strangely perverted times early reach the conclusion that they are cast for the leading parts.

They are quite sure of their extraordinary abilities as they look about them and take note of their elders plodding day after day in some lowly sphere, from which they seem utterly helpless to escape.

Burdens which their parents are bearing with so much patience, stir in the breasts of these youngsters a spirit of resentment, but never an inclination to take hold and make the burden lighter.

They were not born for such drudgery; it is too degrading.

"The old folk," these supercilious sons and daughters will tell you in a moment of confidence, "are fools to work, pinch and slave as they do. They never should have permitted themselves to get in the straits they are in."

"Look at their clothes, gnarled hands and compare them with ours! In short, these ingrates, because of their smart attire and span appearance, are quite sure that their parents are densely ignorant and behind the times, needing frequently to be told to dress better and be more particular about the care of their hands!"

Beneath those commonplace clothes there beat the noblest hearts in the world, never tiring in their devotion, never counting the cost of sacrifice made every hour in behalf of thankless offspring, not yet ripe enough in experience and wisdom to understand what is taking place about them.

Their little minds cannot grasp the meaning of the supreme love in the hearts of "the old folk," whose splendid devotion has no counterpart on earth, shining through the darkest night like the glorious stars of heaven.

It is the "old folk" who are playing the leading parts—the kindly parents whose shoulders are bent, whose hands are soiled from toil that their children may have a better start in life than was given them.

Give the "old folk" praise. Cheer them up as you greet them in the morning. Tell them how you love them when you say good night, and hear them bless you in their outpouring joy.

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Men You May Marry
By E. R. PEYSER

Has a Man Like This Proposed to You?

Symptoms: Impresses you with his "up and comingness." Good-looking, compact, stylish, breathes work and has a healthy interest in it and in everything going on, is a mine of practical information, knows why yeast is being advertised, why eggs are high, who is writing So & So's ads, what artists are now doing ad work, why the best bras are in advertising today, what are the best shows, what are the best eating places, what's going on in business from coast to coast and has his own ideas on inefficiency wherever it is. He is a great worker and a jolly loafer.

IN FACT He takes the "flahy" out of efficiency.
Prescription to His Bride: Be ready to pull up stakes at any time. Oil the wheels of your home daily.
Absorb This: TO THE SURE ALL THINGS ARE SURE.

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THE ROMANCE OF WORDS
"CURFEW"

SO MANY histories have related the fact that the institution of the "curfew"—called from the French couvre-feu, cover-fire—was due to William the Conqueror that to deny this would be almost equivalent to denying history itself. But the fact remains that the curfew was known long before 1066, both in England and on the continent.

As far back as the time of King Alfred the "cover-fire" bell was rung, not as a precaution against political conspiracies—as William the Conqueror intended it, but merely as a form of fire insurance. The great majority of the houses in England at that time were built without chimneys and the live coals presented a constant peril to the towns at large. Though this menace has passed, the curfew is still sounded in a large number of places throughout England, and, during the war, was revived as a warning that all lights should be extinguished. In times of peace, however, its principal function is to warn residents that it is time to go to bed and in some places there are laws that forbid children under a certain age from being abroad after curfew has been rung. The usual "curfew hour" is eight o'clock in the evening, but here and there it is sounded at seven or nine o'clock.

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SCHOOL DAYS

WHEN KNIGHTHOOD WAS IN BUD

Copyright

Mother's Cook Book

To take your basket and go to the market is more fun than a movie. The advantage in marketing in person is a greater variety in the bills of fare. There are many foods and vegetables that are forgotten, and one is reminded of them in all their attractiveness when found in the stalls at the market. In many places one may buy a pound of butter made that very morning, a freshly-dressed chicken or a piece of spare-rib right from the farm, which will have some meat left on it.

SEASONABLE GOOD THINGS

PERHAPS some inexperienced housewife may be helped by the recipe for

Cranberry Sauce.
Take six cupfuls of cranberries, three cupfuls of granulated sugar, one-half cupful of water. Wash and pick over the berries and add the sugar and water, but do not stir. After they begin to boil, cook ten minutes closely covered. Remove the scum and when cool they will be jellied, the skins soft and tender.

Cranberry Punch.
Take one pint of cranberries, one and one-half quarts of water, one and one-half cupfuls of sugar, four oranges and two lemons. Cook the cranberries in the water and sugar until tender, strain and cool. When cold add the juice of the fruit and freeze until mushy.

Gluten Muffins.
Take two cupfuls of gluten flour, two cupfuls of milk, two teaspoonfuls of baking powder, one well-beaten egg; mix the dry ingredients; stir in the beaten eggs and milk. Beat thoroughly all together and half-fill buttered gem pans. Bake 20 minutes.

Fried Rice.
Take six cupfuls of cooked rice, one cupful of cold roast pork chopped, two tablespoonfuls of fat, one tablespoonful of salt, and two eggs. Add the salt, fat meat and onion and let fry a few minutes. Add the rice, mix well and when hot add the eggs whole.

Baked Apples With Figs.
Wash apples and remove the cores, leaving the blossom end unbroken. In the cavity of each apple place a teaspoonful of chopped figs and fill with sugar or sirup to which the juice of a lemon has been added. Place in a baking dish in a slow oven and bake until the apples are tender, basting occasionally.

Nellie Maxwell
(© 1924, Western Newspaper Union.)

THE SECOND WIFE
By DOUGLAS MALLOCH

WHEN down the west the last lights glimmer,
Whop down the west the sun recedes,
Farther and farther, dimmer, dimmer,
Ah, then it is the sad heart needs
Again to eastward to be turning
To find some star of evening burning.

And it is there. For God remembers
That suns go down, and always will.
He lights a new light from the embers
And sets it high above the hill.
So souls that sorrow, souls that need
Them,
May always find new stars to lead
Them.

"Star of the evening" let me call you,
A better name for age's wife.
Approaching night could not appall
You—
You are the evening star of life,
The evening star that God has given,
When night is near, to show me
Heaven.

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**The Young Lady
Across the Way**

We asked the young lady across the way if she believed in national isolation, and she said she believed she did if England and France would go into it with us.

(© by McClure Newspaper Syndicate.)

WORSE STILL
Hey! You won't get nothing worth eatin' in dat place. Dey's vegetarians. Is dat right. Yeh, an' dey got er dog wot ain't.

Pigs Date Back to 2900 B. C.
Chinese authorities claim that swine were domesticated in eastern Asia about 2900 B. C., while European records indicate that domestication dates back to about 1500 B. C.

Ask for This New Book
"Concrete Around the Home"

Everyone who wants to improve his place or save money around his farm, needs the new Portland Cement Association booklet "Concrete Around the Home."

It tells in everyday language the easiest, simplest and most economical way to use Concrete for making drives, walks, septic tanks, garages and other permanent improvements. Easily followed instructions give you all the details necessary for estimating materials, mixing, placing and finishing the Concrete.

"Concrete Around the Home" is only one of our many booklets available without charge to those interested in using Concrete.

If you are planning any of the money-saving concrete improvements seen everywhere nowadays, such as a permanent floor, basement or foundation for your buildings, a manure pit, feeding floor, corncrib or silo, we have a booklet on the subject with complete instructions for building it of Concrete.

Remember this service is free. The Portland Cement Association has 28 offices, listed below, and one of them is your office—the one nearest you.

Find which one it is, and write today about the concrete improvements you are planning.

There are people in that office whose business it is to help you save money by making it easy for you to use concrete. Let them show you how they can help you.

PORTLAND CEMENT ASSOCIATION
A National Organization to Improve and Extend the Uses of Concrete

Atlanta	Denver	Kansas City	New York	San Francisco
Birmingham	Des Moines	Los Angeles	Pasadena	Seattle
Chicago	Detroit	Memphis	Philadelphia	St. Louis
Dallas	Helena	Minneapolis	Pittsburgh	Vancouver, B.C.
	Indianapolis	Missouri	Portland, Oreg.	Washington, D.C.
	Jacksonville	New Orleans	Salt Lake City	

A good man hasn't much time to waste on a "good fellow."

WOMEN! DYE FADED THINGS NEW AGAIN
Dye or Tint Any Worn, Shabby Garment or Drapery.

Diamond Dyes

Each 15-cent package of "Diamond Dyes" contains directions so simple that any woman can dye or tint any old, worn, faded thing new, even if she has never dyed before. Choose any color at drug store.—Advertisement.

There are natures that don't care for somebody's neck as a footrest.

A single dose of Dr. Peery's "Dead Shot" will expel Worms or Tapeworm. No second dose required. 312 Pearl St., N. Y. Adv.

Once in a great while the voters get careless and elect an honest man.

The man who thinks that the world owes him a living doesn't think anything about what he owes the world.

Hall's Catarrh Medicine is a Combined Treatment, both local and internal, and has been successful in the treatment of Catarrh for over forty years. Sold by all druggists.
F. J. CHENEY & CO., Toledo, Ohio

Relief for Coughs
Use PISCO's—this prescription quickly relieves children and adults. A pleasant syrup. No opiates. 35c and 60c sizes sold everywhere.

QUININOL CAPSULES—BEST REMEDY FOR influenza, grippe and colds. Relief within 24 hours. Postpaid 50c and \$1.00. WALDMANN BROS., 461 E. 17th St., NEW YORK CITY.

W. N. U., BALTIMORE, NO. 6-1924.

Woman's Wisdom
He—What do you think Miss Oldby would like for her birthday?
She—Not to be reminded of it.

Demand

BAYER

ASPIRIN

SAY "BAYER" when you buy—Genuine

Proved safe by millions and prescribed by physicians for

Colds Headache Neuralgia Lumbago
Pain Toothache Neuritis Rheumatism

Genuine Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

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Two pleasant ways to relieve a cough

Take your choice and suit your taste. S-B—or Menthol flavor. A sure relief for coughs, colds and hoarseness. Put one in your mouth at bedtime. Always keep a box on hand.

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S.B. COUGH DROPS MENTHOL
Famous since 1847